



MAY 20, 2021

TONIGHT'S AGENDA:

Budget & Elections

Stated Communications on the 3rd Thursday
of the month, September through June

WHITESTONE MASONIC TEMPLE

149-39 11th Avenue, Whitestone NY 11357

"Harmony being the support of all institutions, especially this of ours"

<https://RelianceLodge.com/>

Brethren, You are hereby invited and encouraged to attend
the **2,357th Summoned Communication** of
RELIANCE LODGE No. 776, F. & A. M.

at the Whitestone Masonic Temple
149-39 11th Avenue, Whitestone NY 11357

ON THE TRESTLE BOARD:

Thursday, May 20th, 2021

for the transaction of any such business as may regularly
and constitutionally be brought before the Lodge,
including **Budget & Election of Officers.**

RSVP to the Jr. Warden, Bro. Gallo by 5/17 for a
lovely, individually packaged pre-meeting Dinner, to
be served at 6:30PM.

LODGE OPENS PROMPTLY at 7:30PM

ATTIRE for all: Business Casual.



Ladies are still asked to NOT ATTEND this evening.

We hope to see you all out with us again REAL SOON!

To all brethren who are unable to attend these communications due to
illness or distance, I extend my warmest regards. If you need transportation
to or from any meeting, please call the Master or Secretary.

Fraternally,

W.: Garrett L. Taverna, Master

Bro. Daniel Trembinski, Sr. Warden

W.: Rick Gallo, Jr. Warden

Attest:

W.: Robert M. Getschel, Secretary





UPON THE SQUARE

W.: *Garrett L. Taverna*

Dearest Brethren,

I hope this notice finds all in good health. As we continue to move closer to the light at the end of the tunnel of the pandemic more and more of life is returning back to normal, and that carries over to Masonry as well. It is nice to see our Fraternity returning to our traditional ways.

As we are getting towards the end of the Masonic term, there is still lots to do. For our next communication we will be having our election of the new officer line and vote on the budget for the 2021 – 2022 term. As these are both very important parts of the operation of our Lodge, I strongly encourage all to attend and take part in the work of the meeting. Following the results of our election, the officer line will be installed at our June meeting, another event which I urge all to partake.

As a reminder we will be having our annual Weekend Away trip to Woodloch on the weekend of Friday, June 4, 2021 to Sunday, June 6, 2021. I look forward to seeing many of you, and getting to enjoy some relaxing time with the Brethren.

Additionally, our very own Brother Lenny Jindra will be hitting a milestone and turning 100 this year. We will be honoring Brother Jindra with a birthday celebration on Saturday, June 19, 2021. Please get your RSVP into Brother Marshal Shichtman if you will be attending.

Lastly, we will be conducting a District wide Third Degree Ritual for our Fellowcrafts. This Degree will be hosted by Ridgewood Lodge on June 28, 2021. There are still a few open roles for the work of the Degree, so if you would like to volunteer for a position please let me know as soon as possible.

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I once again wish all the best of health and hope to see many of you return to Lodge as things continuously progress back to normal. If there are any Brothers that would like to attend the Communication but need assistance with transportation, please reach out to the Secretary or myself and we will make arrangements for you.

Stay healthy and stay safe.

Best regards,
W.:Brother Garrett Taverna



HAVE YOU READ A GOOD BOOK

Dear Brethren and Families.

As you know the last few years have been . . . let's say interesting. I am moving along well in Masonry and learning. The health hick-ups were also a learning experience as I related in articles on books by Stephen Sinatra and James Roberts. More recently I read two great books by outstanding doctors. "How Not to Die" (Catchy Title) by Dr. Michael Greger is excellent. Dr. Greger is on a mission regarding health and has a web site Nutritionalfacts.org. Basically the good doctor is promoting health through proper nutrition. I would recommend this book which is inexpensive but long at 658 pages due to extensive references. Major health issues are covered so the book can be used as a reference for various conditions. I am using some of the recommendations.

The second book is "Healthy Gut Zone" by Dr. Don Colbert. The focus of this book is on Leaky Gut which is the root cause for more serious health issues. I use myself as the example as poor diet and stress lead to GERD and ultimately Barrett's Esophagus. After reading the book I can only conclude that Leaky Gut is at the core of these issues. I am also following some of the recommendations, in particular Probiotics, via yogurt and can say I have a notably improvement after 6 weeks. Can't argue with success so this is also recommended.

The bottom line is that we must educate ourselves in order to stay healthy. We are also blessed in that there are some outstanding

doctors who do not ascribe exclusively to medication but rather find and treat the root cause. A word for the wise, what brought me to this situation was the adage "you are not 16 anymore" WRONG!!! Had I not listened to this poor excuse but to my body I would have not experienced a blocked artery or heart failure. So please learn from my experience and keep yourselves and families healthy and well. Many answers are out there; it just takes some research.

Good Health and Well Being

Brother Daniel Trembinski

THE RUBY KAPLAN MEMORIAL SCHOLARSHIP

If you are interested and didn't receive the email, please contact me for the necessary paperwork at: 516-672-1609 or Secretary@RelianceLodge.Com otherwise, afterwards, it MUST be snail-mailed to Walter J. Wasnieski 3rd by May 15th.

LENNY JINDRAS ONE HUNDREDTH BIRTHDAY PARTY

Please join us to celebrate our most celebrated Brother,
Lenny Jindra's 100th Birthday!

1:00 PM – 5:00 PM at **The Harrison**
86 South Tyson Avenue, Floral Park NY.

RSVP to Brother Marshal Shichtman as soon as possible:
Shichtm@Aol.Com or by phone: (516) 652-5220.

WOODLOCH PINES GETAWAY

Friday through Sunday, June 4th, 5th & 6th 2021 our annual **Member Summer Getaway Weekend!** By popular demand will once again be at **Woodloch Pines**, on Welcome Lake Rd, in **Hawley, PA** 18428

Please get your RSVPs in to Brother Marshal Shichtman as soon as possible: Shichtm@Aol.Com or by phone: (516) 652-5220. Same low rates as last year!

FROM THE JUNIOR WARDEN

Greetings Brethren,

We have now finally arrived at the beginning of the old normal way of things. It has been an anxious filled ride. We have lost many loved ones and we must never forget them and especially the ones they left behind. Now is the time for all of us to come together after enduring through the pandemic. It is with great pride that I can say Masonry never stopped. We still met, continued our business while remaining safe and using our wits to combat the spread of the virus. We remained vigilante and will continue to do so during these poorly governed times especially on our trip to Woodloch Pines this June, where I hope to see you all there!

May the Great Architect of the Universe guide you to further light.



The menu for the next meeting choices are:



- Eggplant Parmesan
- Shrimp Parmesan
- Chicken Parmesan

Please contact me BEFORE the 17th with you choice.

W..Rick Gallo, Jr. Warden.

Call or Text me:



Or send me an e-mail:

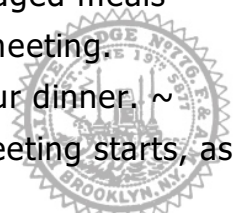


DATES TO REMEMBER

Thursday, May 6th 2021	2 nd Kings District Meeting in person @ the Elks Hall, NHP & via ZOOM .
Saturday, May 15th 2021	The Ruby Kaplan Scholarship Application deadline this year is May 15 . Please remember all applications must be mailed to Walter Wasnieski ~ they will not be accepted if handed in. Contact our Secretary for the form.
Thursday, May 20th 2021	Our regular 3 rd Thursday meeting evening, Reliance Lodge No. 776 , Whitestone.
Friday ~ Sunday, June 4, 5 & 6	Woodloch Pines member getaway weekend of June 4 to June 6. Please get your RSVPs to Brother Marshal Shichtman as soon as possible: Shichtm@Aol.Com or (516) 652-5220.
Saturday, June 19th 2021	Bro.Lenny Jindra's 100th Birthday Party @ Harrisons in Floral Park, 1PM.
Tentative date: Sunday, November 21st 2021	District Deputy Testimonial & Social at Verdi's, in Westbury, from 1-5.

PLEASE NOTE: Due to COVID-19, social distancing measures are STILL in effect. Therefore NOBODY will be admitted into the Lodge room or building without a mask on, or with a fever. No shaking of hands or other "grips" will be given. No dinner buffet will be available before the meeting, but rather "individually packaged meals" with an RSVP by the Monday before the meeting.

~ CALL the Jr. Warden to reserve your dinner. ~
Further details will be given before the meeting starts, as regulations change all the time.



ON THE TRESTLE BOARD

Awaiting the Degree of Master Mason:
Bro.Stephen Joseph Trachtulec & Bro.Richard Albert Perez

Awaiting the Degree of Entered Apprentice:

Mr. Azizollah E. Haghighy

ELECTED and APPOINTED OFFICERS for 2020-2021

WORSHIPFUL MASTER W.:Garrett L. Taverna

[REDACTED]

SENIOR WARDEN

Bro. Daniel Trembinski

[REDACTED]

JUNIOR WARDEN

W.:Rick Gallo (Anna)

[REDACTED]

TREASURER

R.:W.:Richard Volz

[REDACTED]

SECRETARY

W.:Robert M. Getschel, D.S.A. (Pia)

[REDACTED]

SENIOR DEACON

Bro. Paul N. Zoll III

JUNIOR DEACON

Bro. Pierre Alcantara

Sr. MASTER of CEREMONY

Bro. Fred Kusterbeck

Jr. MASTER of CEREMONY

R.:W.:Richard L. Giordano

PAST~CHAPLAIN

R.:W.:Raymond Stern

MUSICIAN

AVAILABLE

TILER

Bro.Nerva Augustin

TRUSTEES:

Bro. Michael J. Monahan 2019-2022

R.:W.:Robert E. Moore 2018-2021

R.:W.:Marshal D. Shichtman 2020-2023

R.:W.:William P. Stris 2020-2023