

Personal Emergency Kit

- **Food – two meals per day/per person, nonperishable, ready to eat.**
- **Water – one gallon per person – rotate water for freshness**
- **First Aid/Medical supplies and prescriptions.**
- **Tools to fix equipment along with batteries for any portable equipment such as phone chargers, connection wires, flashlights, etc.**
- **Clothing/Bedding – Consider the seasons and rotate clothing accordingly. Any supporting pillows, blankets and bed items including sleeping bags for each family member.**
- **Misc. Other comfort items, hygiene items for pets/service animals, hearing aids and chargers or batteries, glasses, communication devices, and any item that can bring attention to yourself.**
- **Disability equipment such as oxygen, CPAP, walkers, etc.**