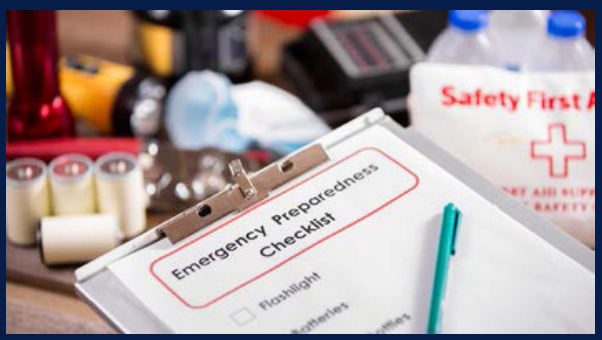
Department *of* Public Safety
Division *of* Emergency Management

Disaster supply kit

Be Ready Utah
BeReadyUtah.gov



Remember:

- Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit.
- Have a separate kit for each family member.
- Items susceptible to water damage should be in plastic bags.
- Check kit twice a year and replace items that have expired or don't work.

Add additional items in kits to fit individual needs.

1) Shelter, clothing, and fire

- Waterproof poncho
- Emergency reflective blanket
- Wool or fleece blanket or camping sleeping bag
- Tent or tarp with stakes
- Clothing for warm/cold weather
- Extra socks and underwear
- Hat with brim and/or bandanna
- Windproof/waterproof matches
- Alternate fire-starters
- Hand and body warmer packets

2) Water

- 1 gallon of water
- Refillable water container
- Water tablets and/or filter

3) Food

- 3 day supply of ready-to-eat, nonperishable food
- Hard candies

4) Hygiene and sanitation

- Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.
- Garbage bags
- Hand sanitizer
- Baby wipes
- Zip-style baggies
- Camp/signal mirror

5) Light and power

- Flashlight
- Batteries
- Light sticks

6) First aid

- First aid kit: Adhesive bandages, rolled gauze and pads, antibiotic cream, disposable gloves, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.
- First aid instruction booklet
- Personal medications
- Scissors and sewing kit
- Insect repellent
- Sunblock

7) Communication

- Multi-power AM/FM radio
- Notepad and pencil
- Plastic whistle with neck cord
- Extra mobile phone charger

8) Safety and security

- Work gloves
- N-95 mask
- Mace/pepper spray
- Spare house/car keys

9) Tools and personal items

- Extra glasses or contacts
- Multifunction pocket knife
- Knife sharpener
- Duct tape and 50-ft nylon rope
- Stress relief: book, game, etc.
- Religious items

10) Cooking

- Camp cup, plate, and utensils
- Lightweight stove and fuel
- Paper towels
- Can opener (may be on knife)

11) Documents and money

- Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- Minimum 5 days cash in small bills for fuel, food, lodging, etc.

12) Transportation and navigation

- Sturdy walking shoes or boots
- Compass or GPS
- Wagon, stroller, cane, or wheelchair as needed
- Local map

Infant and child kit

Infant and child emergency kits need to be different from adult kits. For 0 to 2 years, kits need to be updated every 2 to 3 months. This can be in addition to what is already in a diaper bag. Children's clothing should be one size larger than they are currently wearing.

Choose age and ability appropriate infant/child kit items from the disaster supply kit list on the front page. Add other items according to the child's specific needs from the list below.



- 5 days of disposable diapers
- Baby wipes
- Baby powder and diaper cream
- Changing pad
- Water and infant formula
- Baby bottle and extra nipples
- Baby food pouches, not bottles
- Sippy cup, spoon, and bib
- Toddler snacks
- Bottle and nipple brush
- Burp rags
- Disposable nursing pads
- Pacifiers
- Teething gel or tablets
- Infant/child vitamins
- Infant/child medications
- Fleece pajamas with feet
- 3 to 4 changes of clothing
- Favorite toy or blanket
- Child ID in clothing for if separated from parents
- Diaper bag

Pet kit

Pets are part of the family and need to have their own disaster supply kits including basic food, water, and shelter as well. All too often in disasters, pets are forgotten or left behind to fend for themselves. This is dangerous for the pets and for anyone they may encounter.

Consider your pets' unique needs when assembling their emergency kits. Be aware that, for health and safety reasons, most emergency shelters will not allow animals. The exception is ADA-recognized service animals, which are permitted to accompany their handlers.



- Kennel, cage, or carrier
- Blanket
- 5 days of water and pet food
- Collapsible food/water bowl
- Pet waste bags
- Kitty litter/box and scoop
- Pet first aid kit
- Pet medicine and medications
- Flea and tick repellent
- Leash
- Pet cold weather clothing
- Pet toys
- Can opener
- Vaccination/medical records
- License/adoption records
- Collar ID