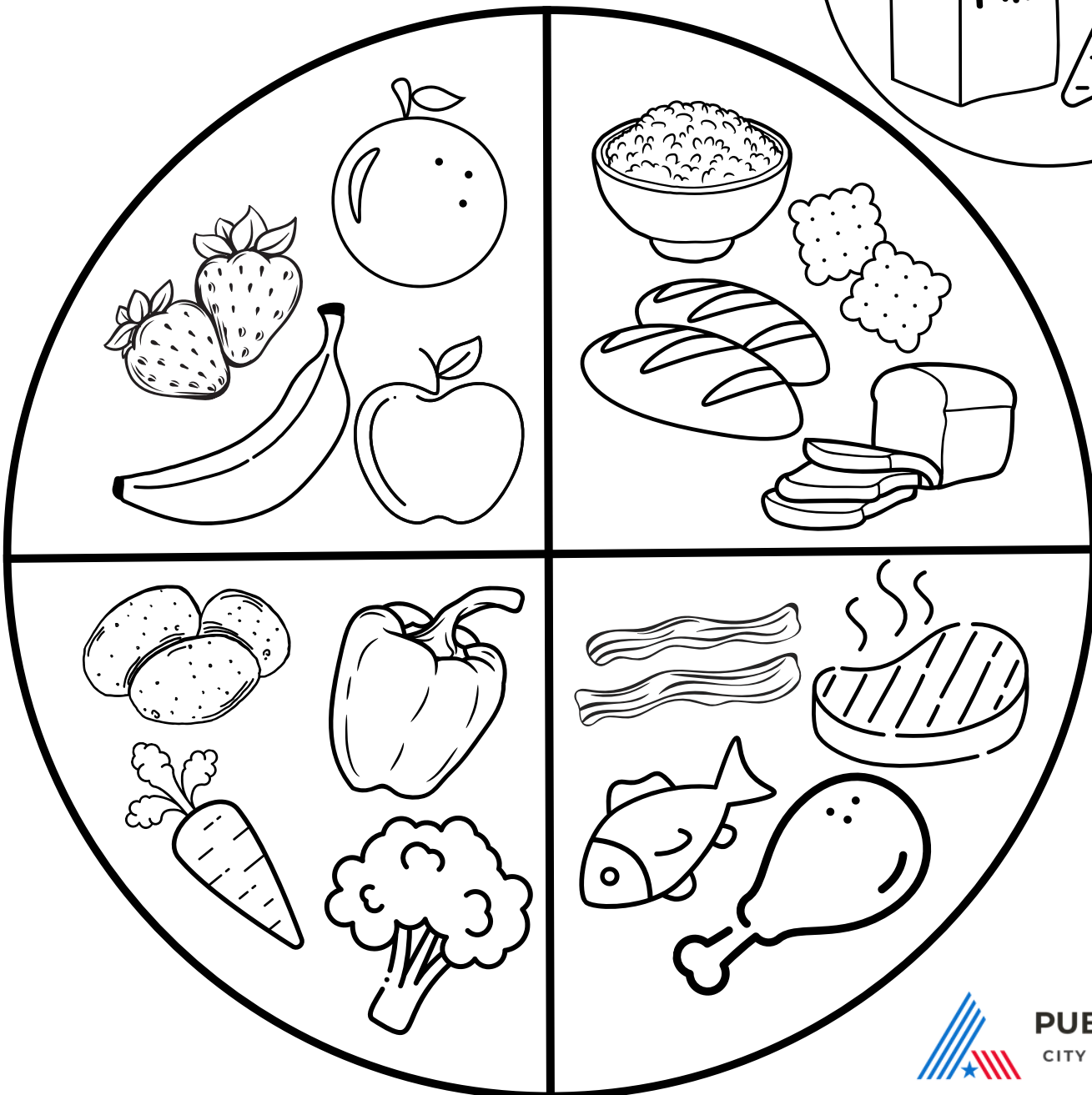
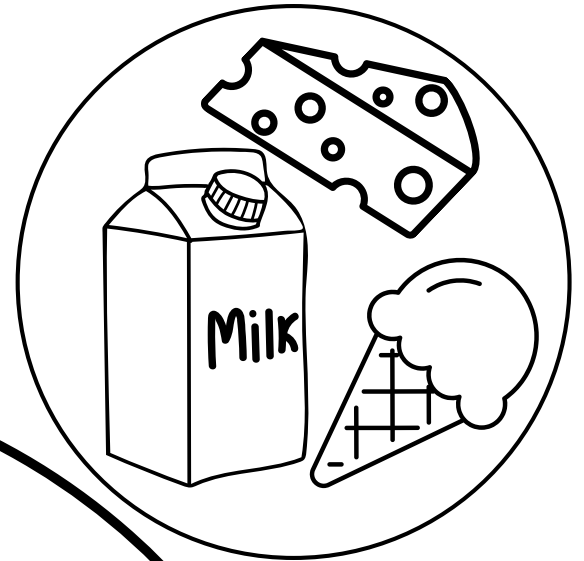


MY PLATE

COLOR WITH ME

5 FOOD GROUPS:

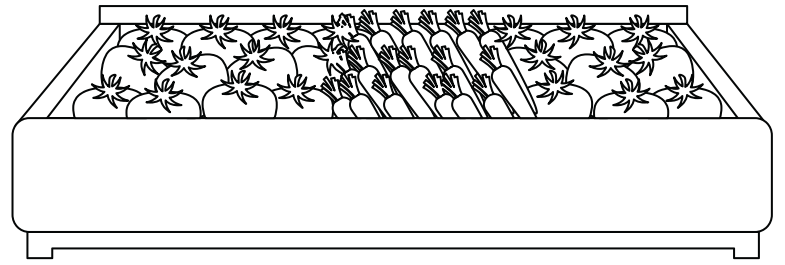
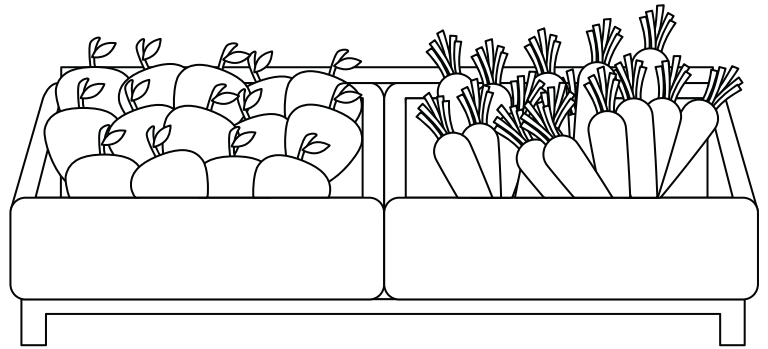
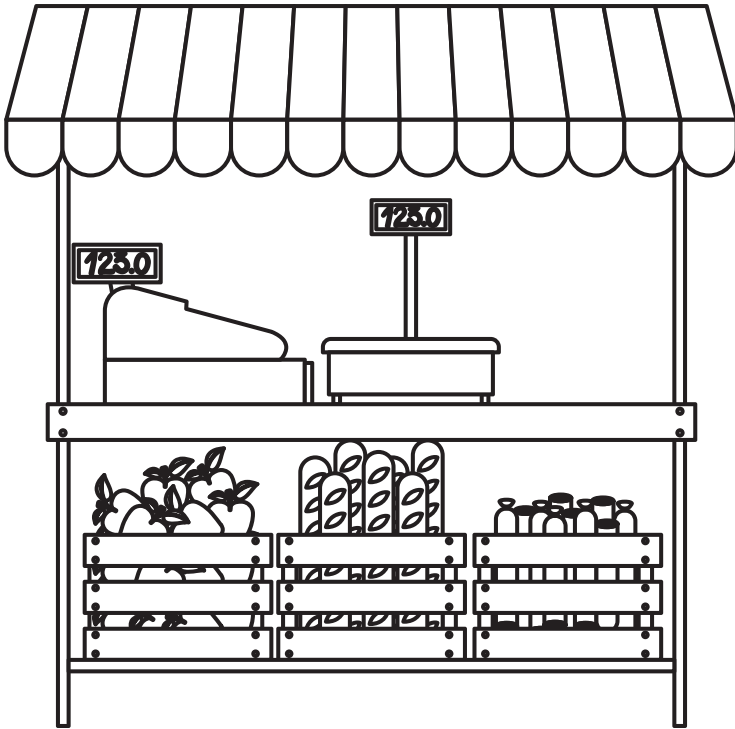
- DAIRY
- FRUIT
- GRAINS
- VEGETABLES
- PROTEIN



PUBLIC HEALTH
CITY OF ABILENE TEXAS

GROCERY TIME

COLOR WITH ME



What healthy food would you buy at the grocery store?

- _____
- _____
- _____
- _____

