

## MMW-3

## Intentions for Restoring Full Consciousness By Retrieving Body Level Consciousness

Terra offers the following intentions to aid you in restoring full consciousness by retrieving body level consciousness and information that departed Earth in this cycle or the past cycles of your ancestors.

- 1. I intend to retrieve my body level consciousness lost in this lifetime.
- 2. I intend to retrieve all the body level consciousness lost in each ancestral lifetime.
- 3. I intend to retrieve all dream lost to the false gods in this lifetime or any other lifetime that my ancestors lived.
- 4. I intend to forgive those ancestors who created false ascensions by moving into other creational ascension patterns.
- 5. I intend to forgive those ancestors who split between light, medium and dark polarities in false ascension.
- 6. I intend to forgive those ancestors who were destroyed in a dark false ascension.
- 7. I intend to forgive those ancestors in light or medium false ascensions who unknowingly destroyed others.
- 8. I intend to forgive those ancestors creating legitimate ascension who were destroyed through those having false ascensions.

- 9. I forgive my own body level consciousness for desiring to rise up the dimensions and separate spirit from matter.
- 10. I intend to restore my truth by restoring all body level consciousness lost over time.
- 11. I intend to restore the possibility of living a larger dream by restoring all dream lost to the false gods over time.
- 12. I intend to restore enough chi to ascend by retrieving all chi lost to the false gods over time.
- 13. I forgive those ancestors who followed the false gods up the dimensions and danced upon their planes of reality.
- 14. I intend to retrieve any ancestor that has yet to return unto Earth and departed following the false gods up the dimensions.
- 15. I intend to recast my lost ancestors so that they will understand that there is another path now available home to the Tao.
- 16. I intend to retrieve all information and consciousness lost to the false gods upon each dimension that my multidimensional ancestors danced upon.
- 17. I forgive the Tao creators who split light and dark and set in motion the thoughtform of shattering smaller than one thought possible.
- 18. I intend to transmute the thoughtform associated with shattering and contracting smaller than I thought possible into the middle path of whole and complete ascension.
- 19. I intend to learn to bless and dream bigger than I thought possible restoring the truth of the Tao to my life dance.
- 20. I intend to live my larger dreams and contribute to the ascension of Mother Earth and humanity in world service.