

Hattie Palmer Staton Senior Center of Excellence
1403 Church Street
Scotland Neck, NC 27874

Website: www.Hpsscenter.com
Phone #'s: 252-826-3891 or 252-826-3191
Hours: 8 am-5 pm, Monday thru Friday

December 2025							Jan 2026 ►
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 9 am Bingo \$1.00 10 am Chair Exercise 11 am. Director's Chat 11:30 am Sing-along Enjoy The Christmas Season	2 10:30 am Bible Study Via Tele-Conference 11:30 am Choir Practice 12 pm Arts & Crafts 1 pm Art Buddies 1-2:30 pm Ripe For Revival Mobile Market 3 pm Coupon Club What Does Christmas Mean To Me?	3 Hamrick's, Sam's, Walmart, Raleigh, NC Center Closes At 3 pm	4 10:30 am Laughter Yoga 11 am Line Dancing 11:30 am Choir Practice 12 pm Corn Hole 3 pm Softball Throw Think About What Christmas Mean To You?	5 10 am Chair Exercise 12 pm Horseshoes 2 pm Shuffleboard 4 pm Golden Age Club Continue Exercising	6 Decorate Your Home For Christmas	
7 Visit A Nursing Home	8 9 am Bingo \$1.00 10 am Chair Exercise 11 am. Director's Chat 11:30 am Sing-along Stay Focus	9 10:30 am Bible Study Via Tele-Conference 1 pm Art Buddies 1-2:30 pm Ripe For Revival Mobile Market Read A Christmas Story	10 10 am Chair Exercise 11 am Recorded Music 12 pm Bingo \$2.00 Use Exercise Sheet At Home	11 10:30 am Laughter Yoga Play A Christmas Game	12 9 am-3 pm Food Bank/ Nutrition (Drive-thru) 10 am Chair Exercise 6:30 pm Fun Night Via Tele-Conference Center closes at 3 pm	13 Give Someone A Gift If Possible	
14 Play Christmas Music	15 9 am Bingo \$1.00 9:30 am Coffee With Clergy/Breakfast 10 am Chair Exercise 11 am. Director's Chat 11:30 am Sing-along Attend A Christmas Parade If Possible	16 10:30 am Bible Study Via Tele-Conference 1 pm Art Buddies 1-2:30 pm Ripe For Revival Mobile Market Go For A Short Walk	17 10 am Chair Exercise Christmas Celebration To Be Announced 11 am Recorded Music 12 pm Bingo \$2.00	18 10:30 am Laughter Yoga 11:30 am Talent Showcase Color A Christmas Picture	19 10 am Chair Exercise Get In The Christmas Spirit	20 Go Sight Seeing At The Christmas Decoration In Town	
21 Start of Winter Celebrate Christmas With Family	22 9 am Bingo \$1.00 10 am Chair Exercise 11 am. Director's Chat 11:30 am Sing-along Share With Someone This Christmas	23 10:30 am Bible Study Via Tele-Conference 11:30 am Family Caregiver Support Group-Via Zoom 1 pm Art Buddies 1-2:30 pm Ripe For Revival Mobile Market Call A Senior During The Christmas Season	24 Center Closed	25 Center Closed 	26 Center Closed	27 Use Christmas Leftovers For A Meal Turkey Salad	
28 Relax At Home	29 9 am Bingo \$1.00 10 am Chair Exercise 11 am. Director's Chat 11:30 am Sing-along Share Ideas For The New Year	30 10:30 am Bible Study Via Tele-Conference 1 pm Art Buddies 1-2:30 pm Ripe For Revival Mobile Market Think About Last Year This Time	31 10 am Chair Exercise 11 am Recorded Music 12 pm Bingo \$2.00 Attend A Watch Night Meeting of Your Choice	Tele-Conference (Dial in #: 1-(425) 436-6371) (Access Code: (8824718#)) New Year's Day Celebration (To Be Announced Later)			

Hattie Palmer Staton Senior Center of Excellence
Daily Activities
December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 am Devotion 10 am Phase 10/Skip-Bo 10 am Rummikub 1 pm Scrabble	9:30 am Devotion 10 am Phase 10/Skip-Bo 10 am Rummikub 1 pm Scrabble	9:30 am Devotion 10 am Phase 10/Skip-Bo 10 am Rummikub 1 pm Scrabble	9:30 am Devotion 10 am Phase 10/Skip-Bo 10 am Rummikub 1 pm Scrabble	9:30 am Devotion 10a m Phase 10/Skip-Bo 10 am Rummikub 1 pm Scrabble

Helpful Information

Please take temperature and sanitize hands upon arrival.

Please use our blood pressure station daily and record your readings. It is located in the chair exercise room.

We have plenty of incontinence supplies (Depends) in different sizes, come or call the Center.

For safety reasons only 1 hour in the fitness room. Please sanitize the machine after use.

No eating in the fitness room; only water!

Congregate & Home Delivered Meals has no waiting list. Call the Center if interested at 252-826-3191.

Drop-In Activities: Fitness Center, Brainteaser, Computer, Walking Trail, Inside Mile Walkers (Gym), Word Search, Cross Word Puzzle, Picture Puzzle, Corn Hole, Corn Collecting Club, Billiards, Adult Coloring.

Need medical equipment short term or medical transportation call the center (252-826-3891)

Housing, Reverse Mortgage, Home Health care (for information call 252-826-3891)

Job Opportunities or Volunteer Opportunities (call 252-826-3891)

In need of any services and programs call the Center for details.

Halifax County is looking for volunteers to serve as (CAC) Community Advisory Committee members. For more information call Hattie Staton at 252-826-3891. If interested, contact Ty Whitaker, Regional Ombudsman @ 252-234-5963.

Insurance Counseling (SHIP) Armeta Coley 252-234-5964 or call the Center at 252-826-3891 for an appointment.

Tax preparation ages 60 and over **(by appointment only)**.

SCOPE Certification Volunteers Needed

Thought for the Month "Enjoy your life today because yesterday has gone and tomorrow may never come."