

Hattie Palmer Staton Senior Center of Excellence
1403 Church Street
Scotland Neck, NC 27874

Website: www.Hpsscenter.com
Phone #'s: 252-826-3891 or 252-826-3191
Hours: 8 am-5 pm, Monday thru Friday

January 2026						
◀ Dec 2025						Feb 2026 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Center Closed 	2 10 am Chair Exercise 12 pm Horseshoes 2 pm Shuffleboard 4 pm Golden Age Club Start The New Year Off With A Positive Attitude!	3 Wish Someone A Happy New Year!
4 Worship With A Church Of Your Choice	5 9 am Bingo \$1.00 10 am Chair Exercise 11 am Director's Chat 11:30 am Sing-along Continue Chair Exercise	6 10:30 am Bible Study Via Tele-Conference 11:30 am Choir Practice 12 pm Arts & Crafts 1 pm Art Buddies 3 pm Coupon Club Every day Is A Special	7 Sam's, Walmart Greenville NC Center Closes At 3 pm Best Day Ever	8 10:30 am Laughter Yoga Think Of An Activity To Make You Laugh! Try Your Luck, Get A Power Ball	9 9 am-3 pm Food Bank/ Nutrition (Drive-thru) 10 am Chair Exercise 6:30 pm Fun Night Via Tele-Conference Center Close At 3 pm On Food Bank Day	10 Engage With Other Seniors
11 Listen To Soft Music	12 9 am Bingo \$1.00 10 am Chair Exercise 11 am Director's Chat 11:30 am Sing-along Do A Sit-Down Game	13 10:30 am Bible Study Via Tele-Conference 1 pm Art Buddies Count Your Blessings	14 10 am Chair Exercise 11 am Recorded Music 12 pm Bingo \$2.00 Make A New Friends	15 10:30 am Laughter Yoga Think Of The Funniest Thing That Happen To You! 11:30 am Talent Showcase	16 10 am Chair Exercise Plan For 2026	17 Do A Brain Game
18 Call An Old Friend	19 Center Closed 	20 10:30 am Bible Study Via Tele-Conference 1 pm Art Buddies Pray For others	21 10 am Chair Exercise 11 am Recorded Music 12 pm Bingo \$2.00 Try To Stay Warm	22 9 am Advisory Council Meeting 9 am Sr. Center Decorating 10:30 am Laughter Yoga	23 10 am Chair Exercise 6:30 pm Fun Night Via Tele-Conference Do Some Things You Didn't Do Last Year	24 Make Some Snow Cream If It Snow
25 Show Love To Someone	26 9 am Bingo \$1.00 10 am Chair Exercise 11 am Director's Chat 11:30 am Sing-along Plan To Do More At The Senior Center	27 10:30 am Bible Study Via Tele-Conference 12 pm Family Caregiver Support Grp-by Zoom 1 pm Art Buddies Help Someone In Need	28 10 am Chair Exercise 11 am Recorded Music 12 pm Bingo \$2.00 Think Positive	29 10:30 am Laughter Yoga Stay Focus	30 10 am Chair Exercise Be More Active At Your Senior Center	31 Visit A Casino Of Your Choice

Tele-Conference (Dial In #: 1-425-436-6371) (Access Code: 8824718)