

## Confidential Client Case History and Intake Form

Name:	Date:
Address:	Phone:
Postal Code:	Email:
Date of Birth:	Referred by:
Would you like to receive updates via email?	

<b>Primary Concerns:</b>	Level: <b>1</b> (hardly notice symptoms) to <b>10</b> (symptoms are unbearable)

<b>Medications/Remedies/Supplements &amp; Reason for taking:</b>

<b>Significant Accidents/Injuries:</b>

<b>Please place an X beside any conditions that apply (past or present):</b>		
Cancer	Varicose Veins	Allergies:
Heart Disease	H/L Blood Pressure	Surgery:
Diabetes	Paralysis	Genetic Disorders:
Stroke	TMJ Dysfunction	Phobias:
Epilepsy	Arthritis	

**Place an X beside any symptoms that you experience:**

- |                     |                        |                          |
|---------------------|------------------------|--------------------------|
| Headache            | Heavy feeling in limbs | Cold in hands and feet   |
| Faintness/Dizziness | Blurriness of vision   | Lower Back pain          |
| Tightness in Jaw    | Constipation           | Shoulder/neck pain       |
| Weak body parts     | Loose Bowel Movements  | Carpel tunnel syndrome   |
| Smoking (#/day__)   | Irritated Bowel        | Menstrual Irregularities |
| Nervousness         | Pains in heart/chest   | Other:                   |
| Poor Appetite       | Indigestion            |                          |
| Excessive Urination | Insomnia               | Are you pregnant?        |
| Grinding of Teeth   | Fatigue                |                          |

**Place an X beside any areas below that you would like improvement in:**

- |  |   |                                      |
|--|---|--------------------------------------|
| Negative self-talk, self-sabotage                        | Ability to reach ideal weight               | Increase learning ability            |
| Belief in ability to achieve goals                       | Personal magnetism                          | Beneficial, relationships            |
| Ability to relax   | Strengthen memory/concentration             | Prosperity (attract what you choose) |
| Ability to use dreams as mental tool for problem solving | Breaking old habits                         | Attitude and skills at work          |
| Eliminate procrastination                                | Release negative events                     | Self-Esteem                          |
|  | Ability to align body/mind for self-healing | Youthful Vitality                    |
|  | Ability to take action                      |                                      |

**Below, please describe what you would like to accomplish with these treatments?**