

## RECREATIONAL SCHEDULE

### MONDAY

Ages 3-4 Combination Class: 5:00-5:45  
Grade 7-12 Tap: 6:00-6:30  
Grade 7-12 Ballet: 6:30-7:30  
Pointe (Teacher Approval): 7:30-8:00  
Grade 7-12 Acro/Leaps & Turns: 8:00-8:30

### TUESDAY

Grade K-1 Combination Class: 4:15-5:15  
Mini Hip Hop (Grade 1-3): 5:15-5:45  
Ages 3-4 Combination Class: 5:15-6:00  
Grade 4-6 Ballet/Jazz Class: 6:00-7:00  
Grade 4-6 Tap: 7:00-7:30  
Grade 4-6 Hip Hop: 7:30-8:00

### THURSDAY

Grade 2-3 Combination Class: 4:00-5:00  
Acro (Grade 3-6): 5:00-5:30  
Grade 7-12 Hip Hop: 5:30-6:15  
Grade 7-12 Jazz: 6:30-7:30  
Grade 7-12 Contemporary: 7:30-8:15

# NORTHERN LIGHTS DANCE ACADEMY

FRAZEE 2024-2025

## PRICING

30 min. class: \$42  
45 min. class: \$44  
60 min. class: \$45  
Student Cap: \$140  
Family Cap: \$235

### Multi-Class Discount

(3+classes): 5% off

One Time Registration Fee: \$20/dancer

## CLASS DESCRIPTIONS

### Ages 3-4, Grade K-1, Grade 2-3 Combination Classes:

These classes will focus on ballet and tap instruction. Students will learn terminology as well as the basic dance movements.

**Grade 4-12 Dancers:** Dancers in these grades can specialize in a specific style. You are welcome to take as many different classes as you would like.

## COMPETITION SCHEDULE

### MONDAY

Jr. & Petite Performance Ballet: 4:00-5:00  
Jr. Performance: 5:00-6:00  
Core, Fusion & Elite Tap: 6:00-6:30  
Core, Fusion, & Elite Ballet: 6:30-7:30  
Pointe: 7:30-8:00  
Core, Fusion & Elite Acro/Leaps & Turns: 8:00-8:30  
Core & Elite: 8:30-9:30

### TUESDAY

Mini Stars: 4:00-5:15  
Mini Star Hip Hop: 5:15-5:45  
Petite Performance: 6:00-7:00  
Petite Tap: 7:00-7:30  
Petite Hip Hop: 7:30-8:00

### THURSDAY

Jr. & Petite Performance Acro/Leaps & Turns: 4:00-4:30  
Jr. Performance Hip Hop: 4:30-5:00  
Mini Star Acro: 5:00-5:30  
Jr. Performance Tap: 5:00-5:30  
Core & Fusion Hip Hop: 5:30-6:15  
Jr. Performance Jazz: 5:30-6:30  
Elite Hip Hop: 6:15-7:00  
Fusion & Core Jazz: 6:30-7:30  
Elite Jazz: 7:00-8:00  
Fusion & Core Contemporary: 7:30-8:15  
Elite Contemporary: 8:00-8:45  
Fusion: 8:15-9:15

## CONTACT INFORMATION

WEBSITE: [WWW.NLDADANCE.COM](http://WWW.NLDADANCE.COM)  
PHONE: (218) 530-0030  
E-MAIL: [INFO@NLDADANCE.COM](mailto:INFO@NLDADANCE.COM)  
East Main Street  
Frazee, MN

**REGISTRATION OPENS AUGUST 5**

**OPEN HOUSE: SEPTEMBER 5**

**5:00-6:30 PM**

ALL REGISTRATION IS DONE ONLINE.  
If a class is full please join the waitlist and we will let you know when we open an additional time slot.

Class starts September 9.

## COMPETITION TEAM INFO.

For additional information on our competition teams please contact the studio.