

KUMITE

3 Or 5 Officials Will Be Used.

Clean White Gi Only.

**All Equipment Must Be USANKF/WKF Approved If Possible,
Other Equipment Must be Approved By The Tournament Director.**

Red And Blue Belt Are Mandatory In All Divisions.

Mouth Guard Is Mandatory In All Divisions.

Red And Blue Mitts Are Mandatory In All Divisions.

**Shin Guard And Instep Protectors Are Mandatory In All Divisions,
Excpetions Could Be Made For Some Youth Beginner & Novice Divisions,**

At The Discretion Of The Tournament Director.

All Divisions May Wear White Shin & Instep Protectors.

Head Gear And Chest Protector Are Optional.

Groin Cup Is Mandatory For All Male Divisions.

**18-34 Advanced Kumite Divisions Will Be 3 Minutes Stop Time
(8 Point Spread) (Repechage)**

**14-15 & 16-17 Kumite Divisions Will Be 2 Minutes Stop Time
(8 Point Ceiling) (Single Elimination)**

**All Other Kumite Divisions 1½ Minutes Stop Time
(8 Point Ceiling) (Single Elimination)**