

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				09.00 – 10.00 Chair Based Yoga	10.00 – 11.00 Adult Yoga	
				HOLIDAY		
				14.00 – 16.00 U3A Handbells		
4	5	6	7	8	9	10
BANK HOLIDAY	HOLIDAY	10.00 – 13.00 Art Class	LOCAL ELECTIONS	09.00 – 10.00 Chair Based Yoga	HOLIDAY	
	HOLIDAY			10.30 – 11.45 Hatha Yoga		
BANK HOLIDAY		CLEANING		14.00 – 16.00 U3A Handbells		
BANK HOLIDAY	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jaijutsu / Aikido	15.45 – 20.15 Dance Dedication				
11	12	13	14	15	16	17
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga	10.00 – 11.00 Adult Yoga	10.00 – 14.00 Private Booking
14.00 – 16.00 U3A Painting & Drawing		CLEANING	14.00 – 17.00 Priory Bridge	10.30 – 11.45 Hatha Yoga 14.00 – 16.00 U3A Handbells - Mike		
19.30 – 21.30 Dressmaking	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jaijutsu / Aikido	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking 19.00 – 21.00 PC AGM Meeting			
18	19	20	21	22	23	24
10.00 – 12.00 U3A Hand Bells	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	10.00 – 13.00 Art Class		09.00 – 10.00 Chair Based Yoga	10.00 – 11.00 Adult Yoga	
		CLEANING	14.00 – 17.00 Priory Bridge	10.30 – 11.45 Hatha Yoga 14.00 – 16.00 U3A Handbells - Mike		
19.30 – 21.30 Dressmaking	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jaijutsu / Aikido	16.15 – 20.15 Dance Dedication	17.00 – 19.00 Private Booking	16.20 – 20.35 Private Booking		
25	26	27	28	29	30	31
BANK HOLIDAY	9.30 – 10.30 Full Body Workout 10.30 – 11.30 Pilates	HOLIDAY		09.00 – 10.00 Chair Based Yoga	10.00 – 11.00 Adult Yoga	
				HOLIDAY		
14.00 – 16.00 U3A Painting & Drawing		CLEANING	14.00 – 17.00 Priory Bridge	14.00 – 16.00 U3A Handbells - Mike		
BANK HOLIDAY	18.45 – 19.45 Community Yoga 20.15 – 22.15 Jaijutsu / Aikido	HOLIDAY	17.00 – 19.00 Private Booking			

Class Contacts

Adult Yoga	Saturday	Deborah	dlambell@rewildingyoga.co.uk
Aikido & Iaijutsu	Tuesday	Nikos	aiki_nikos@hotmail.com
Art Group	Wednesday	Valerie	valerie@goldman.co.uk
Chair Based Yoga	Friday	Tracy Pelling	tracyquarrell3@gmail.com
Community Yoga Evening Flow	Tuesday	Sarah	sarahejanes@hotmail.co.uk
Dance Dedication	Wednesday	Christina	dancededicationsawston@gmail.com
Dressmaking Group	Monday	Cherry	cherrybooth3@gmail.com
Full Body Workout / Pilates	Tuesday	Disa	07798 754 029
Hatha Style Yoga	Friday	Josie	josephinejohnson@gmail.com
Priory Bridge Group	Thursday	John	j.french484@btinternet.com
U3A Art Group	Monday	Maggie	glyn.mri@ntlworld.com
		John	johngry6@gmail.com
U3A Handbells	Mon & Fri	Mike	rowlandm960@gmail.com