

JANUARY 2026

SUN

MON

TUE

WED

THU

FRI

SAT

PLEASE CALL BEFORE CLASS IF YOU ARE NEW TO JOIN
860-993-1854

1
HAPPY
New Year

2

3

4

5

Boxing
4:30-6:00 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

6

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

7

Combative Jiu Jitsu
9:00-10:00 AM
Boxing 4:30-6 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

8

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

9

10

11

12

Boxing
4:30-6:00 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

13

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

14

Combative Jiu Jitsu
9:00-10:00 AM
Boxing 4:30-6 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

15

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

16

17

18

19

Boxing
4:30-6:00 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

20

21

Boxing 4:30-6 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

22

23

24

25

26

Boxing
4:30-6:00 PM
Brazilian Jiu Jitsu
6:00 - 8:00 PM

27

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

28

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29

Family Jiu Jitsu
6:00-7:00 PM
Combative Jiu Jitsu
7:00-8:00 PM

30

31

Womens
Self Defen:
Seminar
5-8pm