

Car Survival and Emergency Kit

You never know when you might become stranded in your vehicle on a deserted highway or even on a busy freeway during rush hour traffic. Be ready to take care of you and your family in just such an occasion.

✓ Maintain a minimum of ½ tank of gas ✓ Keep v	ehicles serviced for seasonal changes
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Keep s	ecured fo	r safety in	a sturdy c	ontainer t	he follo	wing items:
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 □ Water in 2-liter bottles (filled ¾ full to allow for freeze expansion); rotate water every six months □ Food/power bars, candy, dehydrated fruit, nuts, etc.; rotate food regularly □ Blankets (can be Mylar) or a sleeping bag Coat(s) or jacket(s), rain poncho, boots/goulashes, gloves for 	 □ Writing pad, pencils, road map □ Siphoning Hose □ Ice scraper □ Additional car kit items: tools needed to change a flat tire, bag of sånd or rock salt, tow rope 		
warmth and work	☐ First aid kit: ————		
☐ Road emergency flares	 rubber disposable gloves adhesive bandage strips gauze non-adherent sterile pads 	 hand wipes (antiseptic) hand sanitizer cotton balls cotton pads alcohol swabs 	
☐ Flashlight with extra batteries, fluorescent light sticks			
Fire extinguisher (Standard Class ABC)			
☐ Collapsible shovel	(various sizes) • first aid tape	iodine (bottle or pads)scissors tweezers	
☐ Jumper cables	 large cotton cloth (use for sling, tourniquet, bandage) anti-bacterial ointment burn cream 	 pocketknife razor blades safety pins (various sizes) needles heavy thread matches (waterproof) chemical ice pack hand warmer packets 	
☐ Whistle (equipped to hang around neck)			
☐ Dust masks			
☐ Personal sanitation items (toilet tissue, moist towelettes, feminine supplies)	aspirin pain relieverPRESCRIPTION MEDICATIONSeye wash		
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ALWAYS BUCKLE UP, DON'T TEXT AND DRIVE AND ALWAYS DRIVE SAFELY!

✓ Make a Plan ✓ Get a Kit ✓ Be Informed ✓ Get Involved

For more preparedness information: BeReadyUtah.gov

