

# June

IF YOU ARE NEW TO JOIN CLASS PLEASE CALL AHEAD BEFORE

# 2026

1 <b>Monday</b>	2 <b>Tuesday</b>	3 <b>Wednesday</b>	4 <b>Thursday</b>	5 <b>Friday</b>	6 <b>Saturday</b>	7 <b>Sunday</b>
4:30-6pm Boxing 6-8pm Brazilian Jiu Jitsu	6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	9-10am Combative BJJ	6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu			
8 4:30-6pm Boxing 6-8pm Brazilian Jiu Jitsu	9 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	10 9-10am Combative BJJ	11 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	12	13	14
15 4:30-6pm Boxing 6-8pm Brazilian Jiu Jitsu	16 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	17 9-10am Combative BJJ	18 <b>Your paragraph text</b> 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	19	20	21
22 4:30-6pm Boxing 6-8pm Brazilian Jiu Jitsu	23 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	24 9-10am Combative BJJ	25 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu	26	27 <b>WOMENS SELF DEFENSE SEMINAR 5-8PM</b>	28
29 4:30-6pm Boxing 6-8pm Brazilian Jiu Jitsu	30 6-7pm Family Jiu Jitsu 7-8 Combative Jiu Jitsu					