

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	3	4	5	6	7	8
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	10.00 – 13.00 Art Class		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge	14.00 – 16.00 U3A Hand Bells		
	Holiday	16.15 – 20.45 Dance Ded – Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos					
9	10	11	12	13	14	15
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout / Disa 10.30 – 11.30 Pilates / Disa	10.00 – 13.00 Art Class		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge	14.00 – 16.00 U3A Hand Bells		
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded – Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos		19.00 – 21.00 PC Meeting			
16	17	18	19	20	21	22
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	10.00 – 13.00 Art - Valerie		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge	14.00 – 16.00 U3A Handbells - Mike		
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded - Christina	17.00 – 19.00 Private Booking			
	20.15 – 22.15 Iaido / Aikido - Nikos		19.00 – 20.30 Private Booking			
23 & 30	24	25	26	27	28	29
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout - Disa 10.30 – 11.30 Pilates - Disa	10.00 – 13.00 Art - Valerie		10.30 – 11.30 Hatha Yoga - Josie		
			14.00 – 17.00 Priory Bridge	14.00 – 16.00 U3A Handbells - Mike		
	18.45 – 19.45 Community Yoga - Sarah	16.15 – 20.45 Dance Ded - Christina				
	20.15 – 22.15 Iaido / Aikido - Nikos					

Sunday 1 June is not included in the schedule – please contact bookings@pampisfordvillagehall.org if you would like to book these dates

Class Contacts

Aikido & Iaijutsu – Nikos aiki_nikos@hotmail.com

Art Wednesday – Valerie valerie@goldman.co.uk

Community Yoga Evening Flow – Sarah sarahejanes@hotmail.co.uk

Dance Dedication – Christina dancededicationsawston@gmail.com

Dressmaking – Cherry cherrybooth3@gmail.com

Hatha Style Yoga – Josie josephinejohnson@gmail.com

Priory Bridge Group – John j.french484@btinternet.com

U3A Handbells – Mike rowlandm960@gmail.com