

**Registration is LIVE for the Foundations
in Leadership and Management
Open Seat Program: Sign up and
Unleash Your Leadership Potential today!**



Are you ready to take charge of your leadership development and make a lasting impact?

Positive Forward Motion is thrilled to present an exclusive opportunity for individuals who are seeking an immersive leadership and management program. The Open Seat Foundations in Leadership and Management course is specifically designed for those unable to bring in-house training to their organizations, be it due to team size constraints, budget limitations, or other logistical challenges.

Why settle for mediocrity when you can unlock true leadership potential? This comprehensive program empowers individuals to delve deep into the world of effective leadership, equipping participants with the skills and knowledge necessary to drive positive change in any professional setting.

What sets this program apart? An understanding that individual growth is just as important as organizational development. That's why the Open Seat Foundations in Leadership and Management course offers a unique opportunity for both personal and professional advancement.

Participants will join a diverse cohort of ambitious individuals, creating an environment conducive to collaboration, networking, and shared learning.

Here's what participants can expect from this program:

- 1. Cutting-edge curriculum:** The meticulously crafted curriculum covers a wide range of topics, including leadership theory, strategic planning, team dynamics, conflict resolution, and more. At Positive Forward Motion we believe in providing you with practical tools and techniques that can immediately be applied in your role.
- 2. Engaging learning experiences:** Say goodbye to dull lectures and hello to interactive sessions that will keep participants engaged and inspired. Through a combination of dynamic workshops, group activities, case studies, and guest speakers, we ensure an immersive and transformative learning journey.
- 3. An Expert facilitator:** Lesley Calvin MA CPC PCC is an industry leader with a solid academic background in Organizational Leadership, a wealth of real-world leadership experience, and hundreds of hours of dedicated coaching and development with professionals, leaders and executives like you. She will guide you through the course, offering valuable insights, personalized feedback, and practical advice to help navigate the challenges of leadership with confidence.

Registration for the September cohort is currently waitlisted, but don't worry – there is a November offering that you can secure your spot in today. Whether you're an individual looking to invest in your own development or a team leader or HR professional seeking to empower your staff, this program is tailor-made for you.



Don't miss out on this chance to become the leader you were meant to be. Visit our [website](#) now to learn more about the Open Seat Foundations in Leadership and Management course and secure your place in the November 2023 cohort or request to be added to the September offering Waitlist.

Take YOUR first step towards a future of positive forward motion!

Testimonial:

What a great course!

Currently being in a leadership role, I had thought I fine-tuned most aspects, but this course taught me more in-depth teaching in leadership.

Lesley Calvin is an amazing instructor and teaches to all styles of learning.

H. Boese

Foundations in Leadership & Management Training Course Overview

Moving into Leadership & Management is hard!

How does everyone know what to do and how to lead?? The truth is they don't.

Leadership and Management skills are learned and developed through skills and outcomes-based development programs. I have custom developed this program based on everything I wish I had known when I first moved into management. And I have augmented those wishes with years of leadership experience, the feedback of 100's of clients, a Master of Organizational Leadership, and a full-time love of Leadership Training and Development in order to build the Foundations in Leadership and Management program as a highly comprehensive Leadership 'boot camp' filled with inner learnings, tactical skill building, and so much more!

This dynamic, hands-on, and experiential Foundational Leadership and Management program is designed for emerging and new leaders. We have even had seasoned leaders take part and comment that they learned (and relearned) so many applicable leadership skills! The outcomes of the program will create the opportunity for growth and learning to enhance Emotional Intelligence, team building, Coaching and Feedback, Self-awareness, and healthy conflict resolution, between leaders, direct reports, and organizations.

By understanding and practicing concepts of positive leadership and management, individuals will be able to: recognize how they show up, understand the influence they have on others, foster growth in self and others, and with intention, practice actions and steps to get there.

By examining mindset, skillset, and behaviours, individuals will be better prepared and skilled to lead effectively.

Here are some key highlights of what participants can expect from the Foundations in Leadership and Management program:

- **Roles of Leadership and Management:** Participants will discuss and compare the distinct roles and responsibilities of leaders and managers.



- Leadership Competency Assessment: Participants will conduct a self-assessment of their leadership skills to identify strengths and areas for improvement.
- Individual and Organizational Values: Participants will examine the importance of aligning personal and organizational values for effective leadership.
- Challenges in Moving into Leadership: Participants will understand the unique challenges and barriers that arise when transitioning into a leadership role.
- Emotional Intelligence in Leadership: Participants will discover the role of emotional intelligence in effective leadership and develop strategies to enhance it.
- Teambuilding and Positive Culture: Participants will learn strategies to foster a positive and engaged culture within their teams through effective team building.
- Trust-based Leadership and Psychological Safety: Participants will identify and discuss strategies for nurturing trust, empathy, and psychological safety within their teams.
- Healthy Conflict Resolution: Participants will understand the barriers to healthy conflict resolution and develop strategies to navigate conflicts effectively.
- Coaching and Feedback: Participants will review and practice coaching and feedback techniques to empower their team members and drive their growth.
- Leadership Growth and Development Plan: Participants will create a personalized plan with SMART goals, milestones, and indicators to guide their continuous leadership growth.

Testimonial:

This course helps connect the dots between many leadership concepts to provide you with an abundance of learning in a short period! Prepare to learn, participate, and be motivated to bring those ideas back to the workplace.

T. Donia-Edwards

Don't wait! Register or reach out to hold spots before the cohort fills!

Please note the cohort size is kept intentionally small, so if you are interested, please reach out to indicate interest, as well as the number of seats you would like to hold (no obligation for holds, once the program hits capacity, I will follow up with holds to confirm or remove)

September Offering (Waitlisted follow link to be added to the waitlist [registration link](#))

The Program is delivered over 4 days - 3 hours per day via Zoom.

Monday Sept 25th: 1pm-4pm EST

Tuesday, Sept 26th: 1pm-4pm EST

Wednesday, Sept 27th: 1pm-4pm EST

Thursday, Sept 28th: 1pm-4pm EST

November Offering Open and Accepting Registrations

The Program is delivered over 4 days - 3 hours per day via Zoom.

Monday, November 6th: 1pm-4pm EST

Tuesday, November 7th: 1pm-4pm EST

Wednesday, November 8th: 1pm-4pm EST

Thursday, November 9th: 1pm-4pm EST

Cost: \$995 +hst/per



Testimonial:

The Foundations in Leadership course was exactly what I needed to give me the practical and necessary skills and confidence to grow into my position. Having templates to practice on with other new leaders was awesome. I felt like I met my 'people' and got a chance to try out all the leadership 'tasks' I was going to have to do. The size of the group was perfect. I thought I was going to be more nervous than I was to join the group, but everyone was in the same mindset (more or less), so we all got to experiment together. The program Lesley put together is a great mix of foundational leadership training and new and emerging trends that are so needed in the post-pandemic workplace. I would 100% recommend this program to anyone in leadership or within their first years!

C. Smith, Manager, Ontario Municipal Government

Participants of the Positive Forward Motion Leadership Programming have come from some of these amazing organizations:

