

How Lice Spread

- Lice can NOT hop or fly.
- Lice spread by crawling.
- Lice most commonly spread by direct head-to-head contact with an infected person.
- Lice rarely spread by direct contact with clothing or touching a personal item.
- Pets do not spread lice.

Signs of Lice

The only way to confirm lice is by seeing the small white, tan, or brown insects in the hair.

- Tickling feeling in hair.
- Itching sensation on head.
- Irritability and difficulty sleeping from itch.
- Open sores from scratching.
 - Can cause infection!

LEARN MORE:

US CENTER OF DISEASE
CONTROL AND PREVENTION
<https://www.cdc.gov/lice/about/head-lice.html>

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CITY OF ABILENE TEXAS

ABILENE-TAYLOR COUNTY PUBLIC HEALTH DISTRICT

ALL ABOUT LICE



Signs and Treatment for Head Lice

What Are Lice?

- Lice are also known as head louse or *Pediculus humanus capitis*.
- Lice are a parasitic insect that feed on human blood.
- Lice are commonly found on or near the scalp.
- Lice are not known to spread diseases.
- Getting head lice is not related to cleanliness of you or your environment

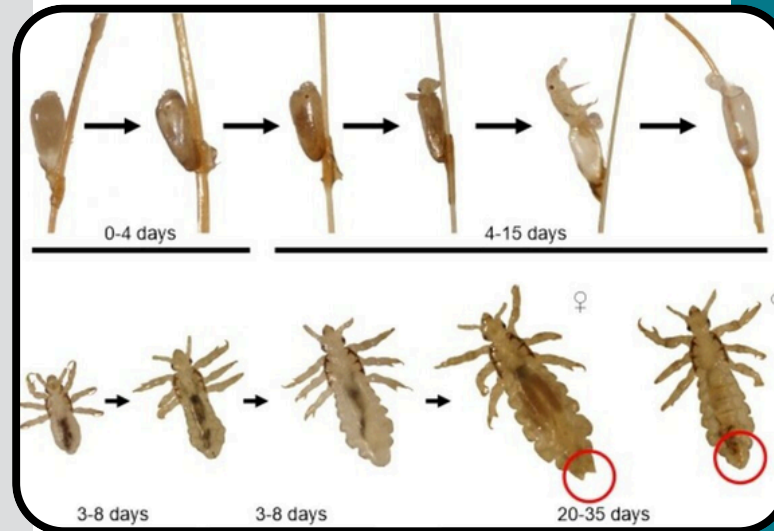
What to Know:

- It can take 4-6 weeks for a first-time infestation to cause itching.
- Head lice survive less than 1-2 days if they fall off, eggs cannot hatch and usually die within a week.

TREATMENT OF LICE:

Medical Treatment:

- Medicated shampoo
- Can be over-the-counter or prescription.
- Follow the instructions on the medication.
- Do not use conditioner or 2-in-1 prior to using medication.
- Put on clean clothes afterwards.
- Wet comb hair following treatment and every 2-3 days.



Clothing & Bedding:

- Wash anything used within 2 days.
- Wash with hot water and dry on high heat.
- For items you can not wash and dry, store them in a sealed plastic bag for 2 weeks.

Additional Measures:

- Vacuum floors and furniture.
- Soak brushes and combs in hot water for 10 minutes.
- Do not use fogger sprays, they are toxic to people and pets.