

MMW - 6

Managing One's Field in Ascension

Much of what we are going to speak to in this chapter and the following worksheets are associated with information that have been brought through a little at a time as the patterning in the unconscious of the human energy field was uncovered. Here we strive to consolidate most known information that applies to those ascending to 2,200-4,600 segments of DNA in this lifetime.

Let us suffice to say that the energy field in the map to ascension has gone through many alterations over time. As human Mapmakers continued to ascend particular lineages, more and more layers of the unconscious surfaced that was previously unknown. This is a part of the clearing work of those who are the Mapmakers or map carvers; to leave no stone unturned more or less in the examination of ancestral karma associated with one's inheritance. All planes also must be examined and cleared.

Collapsing the Space Between

There has been much focus as of late in collapsing the space between to 25% of the overall field for those resting at 3,000 segments; to 22% for those at 4,000 segments; and to 20% for those at 4,000 to 4,600 segments. For those proceeding beyond this, one may collapse the space between to 18%.

The space between is the region of domain that is denser and holds the pathway of light that the ley lines and meridians of the etheric body, chakra system and subtle bodies along with dreamtime self are constructed from. In essence, the goal is to move as much chi through the positive ley lines of the meridians and field as possible while minimizing the density or space between to the minimum required to hold the structure of the field.

As the space between is collapsed, there is little room for the false gods to dance. The false gods are space between consciousness inflated to the proportions of God/Goddess. The false gods inflated as each gave their power to do so to the false gods. As the space between of Earth likewise increased to a point of creating many shadows surrounding humanity, the false gods moved from inside the human vessel into the shadow surrounding Earth claiming themselves *God of Earth*. In reality these entities are not God at all but a consciousness from only one half of the sum total of what makes up any creation.

The space between is the density, the space without the light. Consciousness solely from the space between will only hold one half of the picture and the picture associated with the density or separation and destructive thoughtform; in parallel, consciousness solely from the space without or light will only have the other half of the picture or be light and loving only. Understand that the light and loving forces ascended Sirius; space without consciousness with only a partial picture ascended Sirius and this led to a very incomplete ascension and a load of karma.

In parallel, if the space between consciousness guides ascension, it leads to the inflation of space between which results in the minimization of the light moving through the energy field, which leads to a fall in consciousness. To the degree Sirius ascended looking only to the consciousness of the light or space without, Earth has been led by the consciousness of the dark or space between and fallen in equal proportions.

The reality is that attuning to only one half of the equation will never lead one home. Neither the space without or space between consciousness knows enough to ascend. Only that which can perceive both the space between and space without and amalgamate both realities into the entire picture can perceive enough to ascend. Earth, nature, human form, whale-dolphin form, and the Tao can perceive into both realities as a result, these are the forces that can guide ascension *home*. The recent understanding that has occurred from global ascension has allowed all kingdoms to know that inflation of the space between does not work; the space between must be collapsed. The space without must be inflated, but not to such a degree that the space between ceases to exist.

This is what Sirius has done in her ascension; ascended into a place where there is only the space without and minimal remaining space between (2%). The Sirian field is therefore primarily light, but a distorted light as there is no density to create balance or transmute karma. There is also not enough density at 2% to allow for the act of transmutation.

Transmutation is an act in which the spin of the chakras grinds up and dissipate thoughtform and patterning no longer useful in the evolution of the individual or consensus. It is the space between that provides enough structure to the chakra system to allow the spinning of the field to dissipate or transmute thoughtform and karma. As Sirius reduced the space between too much, there is not enough structure to dissipate thoughtform or karma; it was at this point that Sirius began to defer her unprocessed karma and density to Earth and other creations.

One can think of the chakra in transmutation as a mortar and pestle. As one puts the herbs in the mortar, it requires a strong hard device to crush the herbs into a paste to be consumed. A field without enough density would be like trying to use rubber to crush the herbs in the mortar; one would not be very successful at the breaking down of the density in such a circumstance. This is much how the Sirian energy field acted in her ascension; it became rubbery and unable to transmute; and then the only recourse was to shunt onto another the darkness that failed to be transmuted thoroughly in the ascent.

In order to avoid going into the false ascension patterning of Sirius therefore, there must be some space between retained in the ascent and just enough to allow for the pathways of light to hold

their formations so that the field acts as a mortar and pestle to grind away at the density, but not so much to allow the false god consciousness or dark to direct the show. This is the purpose of collapsing the space between; to create just enough density to allow for transmutation but not too much to allow false god consciousness to drive the dance.

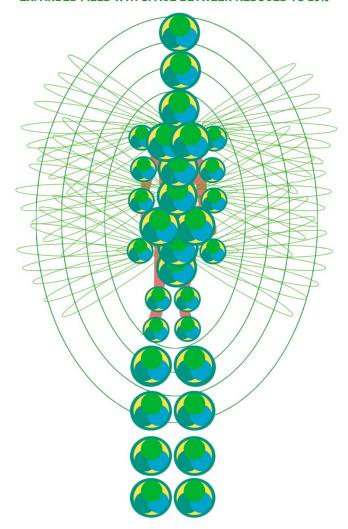
False god consciousness of the light or space without must also not direct the show, as it only perceives one half of the picture as well. In this year past, Earth has reconciled with many forces that were only false gods of the light or space without consciousness inflated into the position of god goddess. She has released many false gods of this nature as they have not a complete composite of information to ascend themselves, let alone Earth.

It is for this reason that Earth now casts her own souls, and these souls are both of the light but with enough density to hold their formation and also to hold a complete picture of both sides of the equation, light and dark. As such they are the most equipped to assist with the ascension of Earth and humanity alike. One may consciously replace one's souls as required with souls cast by Earth to assist in times where one may have gone into distortion.

As one collapses the space between to the minimum required, one will cease to be as confused by the communications of the false gods. The false gods utilize the inflated space between to possess a field and run the dream of the life associated. As this is minimized, there is enough energy moving through the field to allow soul, ancestors, nature, and Earth to co-create the human life instead. False gods, false ancestors and personality entities utilize the space between to communicate with human form.

Soul, nature, Earth, and ancestors utilize the sexual energy flow and spin of the chakras to communicate. As one intends to only attune to space without communications and collapse the space between until the communications from the false gods or personality is minimized, then one will have clearer guidance as to the next steps upon one's path. We will include intentions for collapsing the space between in the worksheets section of this chapter.

EXPANDED FIELD WTH SPACE BETWEEN REDUCED TO 25%



Mastering the Personality and Identity

Human form is a channel for spirit. There is not one thought that one ever has that will not have an entity, false god, soul, ancestors, Earth, or nature behind it. Dark thoughts that are judgmental or harmful are due to false gods or personality entities that sit in separation and division thoughtform. Such thoughts come through the inflated space between. As one minimizes the space between, one will begin to hear the thoughts of soul, nature, and Earth along with one's ancestors more readily instead. Negative thoughtform is associated with negative mechanized programming. Clear the programming and there is also not the device to call in the negative entities or personality that is condescending or judgmental of self or others.

The programming associated with personality and identity is so extensive that Earth will devote an entire chapter to this subject later this year. However, one can mold the personality and identity to serve ones' evolution. Molding persona and identity requires intention to create boundaries surrounding what one will let in one's field and what one will not

Polarity and Parallel Lives

Humans reside upon multiple planes in their fractured off state of being at 2 segments of DNA. Originally there were 36 planes uncovered surrounding Earth. Earth has consolidated the 36 into to 24 planes, except in the densest parts of the world such as the cities. Within the cities, 36 planes remain unless enough living there who are ascending choose to alter the blueprint and remove unnecessarily *astral planes*. The astral planes host a load of trapped ancestors from other times along with other shattered pieces of soul and entities, and it has been in the consolidation of planes that most ancestors have been recovered that existed in physicality at one time or another.

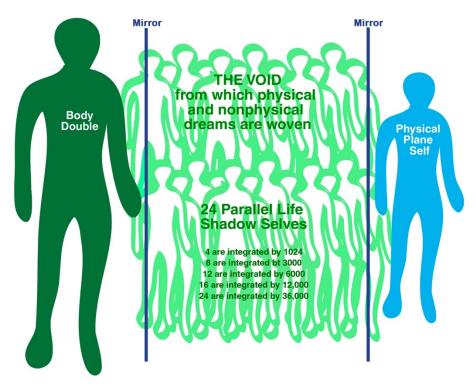
The 24 planes remaining are integrated a little at a time in ascension. This is how one comes to the middle path or road, for each plane expresses an opposite of whom one is in the physical. If one is wealthy or well off in the physical, then one will have parallel lives of poverty, starvation, and homelessness. If one is healthy in the physical, one will have parallel lives of many types of diseases. If one is working in the physical, one will have many parallel lives of non-work or being supported by others. If one is happy in the physical, one will have parallel lives of depression and anger. If one is married with children in the physical, one will have parallel lives of no children, single parenthood, and divorce.

In the ascent to 1024, four parallel lives should be integrated. What this means is that one assesses in dreamtime the parallel lives that are most extreme or opposite and then chooses to integrate the polarity thoughtform associated into the physical. As one integrates the extremes in thoughtform, one rises out of dogmatic vibrations which are antimatter in frequency. In the ascent to 2200, one integrates another two parallel lives that are again the most extreme to the physical nature of one's life. This allows the remainder of the dogmatic antimatter vibrations to be transcended in preparation for moving into the Language of Light in the ascent beyond this.

From 2200 to 3000, another two parallel lives are integrated. These lives are again the most opposite to one's current life circumstance. Sometimes in the clearing of a parallel life, one will live the emotions, thoughts or even relationships in the physical that are occurring upon another plane of reality. This can be confusing, for perhaps one's beloved or spouse is an enemy in one of these parallel lives; or perhaps one's boss is one's spouse or lover in a parallel life; or perhaps one's children are the children of one's friend or sibling. One may discover that one has emotional reactions founded upon the reality that one exists within in a parallel plane. The best solution is to go into the emotions and process; process the patterning and thoughtform along with karma triggered in one's ancestry for parallel circumstances and experiences.

Some parallel lives are also of great travesty in comparison to the life in the physical. Perhaps one is depressed, suicidal or severely debilitated upon a parallel plane. Perhaps one has a disease or cancer. Perhaps one has had many operations upon a parallel plane. Perhaps one is imprisoned for having broken the law. Perhaps one is a drug dealer working with the darker cast of characters in the neighborhood that are also reflected to be one's spouse, children, family, friends, or workmates in the physical. As the difficult parallel lives surface to be integrated, one may go into a deep depression and feel what one feels in living such a life circumstance.

In going into the emotions associated with the extremes of one's polarity, one will come to understand what it is like to be in such an experience, and in so doing, can learn the spiritual lessons behind the experience without requiring manifestation of such a difficult or traumatic circumstance in the physical. In this way, one learns compassion through observation of one's own parallel lives as well as the lives of others surrounding oneself that will mirror the parallel lives one has. As one gains compassion for oneself in one's own parallel life circumstance, one will quite naturally find compassion for others that mirror such a state of being in the physical. One also then does not require manifestation of such a circumstance as one has already learned the spiritual lesson associated.



Manipulations to Parallel Lives

Parallel lives can be manipulated, duplicated or traded. Manipulated parallel lives occur when portions of a given life are shunted to another and parts of another's parallel life intermixed with one's own. This creates a circumstance in which one will be trying to process the dogmatic thoughtform of another that may not be an exact opposite to what one is trying to cancel to neutralize. Opposing thoughtform cancels one another leading to the middle road or unity. In the case of dogmatic or electrical thoughtform, the opposing sides cancel each other out allowing for transcendence. Thoughtform was explored in Chapter 2 of this workbook and each can use this information as a guide or resource for this chapter.

An example of the cancellation of dogmatic thoughtform is the polarity of love and hate. As one presses the beliefs of love and hate together, one cancels the other out and then one moves into

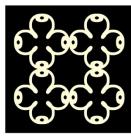
the thoughtform of forgiveness, the first note of the Language of Light. The ascent to 2,200 is to heal the issues of love and hate to bring one to a state of forgiveness, the first note of the Language of Light. As one embraces the first note, then one can begin the journey of ascending into the Language of Light scale. Forgiveness is a prerequisite to embodying any other tone in the scale; however, so, if one has not fully addressed the issues of love and hate and allowed them to be transmuted in the ascent embodying the forgiveness tone, then one will fail to embody any other note leading to a failed ascension.







Power



Non-Conditional Governance

We have seen this problem of failing to integrate forgiveness time and time again in some initiates. How did the missing first note go unnoticed as being unintegrated? Well, if another's parallel lives are pressed into one's own field from someone that has legitimately ascended, then it will appear as though one has mastered forgiveness and canceled the patterning of love and hate when one has not. This has led to initiates who hate either in the physical or in the unconscious and from the hate, become conduits for the dark to manipulate through.

Being thorough with parallel life integration is one way to assure complete ascension comes forth for each reading this workbook, and that all emotional issues pertinent to one's spiritual evolution are addressed and transmuted. Parallel lives can also be duplicated and then sent to others. Most of those hosting false parallel lives in Asur'Ana and Per's experience had duplicates pressed into the field from someone who had succeeded at ascension. Parallel lives can also be traded, one for the other. In such a case, no duplication is involved, just a swapping of lives. This occurs in the dreamtime surrounding Earth that is a multilayered onion.

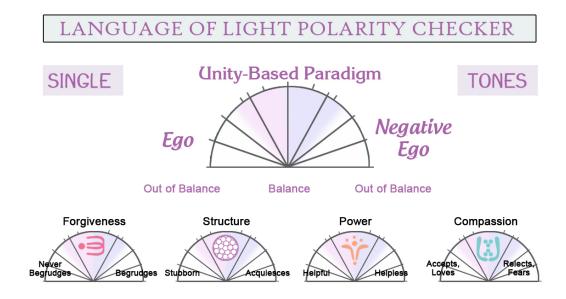
It is easy if one is close to another such as a good friend, marital partner, or family member to swap parallel lives. We have also seen this within the school and are a favored manipulation of the false gods. Why? The swapping prevents real ascension and causes one to fail to clear all thoughtform through the integration of polar opposites. Monitoring parallel lives is useful therefore to support creating a complete ascension and is something one can muscle test or pendulum for. This shall be addressed in the worksheet section of this chapter.

Thoughtform and the Language of Light

The Language of Light is related to two polarity based electrical thoughts associated with each tone of creation. As one unifies the two polarity-based thoughtforms held separated off in

parallel lives, one will then quite naturally come to the unity thoughtform of the Language of Light in its place. In the workbook section, each will assess their thoughtform in terms of one's own mastery over polarity and integration of the Language of Light in ascension.

Many who have studied the <u>Ascension Insights series</u>. See images below *Polarity Chekcer and Polarity Chart* language of light tones are assessed for their associated electrically based thoughtform counterparts. It is through the integration of parallel lives and ancestors along with the release of karma associated with a particular set of thoughtform that one transcends the polarities of the persona in ascension and masters the Language of Light.



UNITY THOUGHTFORM	EGO - MASCULINE	NEGATIVE EGO - FEMININE
Forgiveness	Never begrudges	Begrudges
Structure	Stubborn	Acquiesces
Power	Helpful	Helpless
Compassion	Accepts	Rejects
Breath of Life	Creates	Destroys
Non-Conditional Love	Praises	Invalidates
Freedom	Master	Slave
င့္မောင္ ပြဲခင္း Divine Union	Male	Female
Unity	Positive	Negative
Non-Conditional Governance	Dominates	Subordinates

For example, let us say that one is conservative in the physical and holds a conservative job, dresses conservatively, drives a conservative car, and appears "normal" behaving with proper manners at all times. Upon a parallel plane, one will be liberal, belligerent, and even aggressive at times, perhaps even taking the time to go to demonstrations against war. As one integrates the opposing persona associated with "liberal", the conservativeness and liberalness cancel each other out, and one will begin to find the middle ground or path.

Perhaps as this occurs, now one will discover that one prefers a different car, different job, different clothing, different décor in the home, and perhaps even a different mate, as all of what one has created in the current life dream no longer resonates. This is a composite of what occurred to an initiate (Journey) in her ascent to 1,024; Journey changed dress style and occupation, becoming a photographer and small business owner, and eventually left her home, child, and family behind to move to the countryside in a different state with her beloved, Miles.

Now let us say that one was a workaholic, depressed and obligated to fulfilling duty-based agreements in the dance of life. Upon a parallel plane, a much more adventurous life is unfolding where there is liberation from confining thoughtform and paradigms. As the two come together, one finds the middle road and will cease to work so hard, cease to be so depressed, and perhaps even cease to fulfill upon one's obligations if there is no karma to justify it. This is a composite of another initiate, Miles, as he met Journey at 2,200 segments and integrated another part of himself upon a parallel plane. Suddenly he left the wife behind and moved to be with Journey and fulfill upon their agreements to ascend together.

Parallel lives host dreams that are different from one's physical life dream. As one integrates the parallel life dream, the possibilities that exist now upon another plane of reality have an opportunity to manifest in the physical. For Asur'Ana, the dream of a beloved was deferred to another parallel life. As the parallel life with the ascending partnership was integrated, she relocated to Norway to continue with the ascension work, after having lived in Hawaii for 18 years. Per could then show up at a meditation retreat and the two could come together. The possibility of the dream of Per showing up at the retreat however could not occur until the parallel life for ascending partnership was fully integrated by Asur'Ana, as the dream would not have been available otherwise.

In parallel, Per required the integration of the parallel life in which he was interested in ascension and existed without extreme duty based obligations in order to free himself from his family ties enough to join Asur'Ana in their spiritual work. It was only as Per integrated this lifetime that he then enrolled in Asur'Ana's meditation retreat, as his dream would have precluded this opportunity otherwise. Do you see how this works? One expands one's dream in the integration of parallel lives to include greater and greater possibilities the further that one ascends making possible a new and more joyous life to unfold in the physical.

Karma from Ancestral Past Lives and Dream Manifestation

Although the integration of parallel lives may allow for a particular dream to unfold, if one has ancestral karma that is of a particular nature, the dream will be skewed in favor of the karma. So, say if one has karma for a destructive relationship, and one integrates a parallel life for a relationship, one can intend and manifest the relationship, but the karma will cause it to be destructive in nature, even if one intended an ascending partnership. Karma therefore must also be released in the choice to manifest one's dreams as one envisions it.

Karma is recorded in the ley lines of the etheric grid work and etheric cells. Within the DNA of the cells are encoded memories of traumatic life experiences of one's ancestry. As long as the karma is held in the encoding, one will attract another founded upon the associated emotional charge which will skew the dream accordingly. Therefore, if the charge is for an abusive partner, this is what will be attracted to one's life experience.

As the grid work is replaced with magnetic serpents, and the cells are reconstructed into a crystalline form, the trauma for abusive relationship is released and one "processes" the ancestral lives associated with the thoughtform. As this occurs, there is no resonance for an abusive partner to be attracted into the dream remaining, and one then will attract the type of partner for which one is intending.

It is for this reason that ascension is a spiraling sort of experience; for one works one's way through layer after layer of patterning associated with each destructive or divisive thoughtform that one's ancestry has experienced trauma over. If one is integrating a parallel life of poverty or wealth, then records of poverty and wealth will be addressed within the etheric cells in the current cycle of ascension.

If one is integrating traumatic and violent experiences of war as one integrates a parallel life upon the battlefield, then records of war or violence will be addressed within the etheric cells in the current cycle of ascension. If one is integrating a parallel life of disease, then one will address the trauma of disease within the etheric cells in the current cycle of ascension. It is for this reason that those ascending will be working upon variant layers of thoughtform, as each has a different extreme polarity of parallel life to be addressed in any given year.

If one skips over a parallel life or a portion of a life, then a portion of the ascent is also schismed over, as the associated records failed to be triggered upon a cellular level to be released and the associated cells then fail to become crystalline. The associated ancestral records then fail to be released. This leaves karma for the associated thoughtform that will then skew one's dream in a particular manner and perhaps an undesirable manner into the future. So, it is far better to be thorough, addressing each parallel life in full and each segment of ancestral karma that is associated in full and to a cellular level at each level of ascension mastered.

False Ascension Patterning

What occurs in false ascension patterning is that the individual receives cleared parallel lives from someone that is legitimately ascending, and grid work hosting cells that were also cleared of trauma from another, and this is overlaid the etheric body. Sometimes plant, animal, mineral, dolphin, or whale grid work that has been cleared of karma is overlaid the etheric body. This

causes the etheric body to appear to have ascended and transcended a particular set of ascension work, but it has not occurred in the physical.

What occurs as this happens is increasing density in the physical and increasing non-density in the nonphysical, causing a split of light and dark. The split then causes either the physical to act out in great darkness or abusiveness and the dreamtime self to appear very light; or the physical to appear very light with the dreamtime self appears increasingly dark or abusive in nature.

Asur'Ana and Per have seen both sides of this type of false ascension. The more confusing were those who appear light in the physical. A recent initiate appeared very light and hid their abusive nature in dreamtime enough that it went unnoticed by Earth and the ascension counsels to detect the false ascension underway. However, as the energy spun up at a Dreamtime Ascension School (DAS) workshop, this initiate became increasingly dark and dense in their face and body, to a point that the false gods could be clearly perceived by Earth peering through their face.

This initiate was splitting light and dark by taking the legitimate ascent of others and failing to ascend their own vessel thoroughly. This initiate also had direct pharaoh lineage, and this is the pattern that the pharaohs went into at the time that they existed. In bringing the pattern to consciousness, this initiate will now have an opportunity to release their karma for pharaoh lifetimes and create a real ascension to 3,000 segments, healing the false ascension that they had gone into.

When one intends to ascend, one will go into all the bad habits and patterns of one's ancestry. The only solution to this is to become aware of the bad ascension habits that do not lead to real ascension but to false ascension, and then through conscious choice choose to create a complete ascension instead. One can direct the ascent from the physical, and Earth perceives that there is a better opportunity to actually cause complete ascension from the physical plane as the unconscious just desires to do otherwise more than not.

Why is this so? One's dreamtime self or unconscious has not experienced physicality and so what does it care about physical ascension? This appears to be the underlying cause of why the unconscious bargains with the dark are made, as the dreamtime self really does not understand the pain and suffering of the physical enough to know any better.

Changes with the Dreamtime Self

As a result of this, Earth is choosing to force the dreamtime self to experience physicality during all waking hours. This is a new shift that has been recently determined by the nature kingdom ascension counsels. As the human dreamtime self surrounds the physical vessel, there is an opportunity for the nonphysical part of oneself to become aware of the physical struggles of the life dance along with the karma that needs to be cleared to ascend. Each should find that their dreamtime self is tethered surrounding the physical all day long as a result.

Earth believes that each that is ascending will find this change very helpful. The dreamtime self acts as a conduit through which one can hear soul, open to dreamtime, and hear nature and Earth. Many complain about not being able to perceive or hear anything during meditation or in

dreamtime; this may be because one's dreamtime self has never been present during the waking hours of your day. As this changes, the dreamtime self will act as a conduit for communication and understanding of the nonphysical realms that surround oneself, as this is its region of domain. This will assist each in better understanding the spiritual lessons of soul in the dance of life.

Integrating the Language of Light into the Grid Work

In the ascent from 2,200 segments and beyond, one will begin to reweave the positive ley lines of the etheric body with new serpents that hold the Language of Light tones of creation. These serpents will appear in pastel colors and shall be magnetic in elemental structure. Sometimes electrical serpents that appear Language of Light colored are integrated instead due to manipulations of the false gods. These will not feel good ultimately and cause aches and pains the further that one ascends. Reworking the grid work therefore becomes a recurrent focus in ascension as often it is this region of domain that is heavily manipulated by dark forces surrounding oneself.

Collapsing the space between the etheric body and ascension grid work, and the ascension grid work and subtle bodies will begin to bring an end to grid work and other types of ascension manipulations. With a wide space between, there is room for the false gods to catch your magnetic serpents that you are trying to integrate and replace them with electrical ones. With a smaller space between reduced to only 25% in size, there is less room, and one may even catch the manipulation before it is woven in, as the grid work will not feel resonant. It is for this reason that we are guiding each to focus upon collapsing all space between to the bare minimum required to ascend in order to minimize the manipulations of the false gods.

One will require grid work of each base note in the Language of Light, or the first ten notes in order to complete 3,000 segments or be considered a *Master Dream Weaver*. There also should be equal proportions of each of the ten base notes in the synthesis of the etheric body into a pastel rainbow. The space between grid work is rewoven into primary colors as those tones that are black, gray, brown or opaque (colors of dogma or antimatter) are transmuted. Ascending grid work becomes mostly primary and pastel in color in the completion of 3,000 segments and mastery of dream weaving in initiation.

Schisms

If there are schisms or portions of the ascent that failed to be integrated in the past, there will be patches of density in the rainbow of the etheric body at one's current vibratory rate. Often the patches can be masked by grid work from other kingdoms that host Language of Light tones. One will perceive the schisms as the grid work from another is removed. There will also be a gap between the etheric body and physical form if this is the case. The intent to collapse the space between the etheric body and physical biology will allow one to see where additional gaps or schisms might be, and then one can intend to retrieve the part of one's unconscious (parallel life) that one failed to integrate at an earlier juncture of one's ascent.

As one removes the patches of grid work from others, then one can address the cellular trauma and ancestral life records recorded in the etheric cellular structure. As this occurs one can release the karma and integrate the schism(s) in full, allowing the ascent to come down into the physical. As the parallel life associated is integrated, one will have a greater dream to fulfill upon and more possibilities to manifest in the physical; and one will have released the karma that might skew the dream one is intending in a difficult direction.

Intention is everything; if one believes one has a schism, the intention to lift all veils and see beyond the illusions of the false gods or false grid work will allow one to more clearly perceive the reality of the dance. Also calling upon another to check one's field is also useful, as sometimes others can perceive beyond one's own veils easier than oneself. Creating ascension buddies for crosschecking karma or patterns in the field is therefore useful in creating a complete ascension in this lifetime.

This is so useful that there is a buddy system for crosschecking karma each is addressing in the healing temples each night during dreamtime. The buddy system changes from day to day depending upon the patterning one is working upon. This has been a successful addition to the healing work already available in the temples and is assisting in causing a more thorough ascent to come forth for each in the new and third consensus. One may also wish to create this type of buddy in the physical.

Manipulated Ancestors, Lineages, and Information Brokering

Patterns that are transcended in ascension, whether they appear in the field as machines, entities, thoughtform, ancestors or karma, should be associated with one's real ancestry. Thoughtform is perceived as symbols. Much like the Language of Light, each language has its own set of symbols. Symbols from electrical creations and ancestries hosting associated DNA will have straight edges in their formation. The symbols allow for the formation of associated sacred geometry in the field. As one erases the language at cause of another pattern that is non-conducive in the continued ascent, and embraces the Language of Light instead, the geometry of the field alters accordingly.

Another manner that the false gods have enjoyed messing with ascension is to exchange portions of the ancestries and ancestors of one or more with each other. As one's lineages are replaced with portions of lineages of another, suddenly machines, entities, thoughtform (symbols), ancestors and karma appear in one's field that is not really one's own. One cannot transcend that which is not one's own; the end result is ascension cessation until the manipulation is uncovered and undone.

As of late those in DAS have discovered that the primary manner that lineage manipulations occurs is through the creation of "phantom" inheritances. The phantom is a mixture of the inheritances of many others that are held together by a spell. The phantom is then pressed into the space between one's etheric body and ascension grid work, and then patterns of another are exchanged between the phantom and the real lineages. Lineages are stored in the lower back or in the pelvic lotus; akashic records (tones of creation or the Language of Light) in the head or crown lotus, and biological records (DNA) in the heart lotus. The phantom can also extend into

other regions where records can be swapped out between a false akashic and biological set of records.

It is now understood that this is how most information brokering occurs; through the use of phantoms pressed into the space between. Remove the phantom and the game of brokering ancestries, or biological and akashic records can cease. Often those that one has a karmic agreement to receive records with will have grid work woven into the phantom; and through the phantom's grid work your information is transferred into their field, and karma or false lineages into yours. Remove the phantom and the game of brokering ceases.

How does one remove phantoms? Phantoms are false set of grid work that sits in the space between. One can intend to remove the phantom and press it through the solar sun to clear it of one's signature and then return all associated to the temple of grid work so that it can be assessed and then returned to sender. Also, one can intend to retrieve all grid work or duplicates of grid work or information that has been used to create a phantom to manipulate another. In so doing, one will step out of the game of information brokering. The phantom grid work sits in the expanded space between. As each strives to collapse the space between in all regions of domain, one will begin to perceive the phantom grid work of others or many others and can then disband it

Dream Manipulations

Dream manipulations also abound in the human experience through the false gods. Humans have been sitting in an expanded space between or shadow dream for eons of time and due to the many falls upon Earth. Through the shadow, the false gods manipulate dreams and dream projections upon the planes associated with dreamtime. Over time, Earth has asserted new boundaries and guardians to prevent the false gods from manipulating outside of karmic agreements. However, karma for dream manipulations is so great in the human dance that finding one's dreams stripped or manipulated is an ongoing problem for ascending initiates.

Dream manipulations occur in multiple manners. Sometimes the dream catcher chakra, which is a chakra that develops behind the neck in the initiations leading to 2,600 segments, becomes shattered. Portions of one's dream then end up the field of another, and portions of another's dream in one's own field. Reweaving the dream catcher chakra each night has become a part of the healing temples role as a result, as manipulations of this nature almost occur daily in life interactions of ascending humans.

Another manipulation involves the grid work of the dream catcher chakra. Sometimes the grid work of another can be woven in and one's own grid work from this chakra transferred unto another. Then one's dream attracts the life experience that really belongs unto another, and the other ends up experiencing one's intentions for unity and joy instead. One ascending initiate intended a new car. New car after new car ended up in the life of others that she knew or worked for or even family members. Finally, she ended the manipulation by retrieving her own grid work and then weaving the dream for herself, thereby manifesting the car that she desired for herself.

There can also be phantom grid work that is pressed in the space between the dream catcher chakra and other chakras. The phantom dream is then used to catch the wrong dream for one's life and that which one did not intend to manifest. Removing the phantom, which is constructed of the grid work or duplicated dreams of others, is one way to prevent this type of manipulation into the future. Also retrieving all grid work or duplicates including the master copy of one's own dream catcher grid work used to create phantoms in others will allow one to step fully out of the dream manipulation game. One can then intend to collapse the space between one's dream and the rest of one's chakras to avoid continued manipulations of this nature.

There can also be manipulations to the dreamtime planes stepping into physicality. One may have agreements or karma to swap dreams with another before it manifests physically. One can catch these types of manipulations by daily monitoring one's dreams stepping down the seven dreamtime planes. If there is karma, the choice to release and forgive allows one to retrieve one's dream so there is a better chance of manifesting one's intentions in the physical.

DREAM WEAVING PLANES OF UNITY PLANES OF THOUGHTFORM PLANES OF MAGIC DREAMTIME PLANES OF Dream woven As the dream is energized with Magic it steps down 8 Planes of in Language Reality into the Physical of Light Tones It takes 18 months in time **PHYSICAL** at initiation 1024 Chi **PLANE** Going and 6-8 months in time Chi Coming at initiation 3000 to step any dream into physicality Keeping Track of Your Dream - Troubleshooting DREAM CATCHER Of all the Chi available to me: **CHAKRA** Constructed as 3000 What % is coming in? What % is going out? strands is embodied Where is the rest? * Chi Brokers? * Bits of Dream missing to **Dream Brokers?** * Cords of Attachment? * Dream shattered? * Dream entwined / swapped with someone else's dream?

Subtle Body Exchanges

Subtle body exchanges involve the grid work of another woven into one's own mental, emotional, intuitive, or creative body; and one's own grid work woven into the subtle bodies of another. Generally, this type of exchange occurs through close friendships, partnerships, or family relations. When an exchange of grid work occurs between emotional bodies, one may find oneself feeling the emotions of another, or causing another to feel one's own emotions.

When an exchange of grid work occurs between mental bodies, one will find oneself controlled by the personality of another, or they will be controlled by one's own persona. If an exchange of grid work occurs between intuitive bodies, one will receive the guidance designed for another, and one's own guidance will be offered to another. If an exchange of grid work occurs between creative bodies, one will receive the creative ideas of another and the other will receive one's own creative possibilities.

Subtle body exchanges perhaps more than any other exchanges have caused the truth in action to be lost in the human dance. This is also how one can end up dreaming a dream that is not really one's desired outcome, and then living a boring or less than desirable life experience. In the ascent to 3000, one retrieves all portions of subtle bodies that one has given to others and returns that which has been woven into one's own field, a little at a time. As each separates in full, weaving a sovereign set of subtle bodies of one's own, there is a greater likelihood of understanding one's truth in action thereafter. As this occurs, one's dream for life and one's truth align that there can be the experience of greater fulfillment and joy in the physical plane dance.

As one dissolves ties between subtle bodies in one's own field and another's field, there can also be phantom subtle bodies pressed in the space between the mental, emotional, intuitive or creative bodies. The phantoms will cause a distortion in one's emotions, thoughts, intuited guidance or creative ideas and projects, as one may find oneself again manipulated through the phantom.

Remove the phantom and purify it through the sun returning the bits and pieces to the Aurora and temples for examination, and one will end this type of manipulation. Collapse the space between subtle bodies and retain them at 25% or less, and one is less likely to have this type of manipulation occur again. Also gathering up parts of one's own subtle bodies or duplicates along with the master copies used to create phantoms to manipulate others will allow one to withdraw from this game.

Development of Meridians in Ascension

The meridians from the organ, gland or system to the hands, feet or head should develop by 3,000 segments. The meridians are ley lines that are 30 to 60 molecules thick of solid energy with no space between. The meridians conduct chi from the Earth and kundalini energy flow through the legs and hands to the associated organs, glands, or systems. Also, in the ascent to 3000 segments, meridians in the head open a little at a time to support the development of the crystalline brain. The meridians in the head gather chi from the solar kundalini or sun and send it through the meridians to the brain.

Which meridians move through the feet and legs? The kidney, liver, spleen, gall bladder, reproductive system, pancreas, small and large intestine meridians originate in the feet and flow up the legs to their respective organs or glands in the lower half of the form. There is also a new organ that filters the blood (called Liver 2 in our diagram) that has a meridian originating in the foot and develops by 3,000 segments. For those proceeding on to 6,000 segments, there is an additional organ that develops that allows photonic energy to be gathered and infused into the blood (called Spleen 2).

Which meridians move through the hands and arms? The lungs, diaphragm, thymus, heart, stomach, and esophagus meridians originate in the hands along with the kundalini side channel and flows to the associated organ in the upper half of the form. One-third of the head meridians develop in the ascent to 3,000. Most others listed develop as 9,000 is mastered. We will describe the details in the worksheet associated with this chapter.

In the worksheet section for this chapter, there will be an opportunity to assess the development of all meridians thus far in one's ascension. Those ascending beyond 3,000 will widen the existing meridians to be increasingly thicker numbers of molecules that can conduct more and more chi to the associated organ, gland or system that host a higher frequency, and therefore requires more chi. Pain in the hands and arms, feet and knees and head denote the possibility of the failure for all meridians to open as they should be to sustain the life of the ascending biology.

What causes a failure of the meridians to fully open? One attribute is excessive space between surrounding the meridian. If the space between the molecules inflates and inflates, then the meridians will dwindle and may not develop in full to their end point in the hands or feet, or to the organ, gland, or system that they are to feed. Intending to collapse the space between within molecular structure to the smallest required for continued existence is a good intention to assist with this type of problem in ascension.

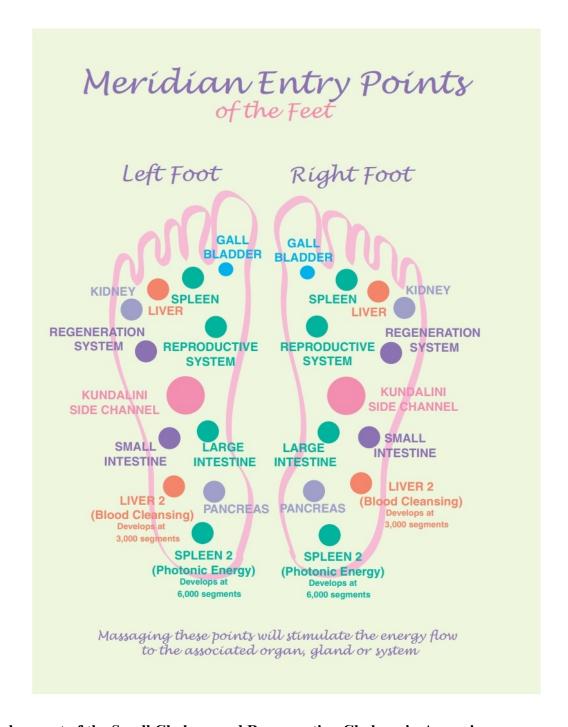
Sometimes there may be large trauma recorded in the arms or legs that causes the meridians to fail to develop. Focus upon the region of trauma will bring about the release of the associated records held within the cellular structure. Utilizing minerals to help push the chi through the stuck pockets and to assist in creating the missing portion of the meridian is also useful.

To work with the minerals for this purpose, one will take a hand sized point and charge it up connecting it to one's synthesis altar, and then point it towards the region that is stuck or blocked in the hands or arms, feet, or legs. Allow the mineral to move the chi in the stuck region; as the chi begins to move, one will more readily be able to release the trauma, or a potential manipulation to the region at cause of the stuck point. As the density lifts and through continued work with the minerals, the grid work and meridian can be rewoven and in time the region will recover. (Please refer to Minerals Treasures <a href="Chapter 3"Healing Techniques from the Mineral Kingdom to Support Ascension" for more information.)" The support Ascension of the stuck point is a hand sized point and charge it up connected to move the chi in the stuck region; as the chi begins to move, one will more readily be able to release the trauma, or a potential manipulation to the region at cause of the stuck point. As the density lifts and through continued work with the minerals, the grid work and meridian can be rewoven and in time the region will recover. (Please refer to Minerals Treasures <a href="Chapter 3"Healing Techniques from the Mineral Kingdom to Support Ascension" for more information.)"

Ascension creates patterns that emerge that one may not have known about at an earlier time of evolution. Beyond 3,000 segments, one completes with the life karma from this lifetime and embarks upon new karma from another part of one's wheel of ancestry. As this occurs, there can be new patterns that were not innate from birth, or one is unfamiliar with that one ascends into.

One is therefore forever clearing to ascend, and there may be times of physical pain that erupt as a result of the associated stuck points in the etheric vessel. The point Earth makes is to stay on top of the ascent and continue to work with the tools that you have developed rather than allowing such regions of domain to become diseased and then impairing one's physical health.





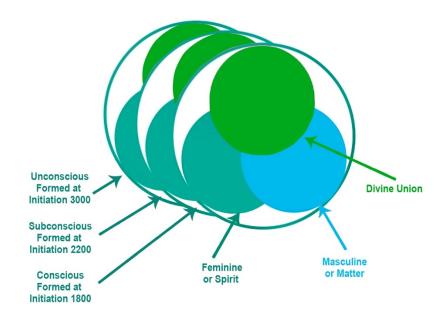
Development of the Small Chakras and Regeneration Chakras in Ascension

There are small chakras that develop at juncture points along all meridians. Each meridian has a different number of tiny chakras depending upon the length it runs through the etheric vessel. However, one can muscle test if one has opened all chakras necessary to sustain a particular meridian in its energy flow from foot or hand to organ, gland, or system. If not, all small chakras have developed, then one can intend to open them and move whatever has blocked or prevented their opening with the assistance of the mineral kingdom.

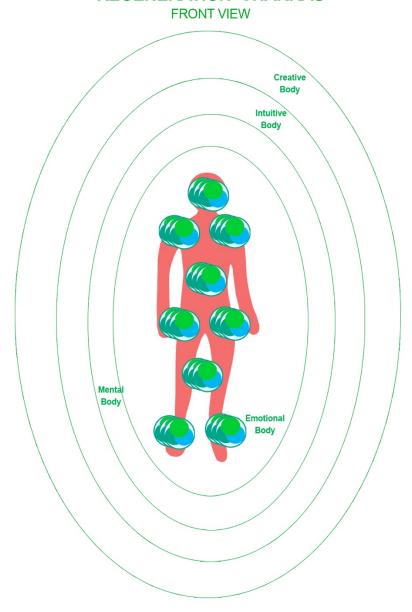
There are also chakras that develop along the skin known as regeneration chakras to assist in moving the chi from the meridians and core of the kundalini down the ley lines of the etheric grid work so that all parts of the form receive chi. These chakras become increasingly numerous in the ascent to Bodhisattva. In the ascent to 3000, there are 18 chakras that develop along the skin, 9 in front and 9 in back, one in the front of the head and one in the back; two in the region that the arms meet the body in front and back; one in the solar plexus region front and back; two at the hips front and back, two at the knees front and back, two at the feet front and back, two at the elbows front and back, and two in the hands front and back.



Initiation 1800-3000

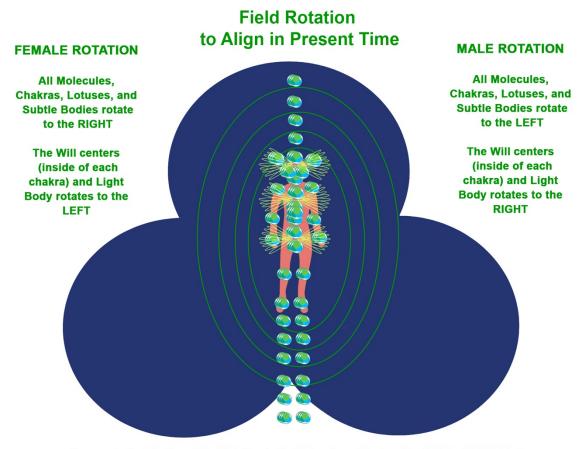


REGENERATION CHAKRAS



9 REGENERATION CHAKRAS DEVELOP IN FRONT AND 9 IN THE BACK (by 3,000 segments)

When the regeneration chakras are mutilated or stripped, one's skin ceases to regenerate and the wrinkles begin to appear, or one does not appear as youthful in the mirror. Cellulite can also appear along the skin. When the regeneration chakras are all present and spinning, the skin and muscles are toned, and one can run frequencies that minimize cellulite as well as detoxify the field. Ice blue and ice green are two excellent detoxification tones. Fuchsia pink minimizes cellulite. One excellent way to regenerate is to take a 45-minute walk or swim each day; while walking or swimming, one can intend to retrieve and repair any meridians, meridian chakras, or regeneration chakras and then to regenerate the vessel by spinning up the rotation of the field and pulling the chi through the entire etheric vessel.



Syncopate the Rhythm of the Rotation to the Molecules of the Land and Global Subtle Body
Rotation to Align in Present Time with Earth

The Development of a Twelve Chakra System

Each initiate has their own pace of opening the twelve-chakra system. The blueprint for this system is reserved for those proceeding above 1,800-2,200 segments of DNA. Most open all twelve chakras by 2,200 segments. The heart, pelvic and head lotuses open gradually thereafter in the continued evolution from 2,200 to 3,000 segments. (Please see Ascension Insights, Volume 4 Chapter 10 "Changes in the Ascending Energy Field in the Ascent to Bodhisattva" for more information.)

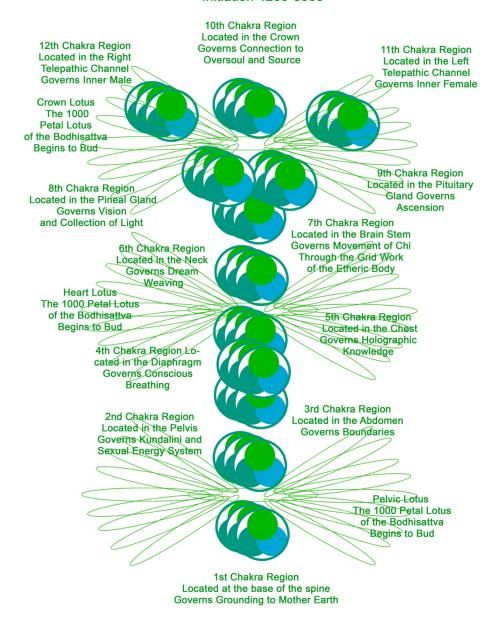
The twelve-chakra system has seven chakra centers remaining in the same regions as preascension. The first chakra region sits in the tailbone region and governs grounding; the second chakra sits in the pelvic region and governs sexual energy flow and the kundalini; the third chakra center sits in the solar plexus region and governs power; the fourth chakra center in the heart and governs love and blessings; the fifth chakra center sits in the neck and governs cocreation; the sixth chakra center sits in the head and governs vision; and the seventh chakra center sits in the crown and governs spiritual knowledge. There are also will centers that develop around 2,200 segments in the center of each of these above chakra centers which governs the act of intention including the will to ground (1st chakra region), the will to move the kundalini (2nd chakra region), the will to intend (third chakra region), the will to love (4th chakra region), the will to co-create (5th chakra region), the will to perceive (6th chakra region) and the will to know (7th chakra region). The will centers work with the subtle bodies in the act of conscious intentionalizing and so are an important attribute to mastering dream weaving.

Subsidiary chakras develop in the twelve-chakra system in the diaphragm region (breath of life chakra), the occipital region (dream catcher chakra), the right and left sides of the head (malefemale chakras), and the sixth chakra region splits into two chakras (pineal and pituitary chakras). The diaphragm or breath of life chakra governs conscious breathing (taking a deep breath every few minutes to align oneself in present time).

The dream catcher chakra governs conscious dream weaving and this is where one weaves one's dreams and intentions for manifestation into the field. The male-female chakras assist in balancing the right and left sides of the energy field and are associated with one's inner family. The pineal and pituitary chakras allow for vision or perception associated with the Language of Light or unity based thoughtform to emerge as the brain and nervous system becomes crystalline.

Twelve Chakra System

Initiation 4200-6000

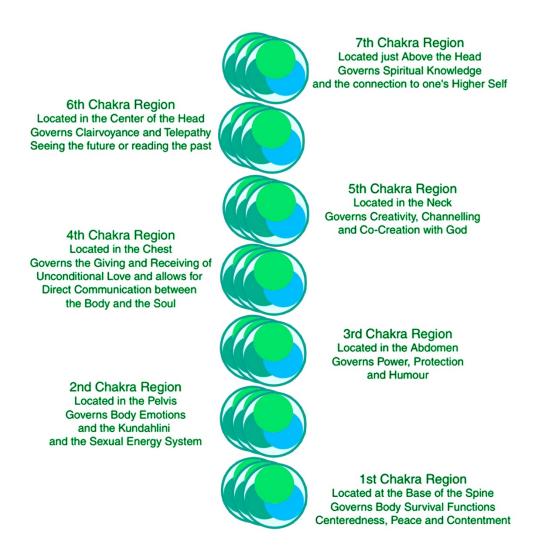


Seven sets of chakras (grounding chakras) develop under the feet by initiation 2,200 to assist in a magnetic form of grounding to the Aurora and anchoring to the healing temples. These chakras are associated with the male-female chakras as there is a male (right side) and female (left side) in the set. There is only one series of chakras that also develop above the head leading to one's soul and oversoul known as the connection to source chakras (source chakras). It is through the chakras above the head that the spiritual information drifts down from one's soul to the crown chakra where it begins to be assimilated in the act of ascension.

Diminished or Over Inflated Chakras and Will Centers

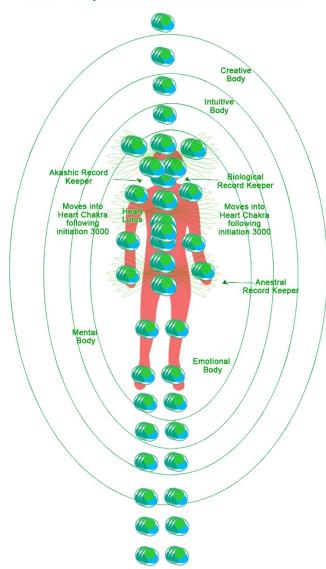
In the worksheet section we will go through all chakras to assure that each has opened to the degree that one has in the ascent of the vessel. Initiates tend to allow certain will centers or chakra centers to diminish as a part of one's genetic predisposed manner of running a field when one is not paying attention. As will centers or chakras diminish or disappear, one loses one's will or capacity to rotate the field to retain a state of balance.

1800 - 3000 DNA Segments Will Centers



Tiredness may be the end result. Some will discover recurrent patterns where one to four or more will centers or chakras diminish during the course of one's day. Learning to keep all will centers and chakras open will allow for one's intentions to continue to create boundaries as they should.

Those chakra regions or will centers that diminish are also related to emotional patterns associated with one's birth nature or nature one is ascending into from an earlier time in one's crystalline ancestry.



Record Keepers to Bodhisattva Level Evolution

Grounding Chakra (base of the spine)

If one diminishes the grounding chakra region, one will tend to go ungrounded and allow others to manipulate oneself easily, or in other terms, to push one around or cause one to do another's bidding when you really desire to do otherwise. Often those who diminish the grounding chakra also prefer not to ground and utilize an ungrounded state of being to cease to feel the pain that the body is in. As one clears the ancestral patterning from lifetimes of ungroundedness, one will cease to use this modality to escape the pain and learn to ground soul into the body instead and process one's emotions in ascension.

If one on the other hand tends to over inflate the grounding chakra, then one may find oneself grounding many others and playing the role of savior or protector in the dance of life. Many that one takes care of may then cord into the first chakra region to ground through oneself. As one clears the codependent patterning and thoughtform of one's ancestry that requires one to be the anchor, then one will cease to ground others and instead invite them to the healing temples in dreamtime and allow them to learn to ground for themselves through their own freewill choice.

If the grounding chakra will center diminishes, then one also loses their will to ground and will cease to connect to the Aurora over time. Many who prefer to live out of body have no first chakra will center at all. The intention to release karma for how the grounding will center was lost at an earlier time in one's ancestry will allow one to retrieve records to recreate this will center in present time. If the grounding will center on the other hand inflates excessively, then one may be trying to hold the will to ground for one or many others. This is often a problem with healers or those who are good at anchoring for others. The intention to release the codependent patterning of having to will another to ground will allow one to step out of this game.

Sexual Chakras (pelvic region)

If one diminishes the sexual chakra, one will tend to shut off the kundalini energy flow over the course of the day and then one's chakras will cease to spin causing excessive tiredness or the desire to sleep by afternoon. Sometimes those who turn off the kundalini will find that they have no agreement to run sexual energy at work or with family members or one's spouse. Releasing the karmic agreements to cease to run sexual energy will allow the second chakra to begin to hold its shape and function and the kundalini to run all day long, thereby energizing one's field.

If one on the other hand tends to over inflate the second chakra region, then one may tend to dominate others by moving their sexual energy for them, either to heal or control or both. The inflation of the second chakra region can also be used to seduce others by creating veils of illusion that cause one to appear one way when one really is in another state of being. The intent to release all patterning surrounding seduction or controlling others through sexual energy flow will allow one to step out of this game.

If the sexual chakra will center diminishes, then one will tend to lose their will to be sensual (feel the body) or sexual or run the kundalini over time. If one has had a predisposition of disliking sex or has been judgmental about those who are sexual or sexy, one may have no will center in this region at all.

Intending to release karma for a lack of sexuality or sexual judgment in one's ancestry will allow one to retrieve the records for this will center from a prior time in one's inheritance. Then one can recreate this will center in present time. If the sexual will center on the other hand tends to over inflate, one may be trying to seduce others in one manner or another or cause another to move their sexual energy (will them to be sexual). The intention to cease to seduce or will others to be sexual will cause the patterning associated to surface to be cleared so that one may transcend this game.

Power Chakra (solar plexus region)

If one diminishes the power chakra region, one tends to allow others to overpower oneself. Those who diminish this chakra tend to subordinate to those in control or in power in the dance of life. In learning to retain this chakra at its proper size, one will learn to stand in one's power and truth and cease to feel like a victim. The intent to release all karma for victim experiences or experiences or hopelessness or powerlessness experienced in one's ancestry is useful in transcending this pattern.

If one on the other hand tends to over inflate the power chakra region, then one tends to manipulate others by overpowering them through browbeating or throwing around unconscious rage until they feel threatened and back down. Intending to transcend all patterning of false power will allow one to integrate authentic power into the dance of life; where one simply stands in one's truth and unconditionally allows all others the same.

If the will center in the power chakra tends to deflate, one will easily lose their power to another along with one's will to intend and fall into feeling as a victim to life circumstances. If one has felt powerless most of one's life, one may be missing this will center altogether. As one chooses to release the karma for how one lost one's ability to intend and stand in their power in their current life and ancestry, one will be able to retrieve the information from another time before this will center shut down and recreate it in present time. Then one will step out of the game of being the victim and learn to intend what one desires as a conscious dream weaver.

If one on the other hand tends to over inflate the power chakra will center, one may be trying to make intentions for one or many others rather than just oneself or override the will of another. Sometimes gifted dream weavers will fall into this pattern of intending the dream for others or for an entire group. The reality is that one can only intend for one's own dream; each must learn to do the same in the choice to ascend. As one chooses to release the patterning and karma for the codependent dance of intending for others, one will step out of the game and then can utilize one's own skills to weave the dream that one really desires to make manifest for oneself in the physical.

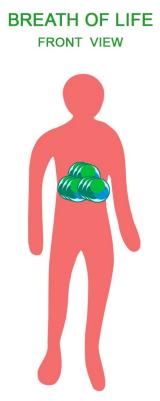
Breath of Life Chakra (diaphragm region)

If one tends to diminish the diaphragm chakra, then one will tend to shallow breath throughout the day. Forgetting to take deep breaths every few minutes has the effect of causing one to move out of present time and into the past or future. This then causes one's boundaries to fail. Learning to retain this chakra at full size will assist one therefore in breathing as one should to remain in present time at all times. In present time, the past karma that has been transcended remains in the past and ceases to affect one's field; and the future karma remains in the future and has no affect over one's field.

If one on the other hand tends to over inflate the diaphragm chakra, one may be trying to cause one or many others to remember to breathe in a codependent unconscious relationship in which one is trying to ascend another. As one releases the karma for codependence with each involved,

one will step out of this game. No one can really ascend another; each must do their own ascension work to master the initiations.

There is no will center associated with this chakra region.



3 BREATH OF LIFE CHAKRAS DEVELOPED IN FRONT AND 3 IN THE BACK (by 3,000 segments)

Heart Chakra (chest region)

If one tends to diminish the heart chakra then one's entire field will begin to collapse as it is this chakra that spins all other chakras in the field, much like gears of a clock. Generally, this chakra collapses if one feels shamed or ashamed for one reason or another. If one has tended to feel shamed most of one's life, then one will have much to release to open the heart for continued ascension. Shame is the result of electrical tones of creation in the heart and emotional body. As one releases electrical tones, one will cease to feel shamed or need to shame others and cease to allow the heart to collapse.

If one on the other hand tends to over inflate the heart chakra, one may be trying to provide love from the outside in for others. Often healers are prone to desiring to make others feel loved. No one can really feel loved from the outside in as love is an internal state of being derived from the communion of body, soul, and Earth. Some may also use the inflated heart as a means of sending

shame (electricity) towards others so that they feel less than loved and are easier to manipulate and control. Intending to cease to utilize the heart for anything but a vessel to allow soul to bless oneself, those around oneself along with the land upon which one lives will trigger all patterning to surface of this nature so that one can transcend.

If the will center of the heart tends to diminish, one will lose their will to love and begin to close down the heart rather than open the heart in ascension. For those afraid of love and intimacy, one may not have this will center at all. In releasing the karma for how one's ancestry and inner children shut their hearts over time, one will be able to retrieve the information to reconstruct this will center from an earlier time before the heart closed in one's personal history.

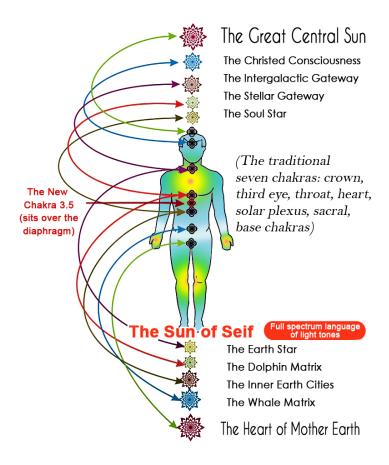
If the heart will center on the other hand inflates excessively, one may be trying to open the heart of others in a codependent form of ascension, or from the desire to have one's partner love. One cannot open the heart of another; each must do their own healing work of their inner children, family, and ancestry in order to open the heart. As one chooses to transcend this type of codependent love, one will cease to participate in the game of trying to open the heart of another in order to feel loved.



24 Petals Open as 3,000 Segments is embodied

Co-Creation Chakra (neck region)

If one tends to diminish the co-creation chakra, one will lose their ability to create and manifest upon the physical plane; one may even fall into poverty in the life dance. Those who have struggled to manifest most of their life will tend to have a diminished co-creation chakra. As one releases one's ancestral karma for poverty, one will begin to construct a full-sized co-creation chakra capable of assisting in the process of creating one's own dream. One will also learn to cease to give one's co-creative energy away unto others.



If one on the other hand tends to over inflate the co-creation chakra, one may be trying to create for many others or a group rather than just oneself. There are many gifted at creating for groups; sometimes those that do so benefit as the group succeeds; sometimes one sacrifices oneself so that the group can succeed. In either case, creating for any other only diminishes one's own ability to create for oneself. In the intention to cease to create for others, one will call all the patterning associated so that one can transcend this codependent game in the choice to ascend.

If the co-creative will center tends to diminish on the other hand, one will lose one's will to create and one's dreams will fail. If lack has been one's life experience, one may have no co-creative will center at all. The intention to release karma in the ancestry for the time when this will center was lost will have the effect of allowing one to retrieve the records to recreate this will center in present time. If the co-creative will center tends to over inflate, one may be trying to assist another or many others in retaining their will to create, or willing others to create. In the choice to release all karma for co-dependent co-creation, one will step out of this game and learn to only create for oneself and allow all others to learn to do the same.

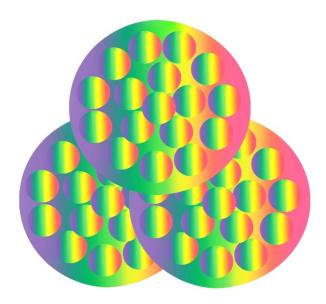
Dream Catcher Chakra (occipital region – back of the neck)

If one tends to diminish the occipital or dream catcher chakra, the dream one is weaving will become too small to attract the intentions for manifestation into one's life through the

manifestation planes, and one's dreams will fail. As one learns to retain this chakra as large as is required to attract the intended dream into one's life, then this patterning will cease.

If the occipital chakra on the other hand tends to over inflate, one may be trying to incorporate the dreams of many others into one's own dream, and then what is made manifest may become confused with the karma or intentions of others. As one learns to allow all others to weave their dream, and release one's karma for codependence, this type of game will cease.

There is no will center associated with this chakra.



Pituitary Chakra (head region)

If one tends to diminish the pituitary chakra, one will lose one's ability to perceive the next steps upon one's path or beyond the veils of illusion that another is seducing one through. As such, one will find oneself easily manipulated by others. As one learns to retain this chakra to its appropriate size, one will have an easier time perceiving through the veils of illusion of others and into the unconscious inner landscape.

If one on the other hand tends to over inflate the pituitary chakra, one may be trying to allow many others to see through oneself so that others will understand one's point of view. This may be confusing and cause one's vision to become intertwined with many others. As one intends to transcend the need to have others perceive one's truth through one's head, one will step out of this game thereby increasing the clarity of one's vision. Each has a unique truth anyway; the only one that really requires perceiving one's truth is oneself.

If one tends to diminish the visionary will center, one will lose one's will to perceive and be easily duped by others. Some may have no visionary will center at all. The intention to release karma in the ancestry for the time when the visionary will center was lost will have the effect of allowing one to retrieve the records to recreate this will center in present time. If the visionary will center on the other hand tends to over inflate, one may be trying to cause others to perceive

things one's own way rather than allowing each their own perception from their own unique vantage point of truth. The intention to release all karma for requiring others to perceive things one's own way will have the effect of calling up the patterning to be transcended so that one can step out of this game.

Pineal Chakra (head region)

If one tends to diminish the pineal chakra, one will lose one's ability to perceive with the Language of Light unity based thoughtform, as this is the primary purpose of this chakra. As such one may go into judgment rather than perceiving the middle road of unity for self and others. As one learns to retain this chakra to its maximum size, one will better perceive the dance of life from the vantage point of unity.

If one on the other hand tends to over inflate the pineal chakra, then one may be trying to dominate the truth of another with unity based thoughtform rather than allowing each their own perception from whatever thoughtform that they have mastered. As one intends to release all karma for dominating the truth of another, one can step out of this game.

There is no will center associated with this chakra region.

Male-Female Chakras (either side of the head)

If one diminishes the female chakra (left side of head), there will be less energy running through the left side of the form and one will become unstable in energy flow and the field may begin to wobble throwing one into distortion. This is also a sign that one devalues or rejects the feminine side or other women in the dance of life. It can also be a sign of a lack of the female side in a portion of one's inner family. As one releases the karma for how one has devalued the feminine, and retrieve the feminine side of one's inner family, one will learn to hold equal energy on the right and left sides of the field.

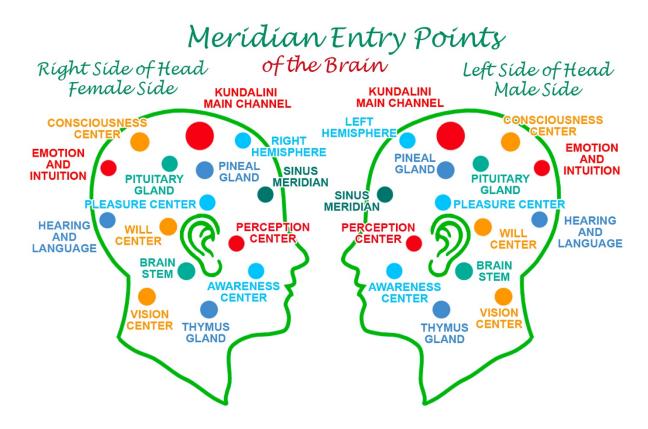
If one tends on the other hand to over inflate the female chakra, one may have a tendency to try and mother everyone or be everyone's mother. In intending to release the codependent patterning associated, one will step out of the game and allow each to retrieve one's own inner mother and parent oneself through ascension.

If one tends to diminish the male chakra (right side of head), there will be less energy running on the right side of the form and one will also become unstable, and the field may wobble causing one to go into distortion. This is also a sign that one devalues or rejects the male side of self or men in the dance of life. It is also a sign of a lack of the male side in a portion of one's inner family. As one releases their karma for how one has devalued the masculine, and retrieve the masculine side of one's inner family, one will learn to hold equal energy on the right and left sides of the field.

If one tends to over inflate the male chakra, one may have a tendency to try and be fatherly towards everyone. In intending to release the codependent patterning associated, one will step

out of the game and allow each to retrieve their own inner father and learn to parent oneself through ascension.

There are no will centers associated with these two chakras.



Spiritual Knowledge Chakra (top of head region)

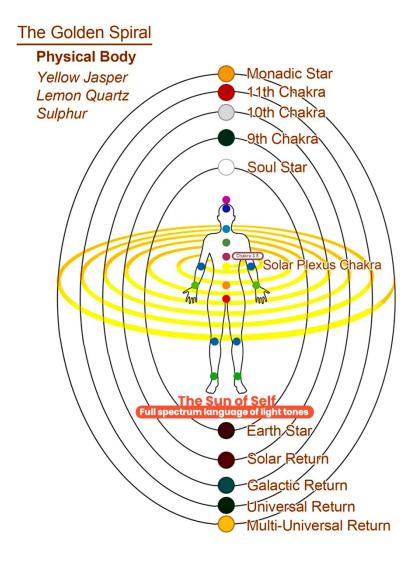
If one tends to diminish the spiritual knowledge chakra, one will reject the information that one's soul is sending down the source chakras above the head and the information can end up in another's field. One can perceive this as a rejection of ascension knowledge. As one releases karma for how one's has lost one's ascension knowledge in prior eras of one's ancestry, one will cease to close the crown and receive all information necessary to ascend.

If one on the other hand tends to over inflate the spiritual knowledge chakra, one may be trying to understand the lessons of many others by absorbing the information that they are rejecting. As one intends to release all karma for taking the information of others, one will step out of this game. The reality is that ascension information is genetic specific to one's own biology; the information of others will not ascend the form and therefore this is a useless game that only fosters false ascension.

Sometimes the crown shuts off if a guardian is present due to karma for misuse of information in a prior lifetime. As this occurs, one may have a headache. The intent to release the karma for the misuse of knowledge will have the effect of causing the guardian to leave and then one's crown can open to receive the associated information soul is sending down the source chakras.

Sometimes initiates take on the guardians of others that then shut off the crown chakra due to false karma that one cannot release for the misuse of knowledge. The intent to return the false guardian and karma to its source of origin through the Temple of Karma should suffice to end this game.

If one tends to diminish the spiritual knowledge will center, one will tend to subordinate to the truth of another. Some may not have a spiritual will center at all. The intention to release karma in the ancestry for the time when the spiritual knowledge will center was lost will have the effect of allowing one to retrieve the records to recreate this will center in present time. Often this will center is compromised in experiences with gurus either in this life or in one's ancestry. The intention to release all karma with gurus is helpful in learning to retain one's will to know. If one on the other hand tends to inflate the spiritual knowledge will center, one may be trying to will another to believe in one's truth. This too is a guru pattern. As one intends to release karma for all prior lifetimes as a guru or spiritual leader, one will step out of this game.



Grounding Chakras (below the feet)

If the grounding chakras diminish, one will not only begin to lose one's grounding, but wobble. Sometimes the wobble will cause pain in the pelvis or reproductive system or a headache as the field wobbles from side to side. The pain is the result of the etheric body beginning to crack as a result of a wobbling field. As the field stabilizes again and grounds, the splintering of field can cease and the pain in the pelvis or head will conclude. Diminished grounding may occur if one has suddenly lost a lot of chi to another in a codependent exchange. As one retrieves the chi lost, one will have enough chi to re-inflate the grounding chakras and then come back to a state of balance again.

Sometimes only one side of the chakras deflate and denote issues of dominance or subordination in male (right) or female (left) issues. If one side of the grounding chakras is larger than another, this too can lead to enough imbalances to create a wobble in the field. If the wobble is great

enough, it can also tear at the etheric body. In releasing the karma for how the male or female sides of self are undervalued or overvalued, one can rebalance the two sides of the grounding chakras leading to stability of field and a recovery from a wobble.

Over inflated grounding chakras may be the result of trying to ground everyone around oneself rather than allowing each to learn to ground oneself. The intent to release all patterning surrounding being the anchor for others will allow one to step out of this game. One can also invite those who are grounding through oneself to the healing temples in dreamtime to retrieve enough information to learn to ground themselves.

There is no will center associated with these chakras.

Connection to Source Chakras (above the head)

If the source chakras above the head diminish, one may lose information as it dissipates before ever arriving to the crown or spiritual knowledge chakra for assimilation. Often this will result in a headache. Sometimes source chakras can also be skewed to another's source after which one receives the information of others rather than one's own ascension records. As one intends to keep one's source chakras inflated and to only connect to one's own source, releasing all karma for being manipulated into a false source connection, one will step out of this game.

Over inflation of source chakras may denote the desire to share information with many others rather than understanding that ascension information is genealogically specific to the biology of each form. Sometimes parents try to share source connections with their children and over inflate these chakras to do so. Sometimes beloveds or ascension friends try to share source connection. The reality is that each has a source specific to the biology and spiritual path of ascension and each therefore should maintain their own connections. As one intends to release the karma for sharing spiritual knowledge, one can step out of this game. Parents can also learn to assist their children in maintaining their own source connections without having to share information or their own personal connections.

There is no will center associated with these chakras.

About Inverted Chakras and Magnets

Sometimes chakras can become inverted through the use of magnets on the part of the false gods or in a karmic encounter. As the chakra inverts inside out, it will spin in the wrong direction. Sometimes this can cause the chakra to diminish in size; sometimes it will allow the chakra to be used to press something else into the etheric body as the inversion causes a failure in the boundaries of the field. As one inverts the chakras to their proper energy flow while canceling the magnets, one can then push out whatever was pressed in, and release the karma for the game of inverting the field. This is a game that many of sorcerer inheritance play to manipulate and control another.

Magnets are generally spherical devices that are charged in opposition to one another. The magnets are then used to invert chakras by pulling them inside out or pressing something into

one's field from another. The easiest way to clear magnets is to cancel the opposite charges. As you press two magnets together of opposing charges, they will disappear or erase. This is also the foundation of erasure or transmutation in action.

1,000 Petal Lotus of the Bodhisattva

Pelvic Lotus (Ancestral Hologram and Ancestral Record Keeper)

The pelvic lotus holds the ancestral hologram (tapestry of ancestry) and ancestral record keeper after 24 petals have opened. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. Then one may discover that one has lineages from another and an incorrect tapestry of ancestry as a result. Learning to retain the petals as full as they should be and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs the lotus may wobble and become more accessible for manipulations. This also can create pain in the pelvis. As one inverts the petals of the lotus to their proper polarization, they will better hold their function, which is to assist in the integration of ancestral knowledge as it is retrieved in ascension.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the pelvis. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. Generally, if the pelvic lotus petals deflate due to a sudden loss of chi or shattering, there will be a wobble that can tear at the pelvis. In choosing to release the karma and reweave and recast the pelvic lotus, one will recover from such a karmic game.

Heart Lotus (Human Hologram and Biological Record Keeper)

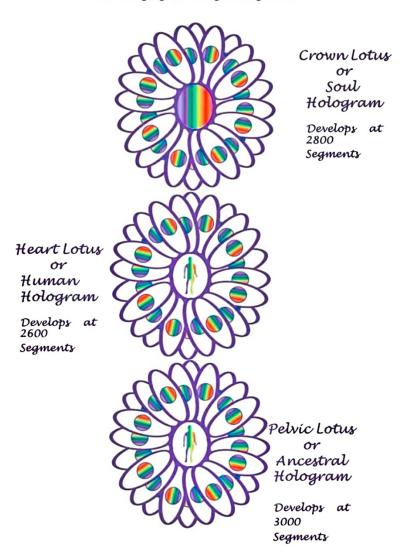
The heart lotus holds the human hologram and biological record keeper after 24 petals open. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. Learning to retain the petals full and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs, the lotus may wobble and become more accessible for manipulations. This leads to pain in the chest. As one inverts the petals of the lotus to their proper polarization, they will better hold their function, which is to assist in the integration of holographic and biological knowledge as it is retrieved in ascension.

Generally, if the heart lotus petals deflate due to a sudden loss of chi or shattering, there will be a wobble that can tear at the chest also leading to chest pain. In choosing to release the karma and reweave and recast the pelvic lotus, one will recover from such a karmic game. It is often when the heart lotus is shattered that one may suddenly feel like going to sleep; this is because the heart region generates the chi for all other chakra movement associated with the etheric body. As the heart chakra is repaired, one will rapidly recover from a karmic shattering of this nature and the associated tiredness.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the chest. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. Electrical petals will have the effect of slowing down the heart which likewise slows down the rest of the field preventing further ascension. Therefore, monitoring the heart and all lotuses for that matter for electrical formations is one way to prevent this manipulation.

Lotuses in Ascension



Crown Lotus (Spiritual Knowledge Hologram and Akashic Record Keeper)

The crown lotus holds the spiritual knowledge hologram and akashic record keeper after 24 petals open. If the petals diminish, one may fail to protect the hologram and may find it swapped out with the hologram of another in a karmic manipulation. This will generally be felt as a headache. Learning to retain the petals full and moving at a pace syncopated with the rest of the field will prevent this type of manipulation.

Sometimes the petals of the lotus can become inverted; if this occurs the lotus may wobble and become more accessible for manipulations. This will lead to a headache. As one inverts the petals of the lotus to their proper polarization, they will better hold their function, which is to assist in the integration of tones of creation as it is retrieved in ascension.

Sometimes electrical figure 8 petals can be inserted in lieu of magnetic triple lotus petals; this may cause pain in the head. In perceiving this manipulation from the false gods, one can replace the electrical petals with magnetic ones, collapse the space between and step out of the game. The electrical petals may also allow electrical tones of creation to be added to one's akashic records. In monitoring the petals of one's lotus daily, this type of manipulation can be corrected without long term damage to one's records or field.

Embracing Triple Lotus Flow



Distorted Record Keepers

Sometimes the angels that are the akashic record keeper (crown lotus), biological record keeper (heart lotus) or ancestral record keeper (pelvic lotus) can become distorted. If this occurs, one may find oneself losing records or subject to other manipulations. If one tests that one's record

keeper is distorted, one can intend to attune to the Temple of Interconnection and replace one's record keeper angels. Then one may intend to release the karma for how this occurred so one need not repeat this pattern again in another karmic encounter as well as to undo all damage done.

Prior to opening the lotuses in the ascent, the records keepers sit in a different location. Akashic record keepers sit upon the left side of the neck over the shoulder; biological record keepers sit upon the right side of the neck over the shoulder. Ancestral record keepers do not appear until the pelvic lotus opens. Therefore prior to opening the lotuses, a sore throat can be indicative of an invasion of one's records or a distorted record keeper. The intent to clear the associated karma and replace the record keepers with new angels will allow for a recovery.

Records can be manipulated recurrently in karmic encounters in ascension. Asur'Ana and Per have learned to store a copy of all ascension records and energetic movement ascended into in a secret hiding place (perhaps a mineral upon one's altar) that only one knows about. Then in the event of a bad ascension day, one can go to their stashed records and begin to restore the field accordingly. Updating the stashed records each day will assist in keeping them up to date. Collapsing the space between will also lessen the likelihood of going into such great distortion.

Diminished or Over Inflated Subtle Bodies

For the best balance in the rotation of field, it is best to have all chakras and will centers evenly sized and syncopated in rotation together in the same direction along with the four subtle bodies. To the degree one can sustain chakras and subtle bodies that are balanced and syncopated, to such a degree one will retain stability of field for the continued ascent and draw unto oneself unity-based life experiences. Not only do chakras tend to over or under inflate, but so do subtle bodies. The over or under inflation of certain subtle bodies increases or diminishes the capabilities associated.

Emotional Body

(Can be closest to the etheric body, but some genetic templates have the mental body as the first subtle body)

If the emotional body tends to deflate, one will have difficulty discerning how one feels. Sometimes those who are highly enmeshed with the emotional bodies of others will deflate this subtle body so that they do not feel the discordant emotions of others. In ascension, feeling is important as this is how one learns the spiritual lessons associated with the karma from one's ancestry or parallel life experiences. As one feels, then one will understand enough to forgive. Therefore, learning to hold the emotional body sovereign and with equal chi to all others will assist initiates that have not felt before in learning to feel; and for those who are very emotional to learn to only feel one's own feelings. In feeling one's own emotions, then one can process them. Feeling the emotions of others only confuses what is sincerely one's own to clear.

The emotions of others generally will not dissipate and will feel overly heavy or unrelenting in nature. In learning to return the emotions of others, the unrelenting and heavy feelings shall lift

and one will better attune to how one really feels oneself. Rage from another will cause one to feel like destroying or killing another; one's own rage on the other hand will allow one to feel energized capable of drawing the line or setting boundaries in all life circumstances. One's own rage therefore is a positive experience.

Running the red ray associated with rage is also paramount to energizing the field and will assist in carving boundaries, and so is important for ascending initiates to master. Learning to deal therefore with the rage of self or others, returning what is not one's own, and retrieving what is one's own, and then running the red ray through the kundalini will be an enjoyable and a reenergizing experience. Disconnecting from the attachment between emotional bodies will allow the manner in which the emotions of others are transferred into one's field to cease.

Often those who diminish the emotional body may take on the anger of others and then repress it. This is not good as repressed rage is likely to manifest as depression or worse yet, cancer if it is stored in a particular part of the etheric body. Those who are depressed tend to hold on to a load of anger from one or many others. So, learning to move the rage of others out will prevent depression as well as disease in ascension. It is the emotional body that understands the Language of Light in a feeling sense. It is through the emotional body that one learns unity relations as well as compassion in action and non-conditional love (allowance of all others). Feeling is paramount to those mastering beyond 3,000 segments or Bodhisattva level evolution as a result.

An over inflated emotional body often results in one who tries to understand others by feeling what they feel. Alas often what one feels in the inflation of the emotional body is what the other is repressing or has separated off from (rejected) in the unconscious. Therefore, one does not receive a legitimate read on another's physical state of being by absorbing their cast-off emotions.

Many who have felt unsafe most of their lives will tend towards inflating the emotional body excessively and have learned to make themselves safe in feeling the emotions of others. The largest problem in this is an inability to understand how one feels oneself, as one is more gifted at feeling other's emotions than one's own. This leaves the body feeling un-nurtured as one has strived continuously to serve the needs of others that one is feeling instead of one's own needs. As one learns to bring the emotional body to the right size to feel only one's own emotions and sever one's ties of attachment that cause the emotions of others to be felt, then one will be better prepared to take care of one's own needs as well as process one's own emotions in ascension.

Mental Body

(Generally, is the second subtle body, but sometimes is the first depending upon genetic predisposition from birth)

The mental body and emotional body were once a united subtle body. In the ascent to 6,000-9,000 segments, these two subtle bodies unite again and mental capacity such as language becomes merged with emotions associated with the non-verbal thoughts of the Language of Light. Up until this time, the mental body is separate and if it tends to be diminished, then one

may have difficulty verbalizing one's thoughts or feelings. This may leave one feeling misunderstood or even manipulated as a result of failing to be able to express oneself adequately. As one learns to retrieve all portions of the mental body one has given away and puff it up to equal proportions to the emotional body, one will learn to feel and language at the same time and have less difficulty thereby communicating clearly with others.

If the mental body tends to over inflate and dominate, then one will think very well and language very smoothly but feel very little. This has led to another cycle in which humans do very horrific things to one another or nations unto one another from the lack of compassion or feeling. If the mental body dominates, one will tend to focus upon facts rather than intuiting one's ascension.

Ascension requires feeling and intuiting the patterning, thoughtform, karma, and ancestors along with parallel lives one is clearing and integrating. Learning to allow the mental body to downsize and the emotional body to increase in size is one way to increase one's ability to intuit as well as one's kinesthetic awareness. To retrieve all parts of one's emotional body that one has given away is a prerequisite to learning how to feel if one has been overly mental in this lifetime.

Many complain of not being able to accurately muscle test or pendulum. There are two reasons for this in Earth's experience; one is running the wrong gender tones of creation for your biology (i.e., running female energy in a male body or male energy in a female body). As initiates learn to run the full range of female tones in a feminine body, or male tones in a male body, then one will polarize properly grounding soul into form, and run the energy in the right direction to have the muscle testing test positive or strong for a *yes* answer.

The other problem with muscle testing or working with the pendulum can be an over-inflated mental body. It is through the emotional body that the "truth" is discerned by the body and not the mental body. If the emotional body is not large enough, then one will get conflictive answers when testing or using the pendulum. Try in such moments pushing more energy into the emotional body and diminishing the mental body and test again, and you will most likely be able to better discern your answer.

Intuitive Body

(Will be the third body out and sits underneath the creative body)

The intuitive body receives the nonverbal communications from Soul, Oversoul, Source, Nature, and Earth. The intuitive body connects directly to the dreamtime self. At this time the dreamtime self is to be tethered surrounding the vessel during all waking hours and paying attention to physical plane existence. As this occurs, the intuitive body and dreamtime self can learn to communicate directly to open oneself more greatly to dreamtime and the communications from the nonphysical.

Often the communications of the nonphysical are riddled with the communications of the false gods. This occurs through the space between and not through the intuitive body or dreamtime self, or for those who have opened the heart lotus enough, through holographic communication. In collapsing the space between to a minimal level, there is a greater chance of hearing one's

soul, oversoul, source, Earth and nature through one's intuitive body and dreamtime self as there is less space for the false gods to communicate.

The purpose of the intuitive body is to amalgamate the verbal communications of the mental body with the emotional communications of the Language of Light from the emotional body into a single communication that is then relayed unto the creative body to be intentionalized to the sun in the act of commanding one's intentions as a conscious dream weaver. An under inflated intuitive body will fail to adequately amalgamate the intentions made with the Language of Light leading to a miscommunication to the sun and causing one to then experience the opposite of what one intended or a different life experience than one desired to make manifest. Learning to retain the intuitive body to the proper proportions will then allow one's intentions to be properly constructed before sending them to the sun.

An over inflated intuitive body may be trying to intuit for many others. Often counselors or intuitive readers will inflate their intuitive body to understand the drama and trauma of another. This pulls the intuitive body of another into one's field. This will cause confusion in one's guidance or intuition as one will have the thoughts of another intertwined. Such thoughts will also skew one's intentions into other languages other than the Language of Light causing non-unity-based intentions to then manifest in the dance of life.

Another solution to this type of intuition is to make agreements with Earth and nature to be the conduit of any intuitive reading. Earth and nature will then collaborate with the individual's soul and explain what is happening, and one can relay this information without blending with the intuitive body of another. Then one's communications amalgamated through the intuitive body will not become intermixed with the communications of others which then can lead to confused intentions and failed boundaries as a result.

At another time the intuitive and creative bodies were a single energy unit. In the ascent to 9000, these two subtle bodies unite allowing intuition and creation or intention to flow out of a single subtle body. This strengthens the process of intentionalizing for those mastering Bodhisattva in this lifetime so that they have a greater power of command over their physical plane boundaries and dream.

Creative Body

(The last of the four subtle bodies)

The purpose of the creative body is to take the amalgamated language of the intuitive body and relay it to the sun as an intention which then relays the dream intended on to the 7th manifestation plane to step into physicality. For most in this program, one is on a three to sixmonth manifestation timeframe (it takes 3-6 months for all intentions made today to step down all seven manifestation planes and into the physical). This can be sped up by Earth if she perceives a need to assist with manifesting enough funds to subsist or travel.

One may not realize however that one is unconsciously intending all day long apart from the conscious intentions one may remember to make from time to time. What part of self intends?

One has thoughts. The thought-stream runs through one's head and the mental/emotional bodies send it to the intuitive body which amalgamates it and gives it to the creative body which sends it to the sun without attuning to the conscious will and desire of the body or soul. In the fractured state that humans have fallen into upon Earth, there is little communication between body and energy field. The point of ascension is to re-establish communication so that the body can begin to consciously determine the dream intended rather than one's unconscious thought-stream.

It is also why watching the news or television or reading a novel or watching a movie is not so wise as an ascending human, as one will inadvertently make many intents in so doing, and the subtle bodies are so much on autopilot that they do not know otherwise. The more emotions triggered in what one reads or watches, the more likely one is to have inadvertently made intentions. If one is reading or watching a positive film that puts one in joy and is a story about unity and love, perhaps such intentions are supportive of ascension. If it is a story about heartbreak, disease, or war, perhaps such intentions are not so good for ascension.

It is also for this reason that Asur'Ana and Per suggest that initiates be aware of the lyrics that one sings along with the music one listens to; for once again one will make inadvertent intentions in so doing. Songs about love or the beauty around oneself may therefore be supportive of ascension; songs of heartbreak and the loss of everything may not be supportive of ascension as a result. Perhaps instrumental music that is uplifting is the best choice.

Over time, as one learns to be more aware of the intentionalizing process, one can learn to "cancel" inadvertent dreams and re-intend one's hearts desires and what soul wishes one to experience upon the physical plane. This requires daily focus to keep oneself on track in ascension.

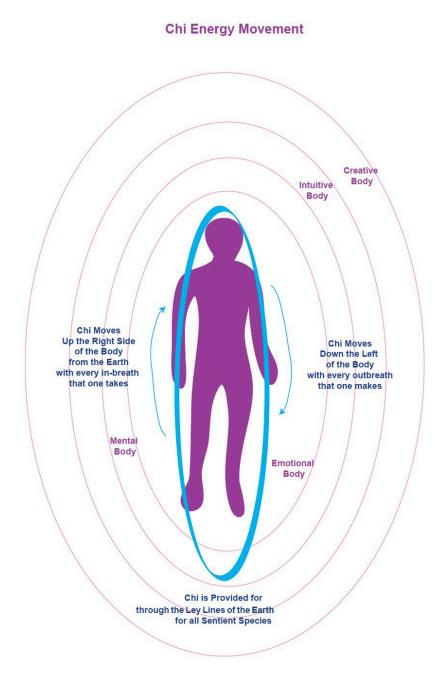
What do most human thoughts create? Most human thoughts are so jumbled up that they manifest boredom or a lack of fulfillment upon the physical plane. Occasionally and due to focus upon violent themes there is a violent experience such as an attack, robbery, or perhaps even war time strikes in certain regions. Those manifesting violent dreams have focused too greatly upon violent media; however, it is a great truth that humans focus upon violent movies and think it harmless, and then the masses send their violent dreams to those places already in conflict leading to further global warfare.

This is coming to an end now and one will receive back what one has focused upon in the dance of life as the modality through which the collective human unconscious manipulates violence into certain regions has been disbanded by Earth. This had to occur as otherwise WWIII would manifest beloved; and so, it is even more important that ascending humans cease to attune to violent media or violent thoughts or visions as otherwise one may live to experience such a dream in the physical.

If the creative body diminishes, there may be not enough energy to send the amalgamated thoughts from the intuitive body to the sun to be relayed into the seven manifestation planes. One's dreams will fail to manifest in such a dance. Therefore, learning to retain a mental body that is equal size and puffed up to the same size with all others is one way to assure that one's intentions are relayed in the act of conscious dream weaving. Also pulling back all parts of the

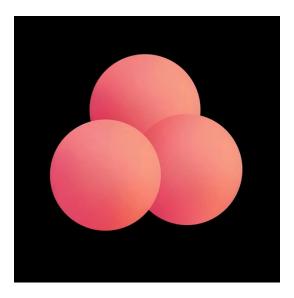
creative body that one has given to another will assist in learning to become the dreamer and the dream again.

If the creative body over inflates, one may be intentionalizing for many others or a group without awareness. Those who tend to be the *creative one* of the group may tend to host this pattern. In intending to release all karma for creating for a group, one can step out of the game, and use one's dream weaving capabilities instead to dream weave one's own heart's desires.



The Dreamtime Self

The dreamtime self is another vessel that sits outside of the creative body and spins a triple sphere energy flow manifesting a duplicate of one's physical appearance in the center. This vessel is utilized to travel in dreamtime to the healing temples. The dreamtime self evolves into a triple lotus energy flow by initiation 1,800-2,200 segments (consciousness symbol). Prior to this time, it is pyramidal information. By 6,000 DNA segments, the dreamtime self becomes an integrity symbol in the Language of Light (two consciousness symbols) and holds a higher frequency allowing one into special healing temples associated with mastery to 9,000 segments (Bodhisattva level evolution) and beyond. The image below is the consciousness symbol.



The dreamtime self is now to be anchored surrounding the physical vessel during the day to experience physical life. It is perceived that as the dreamtime self perceives physical life, it will better understand and work in dreamtime to release the karma at cause of difficult life circumstances. The dreamtime self will also create the necessary energy flow surrounding physicality to not only support one's field and sustain one's boundaries, but also to better attune one to dreamtime so that one can perceive into the unconscious or inner landscape of self or others. The presence of this vessel shall thereby make the communications of soul, oversoul and source easier to hear and understand. This shall increase the capacity for the physical consciousness to understand the spiritual lessons behind one's creations in the dance of life.

The dreamtime self-travels to and from the healing temples in the Aurora during dreamtime and while the body sleeps. The body rests to provide time for the DNA to grow in physicality. Failing to rest during sleep (waking up on and off all night long) is a sign that the body does not feel safe. Crosschecking if all guardians are present and resurrecting and replacing them as necessary and grounding one's body to the Aurora is one manner of creating enough safety so that the body can rest in sleep. Shattering any nonphysical entity or group of entities that might be threatening to the physical is helpful along with energetically clearing and purifying the home, apartment, or hotel room before going to sleep.

Shattering is not wrong. Shattering may be the only means that one may sometimes defend oneself against nonphysical entities that are shattering one's own field. As one shatters in return that which is shattering one's field, generally such forces will back off. Then one can begin to recover, retrieving all power from nonphysical forces or other physical forces that the nonphysical is using to harm, along with releasing ancestral karma at cause of the creation. Sometimes it is the dreamtime self that will take out a sword of light and defend one's field from intruders, shattering the entities or energies of others. The shattering is only of that which is inside or has invaded one's field and not of another's field, as this is a requirement to sustain harmlessness in ascension.

The dreamtime self also ventures on to parallel life planes that one is in the process of integrating to retrieve the lost parts of self. Sometimes the dreamtime self gets stuck upon a parallel life dreamtime plane and in such moments, intends to awaken the body to pull itself out. As one awakens, one can support the dreamtime self by intending to retrieve the part of self-stuck upon the dreamtime plane that the dreamtime self was gathering. One can also intend to reweave or recast the dreamtime self in the healing temples if it has become damaged in a threatening dreamtime encounter.

Some dreamtimes that one may recall just prior to awakening is of parallel lives. This dreamtime will be of oneself in a different circumstance than one's physical life; one may be married to another or living in another house or even another region or country. Such dreams are generally the parallel lives one is working upon integrating in the current phase of ascent. There are also dreams that are symbolic of the work in the healing temples for ascension.

The communication between the body and dreamtime self is transmitted through the silver cord that runs from the solar plexus of one's etheric body to the solar plexus region of the dreamtime self. Communication is symbolic rather than direct because the third chakra is not a good interpreter of dreamtime events. If the silver cord were instead to and from the crown region, this could change; alas to move the silver cord to the crown region will take ascending to full consciousness and beyond on the part of one's future ancestors.

Sometimes the silver cord is damaged in a karmic encounter in dreamtime. The silver cord, if severed, will lead to one's death. The intention to repair the silver cord in the event of such an experience will rectify the circumstance. Dreamtime can be violent, particularly if one's parallel life is living a violent lifestyle or exists upon a plane in which there is war or other conflict. Intending to heal the dreamtime self if it suddenly causes one to awaken during the night will better prepare it to return to dreamtime to fulfill upon the records or parts of self it is gathering.

The Light Body Body Double

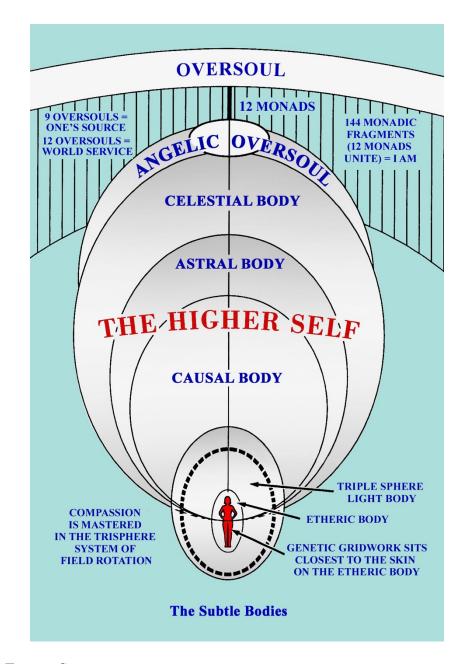
The light body body-double is another vessel that sits beyond the dreamtime self. This vessel is in a completely different non-physical semi-etheric reality that is fourth dimensional in frequency. This reality is by and large so separated off that ascending humans rarely connect or commune with oneself upon this plane of reality. It is as the physical ascends enough to merge with the light body body-double planes that ascension to the fifth dimension shall occur, as it was as these vessels separated that the fall into the third dimension was made manifest.

The chakras of one's light body body double are the global chakras associated with one's field. It is the light body body double consciousness that maintains the global sized chakras. Sometimes one may become aware of a shattering of one's global chakras. If this is the case, one can report the problem to a healing temple known as The Temple of Light Body. Through this temple is a sharing of records between the physical and oneself upon the light body planes of reality can occur.

The dreamtime self is prohibited from crossing over into the planes associated with the light body body double. For a long time, there were no boundaries and humans in the physical were stripping their light body body-double of grid work to create false ascensions. Also, many in the physical who had become diseased with such patterning as MS were losing their grid work to false ascents occurring upon the light body body-double planes. This is being prevented at this time (except for karmic circumstance) and there are global guardians between the two realities.

Ascension parallels between physical and the light body body double self. If the physical is restricted, then the light body body double is restricted to a level of evolution that parallels in this lifetime. This has assisted in limiting false ascension upon either plane as the two bodies can only be so many vibrational bandwidths apart in frequency as assessed by the ascension counsels. This restriction acts to prevent massive space between that can then be used to prevent global ascension from inside the human dream.

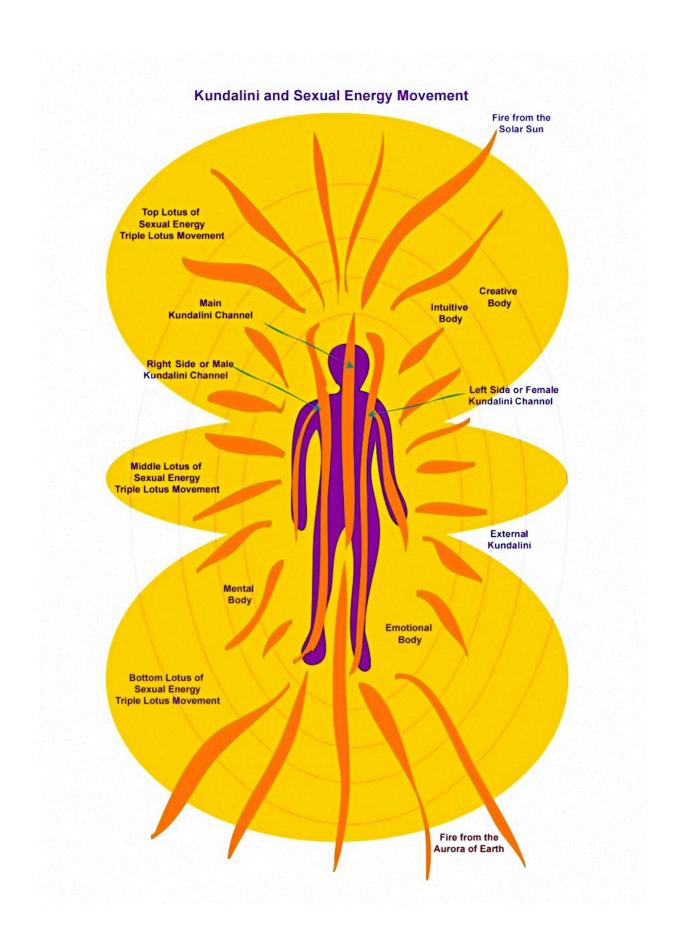
The false ascensions have been primarily used to inflate space between so vastly that the false gods could then shatter Earth and nature into a fall in consciousness or extinction. As the space between is minimized even further upon the physical and light body planes, the possibility of false ascension also minimizes. This is why this is such a prime focus at this time.



The Sexual Energy System

The Main Kundalini Channels

The sexual energy system is comprised of three movements of energy. The first movement is the flow of the kundalini from the Aurora up through the grounding chakras and into the base of the spine and feet up through three channels in the etheric body (one in the spine and two on either side) and out the head and up the hands. The kundalini is then pulled sideways through the etheric grid work by the rotation of the regeneration chakras along the skin to energize the etheric body. The kundalini flows out the top of the head assists in energizing the spin of the four subtle bodies and light body dreamtime self.



The Sexual Lotus

The second flow is the sexual energy system, which is a triple lotus pattern that appears much like an hourglass with an added loop on the top that surrounds the etheric body. The hourglass crosses in the pelvis and heart regions and extends above the head all the way up to one's source and below the feet all the way to the Aurora. It is the sexual lotus that assists in energizing the spin of all chakras surrounding the etheric body, especially the heart chakra which drives all other chakras like the gears of a clock. The sexual lotus can be pressed outwards up to over 1,000 feet or more surrounding the body to assist in maintaining one's boundaries. One can move the red ray or orange ray through this system to frighten the dark and collapse the space between in congested places such as grocery stores, shopping malls or cities.

The sexual lotus must cross through the heart to allow for the experience of sending and receiving blessings. Up through the ascent to 2,200 segments, the sexual energy is a figure 8 that does not incorporate the heart chakra. Somewhere between 2,200 and 2,800 segments and as the heart opens more fully to develop the heart lotus, the sexual energy begins to cross through the heart chakra. This allows for the unification of love into the sexual energy flow. Up until this time, sexual energy is primarily a function of the emotions associated with the pelvis.

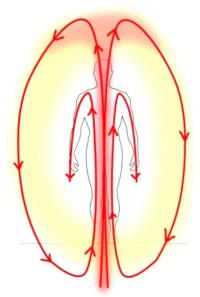
Following the movement of the sexual energy through the heart, love can be infused into the sexual flow by soul to bless the body or others or the land. It is also as the heart is incorporated into the sexual energy lotus that holographic knowledge begins to open, as the movement of energy through the heart allows holographic information to be transferred to the subtle bodies to be interpreted or understood by the consciousness of the form.

The sexual flow can be used as a modality to anchor healing for those who are healing practitioners such as massage therapists or offering attunements to the Language of Light or any other modality of healing. The sexual energy allows the Language of Light to be amplified in the sexual lotus to bathe those that are receiving the treatment in person. One can also move the Language of Light through the kundalini channels and out the hands in massage. This will assist those receiving the treatment in moving stuck points in the etheric body and meridian system.

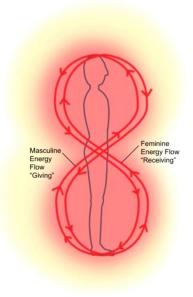
Unconscious healers often synthesize others by taking on their density, karma, personality entities or other patterns through the sexual energy flow. Note that one does not need to be a healing practitioner to be an unconscious healer, and those of this nature may tend to take on density from family, friends, workmates, or clients if one is in another profession.

Often this type of unconscious healing can be run through the sexual energy flow whereby it may damage the etheric body either in the pelvis or chest. Lower back pain, pain in the pelvis, or pain in the chest may be a sign of this type of unconscious healing pattern. If this is one's tendency, one may wish to intend to release the need to unconsciously heal others and instead work with them in dreamtime by offering them an opportunity to learn to heal themselves through the healing temples for ascension.

The Kundalini Energy Flow



The Sexual Energy Flow



The Etheric Kundalini

The third attribute to the sexual energy is a fire that leaps off the surface of the etheric skin. This fire is created through the spinning of the regeneration chakras enough to call the fire from the Aurora and hold the fire element surrounding the etheric skin. As the fire leaps from the skin, one increases one's ability to maintain boundaries and clear karma in any given day of ascension. It is also as the skin-based kundalini ignites that one may begin to heat up to a dripping sweat. Sometimes the sweat is necessary and is a sign of clearing a major piece of karma; generally, this is so if the excessive heat lasts for 10 minutes or less. Beyond this, the flaring of the skin kundalini may be a sign that one has had karma dumped upon one's field that one requires returning to its source of origin.

Long ago, Asur'Ana noticed that trips to the mall and grocery stores caused her to break out in a sweat that would not cease until she left. The skin kundalini would flare due to all the shops dumping karma to cause more and more consumption of their goods. As Asur'Ana learned to return the karma faster than it could be pressed upon her, shopping has become a more comfortable experience; however, until this occurred, she would simply return all karma depressed upon her as soon as she left the market or mall.

Cold hands and feet and chills followed by sweating can be a sign of death pictures that are raised in ascension, or a manipulation in which another is unconsciously throwing death pictures to put one in fear so that you will cease to evolve. Often gurus or those of guru ancestry are gifted at throwing death pictures at their following and this is one way that they maintain control over others. One can ground death pictures to the Aurora to be returned to their source of origin and transmute those death pictures that are actually ancestral records of death one is releasing. This will allow one to move out of this type of manipulation.

A rapid cooling of the body temperature (outside of sleep) can also be a sign of a loss of the skin kundalini and regeneration chakras. Intending to retrieve all chakras or information lost on how to spin the regeneration system and run the etheric kundalini along with releasing the associated ancestral karma will assist in the repair of this type of karmic encounter. One will visit the Temple of Sexual Energy Flow to assist. If one has failed to open this system thus far in one's ascent, it may be a result of a failure to retrieve the blueprint for the regeneration chakras from an earlier time in one's ancestry before this energy system was lost. Intend to retrieve the blueprint for the regeneration system, and then the blueprint for the skin-based kundalini can be anchored and ascended into.

DEVELOPMENT OF THE REGENERATION CHAKRAS

 Have all regeneration chakras that should be open to date in your ascension constructed and moving?

___Yes ___No

For those mastering to 1024, 4 regeneration chakras should be open, 2 in the front and 2 in the back.

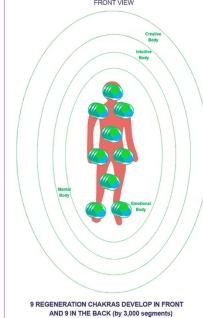
For those mastering to 2200, 12 regeneration chakras should have opened, 6 in the front and 6 in the back.

For those mastering to 3000 segments, 18 regeneration chakras should have opened, 9 in the front and 9 in the back.

For those mastering to 4200 segments, 22 regeneration chakras should have opened, 11 in the front and 11 in the back.

For those mastering to 6000 segments, 28 regeneration chakras should have opened, 14 in the front and 14 in the back.

For those mastering to 9000 segments, 36 regeneration chakras should have opened, 18 in the front and 18 in the back.



REGENERATION CHAKRAS

I intend the full development of my regeneration chakras in my ascension.

I intend to release the karma for how my ancestry lost the blueprint for regeneration over time.

I intend to integrate a full set of regeneration chakras at each level of evolution

mastered in this lifetime.

I intend to allow the regeneration chakras to pull the fire from the core of the kundalini to youth my physical form.

I intend to allow the regeneration chakras to provide the skin or etheric kundalini fire flow to hold boundaries and release karma.

I intend to run my regeneration chakras each time I eat or exercise to assure my continued regeneration and ascent up in frequency.

Common Manipulations to the Sexual Energy Flow

There are manipulations to the sexual energy system and the kundalini that ascending initiates should be aware of. Sometimes shunts are added in the grounding and one's fire from the Aurora siphoned off and sent elsewhere before it ever arrives at the base of the spine or feet to be moved up the core of the etheric body. Removing the shunts or cords of attachment that transfer one's kundalini elsewhere is one way to avoid this type of manipulation; another is to release the karma associated.

Phantom sexual energy systems have also been uncovered in recent ascension records of those in DAS. The phantom is constructed from the sexual energy of many others and then inserted inside of one's own flow. Often the phantom flow is run in the opposite direction allowing patterns one is releasing to be shoved back into the field rather than transmuted through the fire of the sexual flow. The reverse polarization associated with the phantom sexual flow can also unground a part of the field allowing one then to be further manipulated or shattered. In removing the phantom and sending it through the sun with the intent to break up the false sexual energy of others and then send the energy back to sender will suffice to conclude the dance with phantom sexual flow.

In the act of making love, the two sexual lotuses of the male and female are to run inside of one another. The female lotus runs from front to back beginning in the pelvis and assumes the interior position; and the male lotus runs from back to front beginning in also in the pelvis and assumes the exterior position. The two lotuses merge allowing for divine union in the act of love making and a sexual flow that is up to 10 times more expanded in size. Sometimes manipulations can be run through, but now it is understood that mostly this occurs through phantom sexual energy systems. Remove the phantom, and ascending couples may be able to experience harmlessness in love making.

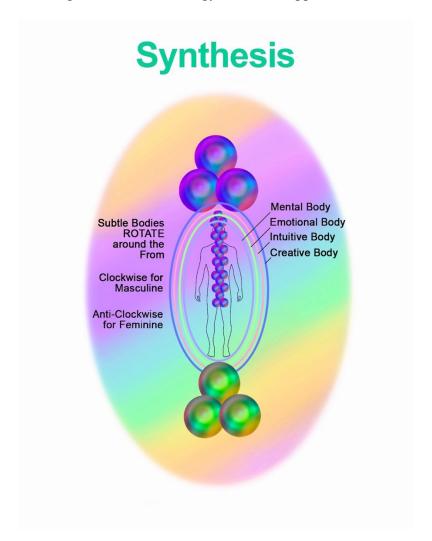
Exercise to Increase the Kundalini Energy Flow

Ascension requires the ever-increasing size of the kundalini channels in the core and on either side of the form. One way to carve larger channels or assist in removing stuck points within them is to work with a handheld mineral and one's synthesis altar. One can use a clear quartz, rose quartz or amethyst point that is palm size or larger for this exercise. During meditation, one will hold the point in one's hand and connect it to the mineral kingdom along with one's synthesis altar. Clear the point for a few minutes by moving the Language of Light through it from the base to the point.

When cleared, intend to move those tones that will assist in widening the kundalini through the point, and begin at the bottom of each foot. Hold the point for a few minutes into the center of the foot where the kundalini main channel begins (in the arch). Then slowly move the point up the inside of the leg with the intention to widen the channel from the foot to the hip. Continue to slowly move the point into the hip and up the side of the torso, and then down the arm and out the hand. Take about 5 to 10 minutes for each side of the body for this exercise.

Then hold the point at the base of the spine for a few minutes with the intent to carve a larger main channel for the kundalini. Slowly take the point up the middle of the body with the point

facing towards the spine again with the intent to widen the main channel. Then bring the point through the neck and up through the front of the face, with the intention to widen the channel in the head. In doing this exercise many times per week over the course of a month, one should widen the kundalini enough to double the energy flow and support continued ascension.

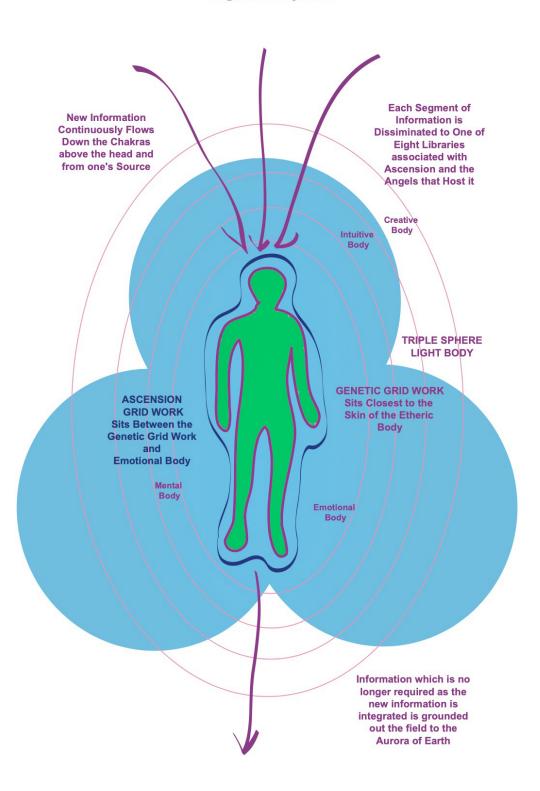


The Digestive Energy System

The digestive energy system is a downward sweeping energy that is generated by the chakras above the head, the 12-chakra system surrounding the etheric vessel and the grounding chakras leading to the Aurora. As all these chakras spin, they create a downward movement of energy that allows one's oversoul to send information down the source connection chakras to be caught by one's akashic record keeper in the crown lotus.

The akashic records keeper in the crown lotus retrieves the new information and then discards what is no longer required to be transmuted by the 12-chakra system. The 12-chakra system will transmute what it can and presses what is too large to transmute down to the grounding chakras. The grounding chakras then depress what one is releasing to the Aurora, where one's larger chakras transmute the larger patterns released in ascension in full.

Digestive System



What is Transmutation?

Transmutation is the application of tones of creation associated with the Language of Light through the rotation of the chakras that grinds up and dissipates polarity based thoughtform and its associated patterning, machines, or entities so that new information on unity can be integrated in its place. This is transmutation in action. For each polarity based thoughtform released, there will be one or more Language of Light thoughtform integrated that replaces the polarity thoughtform leading to a new operating system founded upon unity.



The digestive energy system has a relationship to the sexual energy system and regeneration system that are a series of chakras that develop over the pelvis. As one eats, one automatically moves the digestive energy flow, sexual energy flow and regeneration flow surrounding the body. Eating is therefore one way to assist in digesting one's spiritual lessons and ascending each day, week, or month of evolution. It may also be useful to collapse the space between the digestive, sexual and regeneration energy systems to minimize potential manipulations to all three.

Loss of appetite can occur if one has lost the digestive energy system or a portion of it in a karmic encounter. As one intends to release the karma and retrieve what has been lost, one will recover their digestive system and appetite. Loss of appetite can also occur if poison has been sent into one's field. Poison is tones of creation that freeze the energy flow in the field. If the digestive energy movement freezes, nothing new will come in or will the old be released. This can be also reflected in a state of physical constipation. In choosing to transmute the poison with Language of Light tones designed to dissolve it, one will begin to free up the digestive system to move again, causing the appetite to return and constipation to cease.

Another manipulation those in DAS have discovered is having another's digestive system twisted into one's own, and one's own information twisted into another's field. If this occurs, one will find oneself trying to digest the spiritual lessons of another rather than one's own lessons and losing one's records to another. As one intends to disentwine from the other and release the karma for why the exchange has occurred, one will step out of this game.

There have also been digestive phantoms uncovered. The digestive phantom can be used to twist lessons from many others into one's field and take one's ascension information sending it to many other people. The digestive phantom is constructed from the parts of many digestive systems of others held together by a spell and tethered to one's field in the space between the digestive and sexual energy flow. As one intends to run the phantom through the sun and release the karma with all associated, returning all energies to their source of origin, one can step out of this game. Also, retrieving any parts of one's digestive system that have been taken and used to create a phantom to manipulate another will allow one to release both sides of this pattern.

Biological Cycles of Ascension

Ascension occurs in cycles. Generally, those at 2,200 and above accomplish one cycle per calendar year through the cells of the body. Cycles are orchestrated in a particular sequence that is most supportive of the health and well-being of the biology. Here is a general list of the biological transmutative cycles associated with ascension.

- 1. **Bones and Ligaments:** Generally, each new cycle begins with the bones and ligaments which are modified to an increasingly less dense form of mineral. Bones also become more flexible and less likely to break. The lack of density often causes those who are mastering to 3,000 to float in fresh water as one will weigh less even if one has grown in size. One will require more calcium during this process and may crave milk products and nuts as a result. For most between 2,200 to 3,000 DNA segments, the transmutation of the bones takes about 30 to 40 days each cycle depending upon age.
- 2. **Muscles:** Generally, muscles are the next in line to be ascended throughout the biology. Muscles also become increasingly less dense (smaller amino acid chains) the further that one ascends. One will tend to crave protein during this cycle of transmutation. If eggs are insufficient at providing enough amino acids, one may wish to supplement with a little shell fish or fresh fish in the diet during this cycle.

For those who are vegetarians or vegans, we recommend food that is raw or freshly cooked that contains high amounts of proteins from plant or grain sources, such as nuts, beans, quinoa, and legumes. Whole milk also contains sufficient protein for vegetarians; almond milk, soy milk or rice milk for vegans who crave protein. For most between 2,200 to 3,000 segments, the transmutation of the muscles will take 40 to 60 days each cycle depending upon age. (Please refer to Vegetarian Ascension Recipes and Ascension Insights, Volume 4 Chapter 11 "Vegetarian Diet Recommendations for Ascending Humans" for more information on how to transition to a vegetarian or vegan diet.)

3. Circulatory and Lymph Systems: Generally, the circulatory system and lymph is the third in line to be addressed in the cycle of biological ascension. This includes the blood and bone marrow along with the heart, veins and lymph glands and vessels. The blood becomes increasingly capable of carrying nutrients from the digestive system and oxygen from the lungs to the cells, and toxins from the cells to the waste management systems of the biology.

The heart grows to have more ventricles (6 ventricles by 3,000 segments and 8 ventricles by 6,000 segments) to allow for better circulation such that all cells are reached through the veins and vessels of the lymph. The veins and lymph vessels become stronger and less subject to breaking to accommodate the higher blood pressure of a 6-ventricle system. One will crave a load of fresh veggies and fruit during this phase of ascension which will provide the enzymes necessary to break down the old systems. For most between 2200 to 3000 segments, the transmutation of the circulatory system and lymph takes about 30 to 40 days each cycle depending upon age.

4. **Organs and Glands**: Organs and glands are addressed one at a time from the weakest to the strongest in the continued biological ascent. The weakest organ or gland has the most scar tissue or decay to be resurrected. Organs and glands resurrected in the fourth cycle include the pancreas, liver, kidneys, gall bladder, spleen, and two new organs that grow by 3,000 segments as blood filters known as Liver 2.

Each organ becomes increasingly good at providing its function; the kidneys are capable of sending more toxins out of the body through the urine; the liver becomes increasingly gifted at filtering the blood and depositing toxins into the intestines as well as the creation of 8 types of body fat, each which has a different kind of function or storage system associated. The pancreas creates 8 different kinds of insulin that triggers the cells to feed in small to larger amounts depending upon physical activity level. The gall bladder produces many different types of bile to break down fats in digestion. The spleen produces many other attributes to the blood including natural blood cleansers.

Two new organs grow the size of a liver adding to the size of the Buddha belly and assist in the liver's functions. One will crave a load of fresh fruit and vegetables as the organs and glands are rebuilt to provide the enzymes necessary to assist. For most between 2,200 to 3,000 segments, the transmutation of the organs and glands takes about 40 to 60 days each cycle depending upon age.

5. **Lungs and Diaphragm:** The lungs and diaphragm are generally the fifth in line to be ascended in the ascension cycle in any year. The lungs become increasingly capable of gathering more oxygen from the air required to sustain crystalline biology the further that one ascends. About a third of the oxygen gathered in the lungs is reserved to feed the cells; two thirds are transported to the crystalline diaphragm for transformation into 8 types of blood sugar that feeds the crystalline structure.

Small, medium, and large complexities of sugars are created depending upon the needs of the cells depending upon activity level. One will crave a load of protein during this phase of transmutation. If eggs are insufficient in providing enough amino acids, one may supplement the diet with a little shellfish or wild fish. For those who are vegetarians or vegans, we recommend food that is raw or freshly cooked that contains high amounts of proteins from plant or grain sources, such as nuts, beans, quinoa, and legumes. Whole milk also contains protein for vegetarians; almond milk, soy milk or rice milk for vegans who crave protein. For most between 2200 to 3000 segments, the transmutation of the lungs and diaphragm takes about 20 to 30 days each cycle depending upon age.

6. **Digestive System:** The digestive system is sixth in line to ascend in any year of biological evolution. This includes the esophagus, stomach, small and large intestines along with rectum. The stomach becomes increasingly powerful in muscular movement to better churn the food one is ingesting. Additional mucous forms to allow for increasingly powerful digestive enzymes to be secreted without compromising the stomach or small intestines.

The intestines are also rebuilt over time. The turning of the tract occurs once in the ascent to 3,000. The turning causes an entirely new track to be built over the old small and large intestines and then the old to be discarded through the new causing a series of large bowel movements over the course of a week or more. For those proceeding beyond 3000, another turning occurs in the ascent to 5,000 segments. One will tend to crave a load of fresh fruits and vegetables during this phase of transmutation as it will assist in the breakdown and cleansing of the old intestinal tract. For most between 2,200 to 3,000 segments, the transmutation of the digestive system takes about 30 to 40 days each cycle depending upon age.

7. **Reproductive and Regeneration System:** The reproductive system (uterus, ovaries, and new regeneration glands) that form in ascension to 3,000 are the seventh in line to be ascended in any calendar year. This includes the development of new hormones to regenerate the crystalline structure. The hormones are produced in the ovaries and new glands that grow in within the mons pubis and labia of the female, and the mons pubis and testes of the male.

The uterus has less function but becomes a strong structure that will allow and support the movement of sexual energy through the pelvis. The pelvis is the seat of sexual energy and so this is one manner in which the biology can support the energy flow of the form. Sometimes this causes fat deposits surrounding the uterus that hold a higher frequency and more fire element. One will crave nuts and nut oils during this phase of regeneration which provide certain fatty acids necessary to the development of the new hormones. For most between 2200 to 3000 segments, the transmutation of the reproductive and regeneration systems takes about 20 to 30 days each cycle depending upon age.

- 8. **Immune System:** The thymus gland grows up the sternum and assumes the role of handling the immune system. The thymus also is considered the master gland that triggers the hormones to flow as necessary to sustain the life and energy of the body. The immune system becomes increasingly complex in ascension producing 18 types of white blood cells each of which have a role of clearing toxins or agents of destruction in the body or blood stream. One will crave nuts and nut oils as the immune system is worked upon. The nuts provide certain fatty acids necessary to the development of the new white blood cells. For most between 2,200 to 3,000 segments, the transmutation of the immune system takes about 20 to 30 days each cycle depending upon age.
- 9. **Nervous System:** The spine and brain along with brain stem are ninth in line to ascend in any given cycle of ascension. As this occurs, new biochemistry is created as the pituitary continues to bud and produce new ascension hormones necessary to the next phase of evolution to become available. The crystalline biochemistry goes through modifications each cycle.

By 3,000 segments, norepinephrine and epinephrine systems of flight and fright are completely transmuted leading to a greater sense of inner calm upon a recurrent basis. One will crave butter and eggs during this transmutation period. Butter perhaps more than any other fat resembles the fat of the crystalline nervous system. If one is a vegan, such fats are most easily provided through avocados, coconut milk, olive oil, nuts, and nut butters. For most between 2200 to 3000 segments, the transmutation of the nervous system takes about 40 to 60 days each cycle depending upon age.

10. **Skin and Sensory Organs**: The skin, nails, hair, and sensory organs (eyes, ears, mouth, and nose) are tenth in line to be addressed in the ascent in any cycle. Skin becomes increasingly soft and wrinkle free the further that one ascends. Crystalline hair is less brittle and more capable of self moisturizing. Eyesight can be restored as one chooses to modify the curve of the eye. A very flat curved eye tends to cause sight to be clearer far away; a very round curved eye causes sight to be fuzzy far away and clearer up close. As one causes the curve of the eye to be just right through intention and modification of the etheric body accordingly, 20-20 vision can be the result through ascension along with the end of the need to rely upon glasses.

Hearing capacity can be restored for those who have lost their ability to hear somewhat due to the reconstruction of the ears and inner ear drum. Senses of taste and smell become increasingly sensitive the further that one ascends allowing for better discrimination in what the body requires to eat to better support ascension. One may crave eggs, cheese, nuts and nut fats during the transmutation of the skin, as the skin has more oil associated than other cells in the body. For most between 2,200 to 3,000 segments, the transmutation of the skin and sensory organs takes about 20 to 30 days each cycle depending upon age.

11. **Space Between:** As all the cells have been ascended throughout the body, the end of any cycle is devoted to the space between the cells. The space between the cells also becomes crystalline and a substance far more porous than a non-crystalline structure. The porous space between allows the body to detoxify gases from between the cells. The space between ascension of the entire body flows far more rapidly than the ascension of the cells as there is no trauma

recorded therein; however, it also flows in the same sequence as above, beginning with the space between the cells in the bones and ending with the space between the cells of the skin.

Starch in the form of bread, pasta, potatoes, and rice may be craved during this transmutation period as this region is constructed from a pasty substance similar to bread dough. For most between 2200 to 3000 segments, the transmutation of the space between takes about 60 to 80 days each cycle depending upon age.

Assessing where one is in a given ascension cycle is useful in terms of providing the body what it requires to ascend, not only in diet, but also through the herbal kingdom. One may find that one is guided to take particular herbs for certain of the above cycles each year and will take them again during the same cycle in the year of ascension ahead. It is for this reason that building your herbal medicine cabinet may be very supportive of creating a complete ascension in this lifetime. We will assess the cycles of biological ascension in the workbook section of this chapter.

Skipping Over the Ascent of the Space Between

Some have tried to skip over the ascension of the space between. The reason for this is that when one addresses the space between in the biology, one is also working upon modifying the space between the ley lines and meridians of the etheric body, chakra system and subtle bodies. Often addressing this region of domain raises lots of issues surrounding destruction or separation and unconscious harm. Initiates predisposed to only looking at the lighter side of the life dance often desire not to look at the darker side and have historically avoided ascending this region of domain as a result.

The problem is that then one also fails to allow the space between the cells to become increasingly permeable and crystalline, one will also become overly toxic or bloated with gases that cannot be released the further that one ascends the rest of the structure. This over time will make one ill rather than leading to greater health through ascension. One must address all parts of the biology and field, including the space between in order to foster a complete ascension in this lifetime. One must also address the darker attributes of one's persona and forgive; as this is how real forgiveness, compassion and love is born in the life of any ascending human.

Energetic Cycles of Ascension

The release process in ascension patterning also cycles through the chakras and energy systems of the field. For each of the above biological ascension cycles, one will address each of the energetic systems in the field leading to the release of polarity-based patterning and machinery along with thoughtform associated, and the integration of the Language of Light. Generally, the cycles through the field occur in a particular order that tends to be in the following sequence.

1. **Grounding Issues:** Generally, one begins each sub-cycle of biological transmutation by addressing patterns in the grounding and first chakra region along with the feet and legs. Any pattern that restricts one's ability to ground is generally released during this time.

- 2. **Reproductive and Regeneration Issues:** Next one will address patterns that restrict the sexual energy flow through the pelvic region and hips and rotation of the sexual chakra and will center along with sexual lotus. Any pattern that restricts one's ability to move the sexual energy is generally released during this time.
- 3. **Power and Breath of Life Issues:** Next the patterns restricting the power and breath of life regions and energy flow is addressed. Any pattern that restricts one's ability to breathe regularly is generally released during this time.
- 4. Love and Heart Issues: Next the issues of love and opening the heart are addressed. Any pattern that restricts one's ability to love is generally released during this time.
- 5. Co-Creation and Dream Weaving Issues: Next the issues of co-creation and dream weaving are addressed. Any pattern that restricts one's ability to run the creative flow or weave the dream is generally released during this time.
- 6. **Visionary Issues:** Next issues of vision and clairvoyance are addressed. Any pattern that restricts one's ability to perceive is generally released during this time.
- 7. **Issues of Knowledge and Competition:** Next issues of knowledge and competition are addressed. Any pattern that restricts one's ability to know is generally released during this time.
- 8. **Issues with God Goddess:** Next issues of seeking an external savior are addressed. Any pattern that restricts one's ability of connection to Source is generally released during this time.
- 9. **Issues of Emotional Expression:** Next the issues of emotional expression are addressed. Any pattern that restricts one's emotional body is generally released during this time.
- 10. **Issues of Mental Expression:** Next the issues of mental expression or the ability to language one's thoughts are addressed. Any pattern that restricts one's ability to language is generally released during this time.
- 11. **Issues of Intuitive Expression:** Next the issues of one's ability to intuit are addressed. Any pattern that restricts one's ability to intuit is generally released during this time.
- 12. **Issues of Creative Expression:** Next the issues of creative expression are addressed. Any pattern that restricts one's ability to manifest is generally released during this time.
- 13. **Dreamtime Expression:** Next the dreamtime self is addressed, and restrictive patterning transmuted in this energy system.
- 14. **Sexual Energy Issues:** Next the sexual energy system is addressed with any restrictive patterning released in the kundalini or sexual energy systems. This includes the regeneration chakras and etheric kundalini.

15. **Digestive Energy Issues:** Last in each sub cycle of biological ascension, the digestive energy system is addressed. Any restrictive patterning that does not allow for fluid digestion of new information and release of the old patterning is relinquished.

During each sub-cycle of biological ascent that lasts 20 to 60 days depending upon age, each of the 15 above energy systems are addressed and the old patterning sloughed off, and new Language of Light information and energy flow integrated. As one monitors each cycle, one can make sure that each layer of the field is cleared in each sub-cycle of biological ascension. This too shall allow for a more complete ascension each year of evolution. In the workbook section of this chapter, we will provide the space to assess one's current phase of energetic clearing in the field along with keys to assist in the ongoing monitoring of this part of the ascension process.

One will also not desire to be more than 500 segments in the etheric ahead of the physical transformation process. Why is this so? Racing any further ahead adds to the potential of schisms; racing ahead also causes a gap between the etheric body and physical cellular structure through which one can be vastly manipulated by the false gods. By taking the ascension slow and deliberate with each layer transmuted in the etheric and then physical in each sub-cycle and full cycle of ascension, one can be more greatly assured of creating a complete ascension and healthy crystalline form in this lifetime.

The Healing Temples for Ascension

Earth has written of the many healing temples for ascension in <u>Chapter 15</u> of Ascension Insights, Volume 1 and <u>Chapter 4</u> of Ascension Insights, Volume 5. These following definitions of the 18 healing temples for ascension are offered for review for each studying this workbook. By and large, one will visit some healing temples every night and all healing temples each week. If one fails to go to all healing temples in a given week, one may find oneself going into distortion. Therefore, crosschecking if one has visited each temple each week is supportive of one's goal of continued ascension and will be more likely to prevent one from going into so much distortion that one experiences a bad ascension day or week.

There are also false healing temples that often sit in the inflated space between of Earth and underground in most cases. If one is going into distortion but continues to test that one is going to the healing temples, then one may be going to false temples that are not providing the real attunements to one's field. If this is the case, one can intend to roll up the false healing planes and press them through the solar Sun for dissolution; then intend to go to the real healing temples requesting support of one's ancestry and Nature. If there is problem that appears to be surrounding one's home blocking one from connecting to the healing temples, one can retreat into nature and connect, and then clear the patterning or machinery in the home from afar. Then one will be more likely to connect during dreamtime from one's home.

The temples are available to connect unto during meditation to assist in the process of releasing any problematic energy flow throughout the field during the day. There are temples that specialize in certain systems, and these are the ones to attune unto if the problematic patterning is held within specific chakras, subtle bodies, or energy systems. The temples will provide

information on the proper movement of field or karma and contracts to be released in one's ancestry so that one may transit a particular segment of transmutation in greater ease.

- 1. **TEMPLE OF INTERCONNECTION:** This temple assists one in connecting with their source if they have lost their connection. The temple, with support of Earth and all species therein, holds all connections for all Source Groups related to Earth. As one visits the temple, a more effortless connection to one's soul, oversoul and source shall be provided. This temple is good to visit for problems in the connection to source chakra along with the crown and crown lotus.
- 2. **TEMPLE OF ASCENSION TESTS AND ASSESSMENT**: This temple is where each goes to take their tests for ascension or to be assessed for the next phase of work. Sometimes when one is unsure of what is wrong, a visit to this temple shall suffice at putting one back on track. It is also from this temple that one's soul can assess one's karmic issues.
- 3. **TEMPLE OF GROUNDING:** This temple holds all records of grounding and the changes therein in each phase of ascension. Grounding changes from initiation to initiation, however, wherever one is, one can crosscheck their information and intend to retrieve anything that has been lost. This is a good temple to visit for problems associated with grounding or the first chakra region.
- 4. THE TEMPLE OF SEXUAL ENERGY FLOW: This temple holds all records of sexual energy movement and the movement of the kundalini through the grid work of the form and subtle bodies. Sexual energy movement also changes from initiation to initiation in ascension. However, one can crosscheck one's own information against the knowledge provided therein and intend to retrieve anything that has been lost over time or in a karmic encounter. This is a good temple to visit surrounding problems with the second chakra region in the pelvis or problems in the kundalini, etheric fire, or sexual energy flow.
- 5. **THE TEMPLE OF SUBTLE BODIES:** This temple holds all records of subtle body changes and repairs in each phase of ascension. One can compare one's own records to the records contained herein for one's given evolutionary status to determine what has been manipulated or lost, and then strive to retrieve it. This is a good temple to visit for problems with the development or healing of the subtle bodies.
- 6. THE TEMPLE OF PHYSICAL GRID WORK: This temple holds all records of grid work changes and repairs for each phase of ascension. One can cross check their grid work against a template of what should be present at any given phase of evolution. In so doing, one may discover foreign grid work that has become mixed in causing the energy flow in certain pockets of the form to wane. This is a good temple to visit for the repair and weaving of one's etheric grid work or problems therein.
- 7. **THE TEMPLE OF ASCENSION GRID WORK:** This temple holds all records for constructing ascension grid work in each phase of ascension. In essence, this temple holds information for transcribing the genetic blueprint for ascension and anchoring it around the physical form. Ascension grid work changes from level to level in initiation, and therefore one's

own level can be compared to what should be in place given the knowledge held in the temple. This is a good temple to visit if one discovers problematic DNA transcribing problematic grid work.

- 8. THE TEMPLE OF ANCESTRAL KNOWLEDGE: This temple holds all human lineages sorted out thus far in human ascensions upon Earth. At this time, all 144,000 lineages are present, but some are not complete back in time. One assists in building the records for this temple in one's own ascension. One may ask for the original 144 lineages that were their birth inheritance at this temple, or any updates that have come in from other ascending initiates. This is a good temple to visit to research ancestral karma so that one can release all contracts that do not support ascension in the continued evolutionary path.
- 9. **THE TEMPLE OF LIGHT BODY:** This temple holds records of light body development at each phase of ascension. The light body is sometimes susceptible to manipulation during one's dreamtime travels. One can compare their light body to the records in this temple for the purposes of repair. Understand that there are two types of light bodies; one of which is a modified "astral" body that one's consciousness travels during dreamtime, and this is the light body that we speak of.

There is a second light body that is actually a physical vessel upon another plane of reality exactly one octave above oneself. It is the real light body which forms into a fourth dimensional vessel that the physical body ascends into as consciousness in the act of ascension from one dimension unto the next. This is a good temple to visit if one awakens suddenly in the night and finds one's dreamtime self damaged.

10. **THE TEMPLE OF RECASTING:** Each recasting that occurs within one's source during dreamtime is recorded within this temple. Recasting reweaves the fractured pieces of soul into a single and "whole" unit as enough pieces are gathered in each phase of ascension. By and large for those at 3000, 4200 or 5000 segments, recasting occurs a minimum of once per week.

For those mastering 6,000 and above, recasting may occur two to three times per week. It is in the temple of recasting that one clears the polarity based thoughtform, parallel lives and ancestral karma from opposing experiences so that the Language of Light can be integrated. This is a good temple to visit to clear opposites in thoughtform or for problems with parallel lives or in the failure to integrate all of the Language of Light.

11. **THE TEMPLE OF TIME:** This temple holds the records for how time is altered within the field of an ascending human in each phase of ascension. One builds towards moving outside of time such that the body no longer ages. One is therefore invited to visit this temple for an assessment if they are having difficult sustaining an expanded state out of time periodically in their process of ascension. The assessment will give clues as to what may be out of order or missed within your current phase or past phases of ascension, which can then be acted upon and corrected. This is a good temple to visit if one is struggling with remaining in present time or with the breath of life chakra.

- 12. **THE TEMPLE OF SCHISMS:** Schisms are portions of ascension skipped over leaving behind fractured pieces of soul that were never woven in during one's more recent recasting. This temple holds all knowledge attained thus far about schisms, and the tones necessary to integrate missing portions of soul and to release the related karma.
- 13. THE TEMPLE OF THE LANGUAGE OF LIGHT: This temple holds the Language of Light, which is all of the tones of creation necessary to sustain the ascension to date of the form and for the form to continue to ascend into the future. One may visit this temple and view what tones should be integrated in full given their current level of evolution. Any missing tones can then be pulled from this temple into the field to trigger the related karma in need of releasing in order to embody all tones in full.
- 14. THE TEMPLE OF GENETIC INFORMATION: This temple holds all genetic information on the human dance revealed thus far in the human ascensions global wide. This temple is linked to the Temple of Ancestry as genetic records are held by one's ancestral inheritance. One may visit this temple and compare one's current records to those held in the temple to assure that all genetic knowledge necessary to ascend through one's current initiation is present.
- 15. THE TEMPLE OF VISIONARY KNOWLEDGE: This temple holds all information about vision retrieved and compiled thus far in human ascensions global wide. One may visit this temple and compare their current visionary records to see what is missing at your current phase of evolution. Such information includes clairvoyance, telepathy, and modalities of channeling soul through form. This is a good temple to visit if one is having difficulty with the pineal or pituitary chakras.
- 16. **THE TEMPLE OF ASCENSION:** This temple holds records of all human ascensions that have occurred within the new consensus thus far. This includes successful and non-successful ascensions. One may review such records for the purposes of their own evolution.
- 17. **THE TEMPLE OF KARMA:** This temple contains a karmic board held by the solar counsels. It is from this temple that all human karmic disputes are assessed and rectified in relation to the new consensus. This is a good temple to visit if one is finding oneself manipulated recurrently into karma that one perceives having already transcended.
- 18. **THE TEMPLE OF GUARDIANS:** This temple is a new temple that is pressing guardians into the dream of those from 1,800 segments to 3,000 segments so that true spiritual law will be minded. These guardians shall work through the global dream for humanity suspended by Earth. It is through these guardians that infractions of law that are outside karmic boundaries shall be prevented, along with the ascension into a supercharged human state.
- 19. **THE TEMPLE OF DREAM WEAVING:** This temple is a new temple that supports ascending initiates in the goal of becoming a conscious dream weaver. This temple will provide a template for a properly functioning dream so that one may compare one's own dream for problematic energy flow. This is a good temple to visit if one is having difficulties manifesting one's dreams.

Healing Temples for Ascension

Temple of Interconnection

Temple of Ascension Assessments and Tests

Temple of Grounding

Temple of Sexual Energy Flow

Temple of Subtle Bodies

Temple of Physical Gridwork

Temple of Ancestral Knowledge

Temple of Light Body

Temple of Recasting

Temple of Etheric Languages

Temple of Schisms

Temple of the Language of Light

Temple of Genetic Information

Temple of Visionary Knowledge

Temple of Ascension

Temple of Karma

Temple of Guardians

Temple of Dream Weaving

Temple of Inner Family Healing

Temple of the Heart of the Tao

Temple of the Spark of the Tao

The Guardians for Ascension

There are two sets of guardians that work to assist in holding boundaries against non-karmic infractions. One set of guardians will protect the physical vessel and etheric body along with chakras and subtle bodies. These are known as the *Daytime Dream Guardians*. The second set of guardians protects the dreamtime self or light body and are known as the "Nocturnal Guardians". Over time those in DAS have discovered that both sets of guardians need to be active 24 hours per day for the maximum protection and assistance from them.

There are also planetary guardians that are to hold boundaries between initiates in the tiers of the new consensus and between the light body dreamtime self and the light body body-double planes of reality. These guardians are assigned and maintained by Earth. If one is attacked through the light body body-double planes, then the global guardians may have failed. One can report the problem to the healing temples and the guardians will be repaired by Earth. This is mostly a problem for those reaching beyond 6,000 segments and not as likely to occur for those beneath.

Guardians are parts of oneself that watch one's ascension day and night. The Temple of Guardians defines the types of guardians that are useful to monitor the field and block non-karmic infractions in the day to day living of life as an ascending human. Earth casts the guardians for this purpose and weaves them into one's field through this temple. If one finds the guardians distorted, one can connect to the Temple of Guardians and have them recast and/or replaced. The following guardians are the primary personal level protectors that one receives in the blueprint to 3,000 segments.

1. The Grounding Guardian

This is a guardian that will assist in blocking non-karmic harm towards one's grounding (the chakras below the feet, the grounding chakra, the first will center and the hip, knee, and feet chakras). The guardian will instruct the angels to revert the energy flow from the field of another that would shatter or strip one's grounding or one's grounding records if there is no karma to warrant the action. If there is karma, the action will be allowed; then one must release the karma and undo the damage to the field through intention. If a second attempt to shatter one's grounding is made after one has released the karma, the action will be blocked by the guardian as long as it is present in the field to do so.

This guardian will also block any non-karmic harm one may wish to perpetrate through one's own unconscious towards the grounding of another unless there is karma to allow for the dance. If one's grounding is shattered, one may therefore wish to release all karma not only with the perpetrator, but also any unconscious predisposition for shattering the grounding of others to complete with this game.

2. The Connection to Source Guardian

This is a guardian that will assist in blocking non-karmic harm towards one's connection to one's source and oversoul (the crown chakra, crown lotus and the chakras above the head.) This guardian will block any non-karmic action to shatter the chakras above one's head or divert the

chakras to another source. Often the diversion to another source or a false source leads to a bad ascension day or week, as one begins to be manipulated from the inside out by souls that are not of one's real ascending truth to dance with. This guardian will also block a manipulation to one's source connection and the presence of any soul that one has no karmic agreement to dance with.

3. The Four Corners Guardians

There are four guardians, one to the north, south, east, and west of the field that sit outside of one's subtle bodies. These guardians block any non-karmic action towards one's subtle bodies, 12 chakra system or etheric body, along with one's akashic records and record keeper, biological records and record keeper and ancestral records and record keeper. They also monitor the holograms for manipulation along with the heart and pelvic lotus. Understand that one must be grounded in order for the guardians to be able to aid in retaining one's boundaries; therefore, the protection offered will cease the moment one ceases to ground.

4. The Sexual Energy Guardians

The sexual energy guardian will sit in the sexual energy flow. This guardian will block any non-karmic action towards one's sexual energy or sexual knowledge. Understand that the guardians block both incoming and outgoing maneuvers, and this assists ascending initiates in not creating further karma through unknown unconscious harm. If one finds one's sexual energy manipulated and tests that the sexual guardian is in place, then there must be karma and agreements to allow for it. Intend to release the karma and one will step out of the game and will be able to repair any damage to the sexual energy flow. Also intend to release karma for any manner in which one manipulates the sexual energy flow of another, and one will release all sides of the associated pattern triggered in the karmic exchange.

5. The Digestive Energy Guardian

The digestive system guardian sits in the digestive energy system. The digestive energy guardian blocks any non-karmic act of harm towards the digestive system energy flow, which includes information flowing into the field from one's source and oversoul, or what is leaving the field down the grounding for transmutation in one's own Aurora (one's larger chakras in the center of the Earth.) If one finds one's digestive energy manipulated and the guardian is in place, there is most likely karma to allow for it. Intending to release the karma and one will step out of the game. Also intend to release karma for any manner in which one might manipulate the digestive system of another, and one will create a more thorough release of the game.

6. Nighttime Guardians

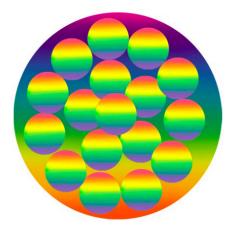
The nighttime guardians watch the energy of the dreamtime self assuring that it traverses safely to and from the healing temples each night, and to and from dreamtime that is being investigated to retrieve parallel parts of self caught in parallel lives.

Shattered or False Guardians

Sometimes guardians will become shattered in a karmic encounter. Sometimes the false gods will try to replace guardians with false guardians and then manipulate one's field; or hollow out guardians and puppet them from behind the scenes. The intention to attune to the temple of guardians will allow all guardians to be sent to the temples for recasting, and a new set that are recast to be sent in their place. Intending to release all karma for the manipulation of guardians will allow one to transcend this game.

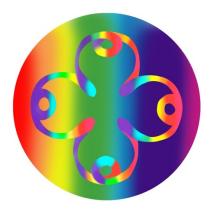
Working with Primary Tones

Primary tones are the foundation of the base notes in the Language of Light. Red is associated with forgiveness pink; blue and green are associated with compassion turquoise; yellow is the breath of life in the Language of Light; orange is associated with power peach; magenta is associated with structure lavender. All primary notes must be embraced in the ascent to 2,200 before one can embark upon embodying the Language of Light. (Please see Ascension Insights, Volume 5 Chapter 4 "Creating a Complete Ascension" for more information on the primary tones of creation). See image below for Light Dream image with language of light primary tones of creation.



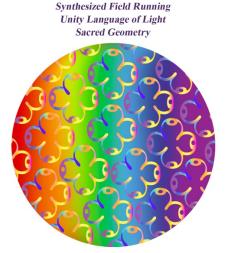
The Language of Light in the Chakra and Subtle Body System

By 3000 segments, the chakras and subtle bodies will utilize a flower of life patterning that incorporates the Language of Light in the rotation of the space without (positive energy flow). The space between becomes primary colored in the same Language of Light shape throughout the field. What occurs in this is that initiates clearly demonstrates their mastery over the ten base notes of the scale by rotating the symbols within the chakras and subtle bodies along with the light body dreamtime self energy flow. The rotation of the Language of Light symbols creates spheres of pastel colors in one's field if one has an aura photo taken. If the rotation is held stagnant, one will see the Language of Light symbols clearly in each chakra and subtle body or light body dreamtime self. See image below for flower of life patterning with language of light primary tones of creation.



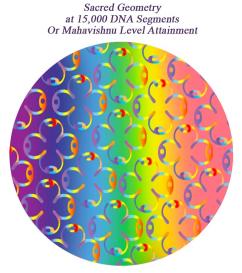
When the Language of Light in the field distorts, it begins to wobble. In the wobbling, the tones go sour or off key; this will cause one to then begin to slide into distortion. This occurs as the subtle bodies in particular begin to wobble due to the wobbling of the Language of Light tones within them. As the music in one's field goes increasingly off key due to the wobble, one will find oneself more subject to manipulations through the fields of others or sense that one's boundaries are failing to hold. Boundaries are commanded in the Language of Light, and so if the tones go off key, the commands, or intentions one makes simply fail.

One way to assist in preventing this problem is to cleanse and replace the Language of Light in one's field one or more times a day as needed. How does one do this? One simply intends to return all Language of Light tones in the field to the Aurora for purification and to the Temple of the Language of Light and draws up new tones that have been recast into one's field. One can then begin to look for missing tones or portions of tones in the ascension to date. Those ascending to 3,000 segments will master the first 10 notes weaving them into the etheric body. However, in the field, one will master the first half of the scale (symbols 1 through 24). See image below for a synthesized field running unity language of light sacred geometry.



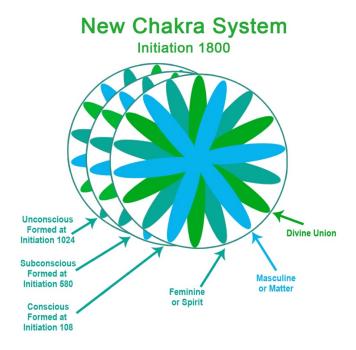
The Symbols Rotate Creating a Flower of Life Pattern

As one replaces the notes, one can search for karma at cause of the distortion and intend to release it. One can also search for missing notes first in the 10 base notes and then in the remaining 14 notes or more than one may have mastered. Each note will have a range of color from darker to lighter in nature, and one will seek to measure if one has embraced the entire scale of colors or tones in each note and intend to embrace whatever one rejects. One can also look at the associated polarity based thoughtform to gage why one rejects a particular Language of Light tone or portions of a given tone. For those preceding beyond 3000, one will demonstrate mastery of the first 48 notes by 6,000 segments, and the first half of the dual tones in the mastery of 9,000 segments. See image below for flower of life sacred geometry at 15,000 DNA segments or ascension or at Mahavishnu level of attainment.



The Space Between Becomes Language of Light

Missing notes or portions of notes create gaps in the synthesis or rainbow in one's subtle bodies and chakras. The gaps can be then invaded by the energy of others. As one learns to thoroughly embrace all tones in the scale that one has mastered to date, there are less gaps in the synthesis and one will be more likely to remain distortion free throughout the day. The lack of distortion allows for an easier time in moving up in vibration as the next segment of ascension begins to be embodied.



Agreements in Ascension

Agreements are a series of contracts that one has created with others over time. The contracts read much as *I* so and so agree to such and such in this circumstance". One example of an agreement would be: "I (insert your name) agree to abide by true spiritual law in the conscious, subconscious, and unconscious during attendance of the meditation retreat." This is an example of a retreat-based agreements. Another example might be "I (insert your name) agree to give my dream and chi to (insert name of someone you give your dreams to). I (insert your name) agree to take on karma in exchange with (insert above name).

Agreements are held by the ancestral record keeper. As one ascends and forgives, one releases these types of contracts and replaces them with new agreements that better serve holding one's boundaries. For example, in the above exchange, one will have a new agreement that states "I (insert your name) intend to weave my own dream and allow (insert above name) to weave their own dream." This new agreement better supports becoming the conscious dream weaver than the old agreement.

Most agreements come from prior ancestral exchanges in which dream, grid work, information, karma and moving energy systems or chi was exchanged. As one ascends, one activates the next layer of karmic agreements in one's field. Then one may go on to experience the exchanges associated with the new agreements in the dance of life. This is how one comes to understand the nature of the unconscious bargains with others, and then chooses to release and modify the associated agreements to those that support one's boundaries and ascension instead.

One can understand in this that nothing occurs between two individuals unless one has an agreement to allow for it. Uncover the agreement and modify it, and the nature of the interaction

will change. There are three types of agreements in any field. We wish to define what these are so that each will better understand.

Past Karmic Agreements

These are agreements one has released and altered to be supportive of one's continued evolution. One will have agreements with most that one knows in this lifetime including parents, family, children, spouses, ex-spouses or partners, friends and ex-friends, spiritual teachers, bosses, and groups one affiliates with currently or has affiliated with in the past. It is through the modification of agreements that one redesigns the unconscious relationships to all that one has known in this lifetime.

Current Karmic Agreements

These are agreements one is currently choosing to modify in ascension. Most will be associated with ancestors and their lifetimes and the agreements that they made in the unconscious with those that they knew or the groups that they affiliated with. As each agreement from a particular ancestry that one is carrying within one's biology is transmuted, the karma is completed upon, and one moves on to the next group of ancestors and their agreements. Karmic encounters occur with those carrying the ancestors that made bargains with your ancestors. As one alters the agreements, the dance then changes with such humans.

Modification of agreements occurs through forgiveness. Sometimes one cannot alter a particular agreement or group of agreements until they have understood and forgiven a particular exchange. It is for this reason that spiritual lessons are so important in ascension; if one cannot forgive, then the agreement continues to activate again and again. As one comes to understand enough about a given dance to forgive, then the agreement can be modified to support rather than undermine one's continued evolution.

Future Karmic Agreements

Future agreements are those contracts that are on *hold* until one raises enough in vibration to allow them to be assessed and then modified. Sometimes the false gods like to trigger future agreements in a manipulation of one sort or another. Learning to retain all future karmic agreements in the future until one is ready to address them allows ascension to flow in an easier manner. The guardians are designed to block future karma from taking hold in the field as long as they are in place to do so.

If one finds oneself manipulated by future karma, one can intend to roll it back into the future along with all patterning, spells, curses, hexes, machines, thoughtform, and entities triggered in the field. Then one can attune to the temple of guardians to restore the guardians to hold future contracts where they belong in the field (future karma is null and void).

New Consensus Agreements

New consensus agreements are those contracts that allow one to dance in the new consensus flower petal dream. These agreements are a lengthy list of unity-based contracts that allow for a harmless energy movement in association with the other ascending humans at one's vibratory bandwidth along with the other tiers above and beneath oneself in frequency. If one breaks enough of the new consensus agreements, one is expelled from the new consensus dream until one learns to abide by the boundaries. If one falls into enough distortion, one may be removed from the new consensus dream until one has recovered one's field. This assures that others in the new consensus are not harmed through one's distorted field.

Agreement Manipulations

Future Agreements

The false gods are experts at manipulating agreements. One way is to create agreements with a part of your unconscious that you have yet to integrate and insert them into the field. Now a pattern jumps off that one is subject to, but the part of self that made the bargain is not present to release and alter the contract. The best solution in this is to gather up all lost parts of self from the future, and assess all agreements held within it, and then one will find the agreement that they are looking for and be able to modify it.

Hidden Agreements

The false gods love to hide agreements. Sometimes they will store agreements in other creations or in other humans so that one cannot release them. In going to the temple of agreement, the future will be assessed for where the agreement has been hidden so that one can strive to retrieve it and then revise it or release the karma in full through forgiveness.

Combust Agreements

The false gods also love to combust agreements. Combust agreements will appear not to exist but still affect one's field. Again, the Temple of Agreement can assist in researching whether the agreement has been combusted or not and then if so, one can resurrect the agreement through intent and then modify it or erase it in full through forgiveness. Sometimes agreements are combusted 100s of times and must be resurrected 100s of times to then be released. What is combustion? Combustion occurs as a contract is burnt with the fire of another's kundalini causing it to turn to ashes where it cannot be read or released. If the ashes are then burnt again or 100 times again, then they are combusted 100s of times. As one applies resurrection thoughtform, one will un-combust the agreement until it can be read and released.

Falsified Agreements

Agreements can be falsified if they are super plated with one's energy signature, much like one gold plates nickel or silver. If agreements will not release, then one can search to see if they are false agreements with one's signature artificially attached. As one removes the signature, then one can read where the agreement actually belongs and return it to the temple of agreement and its source of origin.

Duplicated Agreements

Agreements can be duplicated as well. One may erase one set of agreement only to find a duplicated set reinstalled reactivating the karmic pattern one thought one had transcended already. Gathering up all duplicates of agreements one has already transcended including the master copy and intending to erase them all is one way to avoid this type of manipulation. Also learning to erase all patterns one has transcended thoroughly "ascension style" so that they cannot be recreated is another good technique to prevent the manipulations from the past by the false gods.

Spells, Curses, Hexes and Other Harmful Patterns

Earth will close this chapter with a little about harmful patterning that occurs between humans due to agreements for it to be so. The harmful patterning is by and large the result of the angular and straight-lined energy flow in a rotational magnetic energy system upon Earth. As those of Pleiadian ancestry arrived upon Earth, they held a straight-line energy flow that was star and pyramidal in shape. The points on the edges of the stars and pyramids cut up the rotational round energy movement of Earth and the red nations' peoples. This is the origin of most harmful patterns in the human dance.

Hexes and Curses

The harm comes as one of straight-lined energy flow throws a dart or barb into another of rotational energy flow. The barb, known as a curse, then hooks in the field creating a cord of attachment between the two etheric bodies. The cord can then be used to transfer information and karma between parties. Hexes are much like a Frisbee that is octagonal in shape that is thrown into a rotational field and cuts it up so that more barbs or curses can then be sent into the etheric body, or to strip information associated with the moving energy systems. This type of harmful patterning occurs in the unconscious between most humans due to agreements for it to be so. Break the agreement and create new agreements that do not allow for the exchange and one will step out of the game.

Spells and Dreams

Spells are dreams that are woven and cast around another. There are positive energy spells that are woven from the positive serpents associated with dream weaving. These types of spells will hold a particular dream in the field so that the dream can be caught by those involved. However, one should not be dream weaving for another. Those who are gifted dream weavers may discover that they have cast many spells with the positive serpents of one's field to assist others in manifesting their dreams. Perhaps it is time to retrieve all the spells that you have cast and cease to agree to dream weave for others. Then one will have plenty of dream to cast one's own dream catcher chakra with making it far easier to manifest one's own dreams in the dance of life.

Black Magic Spells

Spells cast from the space between serpents are considered "black magic." The purpose of black magic spells is to cause a darker dream to catch in the field whereby the recipient may catch a dream for an accident, death, loss of a relationship, or any one of a million darker dreams that could be made manifest. The black magic spell may hold karma to cause the dream to catch; or may activate agreements that are the legitimate karma of the individual. Once again however, it is not within the boundaries of true spiritual law to cast a dream, black magic or otherwise upon another. It is the sorcerers and those of this inheritance including Merduk that are most gifted at this type of dance.

Dreams cast by others, whether they are cast with light (positive serpents) or dark (space between serpents) can be returned to those who cast them as the agreements surface in each phase of ascension. This is also so for curses and hexes; one returns them as the agreement for the exchange surfaces and then are broken or altered through forgiveness. One will understand that to the degree others curse, hex, or spell oneself, one has also cursed, hexed or spelled others. In retrieving all one's own curses, hexes or spells cast against another in the unconscious, one will then be able to return those cast against oneself and step out of the game.

Duplication of Field

The false gods have duplicated ascending initiates fields to give the energy movement to those who are their favored having false ascensions. The problem with duplication is that it weakens the elements that hold together one's molecular structure. This is therefore one manipulation to crosscheck if one has a particularly weakened part of the etheric body or energy field that will not hold its structure and function properly. The intention to retrieve all duplicates along with the master copy and erase them all will suffice to end this type of game. Also collapsing the space between will reduce the probability of duplication as duplication occurs through the expanded space between.

False Intervention Manipulations

The false intervention is a group of nonphysical space between forces that align with the false gods to pull apart creations to extinction. These forces will present to be a helpful intervention until one is pulled apart after which one knows better. This group of forces can be considered much like the worms or maggots that assist in the dissolution of physicality. As physicality ceases to decay and becomes regenerative, then there is no mirror in the DNA to host a place for false intervention forces. This will occur as Earth becomes fully crystalline in the coming 100-300 years of continued global evolution.

False intervention forces use whatever pattern that they know to pull apart fields, moving energy systems, grid work, and take information associated. The patterns have become so numerous that they number over 180,000 as mapped to date by the map carvers of ascension. They are therefore too numerous to list in this ascension article. However, if one is having a problem with something that is pulling apart one's field that may be associated with the false intervention, one can visit the healing temples and the forces will be pulled out of the field by Earth as soon as the agreements or contracts are released. One may therefore wish to first attune to the Temple of

Karma to know what one has agreed to that is allowing for the manipulation of the false intervention.

Most that are not proceeding on to Bodhisattva are not of great interest to the false intervention at this time. It is those spear heading 9,000 segments that often become the most targeted, therefore. Those mastering to this level are also discovering new intentions and vibrations to sustain the field without the continued manipulations of these forces. Earth is also learning to hold the physical in a state that is uncorrupted by these forces. This has required a certain level of engineering on the part of the Tao to fulfill upon, but it is coming to be so. Over time these forces will leave for new opportunities as Earth will no longer be a viable source of what they are after.