

BOLDNET

Take Charge



BOLDNET Newsletter | Issue No. 3 | 03-04-2022



Clarity of
thought

Concentrated
Focus

Consistency of
Efforts

Continuous and
Practical
Learning

Success

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NOTE FROM THE SECRETARY

All of us have dreams of our own, goals that we want to achieve. Some of us strive for them, while others keep on dreaming. Each one of us has the potential to make our dreams come true. All we need is just a little push, an impetus. And that is all that's standing between us and our dream. BOLDNET is that bridge.

Merely mastering the skills required for your career path is not enough; developing a personality that is confident and impressive is also necessary to build strong connections. A platform that shapes young minds into developing their personality for the practical world, BOLDNET has a unique and fun method of learning through experience.

In a world that is bursting with competition, it is reassuring to know that there is a community of fresh and bright minds who inspire each other to become better versions of themselves. Instead of giving into the rat race, BOLDNET Buddies focus on walking on this path together as a family. One of the important aspects of personality development is knowing when to ask for help as well as having a benevolent nature. The approachable atmosphere at BOLDNET allows the Buddies to seek help where ever and when ever required.

The vibe here is a perfect mix of formal and informal which allows one to grow freely. BOLDNET is a family and our connect is not solely confined to the usual Sunday meetings. Sharing jokes, memes and even articles across the group brings us closer.

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NOTE FROM THE SECRETARY

The buddy groups bridge the gap between ages and different fields. It is a space for interacting over common interests which in return helps resolve doubts and promotes companionship.

Buddies are offered opportunities to explore various roles of Coordinators, Presidency, Vice-Presidency and Secretariat. This not only indorses a 'go-getter' attitude but also persuades us to take up a responsibility, teaching us the skillset required to accomplish a given duty.

Group discussions and debates would probably be one of the most exciting activities! It contributes in developing a personality that is outspoken and intellectual. With every Sunday, we grow towards being further more confident and vocal individuals.

From waking up early on a Sunday morning to wholeheartedly participating in weekly interactions, BOLDNET has our utter devotion. The dedication with which everyone strives to achieve their best is unwavering. This is a community of BOLD Gen Zs and they will thrive with potency.

- Alisha Sardesai
Secretary
BOLDNET Pioneers Chapter
Pune

THEME OF THE MONTH

'You are not your best intentions. You are what you do'

The quickest way to learn many things is to learn one thing at a time hence we have the theme of the month.

The theme for March was "**Personality Development**". Buddies dived deep into their own selves as they gave introspective introductions, each time reincarnating the personality traits they strive to imbibe in themselves.

This month saw a bunch of very distinct, unique and enthralling activity sessions, inclusive of the theme of the month.

They helped us understand the different personality traits required, especially in terms of leadership.

The theme has definitely aided the buddies in understanding themselves better, and perceiving what each one of us needs to improve on, for being a better leader of ourselves.

Its said that the swiftest way to triple your success is to double your investment in personal development.



Learnings

1. Learnt about the efforts required in any commitments.
2. Expanded creative mind by using symbolism in the activity.
3. Creativity is a process, it is never just a eureka moment.
4. The readiness to look like a fool while trying something new actually increases the chances of not looking like one.

– Om Kokane

MARCH WRAP UP

'Your dreams don't have an expiry date, take a deep breath and start again'

"Personality is to a man what a perfume is to a flower."

Some say that a man has three characters : that which he shows, that which he has, and that which he thinks he has. The truth of which of these we are is discernible and also most likely frightening, even so, we buddies seek this truth because fear isn't permanent but the glorious epiphany that this truth will offer, the epiphany of who we are, is worth it. Is our actual personality one of these three? Or is it the amalgamation of all three? Or is it a small, coinciding area between these three spheres? This month at BOLDNET we got one step closer to this truth every Sunday.

This month we had various Introduction themes, like an informal theme where we took a break from the formal set up and

introduced ourselves as we would to a new friend, a theme about leadership qualities where we discussed qualities we had and qualities we wanted that would augment our leadership skills, on the day of Holi we had one where we discussed the weaknesses we'd like to lose, and lastly an Intro Swap theme where we had to describe our favorite qualities that we liked about the buddy we were assigned to.

Speaking of buddies, we always look to add newer and more interesting personalities to our family. This month, we added Prathamesh Takawale and Tithi Patel, who we're sure will fulfill their immense potential here at BOLDNET.

We had a great set of creative exercises this month like "Quick Change Artists" where we discussed traits that we would

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MARCH WRAP UP

'The mind is not a vessel to be filled but a fire to be ignited'

want and those which we wouldn't with reference to people we knew. "Leadership Coat of Arms" which tested our symbolic and artistic skills, as we had to draw our own *Coat of Arms* based on the values we believed in most. We also had a Movie Review Activity about a very important and patriotic film where we discussed what the best parts of the movie were, and lastly "Listening Skills" where we had to intently listen to an article and then answer questions based upon it.

As this glorious tenure comes to an end, we buddies buckle up for the entirely new kind of vibe that we're going to be experiencing with the new LT, loads of new learnings and wondrous experiences await!!

--X--



Learnings

1. Developing on hard & soft skills to adapt to situations and using the resources at hand as assets is neglected.
 2. Having self confidence and a growth mindset would increase the flexibility level in me.
 3. Ignorance regarding social issues is NOT a bliss. It's irresponsibility.
 4. Creativity can be enhanced by practice.
- Siddhi Deshmukh



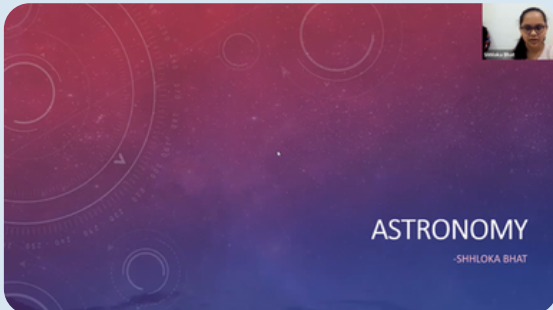
Learnings

1. Prepare for the best, be ready for the worst!
 2. There is a lot to learn from our history from different perspectives.
 3. Don't listen only to give answers.
- Nikita Adari

PRESENTATIONS

'Arise, awake and stop not till the goal is reached.'

6/03/2022 Astronomy by Shhloka Bhat



She talked about career opportunities in Astronomy. It was intriguing to know about Astrochemistry in which one gets to 'examine, analyze and dissect stars'. She also explained the soft skills one must possess to be a good Astronomist. Great work Shhloka!

6/03/2022 Business Entities by Agastya Bhat



He explained the six different types of Business entities in vivid detail with understandable and simple examples. He anticipated those very well and cleared our confusions. He also made it a point to add the benefits of every type he explained. Kudos Agastya!

13/03/2022 Choosing the right Pet by Sae Kalate



She mentioned things we might need to keep in mind before making any commitment to get a pet. She tackled the questions of what kind of people, environment and care a particular pet needs. A well executed and cute presentation!

Learnings

1. Be compassionate while speaking.
 2. Importance of learning about history.
 3. Reviewing a movie from all the aspects.
 4. Increasing attention span.
- Gargi Gatade

Learnings

1. Writer's block is a common thing and can be cured.
 2. There are various skills required to build good leadership skills.
 3. We should really focus on ourselves for developing the skills.
- Sanika Abhyankar

PRESENTATIONS

'All great things have small beginnings'

13/03/2022 Writer's Block by Alisha Sardesai



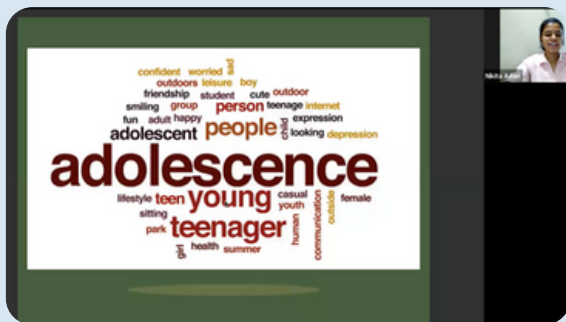
A topic essential for every writer! She explained simple tricks and tips to get rid of it like meditation and journaling. She also explained some personality traits that one should inculcate to overcome writer's block quicker. Enormously helpful presentation!!

20/02/2022 Nuclear energy by Ashutosh Vast



Ashutosh's presentation on Nuclear energy and its uses was informative and everyone could relate because of the war between Russia and Ukraine

20/03/2022 Adolescence by Nikita Adari



Nikita's presentation on Adolescence was much required and she aptly touched all the aspects of the topic including its phases. this definitely has made us introspect!

Learnings

1. Pay attention to your own things than on other's.
2. Be grateful to even take a breath without facing any life threatening problem.
3. Stay committed to your values.

– Manas Pathak

Learnings

1. In rough situations always think logically
2. Be brave, patient, and impartial.
3. Don't accept defeat easily.
4. Being non-creative is learned not born with.

– Shhloka Bhat

PRESENTATIONS

'Change is painful, growth is painful but nothing is as painful as being stuck somewhere you don't belong. Don't be afraid of changing slowly but be afraid of standing still!'

27/03/2022 Outgoing LT presentation by Vaishnavi, Pranjal and Alisha



The Recap JFM 2022.0 covered all the main highlights of the entire tenure! It reminded of the SMART goals.
Heartfelt congratulations to the LT for being extremely efficient and flawless in their respective roles!

Learnings

1. Constraint environments make us more resourceful.
 2. An open mindset is required to flourish.
 3. To not be judgmental and decide prehand what's important and what's not.
- Arya Dravid

Learnings

1. Be calm in a hard situation
 2. Creativity is achieved from hard work.
 3. Make sure to give attention & not miss important points
 4. Be confident with your decisions.
- Omkar Joshi

Learnings

1. Maintain good coordination, create good quality in leadership and create a good future.
 2. History should never be forgotten.
- Avaneesh Kadam

Learnings

1. Listening skills is one of the most important yet neglected skills.
 2. We forget to listen in the hurry to answer.
- Saeed Kalate

INTRODUCTION WINNERS

'Be someone who decided to go for it don't give up, train hard, until you become the best 'version of yourself'

Heartiest congratulations to all the introduction round winners for the month of March!!

Every meeting is chance to dive deeper into our personality and assess our strengths and weaknesses. With the help of innovative themes we learn to widen our perspective and take inspiration from everything around us.

It is evident that you all are truly discovering yourselves and consolidating your strengths.

Keep Up the Good Work Buddies!



CHAMPIONS :

06/03/2022 -

Mr. Moksh Nair

13/03/2022 -

Mr. Moksh Nair

20/03/2022 -

Mr. Agastya Bhat

27/03/2022 -

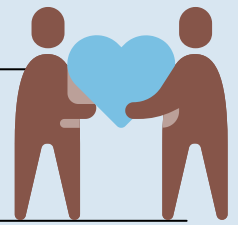
Mr. Moksh Nair

Learnings

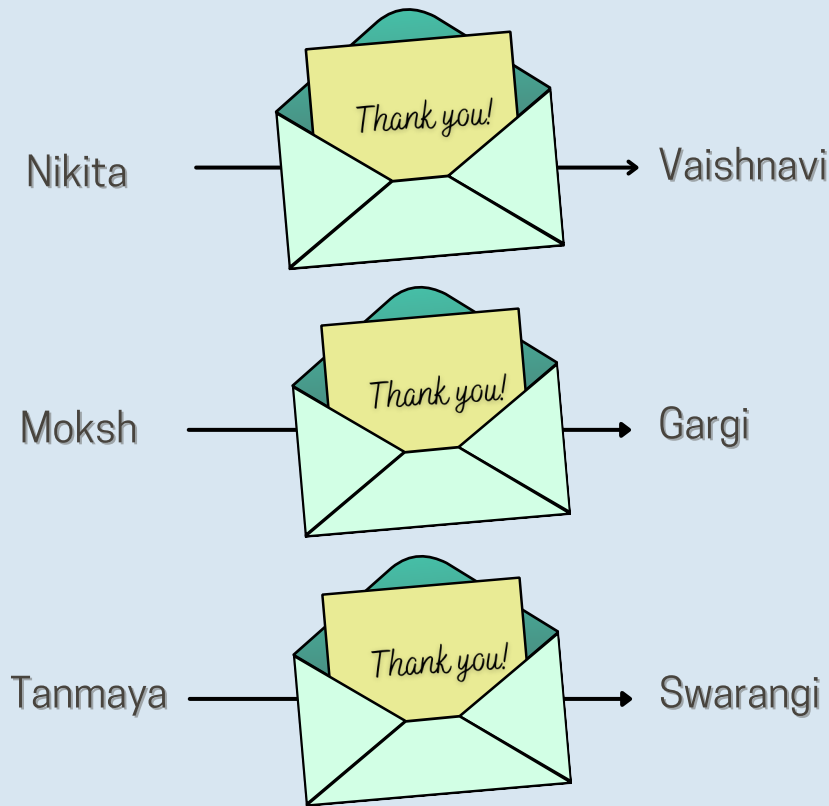
1. Maintaining a calm presence of mind is of utmost importance.
2. The more we go out of the comfort zone and overcome obstacles, the more we be confident in handling situations.
3. We need to be completely aware of our roots and culture and act 100% true to it.
4. Being aware that my thoughts and my attention is in my control definitely helps me.

- Swarangi Naiksatam

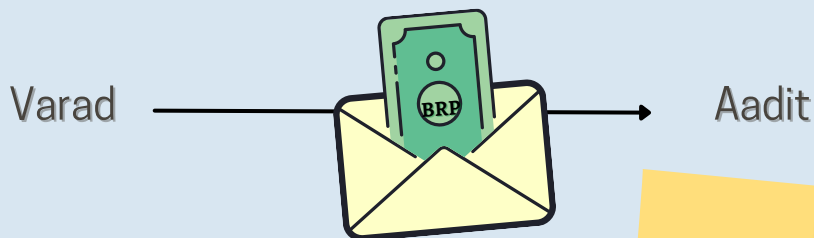
CARE TO SHARE



Buddies who thanked others for the help offered!



Buddies who exchanged BRPs

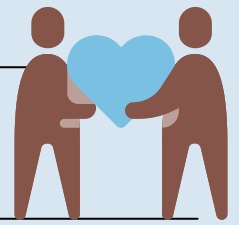


Learnings

1. Overcome your fears and don't overthink about it.
2. Get as much knowledge possible from the news. Information is the key
3. Be active and improve your sleep schedule.

– Prathamesh Takawale

CARE TO SHARE

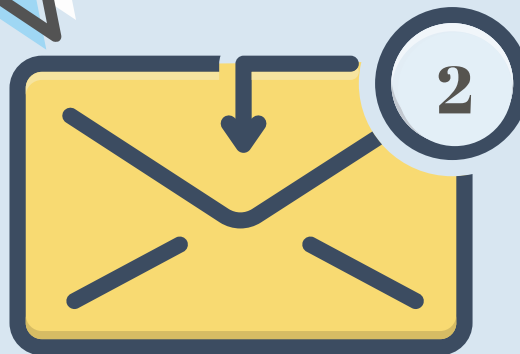


'If you don't know history then you don't know anything, you're a leaf that doesn't know it's a part of a tree'

Buddies who asked for help from fellow buddies!

(Vaishnavi) 20/3/2022
Hey guys! I'm thinking of taking a stock marketing course. anyone interested in joining me?

(Varad) 20/3/2022
Gargi, can you help me with the exam papers?



Learnings

1. Prepare for the best and be ready for the worst.
2. We should focus on making world a better place to dwell in. We should all know about social issues.
3. Creativity can be enhanced.

- Aditi Gadkari

Learnings

1. Acceptance and broader vision can increase flexibility level.
2. Coat of arms is an interesting way to analyze what kind of qualities we want to develop.
3. Creativity tends to get unlearned due to societal structure & needs consistent efforts to develop on.
4. Writing practice enhances creative skills.

- Tanmaya Pandit

ATTENDANCE

'A year from now you will wish you had started today'

Heartiest congratulations to the buddies who have successfully achieved 100% attendance for rolling months that is January, February and March!!



Abhay More



Om Kokane



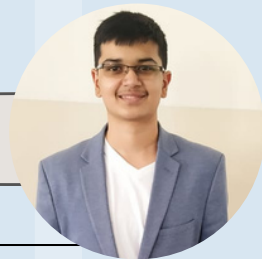
Vaishnavi Deshmukh



Alisha Sardesai



Ashutosh Vast



Aadit Paranjape

Buddies with 100% attendance in March

Aadit Paranjape

Abhay More

Ashutosh Vast

Om Kokane

Agastya Bhat

Vaishnavi Deshmukh

Moksh Nair

Aditi Gadkari

Atharva Sarode

Nikita Adari

Swarangi Naiksatom

Learnings

1. Accept the situation and go ahead.
2. Leave your comfort zone.
3. Creativity is a process, it does not happen in one night.
4. Listening skills are important.
5. Attentiveness is a very important thing.

– Shubham Shende

RIGHT BRAINS ONLY

The world is your colour palette, paint away!



Saeed's Painting



Learnings

1. It's important to accept the situations in order to move on
2. In a world of online chatting, a postcard might just warm your heart.
3. Pondering over what you have heard and inculcating it is important.

- Alisha Sardesai



Om's Achievement

Om swam underwater 50 meters today in one breath!



Learnings

1. Trying out a new change/new path may lead to an efficient & reliable solution.
2. Don't believe and follow anything blindly.
3. To know and educate others about our history is necessary to develop a sustainable environment for future.
4. It's not easy to take something you just listened to the subconscious mind instantly; but when you do, you won't forget it.

- Abhay More

'You are not going to master the rest of your life in one day, so just relax, master the day and keep doing that everyday.'

Learnings

1. Overthinking is not a solution, but rethinking is.
 2. Accepting the situation and being optimistic helps.
- Abhishek Alurkar

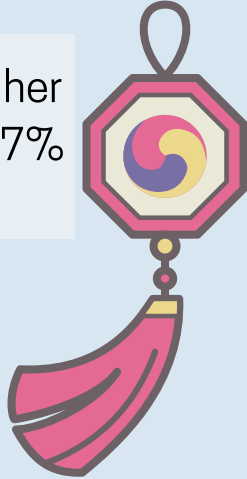
Learnings

1. Don't listen for answering instead listen for learning.
 2. Focus on every detail.
 3. Don't let your shyness stop you from being creative.
- Tithi Patel

Saee's Achievement



Saee completed her korean level 2 with 97% on 4th march!



Learnings

1. Learn to adapt if you want to grow.
 2. Talent wins Games, Teamwork and intelligence wins Championships.
 3. A leader should have an equal balance of EQ and IQ.
 4. Creativity can be enhanced by having Proper Sleep, being Constraint, Inculcate Positive thoughts and Spending time in Nature.
- Agastya Bhat



MENTAL HEALTH

☒ WHAT IS MENTAL HEALTH?

Basically, mental health is a state of well being in which individual realises his or her own abilities and can cope with the normal stresses of life and can work productively and fruitfully.

☒ WHY IS MENTAL HEALTH IMPORTANT?

Mental and physical health are equally important. Most of us ignore our mental health and expect our physical health to remain strong and stable. Dear friends, mark this line..

MENTAL AND PHYSICAL HEALTH HOLD AN EQUILIBRIUM i.e..

They are equally dependent on each other.

For example: suppose you're suffering from cold, you're sick and someone gives you a sum to solve. What will be your response? "No man not now, I'm not in the mood I'm not well!" you don't have to solve the sum with your nose or body then why do you don't want to solve it when you're sick?

Ans is you solve it with your mind and when your body is suffering some sort

of pain in response to it your mind also gets disturbed and at that time you will have a poor mental health! Vise versa; if one day your teacher scolds you in front of the whole class you feel insulted and then start showing responses like not eating etc. Some people when they are sad also fall sick. In order to avoid all this things you should pay equal importance to your mental health.

Anxiety, stress, depression have become a serious problem nowadays! People commit crime, suicide and what not!

☒ WHY ARE PEOPLE ASHAMED OF VISITING A THERAPIST?

People must not feel ashamed of visiting s therapist.

Going to a therapist doesn't mean you're mad! It shows that you're responsible about your health and you care for yourself!

MAKE YOUR MENTAL HEALTH A PRIORITY!♥

~ Sanika Abhyankar

Read more of Sanika's blogs on:
<https://sanikawrites.blogspot.com/>

'No matter how many mistakes you make, or how slow you progress you are still way ahead of everyone who isn't trying'

Learnings

1. Adapting to change and gaining experience is the most flexible.
2. Integrity, good communication skills, listening, learning and having strong roots are some basic ingredients of a wonderful leader.
3. Listen with a perspective of understanding and learning something and not for preparing yourself for getting questioned.

– Moksh Nair



Abhishekh's Photographs



Learnings

1. If you don't change, people will change you.
2. Take calculative risk.
3. Start living in the moment.
4. Be Alert and Awake. Trust People Wisely.
5. We should listen to anything compassionately because listening only for data won't help.

– Ashutosh Vast



Manas's article

'Let your dreams grow stronger and stronger till they are before your eyes'

Doing daily things yet drowned in thoughts. Not even knowing what's happening around you? Mentally, physically drained yet having a broad smile on face.

Ever happened?

Not even a single drop of motivation in your eyes! Living in your own fantasy worlds having burden of expectations and tragedies! Wherever you look , despair is seen! Amidst in these grey clouds , a ray of sunshine enlightens your face. Every dead flower around you changes into most lively thing you ever experienced! Sunshine doesn't even know how much it has contributed to someone! You always want to keep that genie safe! Because you know how dead flowers feel. You people have seen dark nights turning into bright days. So you know how to make full use of bloomed flowers around you! Kindness flows through your arteries and veins! And this way....you become someone else's sunshine! So lets get together and spread peace and kindness!

~ Manas



Learnings

1. Adaptability and agility comes from understanding the responsibility, being open to new ideas and increasing will power.
2. Curbing overthinking also helps in improving mental health and keeping calm. That can be done through acceptance of self and situations.
3. Creating a self brand is important. We should be known for our qualities.

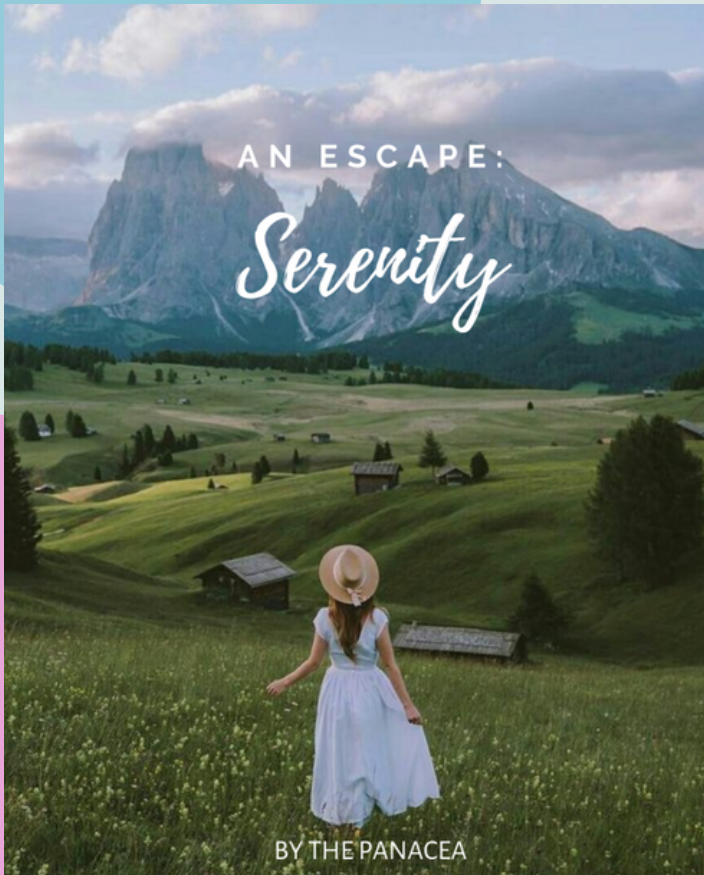
– Vaishnavi Deshmukh



Alisha's short story

'Never forget how wildly capable you are'

SERENITY



Check out

<https://thepanaceaa.blogspot.com/>

for more blogs!

Learnings

1. Forcing yourself to take small decisions quicker will train the mind, little by little.
2. Understanding other people's opinions and views.
3. Learning from the bad aspects in history and making sure it doesn't repeat.

- Aadit Paranjape

She tried to flee the nightmare she was living. The gloomy sky only made her drown in her own guilt. As she ran down the pavement, a surge of realization rushed down her spine. Never had she ever done something like that in her life. Always following the rules, listening to her parents.

She was ripped out of her thoughts to find herself surrounded by trees. Her heart felt heavy. Flogged by larches, she realized she's come too far. A few steps further were the valleys dotted with alpine aster and dragonflies. The sun hid behind the mountains, taking a leave. She had learnt, she was miles away from home. Turning to the sky, she found the moon embedded among the stars. She was lost.

After wandering the woods to find her way back, she discerned a wave of serenity in her mild adventure. In her baffled, broken life, she found pieces of herself that she had lost on the way. One thing she learnt that day, it's okay to be lost sometimes. It means you have something to lose.

~ Alisha Sardesai

WORD OF THE WEEK

6 March

Abhay More

Word: Ataraxia

Meaning: a state of freedom from emotional disturbance and anxiety.

Example: *Many people who meditate hope to achieve a state of ataraxia.*

13 March

Shhloka Bhat

Word: Eclectic

Meaning: Deriving ideas from a broad range of sources.

Example: *This place is offering an eclectic mix of courses.*

20 March

Siddhi Deshmukh

Word: Incumbent

Meaning: Necessary for (someone) as a duty or responsibility

Example: *It is incumbent for us, as citizens of the world, to protect and nurture each other and preach the Good, for the sake of humanity.*

27 March

Sae Kalate

Word: Epiphany

Meaning: *a moment of sudden and great revelation or realization*

Example: *Just as I was about to fail the exam, I had an epiphany and remembered some of the facts I had learned.*

Learnings

1. Attentiveness is not just listening but also simultaneously analyzing it in your mind.
2. Awareness is important for listening skills.
3. Any big event is not a sudden moment. It takes a lot of efforts to make it possible.

– Neel Bhanu

Learnings

1. Be a confident and vociferous advocate of righteousness.
2. Your thought process gets aligned in a particular pattern, so try doing things differently everyday.
3. Believe in your values & your real life 'coat of arms', and live by it.
4. Give yourself time to discover and express.

– Pranjal Khiste

ACKNOWLEDGEMENTS



Heartfelt gratitude to our Mentor Director Mr. Avinash Deshmukh without whom this exciting self development journey would have always remained uncertainly in the future. Thank you for having an unwavering faith in us and pushing us to be better...

to BOLDNET, we say
Yeh Dil Maange More!!

Sincere Thanks To

Alisha Sardesai
Pranjal Khiste
Abhay More
Nikita Adari
Om Kokane
Arya Dravid
Vaishnavi Deshmukh



BOLDNET

Take Charge

Buddy's Open Learning and Development Network



to join us in the journey of career development, connect with us

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<https://boldnetindia.blogspot.com/>



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