

Hattie Palmer Staton Senior Center of Excellence
1403 Church Street
Scotland Neck, NC 27874

Website: www.Hpsscenter.com
Phone #'s: 252-826-3891 or 252-826-3191
Hours: 7 am-4 pm, Monday thru Friday

September 2026

Mon	Tue	Wed	Thu	Fri
	1 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 11:30 am Choir Practice (R) 12 pm Arts & Crafts (R) 1 pm Art Buddies (R) 1-2:30 pm Ripe For Revival Mobile Market (R) 3 pm Coupon Club (R) Pray For Our Country	2 Sam's, Walmart Rocky Mount, NC (R) Center closes At 3 pm Do 10 Reaching Exercises	3 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) Pretend You Caught A Big Fish 11 am Line Dancing (R) 11:30 am Choir Practice (R) 12 pm Corn Hole (R) 3 pm Softball Throw (R)	4 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 12 Noon Sitting Volleyball (S) 12 pm Horseshoes (R) 2 pm Shuffleboard (R) 3 pm Golden Age Club (R)
7 Center Closed HAPPY LABOR DAY  Luminaries 8 pm	8 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 1 pm Art Buddies (R) Speak A Kind Word To Your Neighbor	9 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) Do Some Chair Exercises	10 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) 11:30 am Scotland Manor Health & Rehab. Medicare Insurance Benefits/Pro's & Con's (S)	11 Patriot Day 9 am-3 pm Food Bank/ Nutrition (Drive-thru) (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 6:30 pm Fun Night Via Tele-Conference (R) Center Closes At 3 pm On Food Bank Day Wear Red, White & Blue (S)
14 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) 11:30 am Hand Exercises That Boost Your Brain- Jean Mathew (S)	15 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 1 pm Art Buddies (R) 1-2:30 pm Ripe For Revival Mobile Market (R) Repeat The Lord's Prayer	16 8 am Spirit of Norfolk (S) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R)	17 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) Pretend You Won The Lottery 11:30 am Talent Showcase (R)	18 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 12 Noon - Music In The 60's Line Dancing (S)
21 9 am Bingo \$1.00 (R) 9:30 am Coffee With Clergy/Breakfast (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R)	22 8 am-3:30 pm Hamrick's /Farmer Market (S) 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 12 pm Family Caregiver Support Grp. (R) 1 pm Art Buddies (R)	23 Start of Fall 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) Stay Focus	24 9 am Senior Center Decorating (R) 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) Pretend You Stepped On A Snake	25 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11:30 am Amy Hobb (S) 12 Noon Memory Books With Stan (S) 6:30 pm Fun Night Via Tele-Conference (R)
28 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Continue Exercising	29 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 1 pm Art Buddies (R) 1-2:30 pm Ripe For Revival Mobile Market (R) Think Positive	30 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) 12:30 pm Senior Center Month Celebration - Light Lite - Games & Door Prizes (S)	Grandparents Celebration Sunday, September 20, 2026 from 1 pm - 2:30 pm (R) (9 am- 2 pm) Thursday, October 1, 2026 Roanoke Valley Aging Expo at Kirkwood Adam Center in Roanoke Rapids, NC (S)	

Tele-Conference (Dial In: 1-425-436-6371) (Access Code: 8824718#)

R - Regularly Scheduled S - Special Events