COMMUNITY RESOURCE DIRECTORY 2024

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Patient Education

http://www.breastcare.org

Breast Cancer Resources (https://www.nccn.org/patientresources/patient-resources)

Breast360.org | The American Society of Breast Surgeons Foundation

http://ww5.komen.org/

https://www.linkedin.com/in/networkofstrength

http://www.breastcancer.org/treatment/comp_med/resources

http://cancer101.org/

<u>Breast Cancer—Patient Version – NCI (https://www.cancer.gov/types/breast)</u>

https://www.oncolink.org Pathology - https://es.oncolink.org/ (Español) -Oncotype *

Coping/Emotional Support

Special Populations

Men: Breast Cancer in men - Peer support and support groups (https://healthtalk.org/breast-cancer-men/peer-support-and-support-groups)

Husbands/partners: Men Against Breast Cancer (MABC) | Young Survival Coalition (https://youngsurvival.org/directory/men-against-breast-cancer-mabc)

Young adults: Young Survival Coalition (https://www.youngsurvival.org)

Black Women: Sisters Network: A National African American Breast Cancer Survivorship Organization

(http://www.sistersnetworkinc.org/)

Jewish Women: 866-474-2774 or http://www.sharsheret.org/

Triple Negative: Triple Negative Breast Cancer Foundation (https://tnbcfoundation.org/)

LGBTQ+: Cancer Hope Network (https://cancerhopenetwork.org/)

LGBTQ+: LGBTQ+ with breast cancer | Living Beyond Breast Cancer (https://www.lbbc.org/lgbtq-plus)

LGBTQ+: Cancer Support Now (https://www.cancersupportnow.org/free-support) Cancer Peer Support

Referrals, call: 505-255-0405

Transgender Resource Center of New Mexico

Transgender Resource Center of NM (http://www.tgrcnm.org/)
Adrien Lawyer, Director of Education, Pronouns: he, him, his adrien@tgrcnm.org
5600 Domingo Rd. NE
Albuquerque, NM 87108
505-200-9086

Tgrcnm Linktree (https://linktr.ee/tgrced)

Boston Globe: New Study Shows Transgender and Nonbinary Youth Attempt Suicide Less When Allowed to Change Name, Gender Marker (https://www.bostonglobe.com/2021/05/20/metro/new-study-shows-transgender-nonbinary-youth-attempt-suicide-less-when-allowed-change-name-gender-marker/?outputType=amp)

Cancer Support Groups

Cancer Support Now – Free Services

cancersupportnow.org/free-support

- Taos Cancer Support: Tuesdays, 4:00 to 5:30 p.m., Mary Short & Coby Senescu (Call Eileen Craig at Taos Cancer Support Office: 575-751-8927)
- LGBTQ+ Cancer Peer Support Referrals: Call Helpline at 505-255-0405
- Pancreatic Cancer Support Group: 2nd & 4th Thursday, 3:30-5:00 p.m. Jim Pitcher & Lillie Ortiz
- Pueblo of Isleta Cancer Community Support: Second Tuesday, 10:30 a.m.-Noon, Isleta Pueblo Health Clinic, Stephanie Barela
- Women's North Valley Group: Every other Thursday, 5:00-6:30 p.m., Montano, West of 4th Street, Geri Stayman
- Ovarian Cancer Peer Support: Call Pamela Engel at 505-314-4854 for one-to-one peer support
- Sandia Cancer Support Group: 2nd Wednesdays, Noon-1 p.m., Sandia Base, Christina Chavez
- Santa Fe Women's Group, Surviving Sisters: 2nd & 4th Tuesdays, 4:00-5:30 p.m., Calle Ensenada, Santa Fe, Ms. Fred, Emily Haozous, & Elizabeth Harris
- U27 (Under 27 Years Old): 3rd Wednesday, place/time TBD, Kimberley Craft
- UNM/CSN Survivors Writing Together: Mondays, 2:30-4:00 p.m., UNM Cancer Center,
 Anjie Cureton & Eleanor Schick
- UNM/CSN Advanced Cancer Survivors Writing Together: Tuesdays, 3:30-5:00 p.m., UNM Cancer Center, Anjie Cureton & Eleanor Schick
- Cancer Support Groups:
 - o Create to Heal
 - One-on-One Peer Cancer Support or Peer Matching
 - Community Cancer Navigation
 - Relaxation Support Sessions

Cancer Services of New Mexico

Family Cancer Retreat (https://cancerservicesnm.org/new/programs/virtual-family-cancer-retreat/)
Spring and Fall; 505-259-9583

Albuquerque NET (Neuroendocrine/Carcinoid Support Group

The Carcinoid Cancer Foundation (https://www.carcinoid.org/support-group/albuquerque-carcinoidnet-support-group/)

Contact Terry Nelson: 505-298-6356 or nls306@aol.com

Write to Heal

Cancer Foundation for New Mexico (https://cffnm.org/who-we-serve/support-group-schedule/)
Free writing workshops for cancer patients/survivors in Santa Fe, scheduled throughout the year.
Sponsored by Cancer Foundation for New Mexico. Registration required.

Call or text: Joanne Fay Brown, MSW, 510-381-1205 or joanne@joannebrown.com

Symptom Management/Palliative Care

Lymphedema

ORGANIZATIONS

National Lymphedema Network (NLN)

Provides education and guidance regarding lymphedema management to patients, healthcare professionals, and the general public by disseminating information on the prevention and management of lymphedema. Hotline: 1-800-541-3259

What is Lymphedema? — National Lymphedema Network (https://lymphnet.org/what-is-lymphedema)

Other Lymphedema Organizations

American Lymphedema Framework Project (https://nursing.missouri.edu/research/projects/american-lymphedema-framework-project/)

Brylan's Feat Foundation (https://www.brylansfeat.org/)

Lighthouse Lymphedema Network (https://lighthouselymphedema.org/home/)

Lymphatic Education & Research Network (http://www.lymphaticnetwork.org/)

National Lymphedema Network (http://www.lymphnet.org/)

Ninjas Fighting Lymphedema Foundation (https://www.winourfight.org/)

Lymphology Association of North America (https://clt-lana.org/therapists)

Lymphedema Blog (http://www.lymphedemablog.com/find-a-therapist/)

Lymph Notes (http://www.lymphnotes.com/resources.php)

Step Up-Speak Out (http://www.stepup-

speakout.org/Finding_a_Qualified_Lymphedema_Therapist.htm)

COMPRESSION GARMENT ASSISTANCE PROGRAMS

National Lymphedema Network/Garment Program (https://www.lymphnet.org/garment-program)
Ninjas Fighting Lymphedema Foundation (https://www.winourfight.org/application)
Susan G. Komen—Breast Cancer specific (https://www.komen.org/treatment-assistance-program/)

Also check with your local American Cancer Society chapter, if cancer-related lymphedema. Some have garment assistance programs, but they are not generally advertised.

LYMPHEDEMA EVENTS

Ongoing – LE&RN's Symposium Series (http://lymphaticnetwork.org/symposium-series), these are free and online. Additional lymphedema-related events can be found on the LANA Event Calendar (https://clt-lana.org/calendar). If you have an event you would like listed there, please contact the Lymphology Association of North America (https://clt-lana.org/contact).

LYMPHEDEMA ONLINE GROUPS:

LymphActivist's Site (http://www.lymphactivist.org/index.php)
Lymph Notes (https://www.lymphnotes.com/)
Lymphie Strong (https://www.facebook.com/LymphieStrong/)
Lymphedema Community (https://lymphedemacommunity.com/members/home)
Step Up-Speak Out (http://www.stepup-speakout.org/)

LYMPHEDEMA THERAPY PROVIDERS IN ALBUQUERQUE

Lovelace Women's Hospital 4601 Montgomery Blvd NE Albuquerque, NM 87109

Balanced Physical Therapy and Wellness 7849 Tramway Blvd. NE Suite A Albuquerque, NM 87122 505 821-3821 240 South Camino Del Pueblo Bernalillo, NM 87004 505-373-2836

Loyce duLin Gentle Touch Therapeutic Bodywork 11000 Spain Road NE Albuquerque, NM 87111 505-293-3703

Encompass Health Rehabilitation Hospital of Albuquerque 7000 Jefferson Blvd NE Albuquerque, NM 87109 505-344-9478

Presbyterian Healthcare Service 6301 Forest Hills Drive NE Albuquerque, NM 87109

LYMPHEDEMA THERAPY PROVIDERS IN SANTA FE

Christus St. Vincent Sports Medicine & Therapy Services 2968 Rodeo Park Drive West, Suite 100 Santa Fe, NM 87505 505-913-5100

Protheses and Sleeves

Active Life Orthotics and Prosthetics

124 Alvarado Dr SE Albuquerque NM 87108 505-266-1700 Shelby Wosick, Mastectomy & Compression Fitter Shelby@goactivelife.com

Prosthetic Devices (https://www.yellowpages.com/albuquerque-nm/prosthetic-devices)

Orthopedic Appliances (https://www.yellowpages.com/albuquerque-nm/orthopedic-appliances)

Home Health Care Equipment & Supplies (https://www.yellowpages.com/albuquerque-nm/home-health-care-equipment-supplies)

Medical Equipment & Supplies (https://www.yellowpages.com/albuquerque-nm/medical-equipment-supplies)

Prosthetic Devices (https://www.yellowpages.com/albuquerque-nm/prosthetic-devices)
Orthopedic Shoe Dealers (https://www.yellowpages.com/albuquerque-nm/orthopedic-shoe-dealers)

Hanger Clinic

Prosthetics and Orthotics
715 Martin Luther King Drive NE, Suite 101
Albuquerque, NM 87102
505-224-9632
3900 Georgia St NE
Albuquerque, NM 87110
505-881-8245
1904 Wellspring Ave SE
Rio Rancho, NM 87124
505-898-6856
435 St Michaels Dr, Bldg C
Santa Fe, NM 87505

Marge's

505-988-5526

Prosthesis and Breast Forms Supplier for Medicare 88 Edmundo Rd Belen, NM 87002 505-864-1842

Chemotherapy Care

CHEMOcare Answer Line: 1-844-268-3901 or visit: www.chemocare.com Provides latest information about chemotherapy side effects and self-care.

Cannabis Clinics

The Verdes Foundation
7301 San Antonio Dr NE
Albuquerque, NM 87109
505-280-2814
https://www.verdesfoundation.org/

Green Goods 2529 San Mateo Blvd NE, Ste 1-3 Albuquerque, NM 87110 505-273-2465 https://visitgreengoods.com/

PurLife Dispensaries
3821 Menaul Blvd NE, Ste F
Albuquerque, NM 87110

9800 Montgomery Blvd NE, Ste 9 Albuquerque, NM 87111

417 Tramway Blvd NE, Ste 2 Albuquerque, NM 87123

7001 Montgomery Blvd NE Albuquerque, NM 87109

2011 Mountain Rd NW Albuquerque, NM 87104

3140 Cerrillos Rd, Ste L Santa Fe, NM 87507

505-433-2672

Urban Wellness 2910 San Mateo Blvd NE, Ste 5 Albuquerque, NM 87110 505-369-0081

4601 Paradise Blvd NW, Ste H Albuquerque, NM 87114 505-369-0092

Sandia Botanicals 2406 Comanche Rd NE Albuquerque, NM 87107 505-717-2764

Children's Services

Climb®

CLIMB® is a program for kids and teens that have a parent, grandparent, or guardian with cancer. CLIMB® is open to community regardless of treatment center and serves children and teens from 1st grade to senior in high school.

4901 Lang Ave NE
Albuquerque, NM 87109
505-857-8460
New Mexico Cancer Coalition - Climb® (https://nmcancercouncil.org/acc-directory/listing/climb/)

Assistance for Pets

The love and support that a pet brings into the lives of people with cancer and their loved ones is important. Caring for your pet when you have cancer can be challenging. The **Pet Assistance & Wellness Program (PAW)** assists people undergoing cancer treatment with the challenges of keeping their cat or dog at home.

Call the Hopeline at 800-813-4673, Monday through Thursday from 10 a.m. to 6 p.m. ET, and Friday from 10 a.m. to 5 p.m. ET. Or visit https://www.cancercare.org/paw

Pharmaceuticals

www.healthwellfoundation.org

www.needymeds.org

medicineassistancetool.org

www.rxhope.com

rxoutreach.org

www.newmexicodrugcard.com

www.workerscompdoctor.com/free-medicine-program

Nutrition

Albuquerque

Meals On Wheels mow-nm.org 5901 Harper Dr NE Albuquerque, NM 87109 505-808-6325

Roadrunner Foodbank

www.rrfb.org 5840 Office Blvd NE Albuquerque, NM 87109 505-247-2052

Office of Senior and Social Services (Bernalillo County)

www.bernco.gov/community-services/about-the-community-services-division/office-of-health-and-social-services/

415 Silver Street SW Albuquerque, NM 87102 505-314-0425

Santa Fe

Kitchen Angels <u>kitchenangels.org</u> 1222 Siler Rd Santa Fe, NM 87507 505-471-7780

Meals on Wheels - Santa Fe County Senior Services

(www.santafecountynm.gov/community_services/seniors#:~:text=Meals%20on%20Wheels,(505)%2099 2%2D3069.)

Phone: 505-992-3069

Oral Health

Dentists (Free or Sliding Scale)

South Valley Medical Center - Dental (https://www.freedentalcare.us/li/nm 87105 south-valley-medical-center-dental) 2001 N. Centro Familiar, SW Albuquerque, NM 87105 505-873-7423

First Nations Community Healthsource- Zuni Clinic Center (https://www.freedentalcare.us/li/first-nations-community-healthsource) 5608 Zuni Road SE Albuquerque, NM 87108 505-262-2481

Albuquerque Health Care for The Homeless (https://www.freedentalcare.us/li/albuquerque-health-care-for-the-homeless) 1217 First Street NW Albuquerque, NM 87102 505-242-8288

Presbyterian Medical Services Family Health Center (https://www.freedentalcare.us/li/presbyterian-medical-services-family-health-center) 2300 Grande Boulevard SE Rio Rancho, NM 87124 505-896-7100

PMS Sandoval County Health Commons Dental (https://www.freedentalcare.us/li/pms-sandoval-county-health-commons-dental) 1500 Idalia Road Bernalillo, NM 87004 505-404-5894

Los Lunas Medical - Dental Center
(https://www.freedentalcare.us/li/nm 87031 los-lunas-medical-dental-center)
145 Don Pasqual NW
Los Lunas, NM 87031
505-224-8740

PMS Torreon Health Clinic

(https://www.freedentalcare.us/li/pms-torreon-health-clinic)

2500 State Highway 197 Torreon, NM 87013 505-731-2284

Penasco Dental Clinic

(https://www.freedentalcare.us/li/Penasco_Dental_Clinic)

State Road 75 Penasco, NM 87553 575-587-2809

PMS Questa Health Center

(https://www.freedentalcare.us/li/pms-questa-health-center)

(21 miles away from Taos) 2573 State Highway 522 Questa, NM 87556 575-586-0315

Genetic and Hereditary Risk

Invitae

Genetic testing: DNA health and medical testing (www.invitae.com)

Myriad Genetics

(myriad.com/about-myriad-genetics)

FORCE - Facing Hereditary Cancer Empowered

(https://www.facingourrisk.org/)

Lovelace Women's Hospital

Support for those with genetic mutations Contact: Lou Wilburn at atlswilburn05@aol.com Or: Kendra Montanari at kendra@facingourrisk.org

Fertility

The Oncofertility Consortium

(Michigan State University - oncofertility.msu.edu)

The Oncofertility Consortium is a group of researchers and medical professionals dedicated to exploring and expanding options for the reproductive future of cancer survivors.

SaveMyFertility (now part of The Oncofertility Consortium)

SaveMyFertility (<u>savemyfertility.org</u>) is an authoritative resource for adult cancer patients and the parents of children with cancer who want to learn more about preserving their fertility before and during cancer treatment, and protecting their hormonal health after treatment.

Use the Clinic Finder (<u>oncofertility.msu.edu/clinic-finder</u>) to find the fertility preservation center closest to you (Michigan State University).

- Caperton Fertility Institute 6500 Jefferson St NE, Ste 250 Albuquerque, NM 87109 505-702-8020
- Fertility Center of New Mexico Presbyterian Hospital 201 Cedar St SE, Ste S1-20 Albuquerque, NM 87106 505-248-0000
- UNM Center for Reproductive Health 2301 Yale Blvd SE, Ste E Albuquerque, NM 87106 505-925-4455
- Women's Specialists of New Mexico (WSNM)

Downtown
1001 Coal Ave SE
Albuquerque, NM 87106

Jefferson Lane
4640 Jefferson Lane NE
Albuquerque, NM 87109

Westside
6320 Riverside Plaza Lane NW, Ste A
Albuquerque, NM 87120
505-843-6168

Behavioral Health

Counseling Agencies with Sliding Scale Services

NM Solutions

http://www.newmexicosolutions.com/

Individual, group, and family therapy for children, adolescents, and adults with mental health or substance abuse issues. Also provides psychiatry and Assertive Community Treatment. 707 Broadway NE, Suite 500 Albuquerque, NM 87102 505-268-0701

First Nations

https://www.fnch.org/

Behavioral Health Services are available for children, adolescents, adults, families, couples, and groups. Various locations around Albuquerque.

Zuni Clinic: 505-262-2481 or Truman Clinic: 505-248-2990 All Nations Wellness and Healing Center: 505-717-2704

Centro Savila

http://www.centrosavila.org/

Individual therapy, group therapy, and case management for mental health and substance abuse issues. Bilingual services available.

Main Office: 1317 Isleta Blvd SW, Albuquerque, NM 87105

By appointment only: 505-312-7296

Outcomes Inc

https://www.outcomesnm.org/

Individual, family, and couples counseling, conflict resolution, and mediation. 1503 University Blvd NE Albuquerque, NM 87102 505-243-2551

Free Counseling Services

UNM Manzanita Clinic

<u>coe.unm.edu/departments-programs/ifce/counselor-education/manzanita-counseling-center</u> Mental health and life transition counseling, provided by UNM Counseling Students. 505-277-7311

UNM Psychology Department Clinic

psych.unm.edu/community/psychology-clinic

General or specialty psychotherapy services provided by psychology doctoral students. 1820 Sigma Chi NE, MSC 02 1675
1 University of New Mexico
Albuquerque, NM 87131
505-277-5164 Main Clinic or
505-277-5165 Specialty Clinics (message)

Counseling Agencies with Weekend Appointments

A New Awakening Saturdays 8am-2pm

https://rioawakening.com/

Individual, group, and family therapy for mental health and substance abuse issues. Accepts Medicaid, Medicare, and private insurance.

1207 Golf Course Rd SE

Rio Rancho, NM 87124 505-994-4100

A New Awakening Saturdays 9am-3pm (not affiliated with the agency above)

Individual and group therapy for mental health and substance abuse issues for adolescents and adults. 400 Gold Ave SW Albuquerque, NM 87102 505-224-9124

The Community Lighthouse Sundays (telehealth only)

www.tclhnm.com

Individual and family therapy for children, adolescents, and adults. Psychiatry services available. Accepts Medicaid, NM Health Connections, and private insurance. 3301 Candelaria NE, Ste B Albuquerque, NM 87107 505-273-6300

Outcomes Inc Saturdays 9am-1pm

https://www.outcomesnm.org/

Individual, family, and couples counseling, conflict resolution, and mediation. Five sessions free for UNMH employees. Accepts Medicaid, Medicare, and private insurance.

1503 University Blvd NE Albuquerque, NM 87102

505-243-2551

COMMUNITY RESOURCE LIST

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Rio Grande Counseling Services

Appointments available every day; schedule online.

www.riograndecgs.com

Individual and group therapy for adults, children, and families with mental health or substance abuse issues. Some psychiatry services available. Accepts Medicaid and private insurance.

1010 Las Lomas NE Albuquerque, NM 87102 505-246-8700

Life Change Psychotherapy Institute Limited Saturday appointments available

lifechangetherapy.net

Individual, couples, and group therapy for adults. Accepts private insurance and Medicaid/Medicare patients.

1200 Eubank Blvd NE Albuquerque, NM 87112 505-271-5050

No Wait List

A New Awakening Rio Rancho

Rioawakening.com

Individual, group and family therapy for mental health and substance abuse issues. Accepts Medicaid, Medicare, and private insurance.

1207 Golf Course Rd SE, Ste C Rio Rancho, NM 505-994-4100 3321 Candelaria Rd NE, Building B, Ste 322 Albuquerque, NM 505-881-2793

Albuquerque Behavioral Health

www.albuquerquebehavioralhealth.com

Provides mental health treatment services and substance use treatment services including: individual therapy, case management, family counseling, art therapy, paly therapy, and group counseling. Accepts Medicaid and private insurance.

8100 Mountain Rd NE, Ste 200B Albuquerque, NM 87110 505-830-6500 4351 Jager NE, Suite E & D Rio Rancho, NM 87144 505-867-0223

Aliviar Counseling Services

https://sharenm.org/aliviar-counseling-services/aliviar-counseling-services

Provides mental health treatment services and substance use treatment services. Groups include anger management, domestic violence, women's issues and parenting. Accepts Medicaid. 1611 Central NW

Albuquerque, NM 87104 505-247-4622

Rio Grande Counseling Services

www.riograndecgs.com

Individual and group therapy for adults, children, and families with mental health or substance abuse issues. Some psychiatry services available. Accepts Medicaid and private insurance.

1010 Las Lomas NE Albuquerque, NM 87102 505-246-8700

NM Solutions

www.newmexicosolutions.com

Individual, group, and family therapy for children, adolescents, and adults with mental health or substance abuse issues. Also provides psychiatry and Assertive Community Treatment. 707 Broadway NE, Suite 500 Albuquerque, NM 87102 505-268-0701

The Community Lighthouse

www.tclhnm.com

Individual and family therapy for children, adolescents, and adults. Psychiatry services available. Accepts Medicaid, NM Health Connections, and private insurance. 3301 Candelaria NE, Ste B Albuquerque, NM 87107 505-273-6300

Presbyterian Behavioral Health

Outpatient Behavioral Health (www.phs.org/doctors-services/behavioral-health/outpatient)

The adult behavioral health specialists provide a full continuum of psychiatric services for adult patients. Our services include assessments, counseling, rehabilitation, psychiatric consultation, substance abuse programs, a variety of community support services, crisis intervention, and more.

Kaseman Hospital Complex 1325 Wyoming Blvd Albuquerque, NM 87112 505-291-5300

Outcomes Inc

www.outcomesnm.org

Individual, family, and couples counseling, conflict resolution, and mediation. Five sessions free for UNMH employees. Accepts Medicaid, Medicare, and private insurance.

1503 University Blvd NE
Albuquerque, NM 87102

505-243-2551

Monarch Psychiatry

Patient will be asked to be placed on a waitlist. www.monarchpsychiatrynm.com
Cheri Koinis, Ph.D.
8204 Louisiana Blvd NE, Ste A
Albuquerque, NM 87113
505-582-2180

Financial/Medical Leave/Social Security/Advanced Directive/Power of Attorney/Insurance

Cancer Services of New Mexico

CSNM's LIPA Program (cancerservicesnm.org/new/lipa-program)

Provides education material and seminars, legal/insurance information, patient advocacy, patient navigation, support groups/one-on-one support, and volunteer training and opportunities.

P.O. Box 51735

Albuquerque, NM 87181-1735

505-259-9583

Email: info@cancerservicesnm.org

Facebook: www.facebook.com/CancerServicesNM

Pink Fund

pinkfund.org

Patient Access Network Foundation

www.panfoundation.org

The PAN Foundation helps remove financial barriers for medications, treatment, and travel expenses for patients

Cancer Financial Assistance Coalition

www.cancerfac.org

The Cancer Financial Assistance Coalition (CFAC) is a coalition of organizations that help patients reduce financial barriers during cancer treatment. The CFAC is a group of 15 organizations that collaboratively fund and maintain a database of financial and other resources specifically for individuals diagnosed with cancer. The database is a free service and allows individuals to search for assistance by type of cancer, regionally, or by the specific type of assistance they require, be that prescription assistance, help purchasing durable medical equipment, or living expenses. Other assistance might include meal delivery, home care, and transportation. The CFAC database is thorough, easy-to-use, and fast.

Breast and Cervical Cancer Early Detection Program

NM Health (www.nmhealth.org/about/phd/pchb/bcc)

Direct under/uninsured patients for free breast and cervical cancer screenings throughout the state of New Mexico.

Christus St. Vincent

Financial Assistance (www.christushealth.org/plan-care/bill-pay/financial-assistance)
Christus St. Vincent has an indigent fund; rely on BCCP Directive from provider. Application required, which is available online or at the hospital.

575-202-9937

Mortgage Support

NM Cancer Help

New Mexico Cancer Financial Help Resources
www.nmcancerhelp.org/nm_cancer_financial_resources.htm
List of agencies with housing or mortgage information

The Salvation Army USA

Rent, Mortgage and Utility Assistance | The Salvation Army USA (<a href="https://www.salvationarmyusa.org/usn/rent-mortgage-and-utility-assistance/#:~:text=Whether%20you%20own%20a%20home%2C%20are%20paying%20off,they%20need%20to%20help%20their%20families%20stay%20afloat.)

The Salvation Army understands the impact of unexpected life changes that can affect household income and lead to housing instability. Whether you own a home, are paying off a mortgage, or are currently renting, assistance is available to help reduce the financial and emotional burdens associated with housing, including options to apply for rental assistance through our program.

USA.gov

Health Resources and Services Administration (HRSA) www.usa.gov/agencies/health-resources-and-services-administration

Cancer Services of New Mexico

Services to Reduce Cancer Suffering for New Mexico's Families (cancerservicesnm.org/new)
Our programs support family members, loved ones, and caregivers who are impacted by cancer.

Legal Assistance

Legal Assistance for Cancer Patients | CCN (cancercarenews.com)

(cancercarenews.com/ccn-blog/getting-legal-help-during-and-after-a-cancer-diagnosis)

A list of legal assistance resources that are available for free. Whether you need assistance getting treatment or want to understand your rights, they have put together some legal aid services to help you on your way.

CancerCare

Legal Assistance and Cancer (www.cancercare.org/publications/331legal assistance finding resources and support) This is a list of resources for legal assistance.

Patient Advocate Foundation

www.patientadvocate.org

The Patient Advocate Foundation offers education, legal counseling, and referral concerning managed care, insurance, financial issue, job discriminations and debt crisis matters. 800-532-5274

National Coalition for Cancer Survivorship (NCCS)

canceradvocacy.org

Provides information on caner support, employment, financial, legal issues, advocacy, and related

877-622-7937

New Mexico Legal Aid

www.newmexicolegalaid.org

Provides free legal help and advice for New Mexico residents age 54 and younger. 833-LGL-HELP (833-545-4357)

505 Marquette Avenue NW (P.O. Box 25486)

Albuquerque, NM, 87102 (87125-5486)

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Senior Citizens Law Office

sclonm.org

Provides free legal advice to people 60 and older living in Bernalillo, Sandoval, Sandoval, Torrance, and Valencia countries.

1240 Pennsylvania St NE, Suite A
Albuquerque, NM 87110

505-265-2300

NM American Bar Association

nm.freelegalanswers.org

ABA Free Legal Answers is a virtual legal advice portal where qualifying users request brief advice about a specific civil legal issue and pro bono volunteer attorneys provide information and basic legal advice. There is no fee for the use of this system of for the advice and information provided by the attorney.

State Bar of New Mexico

NMSBF Workshops & Legal Clinics (www.sbnm.org/For-Public/NMSBF-Workshops-Legal-Clinics)
Lists of workshops and legal clinics (in-person and virtual) for consumer debt/bankruptcy, divorce options, and common legal issues for senior citizens.

Transportation

Road to Recovery

American Cancer Society (<u>www.cancer.org/support-programs-and-services/road-to-recovery.html</u>)

One week notice required. One week arranged at a time. Ambulatory and cancer-related appointments only.

1-800-227-2345

Santa Fe Ride Program

santafenm.gov/public-works/transit/santa-fe-ride-programs

This is origin to destination transportation service for seniors and persons with disabilities who cannot use regular bus service and reside in Santa Fe. Fare per trip is \$5 except for ADA and senior veterans. 505-955-2001

Angel Flight

www.angelflight.com/patients

Provides free air transportation for patients to and from scheduled medical treatment. Financial need is verified.

Catholic Charities

www.ccasfnm.org/seniortransportation.html

Senior transportation program helps seniors with limited transportation to attend medical appointments, business transactions (bank, post office or government buildings) and groceries. This program is free and open to everyone over the age of 60, throughout most of the Albuquerque and Rio Rancho metro area, regardless of income level.

Apply for services (waitlist) or schedule a ride: 505-724-4659

Safe Ride Services

Provides door-to-door nonemergency medical and transportation services for Medicaid patients. 1903 Edith Blvd NE, Bldg B Albuquerque, NM 87102 505-203-5386

Department of Senior Affairs (City of Albuquerque)

Senior Transportation

Curb-to-curb van transportation within Bernalillo County that is provided to individuals age 60 and older. Priority given to those who have medical appointments. 505-764-6464

MyRide Non-Emergency Medical Transportation

Non-emergency medical transportation for ambulatory patients. In town and out-of-town transportation. Accepts most insurance and self-pay.

Facebook: www.facebook.com/MyRideNEMT

1830 E Lohman Ave Las Cruces, NM 575-382-7433

Support Services (Cleaning for a Reason)

Cleaning for a Reason

www.cleaningforareason.org

Cleaning for a Reason is a nonprofit organization partnering with maid services to offer free professional house cleanings to improve the lives of women undergoing cancer treatment.

Apply Online: portal.cleaningforareason.org/patients/account/register

Language/Communication

Support for Spanish Speakers

Comadre a Comadre (Spanish)

Comadre a Comadre at The University of New Mexico Support services provided at no cost and in both Spanish and English. UNM Main Campus Manzanita Hall 502 Cornell Dr NE Albuquerque, NM 87131 505-277-2398

NCCN Guidelines for Patients

Spanish - <u>www.nccn.org/patients/guidelines/content/PDF/invasive-breast-esl-patient2.pdf</u> Other languages - <u>www.nccn.org/global/what-we-do/guidelines-for-patients-translations</u>

Breastcancer.org (Spanish)

www.breastcancer.org/es

Durante el tratamiento (www.breastcancer.org/es/acerca-de-ti/durante-tratamiento)

NIH - National Cancer Institute

www.cancer.gov/espanol

Information about free or low-cost mammogram screening programs is available through NCI's Cancer Information Service at 800-422-6237.

American Cancer Society

Cancer Information in Spanish - www.cancer.org/cancer-information-in-other-languages/spanish.html Llamando en Español: 800 227-2345

Centers for Disease Control and Prevention (CDC)

Videos About Breast Cancer (Spanish) <u>www.cdc.gov/spanish/cancer/breast/resources/index.htm#videos</u>
Spanish language videos about breast cancer that have been posted on CDC's YouTube channel.

Communication and Support for Families

CaringBridge®

www.caringbridge.org

Provides a personal website as a place to share health updates, photos, and videos with the people who care about you.

National Alliance for Caregiving

www.caregiving.org

202-918-1013

The National Alliance for Caregiving (NAC) is dedicated to providing quality of life for patient and families through research, innovation, and advocacy.

Hospital Resources

Lovelace Women's Hospital

<u>Iovelacecancercenter.com/breast-cancer</u> 4701 Montgomery Blvd. NE Albuquerque, NM 87109 505-727-6900 Sandra Arrellano, MS

Presbyterian Cancer Care

(Rust Medical Center)

www.phs.org/doctors-services/cancer-care/breast-surgical-oncology/rio-rancho

2400 Unser Blvd SE, Level 2, Ste 29100 Rio Rancho, NM 87124 505-559-6100 Barbara Ginn, RN Melissa Greig, RN

(Kaseman Hospital)

www.phs.org/doctors-services/cancer-care/breast-surgical-oncology/kaseman

8300 Constitution Ave NE Albuquerque, NM 87110 505-559-6220

UNM Comprehensive Cancer Center

1201 Camino de Salud NE Albuquerque, NM 87102 505-272-4946

New patients: 505-272-2839

New Patient Information Form – unmhealth.org/cancer/assets/pdf/ccc-newpatientinformationpacket-4-

21a.pdf

Breast Cancer Team – <u>unmhealth.org/cancer/teams/breast.html</u>

COMMUNITY RESOURCE LIST

December 2024

Breast and Cervical Cancer Early Detection Program (BCCP)

BCC Program – https://www.nmhealth.org/about/phd/pchb/bcc/
PCCP Staff – https://www.nmhealth.org/about/phd/pchb/bcc/staff/

Consuelo Montano: 505-250-6493 Erica Nuefield: 505-220-9717 Claire Beller: 505-688-9296 Wendy Hine: 505-272-5446

Diane Nielson, UNM Navigator: 505 463-0533 or 505 272-4946

Raymond G. Murphy Veterans Medical Center

Janice Schwartz, RN
Women's Clinic – www.va.gov/new-mexico-health-care/health-services/women-veteran-care
Building 41, 2nd Floor, B wing
1501 San Pedro Dr SE
Albuquerque, NM 87108
505-265-1711, ext. 4828

Indian Health Service (IHS)

Albuquerque – www.ihs.gov/albuquerque 801 Vassar Drive NE Albuquerque, NM 87106 505-248-4000

<u>Tsehostsooi Medical Center (Ft. Defiance, AZ)</u> Navajo Area HIS – <u>www.ihs.gov/navajo</u> Nurse Coordinator, Donna Fenton, RN 928-729-8135

Santa Anna Health Center – www.ihs.gov/albuquerque/healthcarefacilities/santaana
Nurse Coordinator (BCC), Toni Denny, RN 505 867-2497

Santa Fe

Nexus Health (formally New Mexico Cancer Care Associates

Nexus Health
nexushealth-nm.com/medical-oncology
4200 Beckner Road
Santa Fe, NM 87507
505-477-2200
After hours service number: 800-270-1276

COMMUNITY RESOURCE LIST December 2024

Santa Fe Imaging

santafeimaging.com

Main Facility: 1640 Hospital Dr Santa Fe, NM 87505

Appointments: 505-983-9350

Lodging

Casa Esperanza

casanm.org

1005 Yale Blvd. NE Albuquerque, NM 87106

Tel: 505-246-2700 Fax: 505-277-9876

Facebook: www.facebook.com/casaesperanzanm

Holland's Rose Hospital Hospitality House

hollandsrose.com

132 Griegos Rd NW Albuquerque, NM 87107 505-345-2020

The American Cancer Society

ACS Lodging Programs

www.cancer.org/support-programs-and-services/patient-lodging.html

Getting the best care sometimes means cancer patients must travel away from home. This can place an extra emotional and financial burden on patients and caregivers during an already challenging time. The ACS tries to make this difficult situation easier for both cancer patients and their families through lodging programs.

800-227-2345

Foundation Funds

Cancer Foundation for New Mexico

cffnm.org

3005 S. St. Francis Dr, Ste 3-B Santa Fe, NM 87505 505-955-7931

Carolyn Owen: Tel: 505-955-7931 Extension 3; Email: Carolyn@cffnm.org or barbara@cffnm.org

Facebook: www.facebook.com/cffnm

Energy Employees Occupational Illness Compensation Resource Center (US Dept of Labor)

Española Resource Center

 $\underline{www.dol.gov/agencies/owcp/energy/regs/compliance/ResourceMeetings/maps/resourcecenterEspanola}$

412 Paseo de Onate, Ste D Española, NM 87532 505-747-6766

866-272-3622

E-mail Anna Herrera: espanola@dolrc.com

Taos Cancer Support Services Program

Holy Cross Medical Center
holycrossmedicalcenter.org/program/cancer-support-services
413 Sipapu St.
Holy Cross Community Health Outreach Building
Taos, NM 87571
575-751-8927

Contact: Susan Strong at sstrong@taoshospital.org
Facebook: www.facebook.com/taoscancersupport

Service Coordination/Care Management

UNM Navigators (UNM/Lovelace/Presbyterian/NMCC)

UNM Patient Navigation: 505-272-4946

Lovelace Patient Navigation: 505-727-6930 Lovelace Patient Navigation Blog (lovelace.com/news/blog/patient-navigation-pathway-better-health-outcomes)

Presbyterian Patient Navigation: 505-559-6100

New Mexico Cancer Center: NM Cancer Center Navigation – nmcancercenter.org/patient-navigator

United Insurance

Special Needs Unit: 800-460-5689, TTY 711

United Health Care (Medicare) - www.uhc.com/medicare/medicare-education/special-needs-plans.html

AETNA Compassionate Care Program (Medicare only; no Medicaid in NM)

www.aetna.com/individuals-families/member-rights-resources/compassionate-care-program.html

Medical Assistance: Call your plan's customer service number or 800-872-3862, TTY: 711

Professional Case Management

Occupational-related care management (<u>procasemanagement.com</u>), including Nuclear Weapons Worker Program (<u>procasemanagement.com/nuclear-weapons</u>).

500 E. 8th Avenue Denver, CO 80203 888-886-2281

Santa Fe Office

1751 Old Pecos Trail, Suite K Santa Fe, NM 87505 Hera Shore, RN, Administrator, Ext 432

Phone: 505-204-7146 Fax: 505-982-3173

Grants Office

312 North 1st Street Grants, NM 87020 Phone: 505-285-6053 Fax: 505-285-6055

COMMUNITY RESOURCE LIST December 2024

Agent Orange

Veterans Affairs Hospitals
PACT Act and VA Benefits – www.va.gov/resources/the-pact-act-and-your-va-benefits
800-698-2411

September 11 (New York City Exposure Zone)

CDC Website for the World Trade Center Health Program — www.cdc.gov/wtc
888-982-4748
CDC/NIOSH
ATTN: World Trade Center Health Program
400 7th Street SW, Suite 5W
Washington, DC 20024
WTC@cdc.gov

Smoking Cessation Services

CDC Quit Now Services

www.cdc.gov/tobacco/campaign/tips/quit-smoking/quitline/index.html?s cid=OSH misc M150

Research shows that the more support you have in quitting smoking, the greater your chance for success. Ask your doctor, nurse, social worker, or hospital about available programs or call 800-QUIT NOW (800-784-8669).

FREE help quitting all tobacco and vaping products including:

24/7 support

Personal quit plan

Self-help materials

Unlimited sessions with a trained Quit Coach—quit at your own pace and conquer urges to smoke. Gum, patches, or lozenges, while supplies last, mailed directly to the registered participant. Specialized services for youth and for pregnant women.

Cancer Support Now

Smoking Cessation – <u>www.cancersupportnow.org/free-support</u> Patricia Torn

On Zoom or by phone Helpline: 505-255-0405 Email: info@csn.org

US Dept. of Health and Human Services

smokefree.gov

Hospice and End of Life

Hospice of New Mexico

hospiceofnewmexico.com

"At Hospice of New Mexico, we provide family-focused care to meet the medical, emotional, and spiritual needs of our patients and their loved ones. From palliative care to hospice services, we take the time to listen and honor your choices as we walk with you through life's journey." 505-872-2300

Hospice Analytics

List of New Mexico Hospices www.nationalhospiceanalytics.com/hospice-by-state/new-mexico

New Mexico Care Planning Council

List of New Mexico Hospice Care Services www.carenewmexico.org/list04 nm hospice care.htm

National Hospice and Palliative Care Organization (NHPCO)

www.capc.org/collaborations/national-hospice-and-palliative-care-organization

NHPCO is the largest nonprofit membership organization representing hospice and palliative care programs and professionals in the United States. 347-835-0658

Compassion and Choices

CompassionandChoices.org

This organization, formerly known as The Hemlock Society, offers consultations, assistance, and support. They are also involved in legal defense and lobbying efforts to expand right-to-die legislation in the U.S. and, to a lesser extent, Canada.

Death with Dignity

DeathwithDignity.org/about

"Our goal is to ensure people with terminal illness can decide for themselves what a good death means in accordance with their values and beliefs, and that should include having an option for death with dignity."

COMMUNITY RESOURCE LIST December 2024

Dignitas

www.dignitas.ch/index.php?lang=en

A Switzerland-based self-determination, autonomy, and dignity in death support group.

The Final Exit Network

www.FinalExitNetwork.org

The organization holds that "mentally competent adults who suffer from a terminal illness, intractable physical pain, chronic or progressive physical disabilities, or who face loss of autonomy and selfhood through dementia have a basic human right to choose to end their lives when they judge their quality of life to be unacceptable." This organization's philosophy was founded on the book *Final Exit* by Derek Humphry.

End Of Life Options New Mexico

endoflifeoptionsnm.org

Provides information and support for all end-of-life options, including Medical Aid in Dying (MAID).

Survivorship and Exercise

Livestrong

www.livestrong.org

Livestrong provides education, advocacy, and public health and research programs to anyone affected by cancer.

Questions: 877-236-8820

Pink Warrior House

Pink Warrior House Foundation

pinkwarriorhouse.org

Mission: To provide a community that supports those battling breast cancer and their caregiver(s).

505-577-5264

Lovelace Breast Care Center

Embrace

<u>lovelacecancercenter.com/embrace</u>

Young Breast Cancer Survivors Support Group

Third Tuesdays, 6:15-7:15 p.m.; call 505-727-6933

Yoga for Breast Cancer Survivors

Tuesdays, 5:00-5:45 p.m., and 5:55-6:30 p.m. Can attend either or both sessions via Zoom (see website:

<u>lovelacecancercenter.com/embrace</u>) or in person at Lovelace Women's Hospital, Auditorium B.

Fridays, 11:30 a.m. to 12:30 p.m. Call 505-727-6933

Join via Zoom (see website: lovelacecancercenter.com/embrace)

Healing Touch, by appointment; call 505-727-3041

Restorative Management (Beauty and Body Image)

American Cancer Society

"Ever You" – everyou.com

Shop for affordable wigs, hair-loss products, and mastectomy products.

New Mexico Cancer Center

Women's Care Wednesday - hbnb.io/e/yine
Monthly day of support at the NM Cancer Center.
4901 Lang Ave NE
Albuquerque, NM 87109

First Wednesdays of each month in Albuquerque from 10 a.m. to 2 p.m.

Third Wednesdays of each month in Gallup (2240 College Drive) from 11 a.m. to 2 p.m.

Beautiful Warrior makeup and skincare classes, yoga with guided meditation, art therapy activities, peer-led talking circle, and nutrition. For cancer patients and caregivers.

Contact allison@pinkwarriorhouse.org with questions or for details.

Pink Warrior House

See website (<u>pinkwarriorhouse.org</u>) for ongoing activities, including support groups, counseling, art therapy, yoga, meditation and mindfulness classes and experiences, our Beautiful Warrior makeup and skincare classes with high quality products, nutritional support, a wig exchange with a professional stylist, a monthly virtual lecture series, a "Battle Buddy" network to pair those newly diagnosed with someone who has been through a similar fight, and so much more!

Chemo Beanies

www.chemobeanies.com

Hello Courage

www.hellocourage.com

Headcovers Unlimited

www.headcovers.com

Patient Navigators in the Community

Lovelace Women's Hospital

Sandra Arellano, MS 505-727-6933 Regina Johnson 505-727-6937

Presbyterian Cancer Center

Barbara Ginn, RN 505-250-0375 Melissa Greig, RN 505-559-8761

University of New Mexico Hospital

Diane Nielson 505-506-9858

Clinical Trials

National Cancer Institute

NCI's Clinical Trials Programs and Initiatives – www.cancer.gov/research/infrastructure/clinical-trials
Information for Patients and Caregivers – www.cancer.gov/about-cancer/treatment/clinical-trials
Find a Clinical Trial – ccr.cancer.gov/clinical-trials

National Institute of Health

ClinicalTrials.gov

Learn about clinical studies from around the world.

Occupational and Environmental Exposure

Compensation Fund	Phone Contact	Website
Radiation Exposure Compensation Act (RECA)	Arizona: 928-522-5466 or 928-774-6299	www.hrsa.gov/rural- health/grants /radiation-exposure /find-clinic
	Colorado: 303-398-1418 or 303-270-2641	
	Navajo Area: 505-368-7032	
	Nevada: 702-992-6887	
	New Mexico: 505-272-5880	
	Eastern Utah: 435-587-5054	
	Southeastern Utah: 435-651-3291	
	Southwestern Utah: 435-688-5990	
Energy Employees Occupational Illness Compensation Program Act (EEOICPA)	California Resource Center: 925-606-6302	www.dol.gov/
	Denver Resource Center: 720-540-4977	agencies/owcp/energy/ regs/compliance/ ResourceMeetings /ResourceCenters
	Espanola, NM, Resource Center: 505-747-6766	
	Hanford, WA, Resource Center: 509-946-3333	
	Idaho Resource Center: 208-523-0158	
	Las Vegas, NV, Resource Center: 702-697-0841	
	New York Resource Center: 716-832-6200	
	Oak Ridge, TN, Resource Center: 865-481-0411	
	Paducah, KY, Resource Center: 270-534-0599	
	Portsmouth, OH, Resource Center: 740-353-6993	
	Savannah River, SC, Resource Center: 803-279-2728	
September 11th Victim Compensation Fund (VCF)	Helpline: 855-885-1555	www.vcf.gov/
World Trade Center (WTC) Health Program	888-982-7478 for questions not addressed in categories online	www.cdc.gov/wtc/
PACT Act for Veterans	National: 800-698-2411	www.va.gov/resources/ the-pact-act-and-your- va-benefits