

#### UNLEASH YOUR FULL POTENTIAL

#### TRAINING

COMPETITION TEAM CHOREOGRAPHY CLASSES WILL BE HELD ONCE A WEEK.

JAZZ, LYRICAL AND POM ATHLETES MUST ALSO ATTEND WEEKLY
TECHNIQUE CLASSES. JAZZ AND LYRICAL ATHLETES WILL ALSO
HAVE WEEKLY BALLET CLASSES. (2 FOR OPEN TEAM)

#### COMPETITIONS

WE AIM TO DO 4-6 COMPETITIONS PER YEAR.

THESE INCLUDE BUT AREN'T LIMITED TO AASCF
AND CHEERCON COMPS. NATIONALS ALTERNATE
BETWEEN VIC AND QLD SO TRAVELLING MAY BE
INVOLVED.

#### TRAINING COSTS

30/45 MIN COMP CLASS - \$15 1HR COMP CLASS - \$17.50 1.5HR COMP CLASS - \$19

THE BEST OPTION FOR YOU!

#### OTHER COSTS

COSTUME HIRE - \$50 IST COSTUME, \$25 FOR ADDITIONAL COSTUMES.
COMPETITION ENTRIES - APPROX \$60 FOR FIRST TEAM PER COMP, \$40 AFTER THE FIRST TEAM
POM UNIFORM - \$175(SUBJECT TO CHANGE)

#### **TEAMS ON OFFER IN 2025**

AGES 5+ - LYRICAL, JAZZ, POM & HIPHOP

NOVICE AND INTERMEDIATE OPTIONS

ADULT TEAMS - NO EXPERIENCE NEEDED

DANCEABILITY TEAM - ALL AGES

LET US KNOW YOUR AGE AND SKILL LEVEL AND WE WILL FIND

#### **DISCOUNT**

10% OFF YOUR
TOTAL YEARS FEES
IF PAID UPFRONT AT
THE START OF THE
YEAR

#### COMMITMENT

ATTENDANCE IS MANDATORY FOR ALL COMPETITIONS AND TRAININGS. A
MAXIMUM OF 2 CLASSES MAY BE MISSED WITH A VALID REASON PER TERM.
THIS INCLUDES YOUR WEEKLY TECHNIQUE CLASSES.

THIS IS A FULL YEAR COMMITMENT AS LEAVING A TEAM MIDWAY THROUGH
THE YEAR SIGNIFICANTLY EFFECTS YOUR TEAM MATES.



ALL COMPULSORY DATES IN 2025

## WINTERFEST

JUNE 27TH-29TH KNOX STATE BASKETBALL CENTRE

## **AASCF STATES**

SEPTEMBER 19TH-21ST KNOX STATE BASKETBALL CENTRE

## **AASCF CLASSIC**

OCTOBER 24TH-26TH KNOX STATE BASKETBALL CENTRE

## **AASCF NATIONALS**

NOVEMBER 20TH-24TH MELBOURNE CONVENTION CENTRE

## CONCERT

DECEMBER 13TH SATURDAY
LANGWARRIN PERFORMING ARTS CENTRE

ALL COMPETITIONS AND CONCERT ARE MANDATORY
ADULT, NOVICE AND DANCEABILITY TEAMS MAY HAVE
REDUCED COMPETITIONS

DATES ARE SUBJECT TO CHANGE (HOWEVER UNLIKELY)
OPEN TEAMS MAY HAVE OTHER COMPETITION OPPORTUNITIES.
THESE WILL BE DISCUSSED WITH THE TEAM



#### COMPULSORY FOR ALL ATHLETES

### TRAINING GEAR

BLACK LEOTARD OR SPORTS BRA AND SHORTS.

CORRECT FOOTWEAR AND TIGHTS AT ALL TIMES

NO JEWELLERY OR LONG FINGERNAILS

HAIR MUST BE UP IN A BUN

## **COMPETITION ATTIRE**

STUDIO 22 JACKET
STUDIO 22 SHIRT
BLACK LEGGINGS
SNEAKERS

ABSOLUTELY NO UGGS, THONGS, CROPTOPS OR BOOTY SHORTS ARE TO BE WORN WHILE ATTENDING COMPETITIONS

## WHY IS UNIFORM SO STRICT?

OUR TRAINING UNIFORM IS DESIGNED FOR SAFETY, EASE OF MOVEMENT AND UNIFORMITY. THIS HELPS THE CHOREOGRAPHERS SEE THE DANCER, INSTEAD OF THE CLOTHES.

COMPETITION UNIFORM IS HOW WE PRESENT OURSELVES AS A SCHOOL TO OTHERS. WE WANT TO MAKE THE BEST IMPRESSION AND BE RESPECTFUL TO EVERYONE. IT ALSO HELPS US STAY AS A TEAM AND EASY TO FIND.



HELD IN DECEMBER AND JANUARY

## DO I NEED TO ATTEND TRY OUTS?

ALL ATHLETES (APART FROM ADULT TEAMS) MUST ATTEND OUR TRYOUTS. WHILE EVERYONE IS GUARANTEED A SPOT, WE DO NEED TO SEE YOUR SKILL LEVEL TO PLACE YOU CORRECTLY.

# CAN'T MAKE THE TRYOUT DATES?

NO WORRIES!

SCHEDULE A PRIVATE TRYOUT WITH OUR STAFF AND WE'D BE HAPPY TO PLACE YOU INTO A TEAM

## I'M ONLY AUDITIONING FOR HIPHOP, WHY DO YOU NEED TO SEE MY SKILLS?

ALTHOUGH WE DO NOT TURN AND JUMP IN HIPHOP LIKE WE DO IN OTHER STYLES, IT STILL REQUIRES A GREAT DEAL OF COORDINATION AND SKILL. WE'D STILL LOVE TO SEE WHERE YOU FIT BEST.



## ANY QUERIES? HIT US UP!

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