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Class contacts on second page

JUNE 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
		13.30 – 17.30 Private Booking	14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jujitsu / Aikido	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking	18.30 – 19.30 Friday Calm Yoga		
8	9	10	11	12	13	14
	HOLIDAY HOLIDAY	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga 10.30 – 11.45 Hatha Yoga	HOLIDAY	
14.00 – 16.00 U3A Painting & Drawing		CLEANING	14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jujitsu / Aikido	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking 19.30 – 21.00 Annual Parish Meeting	18.30 – 19.30 Friday Calm Yoga		
15	16	17	18	19	20	21
	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga 10.30 – 11.45 Hatha Yoga	10.00 – 12.00 Adult Yoga	
		CLEANING	14.00 – 17.00 Priory Bridge		14.30 – 16.30 Private Booking	
	18.45 – 19.45 Community Yoga HOLIDAY	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking	18.30 – 19.30 Friday Calm Yoga		
22	23	24	25	26	27	28
	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga 10.30 – 11.45 Hatha Yoga	10.00 – 11.00 Adult Yoga	
14.00 – 16.00 U3A Painting & Drawing	14.30 – 16.30 PRIN	CLEANING	14.00 – 17.00 Priory Bridge			
	18.45 – 19.45 Community Yoga HOLIDAY	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking	HOLIDAY		
29	30					
	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates					
	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jujitsu / Aikido					

## Class Contacts

Adult Yoga	Saturday	Deborah	<a href="mailto:dlambell@rewildingyoga.co.uk">dlambell@rewildingyoga.co.uk</a>
Aikido & Iaijutsu	Tuesday	Nikos	<a href="mailto:aiki_nikos@hotmail.com">aiki_nikos@hotmail.com</a>
Art Group	Wednesday	Valerie	<a href="mailto:valerie@goldman.co.uk">valerie@goldman.co.uk</a>
Chair Based Yoga	Friday	Tracy Pelling	<a href="mailto:tracyquarrell3@gmail.com">tracyquarrell3@gmail.com</a>
Community Yoga Evening Flow	Tuesday	Sarah	<a href="mailto:sarahejanes@hotmail.co.uk">sarahejanes@hotmail.co.uk</a>
Dance Dedication	Wednesday	Christina	<a href="mailto:dancededicationsawston@gmail.com">dancededicationsawston@gmail.com</a>
Dressmaking Group	Monday	Cherry	<a href="mailto:cherrybooth3@gmail.com">cherrybooth3@gmail.com</a>
Full Body Workout / Pilates	Tuesday	Disa	07798 754 029
Hatha Style Yoga	Friday	Josie	<a href="mailto:josephinejohnson@gmail.com">josephinejohnson@gmail.com</a>
Priory Bridge Group	Thursday	John	<a href="mailto:j.french484@btinternet.com">j.french484@btinternet.com</a>
U3A Art Group	Monday	Maggie John	<a href="mailto:glyn.mri@ntlworld.com">glyn.mri@ntlworld.com</a> <a href="mailto:johnqry6@gmail.com">johnqry6@gmail.com</a>
U3A Handbells	Mon & Fri	Mike	<a href="mailto:rowlandm960@gmail.com">rowlandm960@gmail.com</a>
Friday Calm Yoga	Friday	Vicky	<a href="mailto:vicky@pausebreathflow.com">vicky@pausebreathflow.com</a>