

Allowable Technique	Under 18	White	Blue & Purple	Brown & Black
Arm Locks	✓	✓	✓	✓
GI Chokes	✓	✓	✓	✓
Shoulder Locks	✓	✓	✓	✓
Rear Naked Choke	✓	✓	✓	✓
Arm Triangle 2	✓	✓	✓	✓
Guillotine Choke (on ground)	✓	✓	✓	✓
Ezequiel Choke	✓	✓	✓	✓
Triangle Choke (pulling head) 3	✓	✓	✓	✓
North South Choke	✓	✓	✓	✓
Head Outside Single Leg Takedown	✓	✓	✓	✓
Single Arm Attack to Trachea	✓	✓	✓	✓
Single Hand Attack to Trachea	✗	✓	✓	✓
Kidney Compression (closed guard)	✗	✓	✓	✓
Groin Stretch	✗	✓	✓	✓
Straight/Twisting Foot Lock 4	✗	✓	✓	✓
Wrist Lock	✗	✓	✓	✓
Guillotine Choke (standing)	✗	✓	✓	✓
Hand Smothering	✗	✓	✓	✓
Jumping Guard/Flying Submissions	✗	✗	✓	✓
Knee Bar	✗	✗	✓	✓
Toe Hold (outside/inside) 5	✗	✗	✓	✓
Knee Reap	✗	✗	✓	✓
Bicep/Calf Slicer	✗	✗	✓	✓
Cloverleaf	✗	✗	✓	✓
Neck/Spinal Crank	✗	✗	✗	✓
Z-Lock/Hip-Lock	✗	✗	✗	✓
Scissor Takedown	✗	✗	✗	✗
Heel Hook (outside/inside) 6	✗	✗	✗	✗
Two-Hand Attacks to Trachea	✗	✗	✗	✗
Slam	✗	✗	✗	✗