



## **MMW-1**

### **Lung Health in Ascension**

As more light is applied, the cellular metabolism increases leading to yet more waste produced leading to acidosis of the blood. Acidosis is an overly acidic state that leads to disease of all formations including lung troubles. Acidosis is an overly acidic state that leads to disease of all formations including lung troubles such as asthma, constipation of the liver spleen and kidneys as well as other illnesses such as MS, Chronic Fatigue, and deterioration of the heart valves. The acid wears at the heart, kidneys, liver lungs and spleen by failing to support the biology in its requirement to remain pH neutral or positive in some cases. Not all biology requires positive pH, but most require neutral pH at a bare minimum to sustain health. Dietary changes can alter the pH; however, light work may exacerbate the acidity by increasing cellular metabolism well over where one runs if only blood sugar was the main resource of energy. Light enters the field in light work synergy, and each cell is bathed with heat that is transfused into the cell through the transfusion energy system. Cells then run their metabolic rate through light infusion in addition to blood sugar.

The blending of Sirian-Pleiadian DNA also created the first known ailments in the human form based upon the genetic records revealed to date. Such ailments include a form of tuberculosis in which the lungs would become laced with holes and fail to collect enough chi through the breath to sustain the blood sugar level requirements of a crystalline form. It also includes a form of pancreatic cancer, liver cancer, cancer of the spleen, and cancer of the nervous system. All such diseases have now been traced to half and half holographic origins and the blending of Sirian and Pleiadian DNA.

One may wish to assess one's own ancestries utilized to create the form in the womb so that one will understand what lineages require clearing the karma to prevent disease in ascension. Primarily those lineages of non-resonant human form such as the Annanuki (Greek and Roman Gods) and Annanuki Slave Race, plus Andromedan, Grey or Reptilian ancestries will cause the greatest discord in ascension. Grey, Reptilian and Andromedan DNA is generally cast off and transmuted in the ascent to 1,024. Annanuki and Annanuki Slave Race DNA are generally released in the ascent to 3,000.

One can transmute the incompatible, foreign DNA to Sirian form through conscious intent. As the Annanuki, Andromedan, Grey or Reptilian DNA in such organs became Sirian or magnetic, the discord can be released, and the disease can be healed simultaneously.

There are glands that had atrophied over time in the Liver that are related to the virus known as Hepatitis. The Hepatitis Virus was once a substance used to transmute certain toxins in crystalline cells into another useable material required for cell life. The Hepatitis Virus is converted in the crystalline blueprint back to its original function. The main cellular waste that this particular substance transmutes is anaerobic waste, or in other terms, a waste produced in the ingestion of sugar by the cell. The waste is transmuted into a form of salt required for the regeneration of the cell, and then is utilized for this purpose.

The liver also has the capacity to convert body fat to sugar if one's overall vibration requires such to be sustained. For the average human, one sustains one's vibration more through the breath, in which oxygen is collected by the lungs and given over to the crystalline diaphragm to be converted into blood sugar. However, in high times of stress, or if one is holding a higher vibration than usual say in going to the density of the city, the liver may begin to convert fat to provide enough sugar to sustain one's vibration.

How is vibration sustained? The cells holding a particular level of energy sustain the energy level of the form by altering the metabolism of the cell accordingly. In other terms, the higher the vibration, the more sugar that is required to sustain the energy of the crystalline cell, and the higher the metabolism of the form runs. As more sugar is required, the diaphragm inflates to collect more oxygen, and the liver will convert fat to sugar to provide for the needs of an increasing metabolism and vibration.

### ***The Diaphragm With the Oxygen Collected by the Lungs Produces Eight Types of Sugar***

Each human constructs the form in the womb from the genetic materials obtained from one's tapestry of ancestry. Most in the West, in particular, inherited lineages from many different humanoid forms. If some of the lineages are Annanuki slave, and one creates say the thymus, heart, and lungs from such lineages, one then has a propensity to have great electricity in such regions of the form. Electricity is non-compatible with the magnetic life upon Earth, and this creates a weakened region in such an initiate. On top of this, if one has lineages that are Andromedan, Grey or Reptilian form, and creates the reproductive organs and intestinal tract from such lineages, then one will have even a more greatly weakened part of the form over time and as one ages. This is because Andromedan, Grey, and Reptilian DNA are even more paired down than human DNA at 2 strands.

The belly is the result of the crystalline diaphragm in which multiple pockets grow out over the rib cage that allow the oxygen within blood that has been obtained in the lungs to be extracted and converted to eight types of blood sugar required to sustain the crystalline cellular structure.

### **Lungs**

As Rays 16 and 17 are embodied, 11 new chakras descend making 44 chakras all told. As Ray 18 is embodied, the Light Body expands in size to 24 panels on top and 24 panels on the bottom, a total of 48 panels. The auric field of the 48<sup>th</sup> level initiates will embrace an area equivalent to North and South America. In completing the 48<sup>th</sup> initiation, segments of DNA 37 through 48 are connected within the body. In the process, the stomach, esophagus, lungs, diaphragm, and pancreas are converted to crystalline in form. Upon completion of the 48<sup>th</sup> initiation, one begins to be considered a Vibrational Steward of Planet Earth.

There are two strains of crystalline genetics that are currently blended with human form to catalyze an initiate's spiritual evolution. One strain is designed specifically for healers, channels, and teachers who need to run high vibrations through their embodiment in order to hold the energy for a large group of people. This particular strain will cause roughly a five to twenty percent increase overall in size and weight. Holding the energy for an auditorium of people requires a lot of chi or life force. When a teacher or channel facilitates a workshop, (s)he would burn upwards of 2,500 to 3,000 calories an hour just to maintain the vibration in the room.

These calories could never be consumed, and so the increased lung capacity allows him/her to pull the chi through the breath.

The crystalline diaphragm is made up of an elaborate set of cavities and pockets that the blood exiting the lungs enters, and the oxygen collected from the air is converted

to sugar. The size of the diaphragm will expand up to three times its resting size during physical exertion or when one teaches and holds the energy for a workshop.

## **Colloidal Silver and Colloidal Gold**

Both silver and gold are anti-viral and anti-bacterial in nature. One may consume the colloidal silver or gold, along with dropping such substances into the eyes, ears, or inhaling it into the nasal passages and lungs. If the nasal passages or lungs become compromised in ascension, try inhaling colloidal silver and gold. One may find that the stuffy head and nose clears much more rapidly.

Dropping such substances into the ears, along with ear candling, can be useful in the clearing of toxins that may clog the inner ear.

During certain phases of ascension, the eyes shall be reconstructed. Initiates have found that dropping colloidal silver and gold into the eyes offered some relief during this process by flushing out the toxins and killing bacteria. Often when the eyes are irritated, one wishes to touch them more frequently only causing an infection of unnecessary bacteria. The colloidal silver helps to kill the infection allowing the eyes to feel better.

Some initiates also found that until they cleared their sinuses, that there was not an easy pathway to detoxify the eyes. Therefore, they found that utilizing a nasal spray with colloidal silver along with other anti-bacterial agents such as grapefruit seed extract helpful in detoxifying the nasal

passages. This allows their eyes to complete their segment of reconstitution at a more rapid speed bringing an end to the eye discomfort.

## **Echinacea**

Echinacea is an herb that is useful in building white blood cells. Echinacea triggers the development of white blood cells in the event of an infection, and likewise causes less white blood cells to be manufactured as the infection is complete. One initiate took Echinacea on and off for many years, particularly as her lungs were being restructured. Her lungs would fill up with fluid and mucous during their reconstitution, giving her a deep cough and seeming bronchitis.

THE CRYSTALLINE LUNGS	
<p><b>1. What vibration has the lungs attained to date in my ascent? And what is the vibration in terms of DNA?</b> (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 segments)</p> <p>_____ Right Lung _____ Left Lung</p> <p><i>What herbs would be helpful in ascending the lungs into a complete crystalline structure?</i></p> <p>_____ _____</p>	<p><i>I intend to research my ancestry for a complete record of the crystalline lungs.</i></p> <p><i>I intend to release all karma for how the crystalline lungs were lost in my ancestry.</i></p> <p><i>I intend to ascend into a fully crystalline set of lungs.</i></p> <p><i>I intend to ascend both the cells and space between the cells of the lungs into the crystalline blueprint.</i></p> <p><i>I intend to expand the rib cage as required to make room for the added pockets in the crystalline lung structure.</i></p> <p><i>I intend to take all herbs necessary to support my ascent into the crystalline lung structure.</i></p> <p><b>NOTES:</b></p> <p>_____ _____ _____ _____ _____ _____ _____ _____ _____ _____</p>
<p><b>2. What vibration has the space between the cells in the lungs attained to date in my ascent? And what is the vibration in terms of DNA?</b> (200, 400, 600, 800, 1024, 1800, 2200, 2600, 3000, 3600, 4800, 5600, 6000 or 9000 segments)</p> <p>_____ Right Lung _____ Left Lung</p> <p><i>What herbs would be helpful in ascending the space between the cells in the lungs into a complete crystalline structure?</i></p> <p>_____ _____</p>	
<p><b>3. How many sizes has my bra changed or shirt size altered to date?</b> _____</p> <p><i>This provides a physical confirmation of the ascent of the lungs.</i></p> <p><i>What herbs would be helpful to expand the rib cage so that there is room for the crystalline lungs to develop?</i></p> <p>_____</p>	