

Hattie Palmer Staton Senior Center of Excellence
1403 Church Street
Scotland Neck, NC 27874

Website: www.Hpsscenter.com
Phone #'s: 252-826-3891 or 252-826-3191
Hours: 7 am-4 pm, Monday thru Friday

August 2026

Mon	Tue	Wed	Thu	Fri
3 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Eat Right For A Great Mind	4 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 11:30 am Choir Practice (R) 12 pm Arts & Crafts (R) 1 pm Art Buddies (R) 1-2:30 pm Ripe For Revival Mobile Market (R) 3 pm Coupon Club (R) Find Joy In Caregiving	5 Sam's, Walmart Greenville, NC Cape Fear Seafood (R) Center closes At 3 pm	6 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) 11 am Line Dancing (R) 11:30 am Choir Practice (R) 12 pm Corn Hole (R) 3 pm Softball Throw (R) Laughing Is The Best Medicine	7 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 12 pm Horseshoes (R) 2 pm Shuffleboard (R) 3 pm Golden Age Club (R) Treat Yourself To A Good Health Meal
10 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Manage Your Blood Sugar	11 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 1 pm Art Buddies (R) Protect Your Brain	12 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) Continue Exercising	13 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) Tell A good Joke -Laugh	14 9 am-3 pm Food Bank/ Nutrition (Drive-thru) (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 6:30 pm Fun Night Via Tele-Conference (R) Center Closes At 3 pm On Food Bank Day
17 9 am Bingo \$1.00 (R) 9:30 am Coffee With Clergy/Breakfast (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Manage Your Cholesterol	18 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 1 pm Art Buddies (R) 1-2:30 pm Ripe For Revival Mobile Market Think Positive	19 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) Drink A Healthy Smoothie	20 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) 11:30 am Talent Showcase (R) Farmers Market Raleigh, NC Laugh Until You Cry!	21 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) Drink Plenty Of Water
24 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Manage Your Brain Health	25 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Bible Study Via Tele-Conference (R) 12 pm Family Caregiver Support Grp. (R) 1 pm Art Buddies (R)	26 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Recorded Music (R) 12 pm Bingo \$2.00 (R) Think About Home Safety, Rugs Etc.	27 9:30 am Devotion (R) 10 am Rummikub (R) 10:30 am Laughter Yoga (R) Walk And Laugh For 5 Minutes	28 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 6:30 pm Fun Night Via Tele-Conference (R) Call A Friends
31 9 am Bingo \$1.00 (R) 9:30 am Devotion (R) 10 am Chair Exercise (R) 10 am Rummikub (R) 11 am Director's Chat (R) 11:30 am Sing-along (R) Mental Health Bus At Town Hall	Tele-Conference (Dial In: 1-425-436-6371) (Access Code: 8824718#) R – Regular Schedule Events S – Special Events September Is Senior Center Month Celebration Activities Once A Week			