

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	HOLIDAY	10.00 – 13.00 Art Class		10.30 – 11.30 Hatha Yoga - Josie	Private Booking 10.00 – 15.30	Private Booking 10.00 – 15.30
			14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded – Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos		PRIN Mtg 19.15 – 21.00			
7	8	9	10	11	12	13
	9.30 – 10.30 Full Body Workout / Disa 10.30 – 11.30 Pilates / Disa	10.00 – 13.00 Art Class		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded – Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos		19.00 – 21.00 PC Meeting			
14	15	16	17	18	19	20
	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	HOLIDAY		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded - Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos					
21	22	23	24	25	26	27
	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	HOLIDAY		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge		17.00 – 22.00 Pampisford Pop Up Pub	
	18.45 – 19.45 Community Yoga - Sarah					
	HOLIDAY					
28	29	30	31			
	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	09.30 – 17.00 Private Booking				
			14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga - Sarah					
	20.15 – 22.15 Iaido / Aikido - Nikos					

Class Contacts

Aikido & Iaijutsu – Nikos aiki_nikos@hotmail.com

Art Wednesday – Valerie valerie@goldman.co.uk

Community Yoga Evening Flow – Sarah sarahejanes@hotmail.co.uk

Dance Dedication – Christina dancededicationsawston@gmail.com

Dressmaking – Cherry cherrybooth3@gmail.com

Hatha Style Yoga – Josie josephinejohnson@gmail.com

Priory Bridge Group – John j.french484@btinternet.com