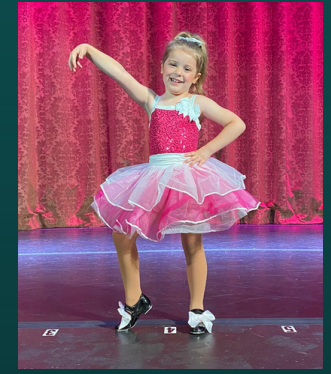


Classes Begin August 25th!



2025-2026 Class Schedule

Welcome



We are thrilled to begin our 41st season serving the greater St. Joseph area! Over the years, The Dance Arts Center has grown into one of the most recognized names in our community—celebrated for our exceptional staff, professional organization, creative productions, and age-appropriate costuming. With over 70 classes offered weekly for children and adults, our curriculum includes Ballet, Tap, Jazz, Contemporary, Pointe, Musical Theater, Hip Hop, and Tumbling. Our four spacious studios are purpose-built for dance and feature comfortable waiting areas and observation windows for families.

We are especially proud of our Adaptive Dance Program, which provides dancers with special needs the opportunity to enjoy the benefits of dance and participate in our annual recital.

All of our classes are taught by experienced adult instructors who are passionate about sharing their knowledge and love for dance. Students at DAC not only gain proper technique, but also develop poise, concentration, time management, problem-solving skills, and confidence.

At DAC, we believe Dance Training = Life Training. We invite you to call or visit The Dance Arts Center to experience the creativity, energy, and community that sets us apart. We'd love for you to become part of our dance family!

Marla Heeler - Owner/Director



Dance Instructors

Marla Heeler, Owner

Andy Beaver
Annie Bramlage
Megan Chiles
Claire Crowley
Hope Dahlgren
Mikka Elo
Angie Fisher
Jessica Halter
Emily Jensen
Emily Marriott
Joseph Pilgram
Lily Polednik
Paige Rolf

Alyssa Smith
Crissy Troyer
Sarah White
Arianna Williams
Terzah Wright
Office Staff
Brandi Keling
Charissa Dodge



Dance Instruction

All dance classes are taught by adult instructors with years of experience. Many of our instructors have earned their Bachelor of Fine Arts degree in dance and hold certifications from national dance organizations. The Dance Arts Center is a member of Dance Masters of America. Our family friendly studio helps dancers learn and grow in a positive, challenging environment.

Interested in becoming an assistant teacher?

Visit the assistant teacher page on our website, www.TheDanceArtsCenter.com.

Important Dates 2025-26

Dates are Subject to Change

Dance Classes Begin
August 25th

Recital is June 5th & 6th

Classes are NOT in Session

Dates are Subject to Change

Labor Day - September 1st

Halloween - October 31st

Thanksgiving
November 24th - 30th

Winter Break
December 22nd - January 3rd

Spring Break
March 7th-13th

COMBO, ACRO, & TUMBLING CLASSES

Combo (Ages 3-7)

Combo is a great introduction to dance. Ballet and tap are explored in each class. Students learn basic movements and positions. Coordination and loco-motor skills are the main focus. Students must be age 3 by the first week of class.

Apparel: leotard, tights, pink ballet shoes, and black tap shoes. Hair is securely off face and neck.

first Taps

Acro Add-On (Ages 3-5)

An introduction to the fundamentals of tumbling; focusing on strength, flexibility, gross motor skills, and social emotional learning.

Tumbling - Ages 5 and Up

Students gain upper body strength, agility, and flexibility through cartwheels, rolls, somersaults and hand springs along with other athletic exercises.

*Tumbling classes do NOT perform at recital.

Apparel: leotard, footless tights and no shoes (students participate barefoot). Hair is securely off face and neck.

Tiny Tumblers



Combo Classes

CLASS	DAY & TIME	STUDIO
Beginning (Ages 3-4)	Monday 5:45-6:30PM	B
Beginning (Ages 3-4)	Tuesday 4:30-5:15PM	X
Beginning (Ages 3-4)	Wednesday 5:45-6:30PM	X
Beginning (Ages 3-4)	Thursday 9:30-10:15AM	B
Beginning (Ages 3-4)	Saturday 9:45-10:30AM	B
Beginning (Ages 5-7)	Monday 4:30-5:30PM	B
Beginning (Ages 5-7)	Saturday 10:45-11:45AM	B
Combo 1	Tuesday 5:30-6:30PM	X
Combo 1	Wednesday 4:30-5:30PM	X
Combo 1	Thursday 10:30-11:30AM	B
Combo 1	Saturday 10:45-11:45AM	B
Combo 2	Monday 4:30-5:30PM	C
Combo 2	Wednesday 6:30-7:30PM	X
Combo 2	Thursday 5:30-6:30PM	X

Studios A, B, C are located at 1902 Jules

Studio X is located at 2300 Frederick

Acro Add On

CLASS	DAY & TIME	STUDIO
Acro Add On	Monday 5:30-5:45PM	B
Acro Add On	Tuesday 5:15-5:30PM	X
Acro Add On	Wednesday 5:30-5:45PM	X
Acro Add On	Thursday 10:15-10:30AM	B
Acro Add On	Saturday 10:30-10:45AM	B

Tumbling Classes

Beginning (Ages 5+)	Tuesday 4:30-5:15PM	A
Tumbling 1	Tuesday 5:15-6:00PM	A
Tumbling 2	Tuesday 6:45-7:30PM	A
Tumbling 3	Tuesday 7:30-8:15PM	A
Tumbling 4	Tuesday 6:00-6:45PM	A
Mixed Level (Beginning - Level 2)	Saturday 9:00-9:45AM	A

Studios A, B, C are located at 1902 Jules

Studio X is located at 2300 Frederick



Register Online! www.TheDanceArtsCenter.com

1902 Jules, St. Joseph, MO 64501 | 816-233-5442



BALLET, POINTE, & CONTEMPORARY CLASSES

Pre & Intermediate Ballet

Graduation from combo to a more formalized ballet class. Ballet basics are expanded with more concentration on proper posture and challenging combinations.

Ballet - 8 years and up

A formalized style of movement started in the courts of Europe. It has established terminology and sets of exercises that are incorporated into barre and then center work. Body placement, posture, balance, flexibility, and coordination are stressed.

Apparel: Female students wear a black leotard, pink tights, and pink ballet shoes. Hair will be in a bun.

Male students will wear a white t-shirt, navy or black shorts or pants and black ballet shoes.

Pointe

Students utilize previously learned ballet techniques while working in pointe shoes. Each class includes barre exercises, center floor work, and across the floor combinations. Pre-pointe typically coincides with ballet 4.

Contemporary

One of the most popular dance forms...a fusion of jazz, ballet, and modern dance. Students must be enrolled in **Ballet 3 or higher** to take Contemporary.

Apparel: any color of leotard and tights. Dance shoes such as paws or pirouettes. Hair is securely off face & neck.

Contemporary Classes

Must Be Enrolled in Ballet 3 or Higher

CLASS	DAY & TIME	STUDIO
Contemporary 1	Monday 4:30-5:15PM	A
Contemporary 2	Thursday 4:30-5:15PM	A
Contemporary 3	Wednesday 8:00-8:45PM	C
Contemporary 4	Monday 6:15-7:15PM	A



Ballet & Pointe Classes

CLASS	DAY & TIME	STUDIO
Pre Ballet & Tap	Tuesday 6:30-7:30PM	X
Pre Ballet & Tap	Thursday 4:30-5:30PM	X
Intermediate	Monday 5:30-6:15PM	X
Beginning (Ages 8+)	Thursday 6:30-7:15PM	X
Ballet 1	Tuesday 5:45-6:45PM	B
Ballet 1	Thursday 5:15-6:15PM	B
Ballet 2	Wednesday 5:15-6:15PM	B
Ballet 3	Monday 5:15-6:15PM	A
Ballet 3	Thursday 5:15-6:15PM	C
Ballet 3/4	Wednesday 5:15-6:15PM	A
Ballet 3/4	Thursday 5:15-6:15PM	A
Ballet 4	Monday 6:15-7:15PM	C
Ballet 4	Tuesday 5:00-6:00	C
Ballet 5	Wednesday 7:00-8:00PM	A
Ballet 5	Thursday 7:00-8:00PM	A
Ballet 5/6	Monday 7:15-8:15PM	A
Ballet 6	Wednesday 7:00-8:00PM	C
Pre Pointe	Tuesday 6:00-6:45PM	C
Pointe 1	Thursday 8:00-8:45PM	A
Pointe 2	Monday 8:15-9:00PM	A

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Register
Online!

TheDanceArtsCenter.com

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TAP AND JAZZ CLASSES

Pre and Intermediate Tap

Students expand upon the basic rhythms learned in combo classes. More challenging tap combinations are taught and they begin to learn the origination of tap terminology.

Tap-8 years old and up

Rhythmic footwork with specially designed shoes. Emphasis is placed on rhythm, timing, and stage presence.

Apparel: solid color leotard and tights or jazz pants and black tap shoes. Hair is securely off face and neck.

Tap Classes

CLASS	DAY & TIME	STUDIO
Pre Ballet & Tap	Tuesday 6:30-7:30PM	X
Pre Ballet & Tap	Thursday 4:30-5:30PM	X
Intermediate	Monday 6:15-7:00PM	X
Beginning (Ages 8+)	Thursday 7:15-8:00PM	X
Tap 1	Tuesday 5:00-5:45PM	B
Tap 2	Wednesday 6:15-7:00PM	B
Tap 3	Monday 6:30-7:15PM	B
Tap 4	Wednesday 4:30-5:15PM	C
Tap 5	Monday 5:30-6:15PM	C
Tap 6	Wednesday 6:15-7:00PM	C

**Studios A, B, C are located at 1902 Jules
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Jazz Classes

Must Have 1 Year of Ballet Training

CLASS	DAY & TIME	STUDIO
Beginning (Ages 8+)	Thursday 4:30-5:15PM	B
Jazz 1	Wednesday 4:30-5:15PM	B
Jazz 2	Thursday 4:30-5:15PM	C
Jazz 3	Thursday 6:15-7:00PM	C
Jazz 4	Monday 7:15-8:00PM	C
Jazz 5	Thursday 6:15-7:00PM	A
Jazz 6	Wednesday 8:00-9:00PM	A

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Jazz - Ages 8 and up

One year of ballet training is required. Jazz borrows from ballet and modern techniques and develops stylistically. Classes consist of a warm-up, floor stretch, center barre, progressions and center combinations.

Apparel: solid colored leotard, tights, with tan jazz shoes. Jazz pants are permitted but must fit tightly throughout the hip, thigh, and knee area. Hair is securely off face and neck.

Register Online! **TheDanceArtsCenter.com**

1902 Jules, St. Joseph, MO 64501 | 816-233-5442

More Than Just Great Dancing!



MUSICAL THEATER, HIP HOP, BEYOND DANCE, & ADULT CLASSES

Musical Theater - Ages 7 and up

A form of theater combining music, songs, dance and spoken dialogue distinguished using popular music. Typically 'when emotion becomes too strong for speech, you sing; when it becomes too strong for song, you dance.' Dance in the context of story-telling in theater will be explored with an emphasis on performance persona. Apparel: leotard and tights or jazz pants and jazz shoes. Hair is securely off face and neck.

Musical Theater & Hip Hop Ages 7+

CLASS	DAY & TIME	STUDIO
Beg MT/Hip Hop	Monday 4:45-5:30PM	X
Beg MT/Hip Hop	Wednesday 5:15-6:00PM	C
MT/Hip Hop 1	Wednesday 4:30-5:15PM	A
MT/Hip Hop 2	Thursday 6:15-7:00PM	B
Musical Theater Ages 12 & Under	Tuesday 6:45-7:30PM	B
Musical Theater Ages 13 and Up	Tuesday 6:45-7:30PM	C
Hip Hop 3	Tuesday 7:30-8:15PM	B
Hip Hop 4	Thursday 7:00-7:45PM	C
Hip Hop 5	Wednesday 6:15-7:00PM	A
Hip Hop 6	Tuesday 7:30-8:15PM	C

Studios A, B, C are located at 1902 Jules
Studio X is located at 2300 Frederick

Hip Hop - Ages 7 and up

Often considered street dances that mix with more structured styles such as jazz. Hip Hop encourages students to use many different stylistic techniques and allows them to interpret moves in varied ways.

Fast-paced and challenging, creative, rhythmic talents are emphasized using age-appropriate music.

Apparel: wear a leotard under comfortable clothes, jazz shoes, or black tennis shoes that have never been worn outside.

Beyond Dance

Children with physical challenges can enjoy and experience the benefits of movement, self-expression, and music in this specially designed class. Our goal is for children, regardless of physical abilities, to participate in the art, discipline, and joy of dance.

There is NO charge for Beyond Dance.

Beyond Dance

CLASS	DAY & TIME	STUDIO
Beyond Dance	Saturday 9:45-10:30AM	C

Adult Classes

Yoga	Monday 7:30-8:30PM	X
Generations on Tap	Monday 3:00-4:00PM	C
Adult Tap & Ballet	Thursday 7:00-8:00PM	B

*Wear comfortable clothes. Bring your own tap and ballet shoes.

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Register Online! www.TheDanceArtsCenter.com

1902 Jules, St. Joseph, MO 64501 | 816-233-5442



More Than Just Great Dancing!

Tuition and Recital Information 2025-26

Class Rates

1 Class per Week

\$48.00/Month

2 Classes per Week

\$80.00/Month

3 Classes per Week

\$110.00/Month

4 Classes per Week

\$125.00/Month

5-9 Classes per Week

\$135.00/Month

10+ Classes per Week

\$145.00/Month

Acro Add On

\$10.00/Month per Dancer



Tuition Information

Tuition is based on a 36-week session. A \$15.00 registration fee per dancer will be charged to accounts on May 1st for returning students. A \$25.00 per dancer registration fee is charged for new dancers and dancers that do not participate in roll-over registration. Tuition is based per family for a 36 week session and applies to each class.

Payments may be made annually (5% discount) or monthly. An additional 5% discount is available when paying in cash. For your convenience, we offer an automatic debit plan. Easily create your account online and then enter your debit or credit card information allowing your account to be charged on the first of each month.

Monthly payments are due by the first of each month, September - May. A \$15.00 late fee will be applied to any payments made after the 10th of the month. A \$25.00 service fee will be charged for any returned checks.

Online payments can also be made by debit or credit card. Just log into your account with your user name and password.

Tuition is not reduced due to missed classes. Missed classes should be made up. No tuition refunds will be given after the session begins.

Recital 2026

We are excited to announce that recital weekend will be June 5th-6th.

Friday, June 5th -7:00PM
Senior & DACPAC comp team

Saturday, June 6th

All of our dance classes will perform once during the weekend.



Dress Rehearsal 2026

Dancers will have dress rehearsal at The Missouri Theater beginning May 30th. Dancers are required to attend dress rehearsal and parents are asked to attend.

Recital Fees

Each family will receive a DVD and a digital download of the recital. To help offset the cost of The Missouri Theater rental, insurance, extra staff and the DVD, a \$60.00 fee per family will be added to your costume fees.

Costume Fees

Recital costume fees are per class. Fees include all pieces - tights, head-piece, and accessories. Your child's costume fees must be paid in full before it is ordered.

Boy's Combo \$55.00

Combo & Pre Classes: \$80.00

Costumes for Intermediate, Beginning, and Levels 1+ will range from \$85.00-\$100.00. Costume amounts will be updated once the costume companies release their 2026 prices.

Costume fees are due in full by November 20th.

A \$15.00 late fee per costume will be added for any costume not paid by November 20th to cover extra shipping costs. All costume/recital fees, tuition and fees must be paid before costumes can be sent home.

Plan Ahead - Pay Costume Fees Over Time!

Avoid the stress of one big payment!

Add your costume fees to your automatic withdrawal September through December and enjoy the convenience of smaller, manageable payments.

✓ No late fees if paid in full via auto-debit by December 1st!

POLICIES

Class Level Advancement

Dance levels do not mirror school levels. Students do not advance automatically to the next level each year. Our goal is to ensure students master proper technique and have the necessary strength to perform certain combinations and steps to meet the demands of the next level in the curriculum.

A student's recommendation may ask they take two levels of a dance style. Often, working in two levels simultaneously, dancers see improvement in their technique, strength and confidence. We recommend most students double-up and/or repeat a level at some point. Typically, starting with ballet 3, it is common for students to repeat each level.

After a couple of months of class, students are evaluated in both levels by the instructors and Ms. Marla. Then, a decision is made if the previous level can be dropped or if the dancer needs to continue with the previous level.

Class Attendance

Students are expected to attend all classes and make up those they miss. Please notify the office when your child will be absent from class. An absence may be made up any time within the current semester either in the same level or a lower level. Students unable to participate physically in class are encouraged to observe to reinforce the learning process. Tardy students may be asked to observe class.



Conduct

The Dance Arts Center reserves the right, after consultation with a parent, to suspend or dismiss, with no tuition refund, any student whose attitude, attendance, or conduct is deemed unsatisfactory or dangerous to themselves or others. Bullying via social media or in person will not be tolerated. Any student who engages in bullying may be subject to disciplinary action up to and including dismissal from the studio.

DAC is a Safer Studio

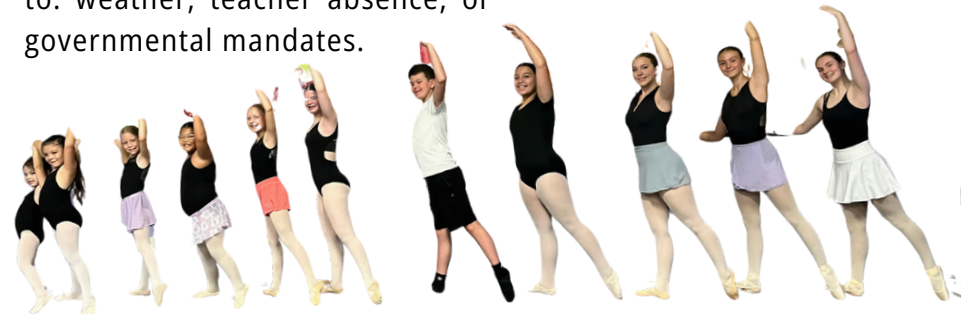


The Dance Arts Center follows the More Than Just Great Dancing Safer Studio Guidelines which prioritize a hierarchy of safety and wellness measures.



Safer Studio Policy

DAC reserves the right to deliver class content via an online system in the event that classes are not able to be conducted live for any reason including, but not limited to: weather, teacher absence, or governmental mandates.



Weather Cancellations

We will post weather-related class cancellations on our website, Facebook and Twitter. Dance Classes are NOT always cancelled when school is cancelled due to weather. Please check the website or call the office at 816-233-5442.

We also notify local media outlets regarding cancellations.

Privacy

The Dance Arts Center, LLC agrees not to release any information provided by you to any outside organization without your consent.