



NATIONAL SENIOR CENTER MONTH CELEBRATION KICK-OFF

A Community Fitness Walk

MONDAY, SEPTEMBER 14, 2026 FROM 8-9AM

WE NEED WALKERS AND SIDELINE CHEERLEADERS!

ALL AGES ARE WELCOME

WE WANT YOU!!!

PRIZES & NUTRITIOUS SNACKS



STARTING PLACE:

HATTIE PALMER STATON SENIOR CENTER OF EXCELLENCE

1403 CHURCH STREET

SCOTLAND NECK, NC 27874

252-826-3891

\$5.00 DONATION

ALL PROCEEDS WILL GO TO THE CENTER

**Participants are encouraged to wear,
senior games or senior center tee shirts to walk**

Hattie Palmer Staton Senior Center of Excellence
1403 Church Street
Scotland Neck, NC 27874
252-826-3891

September - National Senior Center Month

Theme: “Happier Birthdays Happen Here”

Don't Miss All These Activities!

Tell a Friend!

Tell Another Senior!

Family Members!

Club Member!

Church Member!

Town Official!

Dime Drive (Already In Progress)

Sitting Volleyball
12 noon In Chair Exercise Room
Friday, September 4, 2026

Grandparents Celebration
Sunday, September 20, 2026
1 pm -2:30 pm

Luminaries – 8 pm
Around The Walking Track
Monday, September 7, 2026

Hamrick's/Farmers Market
Tuesday, September 22, 2026
8 am- 3:30 pm

Community Fitness Walk
Monday, September 14, 2026
8 am-9 pm (\$5.00)

Memory Books With Stan
Friday, September 25, 2026
12 noon

Spirit of Norfolk
Thursday, September 16, 2026
8 am-3 pm

Celebration Light Lunch
Wednesday, September 30, 2026
12:30 pm – Games & Door Prizes

Music In The Sixties
Line Dancing at 12 noon
Friday, September 18, 2026

Fall Prevention Week – Focusing on empowering older adults and maintain Independence.
September 21-25, 2026