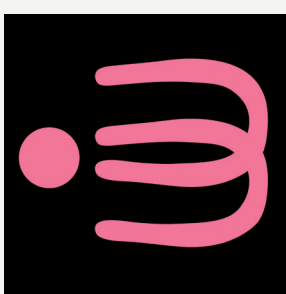
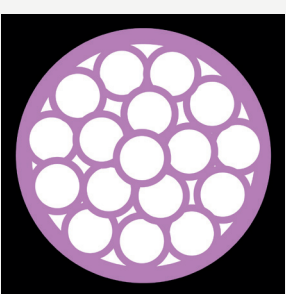


LANGUAGE OF LIGHT

Herbs, Minerals, and Integration



01. Forgiveness
Herb: **Echinacea Purpurea**
Mineral: **Rhodochrosite**
Polarity Thoughts: **Never Begrudges - Begrudges**



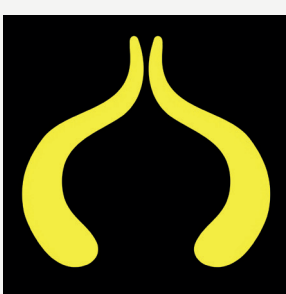
02. Structure
Herb: **Saw Palmetto**
Mineral: **Amethyst**
Polarity Thoughts: **Stubborn - Acquiesces**



03. Power
Herb: **Ginger**
Mineral: **Amber**
Polarity Thoughts: **Helpful - Helpless**



04. Compassion
Herb: **Chamomile**
Mineral: **Aventurine**
Polarity Thoughts: **Loves/Accepts - Hates/Rejects**



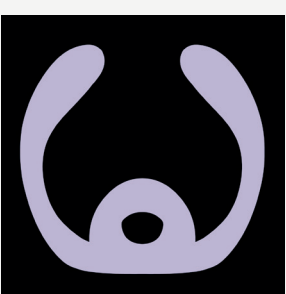
05. Breath of Life
Herb: **Feverfew**
Mineral: **Yellow Calcite**
Polarity Thoughts: **Creates - Destroys**



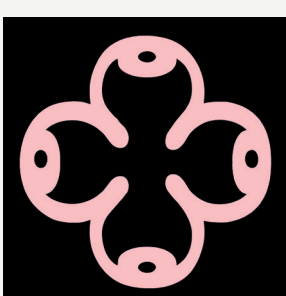
06. Non-Conditional Love
Herb: **Nettle**
Mineral: **Hematite**
Polarity Thoughts: **Paraises - Invalidates**



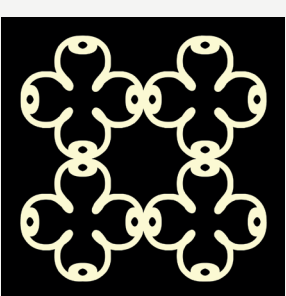
07. Freedom
Herb: **Lobelia**
Mineral: **Citrine**
Polarity Thoughts: **Master - Slave**



08. Divine Union
Herb: **Evening Primrose**
Mineral: **Vesuvianite**
Polarity Thoughts: **Male - Female**



09. Unity
Herb: **Angelica**
Mineral: **Rose Quartz**
Polarity Thoughts: **Positive - Negative**



10. Non-Conditional Governance
Herb: **Lady's Mantle**
Mineral: **Tiger's Eye or Rutilated Quartz**
Polarity Thoughts: **Dominates - Subordinates**



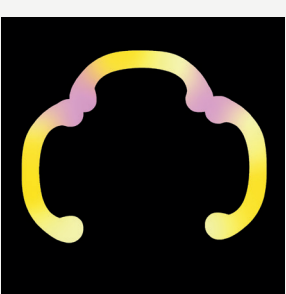
11. Jurisdiction
Herb: **Red Clover**
Mineral: **Moonstone**
Polarity Thoughts: **Rules - Is Ruled**



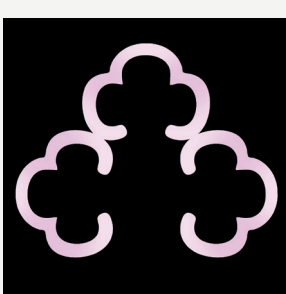
12. Hope
Herb: **Skullcap**
Mineral: **Pyrite**
Polarity Thoughts: **Success - Failure**



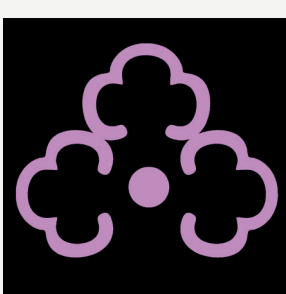
13. Peace
Herb: **Chaparral**
Mineral: **Chrysocolla**
Polarity Thoughts: **Harmonious - Discordant**



14. Abundance
Herb: **Comfrey**
Mineral: **Topaz**
Polarity Thoughts: **Greed - Poverty**



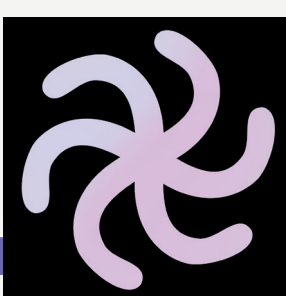
15. Prosperity
Herb: **Uva Ursi**
Mineral: **Aragonite**
Polarity Thoughts: **Give — Receive**



16. Magnitude
Herb: **Yarrow**
Mineral: **Sodalite**
Polarity Thoughts: **Whole - Fractured**



17. Intuition
Herb: **Horse Chestnut**
Mineral: **Dolomite**
Polarity Thoughts: **Connected - Separated**



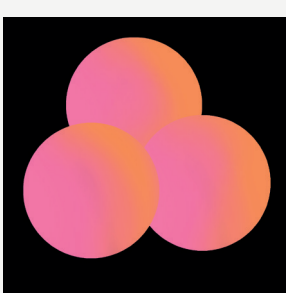
18. Function
Herb: **Osha**
Mineral: **Iolite**
Polarity Thoughts: **Controls - Surrenders**



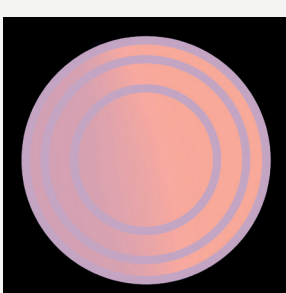
19. Perseverance
Herb: **Vitex**
Mineral: **Danburite**
Polarity Thoughts: **Manipulates - Manipulated**



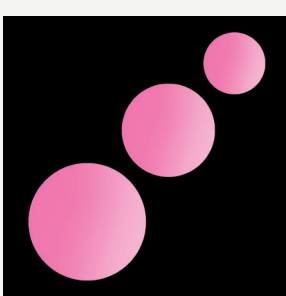
20. Stealth
Herb: **Astragalus**
Mineral: **Aquamarine**
Polarity Thoughts: **Expands - Contracts**



21. Consciousness
Herb: **Devil's Claw**
Mineral: **Celestine**
Polarity Thoughts: **Animate - Disanimate**



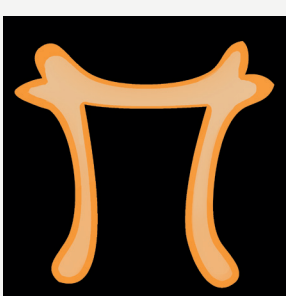
22. Internal
Herb: **Bloodroot**
Mineral: **Sugilite**
Polarity Thoughts: **Active - Passive**



23. External
Herb: **Oregon Grape Root**
Mineral: **Ruby**
Polarity Thoughts: **Expressed - Unspoken**



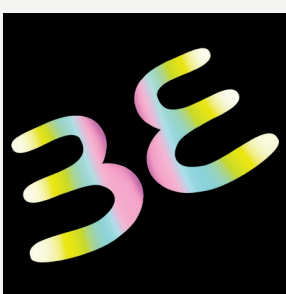
24. Oneness
Herb: **Lady Slipper**
Mineral: **Watermelon Tourmaline**
Polarity Thoughts: **Separate - Together**



25. Truth
Herb: **Corydalis**
Mineral: **Jasper**
Polarity Thoughts: **Experienced - Novice**



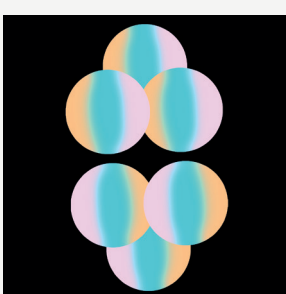
26. Action
Herb: **Blue Cohosh**
Mineral: **Apophyllite**
Polarity Thoughts: **Responsible - Irresponsible**



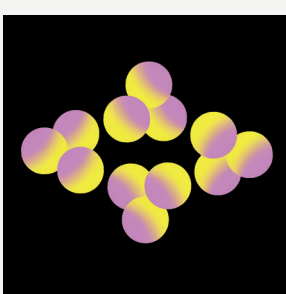
27. Fluidity
Herb: **Aloe Vera**
Mineral: **Annabergite**
Polarity Thoughts: **Expects - Conforms**



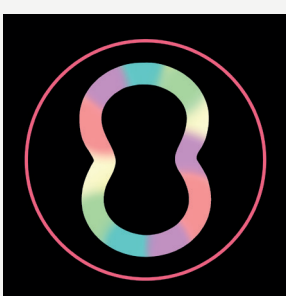
28. Purpose
Herb: **Shepherds Purse**
Mineral: **Larimar**
Polarity Thoughts: **Aligned - Misaligned**



29. Integrity
Herb: **Burdock**
Mineral: **Andesine**
Polarity Thoughts: **Sabotage - Sabotaged**



30. Balance
Herb: **Milk Thistle**
Mineral: **Graphite**
Polarity Thoughts: **Greater - Lesser**



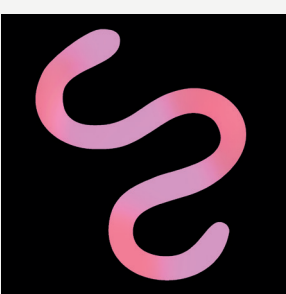
31. Honor
Herb: **Chickweed**
Mineral: **Emerald**
Polarity Thoughts: **Abuses - Abused**



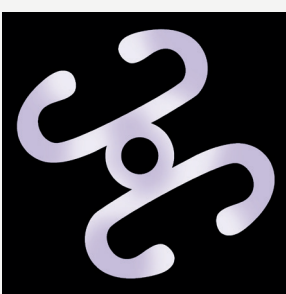
32. Dream
Herb: **Horsetail**
Mineral: **Gold**
Polarity Thoughts: **Past - Future**



33. Illusion
Herb: **Poke Root**
Mineral: **Kyanite**
Polarity Thoughts: **Real - Fantasy**



34. Passion
Herb: **Passion Flower**
Mineral: **Kunzite**
Polarity Thoughts: **Movement - Stagnation**



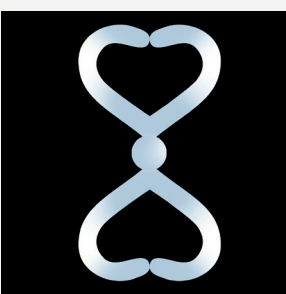
35. Creativity
Herb: **Mother's Wort (Bell Wort)**
Mineral: **Herkimer**
Polarity Thoughts: **Excitement - Boredom**



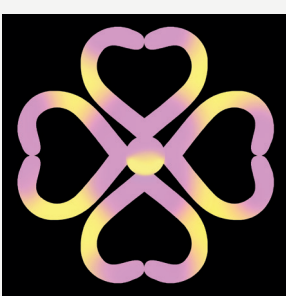
36. Sexual Energy
Herb: **Wild Yam**
Mineral: **Lepidolite**
Polarity Thoughts: **Relishes/Savors - Denies**



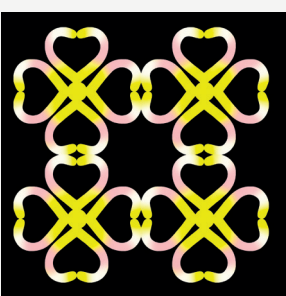
37. Friendship
Herb: **Cascara Sagrada**
Mineral: **Peridot**
Polarity Thoughts: **Relationship - Loneliness**



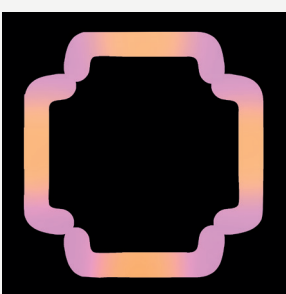
38. Communion
Herb: **Sorrell**
Mineral: **Sapphire**
Polarity Thoughts: **Agitates - Pacifies**



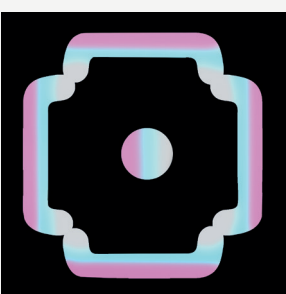
39. Dance of Life
Herb: **Valerian Root**
Mineral: **Clear Quartz**
Polarity Thoughts: **Friends - Enemies**



40. Community
Herb: **Black Cohosh**
Mineral: **Desert Rose**
Polarity Thoughts: **In Group - Out Group**



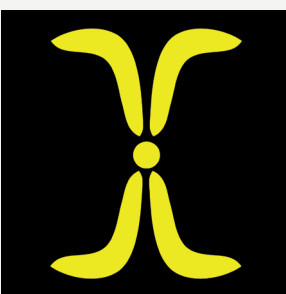
41. Honesty
Herb: **Alum Root (Alumstone)**
Mineral: **Titanium**
Polarity Thoughts: **Deceives - Deceived**



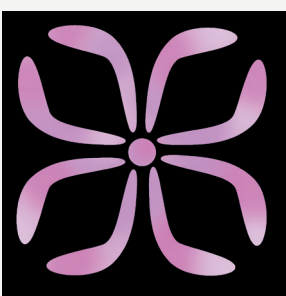
42. Communication
Herb: **Hops**
Mineral: **Rhodolite**
Polarity Thoughts: **Understands - Confused**



43. Unseen Worlds
Herb: **Cramp Bark**
Mineral: **Obsidian**
Polarity Thoughts: **Alive - Dead**



44. Unspoken Worlds
Herb: **Datura**
Mineral: **Gypsum**
Polarity Thoughts: **Conscious - Non-Conscious**



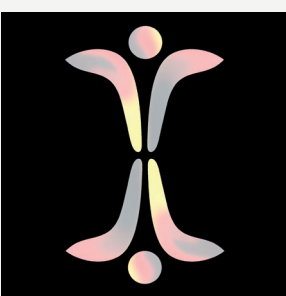
45. Underwater Worlds
Herb: **Flax**
Mineral: **Celestite**
Polarity Thoughts: **Known - Unknown**



46. Worlds Upon the Land
Herb: **Echinacea**
Mineral: **Turquoise**
Polarity Thoughts: **Perceived - Unperceived**



47. Human Species
Herb: **Golden Seal**
Mineral: **Rutile**
Polarity Thoughts: **Guru - Disciple**



48. God Goddess All That Is
Herb: **St. John's Wort**
Mineral: **Diamond**
Polarity Thoughts: **Blind Trust - Distrust**