

Hattie Palmer Staton Senior Center of Excellence

Daily Activities

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 am Devotion	9:30 am Devotion	9:30 am Devotion	9:30 am Devotion	9:30 am Devotion
10 am Phase 10/Skip-Bo	10 am Phase 10/Skip-Bo	10 am Phase 10/Skip-Bo	10 am Phase 10/Skip-Bo	10 am Phase 10/Skip-Bo
10 am Rummikub	10 am Rummikub	10 am Rummikub	10 am Rummikub	10 am Rummikub
1 pm Scrabble	1 pm Scrabble	1 pm Scrabble	1 pm Scrabble	1 pm Scrabble

Helpful Information

Please take temperature and sanitize hands upon arrival.

Please use our blood pressure station daily and record your readings. Located in the chair exercise room.

We have plenty of incontinence supplies (Depends) in different sizes, come or call the Center.

For safety reasons only 1 hour in the fitness room. Please sanitize the machine after use.

No eating in the fitness room, water only!

Congregate & Home Delivered Meals has no waiting list. Call the Center if interested at 252-826-3191.

Drop-In Activities: Fitness Center, Brainteaser, Computer, Walking Trail, Inside Mile Walkers (Gym), Word Search, Cross Word Puzzle, Picture Puzzle, Corn Hole, Corn Collecting Club, Billiards, Adult Coloring.

Need medical equipment short term or medical transportation call the center (252-826-3891)

Housing, Reverse Mortgage, Home Health care (for information call 252-826-3891)

Job Opportunities or Volunteer Opportunities (call 252-826-3891)

In need of any services and programs call the Center for details.

Halifax County is looking for volunteers to serve as (CAC) Community Advisory Committee members. For more information call Hattie Staton at 252-826-3891. If interested, contact Ty Whitaker, Regional Ombudsman @ 252-234-5963.

Insurance Counseling (SHIP) Armeta Coley 252-234-5964 or call the Center at 252-826-3891 for an appointment.

Tax Preparation ages 60 and over **(by appointment only)**

SCOPE Certification Volunteers Needed

Thought for the Month "Life goes on...Whether you choose to move on and take a chance in the unknown, or stay behind, locked in the past, thinking of what could've been."