



SEPT 2025

PLEASE CALL BEFORE CLASS IF YOU ARE NEW TO JOIN
860-993-1854

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Boxing 4:30-6:00 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	2 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	3 Combative Jiu Jitsu 9:00-10:00 AM Boxing 4:30-6 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	4 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	5	6
7	8 Boxing 4:30-6:00 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	9 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	10 Combative Jiu Jitsu 9:00-10:00 AM Boxing 4:30-6 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	11 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	12	13
14	15 Boxing 4:30-6:00 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	16 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	17 Combative Jiu Jitsu 9:00-10:00 AM Boxing 4:30-6 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	18 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	19 Womens Self Defense Seminar 6-9pm	20
21	22 Boxing 4:30-6:00 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	23 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	24 Combative Jiu Jitsu 9:00-10:00 AM Boxing 4:30-6 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	25 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	26	27
28	29 Boxing 4:30-6:00 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM	30 Family Jiu Jitsu 6:00-7:00 PM Combative Jiu Jitsu 7:00-8:00 PM	31 Combative Jiu Jitsu 9:00-10:00 AM Boxing 4:30-6 PM Brazilian Jiu Jitsu 6:00 - 8:00 PM			