



Participant Workbook

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Technology Note: *there are websites where you can enter your date and name of birth, but I don't recommend this. You are giving away your private personal information, and it may not be safe.*

Alternatively, if you're a spreadsheet master, you could set up a spreadsheet to help you with these calculations. In this course, most calculations are easily completed in your head, on paper, or using a calculator.

A note from Dori

Numerology is a fun way to align your business to the energy of your personal numbers. It's one way to achieve Business Resonance™. A Resonant Leader™ is one who knows themselves, has a transformative business mindset, practices radical empathy, and holds their business in authentic momentum. Numerology is a stepping stone to all that!

I'd love to work with you on your business strategy, change planning, adapting to new technology, or unclogging systems. Contact me at www.dorigilbert.com/contact.

Let's "figure" it out together! - Dori

Numerology Basics for Entrepreneurs

Introduction to Digits to Destiny Participant Workbook

This workshop and course is based on Pythagorean Numerology.

The Greek Philosopher Pythagoras noticed that that life could be summarized by the numbers 1-9, each with its own energetic vibration. He created the system where the energy of the numbers could be followed by calculating numbers from one's birth date and one's name at birth.

The workshop will describe the energy of the numbers 1 through 9, the Master Numbers that have a dual vibration: 11, 22, 33; and Karmic Numbers 13, 14, 16, and 19. Each number is either masculine or feminine with balancing or harmonizing qualities.

In numerology, digits are most always reduced to a single digit by addition. For example,

241 is $2+4+1=7$

More than one addition $48 = 4+8=12$; then add the numbers in 12, $1+2 = 3$

Your Four Core Numbers

Refer to the *Numerology Worksheet* provided in the course materials. There are four aspects of your life:

1. Your birth day – most powerful day/number for you
2. Your full birth date – adds up to your Life Path
3. Your Expression (talents) – these are your skills at the personality level that enable you living authentically on your Life Path
4. Soul Urge – what motivates you

Power Number – Add up the numbers in your birth day – day only, not the month or year. This comprises 5% of your energy; it's a minor lesson, but important in making decisions. For example, if your birthday is 4/11/78, use only the 11. $1+1=2$, a Power Number of 2.

Life Path - Full date of birth which is 45% of your energy; your purpose. Add the numbers of your birth month, day and year. For the person with a 5/16/78 birthday, add $5+1+6+7+8 = 27$; $2+7=9$. This person's Life Path is 9.

Expression – Sum of all letters in your name. This calculation is 30% of your energy and relates to the talents or skills you have at the personality level that will help you on your Life Path.

On the *Numerology Worksheet*, there is an area in the middle of the page to write out your full name. Underneath the letters, you'll write out the corresponding numbers, by using the Pythagorean Chart as reference.

Soul Urge is inner motivation, even hidden ones. It comprises 20% of your energy. It can be modified by making changes to your name.

It is calculated by considering only the vowels in your name. On the Numerology Worksheet, write the corresponding numerical values above only the vowels. Add these together to determine your Soul Urge.

Notes on the Numerology Worksheet

As you are learning numerology, it is recommended that you use the letters of your full birth name. If you don't know all your names at birth, use the information that you do have. As continue, you can see how your nickname or legal name changes can affect your expression.

If your name is long or you prefer calculating top to bottom rather than left to right, I provide you with a vertical calculation worksheet, where you can enter the letters vertically, write the corresponding numbers next to it, and add them in groups of five at a time.

Hyphenated Names - treat as two separate names (even Ann-marie if on birth certificate that way)

In English, there are 7 vowels. To calculate Soul Urge, Y and W are sometimes considered vowels, depending on phonetic sounds.

1. Y is always is always a vowel when only vowel in that syllable (typically pronounced "e")
2. Y is always a vowel when preceded by a vowel (Taylor, May)
3. W is considered a vowel when preceded by a vowel and silent (bradshaw, stewart, rainbow)

"Van" and "der" - do add to the name calculation

Drop any suffixes like "II" or "Jr." suffixes

Drop titles like sir, Dr.

The Pythagorean chart is on the worksheet, and here it is again for your reference.

Pythagorean Numerology								
1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Number 1-9 Symbolology

Each number has a Symbol of how its energy works – think of it in terms of shapes.

1 - Creation and all knowledge, the start

Think of a circle with dot in middle, the circle is the universe and dot is God.

Consider the biblical character Adam, the 1, the originator, where feminine and masculine can't be divided, the source, the seed

2 Diad – horizontal line, first step of creation, female, black, white, opposites, universe is based on this dichotomy

3 Triad – manifestation of seed, as in the stalk or flower. Triangle, the tension/integration of the three. Child is number 3 as the expression of joy, love, inside flower is more seeds, procreation

4 Tetrad or square – foundation, husband, wife, child, give a place to live as in stability, strong, reliable, dependable

5 Pentad or spiral – adventure, exploring, growth, freedom. The spiral is open-ended and limitless

6 Hexad – domesticity, pregnant woman, mother of universe, love and romance. Domestic side of life, come back from adventures, think of the cube, which has six sides and integrates many facets into one structure.

7 Hectad – perfection, universal knowledge, god rested from creation, esoteric sciences, mysteries of life.

8 Octad – consider the infinity sign as a symbol. Expansion, infinity, lasts forever, material expansion, business, commerce and the harvest from the seed of number 1. Also the 3 and it's mirror image create an "8", meaning creativity is integrated into expansion

9 Enniad – humanity, selflessness, humanitarian, giving back in unconditional love, also referred to as god's realm, universality, acceptance of all

Number Meanings, Challenges, Professions & Colors

Each number possesses strong positive attributes as well as challenges. There is a continuum between opposites. The meanings can shift slightly in different contexts, but below are the descriptions that apply to your four Core Numbers.

You can draw in a number's positive aspects by wearing or using its corresponding color.

Numbers 1-5

1 – Unity, joining of masculine and feminine, source of all things. Individualism and independence, making your mark in life. Magician, make magic happen. Attainment, receiving your wish, ask and make it happen.

Challenges: not worthy to ask. EGO or “Edging God Out” which is relying on your own ability and will. Can be challenged with codependence.

Professions: Leaders, pioneers, writers, teachers.

Color Attributes: Red, fiery, creative aggression, fast. Associated with the base chakra of creation.

2 – Gets along with people. Relationships and cooperation. Talk, listen, relate. Important if you want to get what you want out of life. Also, 2 people see from two perspectives, story, coin, argument.

Challenges: lack of people skills, disagreements, misunderstanding.

Professions: mediators, arbitrators, diplomats. May see what others don't see.

Color Attributes: Associated with second chakra, orange. Emotions, peace and tranquility.

3 – Trinity the joy of life expression. In the beginning was the word, is God, was God. Expression is using words. Expression of being, like a flower that blooms from a seed then a stalk. Artistic, imaginative, creative. Good idea to record all the words running around in your head.

Challenges: being overly critical or always looking for problem. Remember, words are power. May be intelligent, balance with wisdom and knowing the impact of words. Can go silent, repress and end up with a tummy ache.

Professions: Speakers, authors, and motivators.

Color Attributes: Associated, with solar plexus chakra, yellow. Warmth, vitality, creativity.

4 – Foundation, structure, order, and service. Highly organized, dependable, reliable, pillar of community. Connected to earth, well grounded.

Challenges: Can feel “boxed in” or limited to move forward or outside the happiness they find in the structure of their home or work. Must get out for balance.

Professions: Anything requiring order and stability like engineering, media, planners, architects

Color Attributes: Associated with heart chakra, green. Color of healing, harmony and stability.

5 – Constructive freedom. Abundance of gifts and can do many things. Unique because there are four numbers before and four numbers after. 5 is center of universe, bridge from lower 4 and upper 4. 5s are multi-talented and multi-faceted.

Challenges: Staying focused. Struggle with self-discipline. While they make use of all five senses, they can also abuse the five senses with obsessions like workaholism or addictions to distractions or substances.

Professions: Not happy to do one thing. “Jack of all trades,” adaptable and versatile, center of universe and nothing they can’t do. Pick up knowledge easily. If someone interferes or stands over their shoulders, they will feel less free and can rebel. Curious and a sponge for knowledge. If they don’t have the skills, they gain it.

Color Attributes: Associated with throat chakra, sky blue. Gifted in communications, can easily speak. May have difficulties in expressing thoughts until they overcome feelings or blocks.

Numbers 6-9

6 – Domesticity, focus on home as a concept. Can be an open door, shoulder to cry on. They are the folks to turn to as a source for help, a sort of “cosmic ear”. Protective and give you what you want.

Challenges: Overextending while caring for others, which can lead to stress and burnout. May struggle with personal boundaries and saying no, lack of priorities. Can be critical of perceived human imbalance.

Professions: Therapists, caregivers, serving humanity in areas like law or justice.

Color Attributes: Associated with the third eye chakra, indigo. Can be highly intuitive. Focused on balance and harmony.

7 – Universal understanding. Deep desire to understand. Asks lots of questions. 7’s want to know everything about everything. Give them an answer and they may ask 10 more questions. Naturally curious and deeply analytical. Perfectionists. Desire to be alone and think things out for themselves.

Challenges: Too much time alone, Like 5 they can abuse senses, especially with alcohol and drugs. Lack of spiritual connection.

Professions: As problem solvers, make excellent researchers and analysts. May be ministers or in the esoteric arts. Use psychic abilities to get what they want.

Color Attributes: Associated with crown chakra, color is violet. Balances abuse and aloneness with calmness. Pinnacle of wellbeing.

8 – Unification of heaven and earth above head, unity. Ambition, resilience, and strong leadership qualities. Natural ability to manifest goals. Own their own business, be a leader, in charge, may be compensated with more money, status, power. 8 may benefit from presence of 3. 8 is two 3’s looking at each other. Imagination and intuition of 3’s is built in but 8’s can help give direction to 3’s.

Challenges: Lack of self esteem and self-worth. Some difficulty managing money.

Professions: Related to finance, management, and leadership, possess strong organizational skills and a natural understanding of power dynamics.

Color Attributes: Associated with success and enlightenment, rose pink, (add white to first color red and get rose pink).

9 – Number of God and humanity. Heart of universe, experience infinite, pure, all of creation, sense of completeness or finality. Selflessness and humanitarians. Drawn to uniqueness and money naturally flows their way. Broad outlook on life.

Challenges: Overly generous almost to a fault, easy mark, don't know how to say no, leading to burnout. Letting go of the past. When energy is blocked, might have challenges making money.

Professions: Medical or therapeutic professions. Metaphysical and humanitarian.

Color Attributes: Spiritual unity, gold, (add white to second color orange). Wisdom, completion, universal love.

Master Numbers

The Master Numbers in numerology are 11, 22, 33. They carry extremely high frequencies, and a heightened level of awareness. In some cases, don't reduce them to single digits. They are often referred to as dual vibration numbers, since they stand alone and reduce to a single digit.

11/2

11/2 master number carries dual vibration 11- spiritual realm - 2 on material plane. A individual with a life path of 11/2 can operate on either level by free will. Dual vibration of 11/2 is enlightenment. The 11 color is white, the word "white" = 11 and so is "black" and "energy." Associated with illumination, inspiration, and intuition, 11 encourages an embracing of unique gifts and responsibilities in compassion.

22/4

22/4 dual vibration, called the master builder, color is light green (white of 11 and 4's green). Reliability but challenged by limitation. Where 4's will not take risk, 22's are more adventurous, and regard the world as playground. Can undertake large scale operations with ability to turn dreams into reality and manifest significant achievements. It combines practicality with spiritual insight, encouraging individuals to use their talents for the greater good.

33/6

Considered as universal consciousness, color pale blue, (white of 11, added to indigo of 6). Application of spiritual knowledge, patience, kindness. Teacher of teachers, devoted to service. spiritual growth, compassion, and the ability to uplift others. It combines the energies of creativity (3) and nurturing (6). There are 33 degrees in free masonry, 33 segments in spine.

Karmic Debt Numbers

Debt numbers in your core numbers can represent especially difficult challenges. Conditions in your life are a result of actions from a previous lifetime or a general misuse of energy that you live in since your birth.

They might represent unfinished business that you need to work through. Not going to leave you until you do something about it. Opportunity to notice and rectify – releasing it can release you from whatever has been holding you back. When you take action to eliminate it, you become stronger, more resilient and successful than ever.

Not uncommon to find them in your personal 4 major aspects, or core numbers. They are a blessing, because they give you specific attributes to develop and grow. Remember the energy of your birth day and life path is half your energy, the expression (personality) is 30%, and soul urge is 20% of your energetic being.

They carry energetic influence from all digits in the number, especially the challenging attributes.

The debt numbers are:

13, 14, 16, 19

Use slash to indicate the debt number and their corresponding single digit:

13/4, 14/5, 16/7, 19/1

13/4 Challenged by the self-centeredness of 1, limitations of expressing feelings of 3, and/or feeling boxed in of the 4. Seen as unlucky but it is a beautiful number. 4's are organized, pay attention to detail and can build life on solid foundation. Bad habits of 4's - stubborn, reluctance to change, being boxed in (limited belief), sloppy or disorganized.

Get rid of 4's bad habits, you will form a foundation, strong, reliable, flexible, which will give the ability to expand your vision.

14/5 Challenged by the self-centeredness of 1, plus lack of accountability and stability of 4, plus challenges of the 5 with discipline and focus, being scattered and erratic. Lots of energy but 10 directions at once, can be self-centered. Must focus on something that makes you happy, then excel. There may be emotions and sensuality in the extreme.

Overcome challenges of 14/5 and get stability, ability to focus will help you achieve and find new-found respect from others as your accomplishments build

16/7 Challenged by the self-centeredness of 1, plus self-distortion of loving feelings of 6 where lack of self-acceptance persists plus challenges of 7 lack of spiritual understand or connection. This combinations creates difficulty with relationship (any type). 7's bad habits may include asking too many questions and don't know when or how to stop (just know when you're overdoing it), saying one thing and doing opposite, analysis paralysis.

Get rid of 6 bad habits of possessiveness or being overly critical of self and others, and you'll have the answers, because of 7's analyst and researcher. Access potential by getting rid of bad habits of the 6 and 7.

19/1 Challenged by the self-centeredness of 1 and the 9 challenge of lack of self-interest. Together they form a tendency for co-dependency, which is strong. Lack of faith in themselves, and so don't need other's approval. Bouncing ideas off is perceived as "giving it away", instead of implementing it yourself. May be blind spots to one's own flaws.

Balance ideals with reality. You want to save the world, but you can't do that if you're burned out, broke, or bitter.

A note about debt challenges. If you modify your name you may be able to take it on some of these challenges more easily.

Numerology is about awareness. When you do change your name, the energetic influence starts from the date of the name change.

Applying the Number Meanings to Your 4 Core Numbers

If there are identical numbers among your 4 major aspects, you may experience a certain number of negative influences. If Life Path and Soul Urge are the same, then the first 20 years of life could be challenging. If there are three matches, then 40 may be years of challenge.

Note which of your 4 numbers are feminine and which are masculine. Consider and journal about your balance of feminine and masculine attributes. There's no right or wrong mix, you are unique in how you take in information, process it, and express it!

You can enhance your awareness by journaling about each number and its meanings. Pay attention to duplicate numbers, debt numbers and the challenges of each.

How you face life's challenges and how you use your gifts makes you unique, and can help you develop the distinction and competitive advantage of your business.

If you want a collaborator on your journey to business and leadership distinction and clarity, I'm happy to discuss coaching with you! Go to dorigilbert.com/contact to reach me.

Completing the Worksheet

Worksheet Section: The Intensity Table

Where karmic debt numbers in your 4 core aspects point to areas of correction or shadows to overcome, the "Karmic Lessons" of numerology are simply areas where you have gaps.

This Karmic Lessons or Intensity table exercise is important in the Arrows of Pythagoras exercise that you see on the second page of the *Numerology Worksheet*.

Instead of adding numbers, this is a tally, or count. On the worksheet, you'll see boxes below the numbers 1 through 9. Start with 1 and refer to the digits below (or next to on the vertical worksheet) your full name, vowels and consonants. Count the number of times each digit occurs and write the count in the box below the number. If there are no instances of a digit, write "0" in the box below it.

In the last box labelled “Missing Karmic Lessons” create a list of missing Karmic Lessons. Scan over the counts you wrote down, and for any that have zeros, list it in this box. For example, if you counted and have zero 2’s and zero 8’s in your name, then in this box you write “2,8.”

If you have no zeros, in other words, no missing karmic lessons, you could be an “old soul.” I don’t put a lot of weight on that – old souls still need to learn how to succeed in their life.

There are typically about four Karmic Lessons. You can wear or eat the color of your missing lessons to help you balance that area.

I typically don’t use Karmic Lessons in a Numerology reading. To further investigate this area for yourself, use internet search or your AI assistant. Here are the basic “lessons” you might be missing in your path to authentic, conscious leadership.

- 1 – Individuality/Independence
- 2 – Cooperation & relationship
- 3 – Expression & joy of life
- 4 – Order & service
- 5 – Constructive freedom/ communication
- 6 – Balance, love & justice
- 7 – Universal understanding
- 8 – Status, wealth, and power
- 9 – Selflessness and humanitarianism

Worksheet Section: Soul Focus and Balancer

I don’t use these calculations in a Numerology Reading, but they are important to calculate if you’re going to proceed on to your Arrows of Pythagoras reading.

Soul Focus – for those who believe that we experience multiple lifetimes, this is your soul’s focus for this lifetime. Select the first occurring vowel of your first name. Mine is an “O” which has a value of 6, so in this life my focus on harmony. Note the rules for vowels:

- 1. For Soul Focus only, if your first name starts with an “A”, consider that a 2, not a 1 as usual
- 2. Y is always is always a vowel when only vowel in that syllable (typically pronounced “e”)
- 3. Y is always a vowel when preceded by a vowel (Taylor, May)
- 4. W is considered a vowel when preceded by a vowel and silent (bradshaw, stewart, rainbow)

The *Balancer* is the energy that might help you to balance out your limiting beliefs or habits. Simply add your Life Path and Expression numbers.

Brings more balance in life and indicates what would ground you

- 1 – more creativity
- 2 – get along better with people
- 3 – open up more and don’t stuff your emotions inside
- 4 – you need more stability
- 5 – you need your freedom
- 6 – rely more on intuition

- 7 – tap into spirituality
- 8 – handle money better
- 9 – be more generous

The Arrow of Pythagoras Reading

Look at the back side of the Numerology Worksheet. In the top shaded area, you are creating a list of numbers.

- Transfer all the numbers from page one to this list.
- For the lessons, transfer the list directly. For example if you were missing lessons 2 and 8, you would write 2 (comma) and 8
- Your 1 or 2-digit date of birth (not month or year) is your Power Day, or power number
- List your lucky numbers: the Power Day and if two digits, the single digit it reduces to

For each of the digits in this list place a large “+” sign next to the number on the chart. This identifies, represents what you are currently working on or expressing.

Power day – peak performance – add a “+” sign

Lucky days lucky vibration add a “+” sign

Transfer lessons learned from intensity chart to the Arrows chart with add a “+” sign.

Highlight or color in any squares of your missing lessons. You can also highlight your Soul Focus.

Pluses are what you’re working on, focus energy on.

Now calculate your arrows of Pythagoras. Look for a row, column or diagonal with the highest number of plus signs. Refer to the descriptions below the chart to help you understand your career direction or potential. In my course video or a personal Numerology Reading, I can give you more details about how the Arrows relate to the blueprint of your professional life. If you are a do-it-yourselfer, you can search on the internet and/or with your AI assistant.

Continue your journaling by reflecting on your missing lessons, soul focus and the career direction indicated by the arrows. Also reflect on any box in the chart with lots of plusses, even if they are not part of an arrow. For example, my Arrow is 456, but I’m also super strong in the written expression and creativity of the 3.

Note that small changes in name can change your career path and impact your professional direction.

Because there’s “5” influence in my life, I am a “jack of all trades.” My career had a direction, but I couldn’t see it, because I served in several functions. One thing that helped me to understand what my vocation is really all about is an exercise called the Golden Thread of Impact. If I can help you understand your strengths, your Golden Thread, and/or Arrows of Pythagoras direction, please contact me for coaching! - Dori

DoriGilbert.com/contact

The 9-Year Predictive Cycle

Pythagoras observed 9-year cycles. He created the 9 year predictive cycle, where the year you're in – of the 9 years – will influence or predict the energy of what you're experiencing.

Everything; in nature operates in cycles: the sun, day, night, season, months. The 9-year cycle energies also have smaller cycles: months and days and even hours.

You can take advantage of the energetic influence of these cycles.

- Grasp your opportunities and challenges
- Determine best time to start new project, start new job
- When to start new health program, change a habit
- Look ahead and see also look back and see the pattern of past efforts
- Patterns emerge on 9-year cycles
- Discover more about yourself
- Break with a pattern of behavior

Universally, we all experience the same year cycle according to the year number. For example, 2026 calculates to a 1 year, which is a year of new beginnings. Your personal year is your key number added to the universal year.

Calculating Your Personal Year, Month, and Day

The personal year calculation is based on your vibration at birth and is a greater influence on you than the universal year. We are all on a 9-year cycle. Your personal year is where you personally are in that cycle. Here's how to calculate that. Remember in numerology, a double-digit number is treated as the sum of its digits. So, 15 in numerology is a 6 because it's $1+5=6$. When adding numbers for your personal year, day, and month, keep going until you have a single digit.

1. Add the number of the month you were born and the number of the day you were born. For May 16, the calculation is $5+1+6$ which equals 12, so the key number would be $1+2 = 3$.
2. Add your key number to the current year. The current year is 2026, or $2+0+2+6= 10$ which is $1+0=1$.

When you add your key to the current year, that is your personal year.

3. The May 16 example is key of 3 + current year 1 = 4, so 2026 is the 4th year of the 9-year cycle.

Now do yours - key number +1 (for 2026, 2 for 2027, etc.) = ???

Next, calculate your personal month

To calculate any personal month, add your personal year number to the month number.

- For example, for May it is equal to a personal year (4 in the example) plus the month number for May (5)
- $4+5=9$
- So in the example, May is a 9 month

To calculate your personal day, add your personal month number to the number of the date. Again, remember to reduce double digits to a single digit.

Here's a few personal day calculations for examples using May's personal number of 9. The formula is Personal Month number + the number of the date. Mine is Month (9) + date:

- May 1 is $9+1=10$; $1+0=1$ so May 1 is a 1 day
- May 5 is $9+5=14$; $1+4=5$ so May 5 is a 5 day
- May 24 is $9+2+4=15$; $1+5=6$ so May 24 is a 6 day

Applying Personal Year to Your Business Strategy

Year vibrations for your personal year cycles can affect business decisions and momentum. The metaphor of a garden's growth is a simple way to remember the cycle.

Year 1: how well you sow seeds will determine outcome of the next 9 years, sow in wisdom

Year 2: germination when stalk of plant grows, cooperation and relationship, you can't speed up the process, go with the current, wait and cooperate, When patient in year 2, things will happen to your benefit

Year 3: blossoms, expression, of joy and happiness, flower is expression of joy, then honey bees come and pollenate, equals money, travel expand horizons have fun in year 3. Your money magnet may charge naturally, don't second guess where it comes from

Year 4: hard work, take care of details, weeding garden, do necessary work to get back/stay on track

Year 5: expansion, excitement, and change, have to do some culling to grow (room to grow)

Year 6: garden needs nourishment, fertilizer, nourish with care attention in marriage, family, etc

Year 7: spiritual, meditate, analyze knowledge gained through experience, lessons, make adjustments in plans, upgrade marketing strategy, improve skill, getting ready to bring baskets of fruit to market

Year 8: reaping, coming into power, financially most process, in career and cash, depends on other parts of cycle

Year 9: complete, trimming deadwood, pulling spent plants, finalizing and completing cycle, getting ready for new sowing

A 9 year can be challenging. The end can finish something good or bad, for example, finish schooling, stop smoking or stop offering a service. Every nine years similar opportunities and

challenges come along. Many of us repeat the same mistakes over and over, and it can take several cycles to learn and go in a newly aligned direction.

Applying Personal Month and Days to Decisions

This course includes a “9-Year Predictive Cycle” chart, a month-by-month breakdown for each year of the 9-year cycle. It’s a tool to predict energy flow for each month. Refer to it as each month rolls around to help you consider your focus or next steps.

Also see the mini-guide in the downloads for the course, **Personal Year Alignment Map**, which will help you make decisions optimize your alignment when considering your personal year and your four core numbers.

You can wear the color of the personal day to align with its energy. When your personal day number is a master number, wear either color.

1 – Red	6 – Indigo or 33 – Light Blue
2 – Orange or 11 - White	7 – Violet
3 – Yellow	8 – Rose Pink
4 – Green or 22 – Light Green	9 – Gold
5 – Sky Blue	

Examples of how to use the Personal Month and Day in Business

- Don’t register for business in a personal nine year day or month
- Register a business in a personal 1 month or maybe 8 month or day
- Sign contracts in an 8 personal hour
- Choose your address by adding up the street numbers
- Hold a seminar on a personal day that reflects the energy you want

For Further Support

If you need help with next steps in your business, contact me for clarity, momentum, or tools and systems guidance. I’m an Impact Intelligence Advisor and my passion is to help you create Business Resonance™ by knowing yourself, engaging in a transformation mindset, applying radical empathy, and aligning your systems with authentic momentum.

I can also create a numerology report of your four core numbers and show you how your personal cycles impact you in your business strategy and decisions.

I love challenges as portals to more insight!

- Dori
DoriGilbert.com/contact