



Blessings for Fulfillment ~ Solstice Meditation

Let us take a deep in-breath and slowly release it.

Let us call upon the nature kingdoms to surround us now along with the healing temples for ascension.

Let us thank the magnetic elements and all kingdoms for their support of the human choice to ascend.

Let us request those species willing to offer advice and work with us in relation to our new astrology signs to step forward now and stand before us.

Let us take a moment to tune inward and see what they might have to say about our current level of work. (Take a moment for the communication).

Take another deep in-breath and slowly release it.

Let us call forward our ancient ancestors and have them stand before us.

Let us ask those ancestors ready to merge with us that have released all karma to do so now.

Let us intend that any ancestor that is not really of one's inheritance leave now, returning it to those it is associated with.

Let us also retrieve any ancestors taken by others in one's life dance.

Now let us ask our ancient ancestors to assist with our choice to ascend.

Let us take a moment to tune inward and see what the ancient ancestors might have to say about our current level of work. (Take a moment for the communication).

Let us take a big in-breath and slowly release it.

Let us go back to a time in our history where humans were ensouled and before the present-day dance of soullessness became prevalent.

Let us call the ancestors present who existed at a time that it became difficult for soul to anchor into form.

Let us intend to release the karma for how this came to be so in our tapestry of ancestry.

Let us allow those entities, patterns, thoughtforms, beliefs and psychic machinery to dissolve now that is associated with a soulless way of existence.

Let us also drain off all of the pain or fear associated with living without direction from the spirit realm.

Let us take a big in-breath and slowly release it.

Now let us go even further back in time where one's ancestors lived in unity, harmony, and a state of fulfillment with one another.

Let us bring this information forward now into one's tapestry of ancestry and ascension grid work.

Let us intend to integrate this information into our biological constitution to the best of our ability in this lifetime.

Let us intend that our intent shall also augment the birth of more ascending children global wide and associated with our ancient red lineages.

Let us take a big in-breath and slowly release it.

Let us invite our soul to descend and sit within our heart cavity.

Let us intend that the heart open now more fully and that our holographic knowledge be retrieved and restored in our continued ascent.

Let us intend now to clear out our soul cavity.

The soul cavity sits in the heart region of the form.

Let us create a space in our heart cavity where soul sits.

Let us intend now to expand this cavity to be double the size.

Over time, the heart cavity will fill most of the chest as one's future ancestors master full consciousness.

Now let us ask our soul, oversoul, and source to extend more fully into our soul cavity.

Let us take a moment to tune into soul within the heart and see what it has to say about one's current level of ascent and life dance.

Let us take a big in-breath and slowly release it.

Let us invite our soul from within the etheric body to energize the etheric grid work.

Watch as a golden and silver glow begins in the heart spreading outwards through the chest, up through the head, and down through the pelvis and down the legs to the toes.

If there are regions that are in pain, allow the gold to begin to dissolve the stuck points of energy so that they may move again.

Imagine a bowl of crystals at one's feet in the Language of Light tones.

Reach for those crystals necessary to further dissolve the stuck regions of the etheric body and place them therein.

Let us take a big in-breath and slowly release it.

Now let us invite our soul from within the etheric body to connect to the soul that moves the energy fields of the chakras, subtle bodies, and light body.

Watch as the golden and silver glow within now connects with the golden and silver glow without in a dance of sparkling energy movement.

It is as the soul within and soul without merge that communion is born.

It is a state of communion that allows us to connect with nature and begin to hear what the kingdoms have to say about our current level of ascent.

Let us invite the nature kingdoms that presented themselves in the first part of this meditation to join us in the communion of spirit and form.

Let us take a big in-breath and slowly release it.

Each human has needs.

Sometimes soul does not know or understand the needs of the physical plane, and it is for this reason that our needs go unfulfilled.

Perhaps in this moment you are struggling with having enough to pay the bills or travel as you wish.

Perhaps you are struggling with other forms of lack and non-fulfillment.

Take a moment now to express to the soul within and the soul without what your needs are, and what your heart most deeply desires to experience in this lifetime.

Request of soul to weave such an experience into one's life dream.

Request of soul to assist in the release of karma, patterning, and thoughtform that would block the manifestation of one's request.

Intend to transcend what is needed to allow for one's dream to be fulfilled upon.

Let us take a big in-breath and slowly release it.

Now ask of soul what soul needs of oneself.

Soul chooses form to release associated patterning and karma, and to retrieve other fractured pieces of soul lost in the decline of the human species.

Ask soul what you can do to fulfill upon your soul's mission for incarnating into this form.

One asks this of the oversoul and source, therefore ask a small portion of the oversoul and source now to descend through the crown and into the heart soul cavity.

Take a few moments to listen to what your oversoul and source have to say unto you about your path and purpose in this lifetime.

Let us take a big in-breath and slowly release it.

Now ask of Earth what Earth needs of oneself.

Earth works with ascending humans to assist in clearing the energy field of the regions in which ones resides, and to release records upon the land in association with one's ancestry.

Ask Earth where the best place to assist her is at this time and for the coming year.

Ask Earth when your karma will be complete with where you are now, and where you would best be situated in the coming five-year timeframe.

One will find that they are guided to where their ancestors lived at another time to retrieve lost parts of self.

Perhaps this will involve travel in addition to relocation.

Ask Earth to show you this now, along with the timeframe involved.

Let us take a big in-breath and slowly release it.

Now call your ancient ancestors forward.

Ask your ancestors to show you where they lived at the time that they were alive.

Ask if there is land upon Earth that you may visit or live upon that would assist in the collection of their life records.

Allow the ancestors to show you where to go.

Understand that if one cannot travel to such places in the physical, one will travel in the nonphysical and through the light body with the nature kingdoms as one's guides.

Let us take a big in-breath and slowly release it.

Now let us create a gold and silver mirror around us, gold in front and silver in the back.

Let us call all ancestors forward that had lifetime after lifetime of unrequited dreams or broken hearts.

Allow such ancestors to stand before you now in the golden mirror.

Now call forward all ancestors that experienced a dream-come-true life, or a portion of the life in which the dream was fulfilled upon to stand in the silver mirror behind you.

Now let us push the gold and silver together, allowing the two to cancel each other out coming to neutrality.

Now let us intend to release all thoughtforms, entities, patterns and machines associated in one's field, along with the associated karma.

Let us take a big in-breath and slowly release it.

Now let us call the ancestors forward that experienced loss, loss of life, loss of children, loss of a home, loss of friends, or loss of any kind.

Let us ask the ancestors that experienced loss to stand in the golden mirror before us.

Now let us call those ancestors forward that experienced a life of non-loss and ask them to stand in the silver plane behind oneself.

Now let us push the gold and silver together, allowing the two to cancel each other out coming to neutrality.

Let us intend to release all thoughtforms, entities, patterns, and machines associated in one's field along with the karma.

Let us take a big in-breath and slowly release it.

Now let us call the ancestors forward that experienced grief of any kind; grief due to a loss of a child upon the battlefield, or a parent one dearly loved, loss of one's beloved, or one's spouse.

Let us ask such ancestors to stand in the golden mirror before us.

Now let us call in those ancestors that did not experience grief; that received the beloved that they wanted, that never lost a child, or that never lost the spouse.

Let us ask such ancestors to stand in the silver mirror behind us.

Now let us push the gold and silver together allowing the two to cancel each other out coming to neutrality.

Let us intend to release all thoughtform, entities, patterns and machines associated along with karma.

Let us take a big in-breath and slowly release it.

Now let us call all ancestors forward that experienced a disease, ailment, or deformity.

Let us ask such ancestors to stand in the gold mirror before us.

Let us now call all ancestors forth that never experienced disease, ailment, or deformity and ask them to stand in the silver mirror behind us.

Now let us push the gold and silver together allowing the two to cancel each other out coming to neutrality.

Let us intend to release all thoughtform, entities, patterns, and machines associated along with karma.

Let us take a big in-breath and slowly release it.

Now let us call all ancestors forward that understand dream weaving.

Let us invite these ancestors to share of their knowledge, and show us how to weave our dream again, and call our dream into physicality so that we may experience our needs being met, and our dreams fulfilled upon.

Allow such ancestors to show you now the next step you need to take to fulfill upon this goal. (Take a few moments for the ancestors to speak).

Let us take a big in-breath and slowly release it.

Now request of Earth, nature, and one's soul what karma is the next to be completed upon to allow for one's continued ascension.

Allow a vision for one's future for the coming year to unfold before oneself.

Imagine a large movie screen before you and allow this vision to play out.

For those that do not see, listen with your heart to that which soul, nature, and Earth wishes to say about the year ahead. (Take a few moments for this.)

Let us take a big in-breath and slowly release it.

Now request of Earth, nature, and your source to show you the biggest stumbling block in the path of ascension at this time.

Again, allow a vision for such patterning to be presented upon the movie screen before you.

Listen with your heart to that which soul, nature, and Earth wish to say about your weaknesses.

Intend to transcend the weaknesses presented in the year ahead. (Take a few moments for this.)

Let us take a big in-breath and slowly release it.

Now request of Earth, nature, and your source to show you the gift to humanity that your ascension makes possible.

Allow the vision for this gift to play out upon the screen before oneself.

Listen with your heart to that which soul, nature, and Earth has to say about the contributions you are making to the ascent of the whole. (Take a few moments for this.)

Let us take a big in-breath and slowly release it.

Now request of Earth, the nature kingdoms, and your source to show you your soul's purpose in this lifetime.

Allow the vision for your purpose to play out upon the screen before you.

Listen to your heart to that which source, nature, and Earth has to say about your destiny as an ascending human. (Take a few moments for this).

Let us take a big in-breath and slowly release it.

Now request of Earth, the nature kingdoms, and your source to show you the future lives of your ascending ancestors.

Allow such a vision to play out upon the screen before you.

Listen with your heart to that which source, nature, and Earth has to say about the destiny of your future ancestors. (Take a few moments for this).

Let us intend to fulfill upon our soul's purpose in this lifetime.

Let us also intend that our future ancestors fulfill upon their destinies ascending Home with Earth to the Tao.

Let us intend to be fulfilled in our life dance and life dream in this lifetime.

Let us intend to transcend whatever is required in one's internal planes of reality to fulfill upon this goal.

Let us thank and honor Earth, nature, and source for supporting our choice to ascend in this lifetime and assisting us in the fulfillment of our mission.

Let us take a moment to receive the blessings back from Earth, nature, and one's source, as the gift of love comes full circle.

Sit in the bounty of the blessings for as long as you wish.

When ready, come back to the room and open your eyes.

We hope that this Solstice Blessing and Meditation leaves one feeling filled and at peace.

We invite you to partake in this type of work as much as you wish.

Aho, Blessed be.