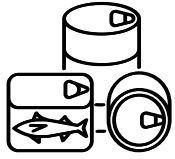
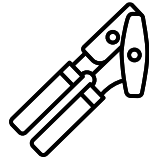




EMERGENCY KIT CHECKLIST



3 DAYS OF NON-PERISHABLE FOOD



CAN OPENER



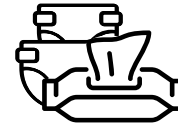
3 GALLONS OF WATER PER PERSON



BACKUP MEDICATIONS



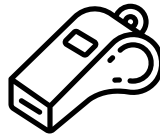
FORMULA & BOTTLES



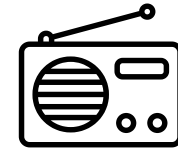
DIAPERS, BABY WIPES, & OINTMENT



FIRST-AID KIT



WHISTLE



PORTABLE, BATTERY-POWERED RADIO



FLASHLIGHTS PER PERSON & EXTRA BATTERIES



EXTRA BATTERIES



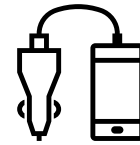
WATERPROOF MATCHES OR UTILITY LIGHTER



STATE & REGIONAL ROAD MAPS



BASIC REPAIR ITEMS (TOOLS, TIRE PATCH, OIL)



EXTRA CELL PHONE BATTERY & CAR CHARGER



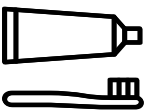
IMPORTANT DOCUMENTS (ID, INSURANCE)



BLANKETS & TOWELS



CLOTHES FOR 3 DAYS PER PERSON



HYGIENE (TOOTH BRUSH)



HAND SANITIZER



A PLACE TO MEET & EMERGENCY PLAN



MASKS & GLOVES



PET MEDICINE & PET FIRST-AID KIT



3-DAYS OF NON-PERISHABLE PET FOOD & WATER

NOTES :

WHEN MAKING A CHECKLIST, THINK OF EVERYTHING YOU NEED DAILY TO BE HEALTHY

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
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