

PERSONAL YEAR ALIGNMENT MAP

This Personal Year Alignment Map is part of the course Digits to Destiny: Numerology for Entrepreneurs. It is a practical companion for your year's themes and decisions. It helps you understand the energy you are working with so you can be inspired to make clearer choices and set priorities that match the season you are in.

To learn your Personal Year, Month, and Day, see the Digits to Destiny Workbook or Module 6 in the online course.

Each section of this guide is designed to give you a structured way to see your timing, your tendencies, and the opportunities available to you. When you know what belongs now and what belongs later, your decisions become easier and your momentum becomes more natural. This document helps you work with your year instead of against it.

Go and make decisions that feel like you!



Dori

dorigilbert.com/contact

Follow these links to jump to each section.

[SECTION 1 – The Alignment Chart \(Misalignments + Fixes\)](#)

[SECTION 2 – Core Numbers + Personal Year Energy](#)

[SECTION 3 – How to Use This Map](#)

[SECTION 4 – The Core Promise](#)

[SECTION 5 – Additional Support](#)

PERSONAL YEAR ALIGNMENT MAP

How your timing > your core numbers create clarity & direction and momentum. This map accompanies module 02 » Personal Year Themes and helps you apply alignment in your business with practical balancing actions or fixes.

SECTION 1 – The Alignment Chart (Misalignments + Fixes)

What happens when your actions don't match your timing and how to realign.

Year 1 – Misalignment: waiting, over-planning, staying small **Fix:** initiate, choose direction, start before fully ready (ditch perfectionism)

Year 2 – Misalignment: pushing, forcing decisions, ignoring collaboration **Fix:** slow down, refine, connect, reflect

Year 3 – Misalignment: hiding, downplaying creativity, avoiding visibility **Fix:** express, create, be seen, start simply in one social media channel

Year 4 – Misalignment: resisting structure, skipping steps, trying to scale too soon **Fix:** build foundations, simplify, commit to consistency, bring in coaching or accountability

Year 5 – Misalignment: forcing routine, resisting change, staying stuck **Fix:** explore, pivot gently, embrace flexibility and changes to yourself or your business

Year 6 – Misalignment: avoiding responsibility, neglecting relationships **Fix:** nurture connections, stabilize environment, strengthen partnerships

Year 7 – Misalignment: pushing for results, forcing visibility, ignoring rest **Fix:** pause, reflect, refine inner clarity

Year 8 – Misalignment: shrinking from opportunity, avoiding money decisions **Fix:** step into authority, make bold moves, claim your power

Year 9 – Misalignment: starting new things, resisting endings, clinging to old identity **Fix:** release, complete, prepare for reset

SECTION 2 – Core Numbers + Personal Year Energy

Identity > Timing ± Resonance

Why some years feel easy and others feel sticky? based on your core numbers. Apply these insights to inspire your annual and/or quarterly business planning.

Life Path + Personal Year

- Life Path = your long-arc identity
- Personal Year = your annual theme
- **Insight:** When your Life Path energy complements your Personal Year, decisions feel natural. When they conflict, you feel friction.

Examples:

- **Life Path 1 + Year 2:** slow down your pace; collaborate instead of pushing
- **Life Path 7 + Year 3:** visibility may feel uncomfortable; share in small, intentional ways
- **Life Path 5 + Year 4:** structure supports freedom; create flexible systems

Expression + Personal Year

- Expression = your talent engine
- **Insight:** Your best business moves shift depending on the year's theme.

Examples:

- **Expression 4 + Year 5:** loosen structure; allow experimentation
- **Expression 3 + Year 8:** creativity fuels expansion; visibility supports leadership
- **Expression 6 + Year 1:** relationships support new beginnings; collaborate early

Soul Urge + Personal Year

- Soul Urge = your inner motivation
- **Insight:** Your emotional needs shift with the year's rhythm.

Examples:

- **Soul Urge 2 + Year 7:** solitude feels nourishing; reflection deepens clarity
- **Soul Urge 8 + Year 3:** expression feels energizing; visibility feels aligned
- **Soul Urge 9 + Year 1:** beginnings may feel abrupt; allow gentle resets

Birth Day + Personal Year

- Birth Day = your instinctive spark
- **Insight:** Your instinctive style interacts with the year's theme.

Examples;

- **Birth Day 5 + Year 4:** instinct wants freedom; year wants structure → create flexible routines
- **Birth Day 1 + Year 9:** instinct wants new; year wants completion → finish before starting
- **Birth Day 7 + Year 8:** instinct wants depth; year wants action → make decisions from clarity

SECTION 3 – How to Use This Map

A.simple.9_step.rhythm.for.aligned.timing;

1. **Identify your Personal Year theme** This is your annual operating energy.
2. **Notice your core number tendencies** These are your identity patterns.
3. **Match your actions to your timing** Alignment = less resistance + more momentum.

SECTION 4 – The Core Promise

When.your.identity.and.your.timing.match?clarity.rises?decisions.simplify?and.momentum.becomes.natural.-.because.your.priorities.fall.into.place.and.your.next.steps.reveal.themselves.in.sequence;

What this really means in your business “architecture”:

- **Identity sets the blueprint.** Your core numbers define the structural.logic.of.who.you.are in the way you initiate, refine, express, stabilize, expand, or release. They're the “load-bearing beams” of your decision-making.
- **Timing sets the construction schedule.** Your Personal Year energy tells you which.part.of.the.blueprint.is.meant.to.be.built.right.now. It's the rhythm that determines whether you're pouring foundation, framing, wiring, expanding, or clearing the site.
- **Alignment creates architectural clarity.** When blueprint and schedule match, you stop fighting yourself. Priorities.become.obvious. You know what belongs now, what belongs later, and what doesn't belong at all.

- **Sequencing becomes intuitive instead of effortful.** You're no longer trying to build a second story in a Year 4 or trying to demo walls in a Year 1. You're working with the rhythm, not against it.
- **Momentum becomes a byproduct, not a grind.** Because you're building the right thing at the right time, your energy stops leaking into friction, confusion, or premature complexity.

SECTION 5 – Additional Support

I'm here for you as your clarity partner to help you get back in alignment!

Want identity help? I recommend my guide of writing prompts that will help you articulate your brand promise.

[Exercise.Your.Brand](#) + 1-4 hours guidance in Zoom sessions with me

Experiencing false starts or loss of direction? You might have inner conflict that's getting in the way.

[Inner.Conflict.System.Guide](#) + 1-4 hours guidance in Zoom sessions with me

Worked through this document and still stuck on what to do next in your business?

This Alignment.Map.+ 1-4 hours guidance in Zoom sessions with me

1 hour guidance, regularly \$175/hour.

For course subscribers, \$140/hour, or 4 hours for \$399

Want a Full Personalized Numerology Report with Business Insights?

An analysis of your four core numbers and your personal year, with business insights for both = regularly \$199, for course subscribers, \$149

Contact me about any of these at dorigilbert.com/contact