



Scientific Success Steps – Greater Outcomes (10-01 E)

There is Science in Success!

Below are Five Areas of Science, Success, and Steps you can apply to bring greater outcomes in all you do in life!

(10-1-021) It is Not How Hard You Try

You can spend a lot of effort, time, and money and gain nothing. Or you can spend modest efforts and gain success.

The purpose of what you do is to make progress in your goals, not just to expend yourself.

“Effort is the single most overrated trait in producing success. People rank it as the best predictor of success when it is one of the least significant factors. Effort, by itself, is a terrible predictor of outcomes because inefficient effort is a tremendous source of discouragement, leaving people to conclude that they can never succeed since even expending maximum effort has not produced results.”

Scherneck (1998)

(10-1-022) You Start It – You End It

Accept personal responsibility for your decisions and prepare yourself for the potential opportunities of the future.

“The ability to accept personal responsibility for work outcomes and to thrive under individual scrutiny improves your chances by 65 percent of successfully making the transition from working for a traditional large company to succeeding in a job at a small firm or as an independent consultant.”

Peiperl and Barcuch (1997)

(10-1-023) The Enemy Can Be Boredom

Boredom will eat away at your persistence and resolve. No one can do the same job, requiring the same tasks, with perpetual interest and enthusiasm.

“Low-variety jobs produce twice as much employee turnover and three times less job satisfaction than high-variety jobs.”

Melnarik (1999)



(10-1-024) *There is Plenty of Time*

We hear a clock ticking as we dream and plan. Our family, our friends, even the media all make us wonder when we are finally going to be there and why we are not there yet.

When it comes to success, there are no age restrictions. It takes as long as it takes, and when you reach it, you will not reject success because you are not the right age for it.

“Age is unrelated to people’s commitment to their job and their level of job performance.”
Tuuli and karisalmi (1999)

(10-1-025) *Caring*

Care is an integral part in a person’s life and their path of success. It is investing themselves with those around them – people’s time, people’s lives, people’s interests, people’s concerns, people’s well-being, and anything else that is important to those around you.

“Eight in ten CEOs report that a healthy family life is crucial to a productive business life and that the same key skill – ‘interpersonal engagement,’ the capacity to express concern and interest in those around them – is crucial to both home and work.”
Henderson (1999)

Apply these Scientific Success Steps for Your Greater Outcomes!

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