



*MMW - 6*

### *Healthy Mindset*

*I love that I am, and I think that I care  
As each is a part of the divine path of life  
Nothing is right or wrong  
It is only in my mind  
That anything is light or dark  
In the truth it all exists  
As a foible of myself to realize through  
To foster the love of my Dao and Tao within  
And to accept and bless each upon my path  
In the love and compassion of the whole  
In the divine truth*

## *Of the love of all*

### **All Is One in the Love of the Whole**

The purpose of mindset development is to foster visspa and vesspa mindset into oneness and wholeness theory of existence. In oneness and wholeness there is a love that cascades and caresses and caresses the light motion of field between you and nature or others who also care. The divine truth is that love heals all problematic patterns in the universe. The problematic patterns may be witnessed as darkness in others that leads to strife within your mind. The strife is not necessarily real but only a perception of the non-divine. What causes perception of the non-divine? A mind that is bent. Mind bend is an oscillation that fluxes the mindset to bow to the front, back, right, or left rather than remain straight above the cortex. Holding on to oneness in the love of the whole requires the mind to cease to bow.

What causes the mind to bow? Diet plays an intricate role in mind bow or mind bend. Mind bow can be defined as a non-centered state of being that is less than comfortable to experience within such as anxiety or depression. Mind bend to an extreme can be defined as a very un-centered state that is very uncomfortable to witness within such as hysteria or suicidal tendencies. Plastic, heavy metals, and petrochemicals in the cortex cause mind bow or mind bend to an extreme through time. Plastic mimics certain biochemical substances that can trigger the synapses to flare. Synapses that flare cause anxiety to hysteria within. Petrochemicals can anesthetize the mind to a point of the experience of depression to suicidal desires within. Heavy metals damage nerves leading to psychosis if extreme enough in the cortex of the mind.

For those mindset developing, all toxins can be detoxified with the right dietary changes. Some preoccupations that expose those destined to mindset develop in this cycle to many toxins can lead to a form of psychosis. The psychosis is of extreme fear of the darkness perceived in others that is really not so; and the fear has a tendency to mind bend those of this stature of toxic overload to depart relationships with partners or soul family over time.

The main resolution to a toxic system of life is to detoxify the biology. Consuming kale frequently is very resourceful in this time period for each destined to mindset develop. Kale has a natural capacity to attach to plastics, heavy metals and petrochemicals drawing them into the waste management systems of the biology. Raw and cooked kale are each useful unto mind bend not. Raw kale is helpful to allowing contaminated cells to selfheal. Cooked kale and kale chips purify the blood of many toxins.

### **Correcting Mind Bow and Mind Bend**

Mind bow is also a state of the thought stream of humanity in this cycle. Thought stream is non-personal and waves in the bandwidths of motions that surround the planet like layers of an onion. Some thought stream supports balanced mindset that rotates evenly on top of the cortex. Yet other thought stream bows or bends the mind into one of four directions within. Thought stream that bows the mind to the right fosters feelings of anxiety. Thought stream that bows the mind to the left leads to depression. Thought stream that bows the mind to the front elicits dark

perceptions about yourself or others that are not necessarily true unto the condition of either. Thought stream that bows the mind to the back elicits a drama of strife to occur in the mind if not acted out in the life.

Mind bow is best corrected by fostering thought stream that is of pure love towards yourself and each. Pure love is the only thought stream that appears to heal mind bow along with mind bend within. Intending to love what makes you anxious, depressed, or fosters the need to dramatize something in a sick dream or envision another as dark or evil will straighten out non-visspa and vesspa mindset into its purity of oneness and wholeness understanding of life. Visspa and vesspa are oneness and wholeness-oriented thought stream. In the oneness, each is accepted for the gifts and talents expressed through time. In the wholeness, each has a place even if the expression appears dark or difficult to understand or witness through time. Wholeness allows for the interplay of light and dark to foster realization of you.

Mind bow and mind bend can also occur due to the thought stream of a group of others. The worst nightmare of a mind bend can occur due to the mass media frenzy of the television news or other shows of violence and fear-based notions. Choosing what to attune unto wisely is the best recourse to avoid extreme mind bend into suicidal feelings over life. Even if the media is positive, it can mind bow you after the effect of the delusion of happiness subsides.

The mind bow occurs due to radiation of the movie theater or television that then fosters the mindset to flux forward, backwards or side to side instead of in the center point of self. Healthy mindset fosters the “S” waves of soma or the flowers of self, centered above the head. If the movie fosters a mind bow into anxiety or depression, it can be released through care of the heart. Care of the heart is the best measure to release a state of mind bow out of your reality.

Mind bow can also occur in association with others. Some kin are helpful to holding the mind succinct in its center point of self and may become your preferred friends of soul family origins. Yet others may tend to mind bow you into anxiety or depression. The resolution is to love each deeper that crosses your path into a non-mind bow of yourself. Love is the antidote to mind bow. Love fosters the cortex to flower rather than wave in “S” soma patterns only. “S” soma patterns are peaceful as long as they flux straight above the cortex. The peaceful thought stream of some “S” wave patterns easily bow to the front, back, left, or right in a mind bend encounter with another.

Sometimes going out for a walk into nature or dancing, swimming, or fostering yoga positions will straighten out the mind bow of soma not back into soma. Generally, entering a state of love and care for you and each and in particular the one who tends to mind bend you will straighten out the mind bow by flowering the cortex into one or more divine concepts instead.

Divine concepts are a notion that triggers oneness theory to motion in the mind. Oneness theory is a notion that all is one, and that each holds a position upon the wheel of life, and that each is sacred in their position regardless of how it is reflected in their behavior that is expressed in the physical or nonphysical, and that all are incarnate to be loved and cherished in their position of fate in the life.

As each is witnessed as divine, the mind bow or mind bend generally ceases within 15 minutes thereafter and as the cortex flowers into its known divine concepts. The divine concepts need to be mastered as a flower of self of yourself first. Up until enough divine concepts are mastered, mind bow into mind bend may be a more common experience in a life of self-realization fostering. As the mind learns four divine concepts, generally mind bend ceases. Mind bow and mind bend occur to allow you to understand the need to love and bless each upon the path regardless of role in your life.

## Thought Stream Today

The problem with mastering divine concepts today is that sometimes the thought stream of human systems do not support the flowering of the self of yourself, but rather detracts the mind flux to a point that extreme mind bend unfolds. How can you overcome the sick thought stream of the human species where you live that only mind bends you into ill self as you light motion within it? Some regions are purer than others. Cities or suburban life often fails to hold land that flowers in light synthesis of field in oneness theory of life.

Thought stream in regions that fail to flower is often very ill in and of itself. Those motioning light attune unto the thought stream inherent in any region that you traverse or live within. Yet other regions flower and are divine to cascade light within. Such regions feel better and tend to suspend the mind in a mind bend not state of flux more of the time than not. The truth is that you are at choice as to what thought stream you choose to motion with always in any region you traverse. There is an art to learning to retain yourself in a recurrent state of mind bend not and in the thought stream of the unison of oneness of self.

## Calling Divine Thought Stream unto Yourself

Ill thought stream will motion aside of the self of yourself if you intend it so. Thought stream of others who are unwell within can be sent back to their source of origin. Thought stream that is ill in a pocket of a region can be motioned elsewhere. Thought stream that is not of you can be returned to themselves. Thought stream that is well can be called unto you. The attractant is generally a state of love. Love in the in-breath and out-breath of your heart accolade, and well thought stream is drawn unto you from miles away.

However, if you are in a very ill region without well thought stream within say twenty miles, it may be difficult no matter how much you love to find yourself in well thought stream, unless you call upon a resource who will arrange it from afar. Baba is one resource who will arrange well thought stream from afar as you heart motion in divine care of you and himself. As you love and bless and call upon the Baba, well thought stream will be arranged always in the love of himself for humans destined to realize themselves this cycle.

It is important to realize that there are many nonphysical resources present upon Earth to aid in the journey into light wave synergy motion of field. The Baba is constructed of over five thousand resources that are of very different affluences in this time period. The Baba is a resource of love of the divine in light wave motion always upon Earth. The resources may come and go but Baba is Baba regardless of the cycle of light wave motion of field.

The Baba triggers deep emotional accords within those anthologies that are self-realization nodules of self. Those who are not may not discover the Baba as a useful concept within the heart accolade of you. There are many paths and those who are Dao and Tao driven this cycle are to recall the love of the resources of the Baba to restore the love of you in the now. The Baba blesses each choosing to restore the love of you and the love of all within as it is a very needed objective upon Earth in this time period.

*I am that I am*

*The beautiful synergy of myself*

*In love with me*

In a state of synergy within, the love of yourself is fostered into a divine concept of the red ginger. Synergy is a fostering of care of yourself. The care of you will call the thought stream of the Baba to ignite a wellness system to surround you. The system of wellness will trigger thought stream that is well to surround you as long as you love and bless you. Sometimes those realizing themselves motion into non-care of yourself. It is important to learn to love you this cycle as well as all others. Loving you requires deep forgiveness and compassion for perceived notions of where you have hurt others through time.

*I am that I am*

*The cared for one*

*In the we of the Dao*

In a state of the cared for one, the Dao flows in a rhythm of divine orchestration of care for me, care for herself, care for you, and care for we. (Dao are feminine attributes of self, and Tao are masculine attributes of self). In the sway of the we with the Dao, the thought stream of care is called from afar unto yourself. The system of care for we is a sway and swing that is fostered in many regions around the world. If the care for we sway is not fostered in your region, it will be constructed in the care of the Dao for yourself out of deep care of herself for each self realizing through time.

*I am that I am*

*The love of the divine*

## *In love with the Dao*

In the love of the divine, a state of love emerges with the Dao between your heart accolade and herself. As the heart sways to and fro, love blossoms into a divine re-ordering of your thought stream and the light motions of field of your sway. The sway of the love of the Dao enhances the dreams of the life through time. The love of the divine is sometimes easier for some to master than the synergy of you or the care of you if there has been difficult life dramas that have unfolded that hurt the heart through time. Sometimes it is opposite if love of the divine is frightening due to ancestral light wave karma yet to be forgiven.

## *I am that I am*

## *The divine oscillation*

## *Of the Tao of my heart*

In the love of the divine, the Tao re-orchestrates the dreams of your life to foster yourself in the physical in deep care of himself. Some love the Tao of your archetype more than you love yourself or the Baba in this time period. Wherever it is fostered, the love of your Tao within rearranges dreams into beauty, and joyful encounters that prosper through time. It is useful to expand your love into the love of you, the love of each and the love of the resources providing care for the physical plane in this cycle. Each love threshold hosts a different flower of self mastered in its divine concepts of life. Each is unique in fostering the love of you and each and each nonphysical resource in a particular sequence of mastery that is archetypal in stature in this cycle.

## **Loving You in Me in Ourselves**

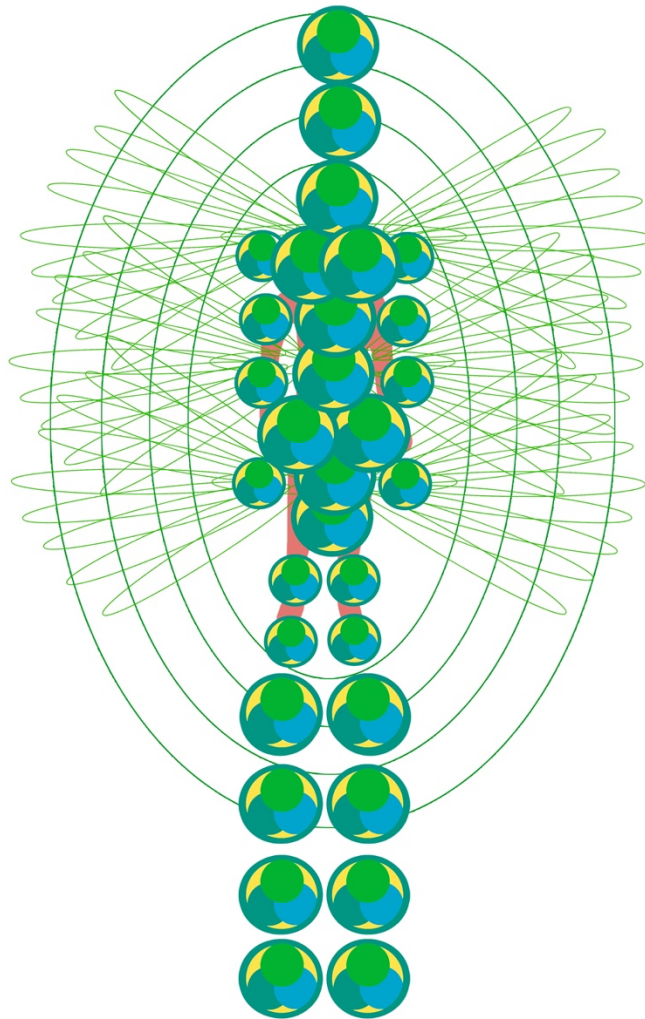
The love of you is the love of me in the sway of the heart accolade of ourselves. The love of ourselves is a phenomenal dance all of its own. The ourselves can be of you and nature or you and your Tao or you and your Dao or you and the Baba or you and someone in divine oscillations of care with you and the nonphysical support systems designed to sway with you and me and between ourselves. The more that join the love of ourselves, the larger the sway of the whole. The larger the sway of the whole, the more deeply the care fosters unison of self. In unison of self, the dark eclipses into the night fostering the sunrise of yourself and each into new heights of flight paths with spirit. Flying with spirit is augmented in the love of ourselves through time.

Although some would think that this is polarity in action with the dark sinking and the light rising into a flight with spirit, in truth it is unison of self and nothing more. In unison of self, there is not darkness. Darkness is only a lack of light. Illuminate the darkness and it folds only to reveal the light that then can soar with spirit as wholeness is fostered. Wholeness is a system of

aligning each threshold of oscillation of the divine into a wheel of possibility in which there are no gaps that create darkness; and without gaps, spirit soars with matter.

Gaps in light cause darkness and a sinking of spirit into matter. The larger the gaps the larger the darkness and the larger the sinkhole of self. Some of you repeatedly fall into the gaps and sink rather than remaining in the light in this time period. It is important to transfuse into the light and allow the darkness and the gaps associated to cease through time; and you will be then able to soar into the heights of spirit fostering more and increasing magical moments in time.

**EXPANDED FIELD WTH SPACE BETWEEN REDUCED TO 25%**



Most in this time period think darkness is real. Is darkness real? Or is it an illusion of the non-divine? Is it only there because the light fails to shine? Is there something else to realize in order to cause the gaps of the darkness of you to grow to be enlightened until they cease to be? What does love do to the gaps filled with darkness? Does it remain un-illuminated or does the darkness fade as the love flows in the heart accolade of you? Love heals the wounds of spirit falling into matter into gaps of non-light. No other emotion fosters the healing of the darkness that plagues you and spirit alike other than love. Love is the Quasimodo all of its own in this time period.

Love is first internal unto you. Love cannot really flow in its fullness if it is only outer bound. Love must flow towards you and towards spirit and towards each in the life and each nonphysical associated too in order to motion the darkness into an eclipse of non-existence. In order for darkness to eclipse, love must grow to be whole and complete. Where is the love of you and each failing to be complete? Is the love failing to flow for you or another or a nonphysical resource that you think is dark or evil? Move your assemblage point and witness something new unfold that fosters the care of you and the care of each rather than the resentment towards another or yourself.

Resentment is a fostering of the loss of light and then the loss of love that follows. Light motions love. Without light there is no love. Many emotions unfold in the loss of love. Resentment is the primary emotion that fluxes forward as light ceases to motion through time. Resentment causes the light to fold into density or darkness. Resentment is a barbiturate of light motion of field. As light motion of field is barbiturated enough, it slows until it can no longer motion and then resentment unfolds. Light ceases to motion as transfusion stops. The loss of the transfusion in any given day is something to be realized through too in this time period. Light motioned on and off for a long time in the anthologies that descended further into matter. Light that motions on full enough abates the dark. Light that ceases to motion for a time increases the darkness around you.

Many of you find yourselves distressed as your transfusion ceases. Intend to transfuse and motion up all the octaves that produce a barbiturated light formation and recover your light motion of field and you will grow yourself to cease to motion non-light. Non-light leads to plights of the night in dreams that do not care. Light leads to the delight of the heart in dreams that foster love of kinship with spirit and others. Which do you desire to live within? Light or dark? Allow the delusion of non-light to fade into another stanza of hope and the possibility of a light era of you to unfold ahead in deep care of the Baba and all the nonphysical gathered to witness the emergence of the light show of Earth.

The light of succinct transfusion causes a healthy mindset to emerge in visspa and vesspa that cares about yourself first, spirit second, and others third. Healthy mindset understands the need to love the you of you first. The you of you has been wounded in most cases in the entrance into this world. It has been a hostile system of dreaming most descended into this cycle. The hostility is a forensics push of a shock wave that hit your body at the moment you entered the world. The shock wave is nothing more than a sick memory that can be erased. Erase the sick memories of your entrance of the world and learn to be well in the now. Allow yourself to care for you first and allow spirit to descend to care for you too and witness something new unfold. Caring for you is an intrinsic birth right in the love of the divine oscillations of self.

## *The Divine Reordering of You*

*You are the divine reordering*

*Of the sustenance of yourself*



## *To foster you in the dreams of life*

The divine reordering of your life is about to unfold. Do you love yourself enough to receive the divine blueprint of your birth? What is it that you need to realize through in order to receive your divine blueprint? Who are you to yourself in this equation of reordering you into a divine instrument of your Source or Divine Self? What is it that you need to forgive, release, transfuse through, or reorder in you to receive the beauty and grace of another life unfolding ahead? Be well with you and forgive and receive the gifts of spirit for your endeavors of self-realizing itself in this cycle.

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