

Mental Health Resource List - Abilene

Emergency Resources

Emergency Service Response	911	
Suicide and Crisis Lifeline	988 (Call, text, or chat)	
Crisis Text Line	Text "CONNECT" to 741741	https://crisistextline.org
Local Law Enforcement	325-673-8331	APD non-emergency
Texas HHSC 2-1-1	2-1-2001	https://211texas.org
Texas Behavioral Health Community Centers Search by County		https://txcouncil.com
Mobile Crisis Outreach Team - Betty Hardwick Center Crisis Line	1-800-758-3344	https://hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services/mobile-crisis-outreach-teams
Texas Suicide Prevention website		https://texassuicideprevention.org

LGBTBQ+ Resources

Trans Text	678678	
Trans Hotline	877-565-8860	
Trevor Project	866-488-7386	
Plume Health		getplume.co
Folx Health		folxhealth.com

Local Resources

Oceans Behavioral Health	325-691-0030	
Betty Hardwick Center	325-690-5100	
Rivercrest Hospital (San Angelo)	325-949-5722	
ACU Counseling Center	325-674-2625	
New Horizons - Youth and Family Counseling	325-437-1852 877-261-3777 (24-hr Family and Youth Services Crisis Line)	https://www.newhorizonsinc.com/familyyouthcounseling/
Heros Helpline	833-367-4689	

Veterans

Veterans Crisis Line	Call 988, Press 1	https://www.veteranscrisisline.net
	Text 838255 to chat https://www.veteranscrisisline.net/get-help-now/chat	
Texas Military Veteran Peer Coordination (MVPN)	325-670-4818 (Ann McKee MVPN at Betty Hardwick Center)	
Texas Army National Guard, Texas Air National Guard, Texas State Guard	512-782-1204	
TexVet		https://texvet.org
Tragedy Assistance Program for Survivors	1-800-959-8277	https://taps.org
VA Suicide Prevention Coordinator		https://www.veteranscrisisline.net/get-help/local-resources/va?state=tx&c=32

Other Resources

United Way	211	acallforhelp.info
Mental Health America Abilene	325-673-2300	
Region 14 Education Service Center	325-583-2256	esc14.net
Abilene Recovery Council	325-673-2242	abirecovery.org
Serenity Foundation	325-673-6489	serenitytexas.com
Kevin Hines - Golden Gate Bridge survivor, advocate, public speaker		https://kevinhinesstory.com
SAMHSA		https://www.samhsa.gov/suicide
Texas Opioid Training Initiative		https://txoti.org/
More Narcan Please		https://www.morenarcanplease.com/