

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		HOLIDAY		HOLIDAY 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
		CLEANING	14.00 – 17.00 Priory Bridge	HOLIDAY		
		HOLIDAY	17.00 – 19.00 Private Booking	EASTER	EASTER	EASTER
6	7	8	9	10	11	12
	9.30 – 10.30 Full Body Workout	HOLIDAY		HOLIDAY 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
	HOLIDAY					
EASTER		CLEANING	14.00 – 17.00 Priory Bridge	HOLIDAY		
HOLIDAY	18.45 – 19.45 Community Yoga 20.15 – 22.15 Iaijutsu / Aikido	HOLIDAY	17.00 – 19.00 Private Booking			
13	14	15	16	17	18	19
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		HOLIDAY 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
14.00 – 16.00 U3A Painting & Drawing		CLEANING U3A Committee Mtg 14.30 – 17.30	14.00 – 17.00 Priory Bridge	14.00 – 16.00 Handbells		11.30 – 13.00 Church APCM
19.30 – 21.30 Dressmaking	18.45 – 19.45 Community Yoga 20.15 – 22.15 Iaijutsu / Aikido	16.15 – 20.15 Dance Dedication 19.00 – 21.00 PC Meeting	17.00 – 19.00 Private Booking	Mindful Clay Workshop 18.00 – 21.0		
20	21	22	23	24	25	26
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
		CLEANING	14.00 – 17.00 Priory Bridge	14.00 – 16.00 Handbells		
19.30 – 21.30 Dressmaking	18.45 – 19.45 Community Yoga 20.15 – 22.15 Iaijutsu / Aikido	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking			
27	28	29	30			
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class				
14.00 – 16.00 U3A Painting & Drawing		CLEANING 13.30 – 17.30 Private Booking	14.00 – 17.00 Priory Bridge			
19.30 – 21.30 Dressmaking	18.45 – 19.45 Community Yoga 20.15 – 22.15 Iaijutsu / Aikido	16.15 – 20.15 Dance Dedication				

Class Contacts

Adult Yoga	Saturday	Deborah	dlambell@rewildingyoga.co.uk
Aikido & Iaijutsu	Tuesday	Nikos	aiki_nikos@hotmail.com
Art Group	Wednesday	Valerie	valerie@goldman.co.uk
Chair Based Yoga	Friday	Tracy Pelling	tracyquarrell3@gmail.com
Community Yoga Evening Flow	Tuesday	Sarah	sarahejanes@hotmail.co.uk
Dance Dedication	Wednesday	Christina	dancededicationsawston@gmail.com
Dressmaking Group	Monday	Cherry	cherrybooth3@gmail.com
Full Body Workout / Pilates	Tuesday	Disa	07798 754 029
Hatha Style Yoga	Friday	Josie	josephinejohnson@gmail.com
Priory Bridge Group	Thursday	John	j.french484@btinternet.com
U3A Art Group	Monday	Maggie	glyn.mri@ntlworld.com
		John	johngr6@gmail.com
U3A Handbells	Mon & Fri	Mike	rowlandm960@gmail.com