

The background of the entire flyer is a photograph of four young women in a dance studio. They are all wearing black leotards and white ballet shoes. They are in a line, leaning back and extending their arms forward in a synchronized pose. The studio has a light-colored wooden floor and a yellow wall with a red curtain in the background.

# *The Dance Arts Center*

SHARING THE ART, JOY, AND DISCIPLINE OF DANCE FOR OVER 35 YEARS

## 2020-2021 School Year Schedule

## Contact Us

---

1902 Jules Street  
St. Joseph, MO 64501

816-233-5442

[TheDanceArtsCenter@gmail.com](mailto:TheDanceArtsCenter@gmail.com)  
[www.TheDanceArtsCenter.com](http://www.TheDanceArtsCenter.com)

Welcome



WE'RE SO EXCITED TO START OUR 36TH DANCE SEASON SERVING THE GREATER ST. JOSEPH AREA. THE DANCE ARTS CENTER HAS GROWN INTO ONE OF THE MOST RECOGNIZED NAMES IN OUR COMMUNITY KNOWN FOR OUR OUTSTANDING STAFF, ORGANIZATION, CREATIVE PRODUCTIONS AND AGE-APPROPRIATE COSTUMING.

DAC OFFERS OVER 80 CLASSES FOR CHILDREN AND ADULTS IN BALLET, TAP, JAZZ, CONTEMPORARY, POINTE, MUSICAL THEATER, HIP HOP, AND TUMBLING, PLUS SPECIALTY CLASSES LIKE LEAPS & TURNS, STRENGTH AND STRETCH, AND YOGA.

OUR 4 STUDIOS ARE DESIGNED AND CONSTRUCTED FOR DANCE AND INCLUDE A WAITING ROOM AND OBSERVATION WINDOW.

WE'RE ESPECIALLY PROUD OF OUR BEYOND DANCE PROGRAM ALLOWING DANCERS WITH SPECIAL NEEDS TO PARTICIPATE IN DANCE CLASSES AND PERFORM IN OUR ANNUAL RECITAL. ADULT INSTRUCTORS TEACH ALL CLASSES AND ARE EAGER TO SHARE THEIR KNOWLEDGE AND EXPERTISE. BENEFITS STUDENTS RECEIVE INCLUDE PROPER TECHNIQUE, POISE, CONCENTRATION, TIME MANAGEMENT, PROBLEM SOLVING AND CONFIDENCE.

DANCE TRAINING = LIFE TRAINING  
CALL OR STOP BY THE DANCE ARTS CENTER, SEE WHO WE ARE AND THE FUN AND CREATIVITY WE HAVE TO OFFER. WE WANT YOU TO JOIN OUR DANCE FAMILY.

SINCERELY,

MARLA

OWNER/INSTRUCTOR

## Important Dates 2020-21

On-line registration  
begins July 27th

Dance Classes Begin  
August 31st

Recital is June 11th-13th



## Classes are NOT in Session

Labor Day...September 7th

Thanksgiving  
November 25th-29th

Winter Break  
December 21st - January 3rd

Spring Break  
March 20th-26th

## TUITION INFORMATION

Tuition is based on a 36 week session. A \$15.00 registration fee per student (not to exceed \$45.00 per family) and a tuition payment is required to secure class placement.

Tuition is based per family for a 36 week session and applies to each class.

<b>1 Class per Week</b>	<b>4 Classes per Week</b>
-------------------------	---------------------------

\$40.00/month

\$105.00/month

<b>2 Classes per Week</b>	<b>5-9 Classes per Week</b>
---------------------------	-----------------------------

\$70.00/Month

\$115.00/Month

<b>3 Classes per Week</b>	<b>10+ Classes per Week</b>
---------------------------	-----------------------------

\$95.00/Month

\$125.00/Month

Payments may be made annually (5% discount) or monthly. An additional 5% discount is available when paying in cash. For your convenience, we offer an automatic debit plan. Easily create your account online and then enter your debit or credit card information allowing your account to be charged on the first of each month.

**Monthly payments are due by the first of the month. A \$15.00 late fee will be applied to any payments made after the 10th of the month. A \$25.00 service fee will be charged for any returned checks.**

Online payments can also be made by debit or credit card. Just log into your account with your user name and password.

Tuition is not reduced due to missed classes. Missed classes should be made up. No tuition refunds will be given after the session has started.

## Costume Fees

Recital costume fees are per class. Fees include all pieces - tights, head-piece, and accessories.

Your child's costume fees must be paid in full before it is ordered.

*Boy's Combo \$45.00*

*Combo Classes: \$70.00*

*Pre-Ballet, Pre-Tap through*

*Level 2: \$75.00*

*Levels 3+: \$80.00*

*All Contemporary and*

*Pointe: \$80.00*

Costume fees are due in full by **November 11th.**

Receive a 5% discount if costume fees are paid in full by October 7th.

A \$15.00 late fee per costume will be added for any costume not paid by November 11th to cover extra shipping costs.

We strongly encourage you to add your costume fees to your automatic withdrawal, September - December. No late fees will be assessed if costumes are paid in full **using auto debit** through December 1st.

# Safer Studio Policy

DAC reserves the right to deliver class content via an online system in the event that classes are not able to be conducted live for any reason including, but not limited to: weather, teacher absence, or governmental mandates.

All studio classes are backed up on an online learning platform. In the event a class is unable to be held at the studio, classes will convert to an online learning platform until in-studio classes can resume.



# DAC is a Safer Studio™

The Dance Arts Center follows the More Than Just Great Dancing Safer Studio Guidelines which prioritize a hierarchy of safety and wellness measures including:

- Wellness checks for staff
- Frequent hand hygiene
- Enhanced cleaning procedures
- Minimizing mixing and mingling via social distancing practices
- Curricular and facility adjustments
- Continuous parent communications
- Hand sanitizer will be used by anyone entering and exiting the building
- We will continue to disinfect between all of our classes with a deep clean at the end of each day.

## Class Attendance

Students are expected to attend all classes and make up those they miss. Please notify the office when your child will be absent from class. An absence may be made up any time within the current semester either in the same level or a lower level. Students unable to participate physically in class are encouraged to observe to reinforce the learning process. Tardy students may be asked to observe class.

## Conduct

The Dance Arts Center reserves the right, after consultation with a parent, to suspend or dismiss, with no tuition refund, any student whose attitude, attendance, or conduct is deemed unsatisfactory or dangerous to themselves or others. Bullying via social media or in person will not be tolerated. Any student who engages in bullying may be subject to disciplinary action up to and including dismissal from the studio.



## Weather Cancellations

We will post weather-related class cancellations on our website, Facebook and Twitter. Dance Classes are NOT always cancelled when school is cancelled due to weather.

Please check the website or call the office at 816-233-5442.

We also notify local media outlets regarding cancellations.

## Privacy

The Dance Arts Center, LLC agrees not to release any information provided by you to any outside organization without your consent.

## Rehearsals

Staging rehearsals are held at The Missouri Theater beginning May 31st. Dress rehearsal dates will be announced closer to recital.

Dancers are required to attend dress rehearsal. Parents are asked to attend both staging and dress rehearsals.

## Rehearsal Fee

A \$15.00 per dancer rehearsal fee is due with your costume payment.

This fee helps off-set rental, insurance, and staff costs at The Missouri Theater during the weeks prior to our concert.



## Recital 2021

We are excited to announce that our show times for recital weekend will be June 11th-13th.

Friday, June 11th 7:00PM  
Senior & DACPAC comp team

Saturday, June 12th and  
Sunday, June 13th

Exact recital times will be given out as we get closer to recital weekend. All of our dance classes will perform at least once during the weekend.



## Recital

## Communications

You will begin receiving recital information in February, 2021.

We will communicate with you via e-mail. Please make sure your e-mail is updated on your account contact information and your email is set to "send emails to families."



## Dance Instruction

All dance classes are taught by adult instructors with years of experience. Many of our instructors have earned their Bachelor of Fine Arts degree in dance and hold certifications from national dance organizations. The Dance Arts Center is a member of Dance Masters of America. Our family friendly studio helps dancers learn and grow in a positive, challenging environment.

Interested in becoming an assistant teacher?

Email the studio to learn more:  
[TheDanceArtsCenter@gmail.com](mailto:TheDanceArtsCenter@gmail.com)

## Dance Instructors

Marla Heeler, Owner

Alexis Ades

Sydney Bennet

Ariel Buback

Megan Chiles

Annie Corrington

Angie Fisher

Caleb Keling

Kealey Mathieson

Kara McGhee

Casi Paolillo

Sara Poet

Isabel Seiter

Crissy Troyer

Arianna Williams

Allison Wood

Terzah Wright

Office Manager

Brandi Keling

## Beyond Dance

Children with physical challenges can enjoy and experience the benefits of movement, self-expression, and music in this specially designed class. Our goal is for children, regardless of physical abilities, to participate in the art, discipline, and joy of dance. There is NO charge for Beyond Dance.

## Tumbling

### Ages 5 and Up

Students gain upper body strength, agility, and flexibility through cartwheels, rolls, somersaults and hand springs along with other athletic exercises.

\*Tumbling classes do NOT perform at recital.

Apparel: leotard, footless tights and no shoes (students participate barefoot). Hair is securely off face and neck.

## Combo Classes

A great introduction to dance. Ballet and tap are explored in each class. Students learn basic movements and positions. Coordination and loco-motor skills are the main focus. Students must be age 3 by the first week of class. Apparel: leotard, tights, pink ballet shoes, and black tap shoes. Hair is securely off face and neck.



## Just for Boys

### Ages 4 to 6

A fun, high-energy hip hop and tap class. This class helps boys develop balance, coordination, and power through men's center work and strength building exercises. Apparel: black tap and jazz shoes. Navy or black shorts or athletic pants and a white t-shirt.

# Ballet

Pre-Ballet - 45 minute class  
Graduation from combo to a more formalized ballet class. Ballet basics are expanded with more concentration on proper posture and challenging combinations.

Ballet - 8 years and up

A formalized style of movement started in the courts of Europe. It has established terminology and sets of exercises that are incorporated into barre and then center work. Body placement, posture, balance, flexibility, and coordination are stressed. Training in ballet is essential to the skilled development of all dance forms.



Apparel: Female students will wear black leotard, pink tights and pink ballet shoes. Hair will be in a bun. Male students will wear a white t-shirt, navy or black shorts or pants and black ballet shoes.

# Pointe

Students utilize previously learned ballet techniques while working in pointe shoes. Each class includes barre exercises, center floor work, and across the floor combinations. Beginning pointe typically coincides with ballet 5.



# Contemporary

One of the most popular dance forms...a fusion of jazz, ballet and modern dance. Students must be enrolled in Ballet 3 or higher to take Contemporary. Apparel: any color of leotard and tights. Dance shoes such as paws or pirouettes. Hair is securely off face and neck.

## Apparel & Shoes

We recommend purchasing dance shoes before August 20th to help the first week of classes run more smoothly. Dancewear does NOT have to be purchased at The Dance Arts Center. Call 816-233-5442 to make an appointment as summer hours vary. Please note apparel and shoe requirements are included with class descriptions.



Full body strength and core conditioning class targeting all muscle groups while maintaining proper posture and technique. It also helps improve leaps, jumps, and turns.

## Tap

Pre-Tap - 45 minute class  
Students expand upon the basic rhythms learned in combo classes. More challenging tap combinations are taught and they begin to learn the origination of tap terminology.

Tap-8 years old and up  
Rhythmic footwork with specially designed shoes. Emphasis is placed on rhythm, timing, and stage presence.

Apparel: solid color leotard and tights or jazz pants and black tap shoes. Hair is securely off face and neck.

## Jazz

Ages 8 and up

One year of ballet training is required. Jazz borrows from ballet and modern techniques and develops stylistically. Classes consist of a warm-up, floor stretch, center barre, progressions and center combinations. Apparel: solid colored leotard, tights, with tan jazz shoes. Jazz pants are permitted but must fit tightly throughout the hip, thigh, and knee area. Hair is securely off face and neck.

# Hip Hop

Ages 7 and up

Often considered street dances that mix with more structured styles such as jazz. Hip Hop encourages students to use many different stylistic techniques and allows them to interpret moves in varied ways .

Fast-paced and challenging, creative, rhythmic talents are emphasized using age-appropriate music.

Apparel: wear a leotard under comfortable clothes and jazz shoes.

# Musical Theater

Ages 7 and up

A form of theater combining music, songs, dance and spoken dialogue distinguished using popular music.

Typically 'when emotion becomes too strong for speech, you sing; when it becomes too strong for song, you dance.' Dance in the context of story-telling in theater will be explored with an emphasis on performance persona.

Apparel: leotard and tights or jazz pants and jazz shoes. Hair is securely off face and neck.

## Class Level Advancement

Dance levels do not mirror school levels. Students do not advance automatically to the next level each year. Our goal is to ensure students master proper technique and have the necessary strength to perform certain combinations and steps to meet the demands of the next level in the curriculum.

A student's recommendation may ask they take two levels of a dance style. Often, working in two levels simultaneously, dancers see improvement in their technique, strength and confidence. We recommend most students double-up and/or repeat a level at some point. Typically, starting with ballet 3, it is common for students to repeat each level.

After a couple of months of class, students are evaluated in both levels by the instructors and Ms. Marla. Then, a decision is made if the previous level can be dropped or if the dancer needs to continue with the previous level.

CLASS	DAY	TIME	STUDIO
-------	-----	------	--------

### BEYOND DANCE

Cerebral Palsy or closely related	Saturday	9:30-10:15AM	B
--------------------------------------	----------	--------------	---

Down's Syndrome	Saturday	10:15-11:00AM	B
-----------------	----------	---------------	---

### TUMBLING

Beginning 5 years & up	Tuesday	4:30-5:30PM	A
------------------------	---------	-------------	---

Tumbling 1	Monday	6:00-7:00PM	X
------------	--------	-------------	---

Tumbling 2	Tuesday	6:30-7:30PM	A
------------	---------	-------------	---

Tumbling 2/3	Wednesday	7:30-8:30PM	A
--------------	-----------	-------------	---

Tumbling 3	Tuesday	7:30-8:30PM	A
------------	---------	-------------	---

Tumbling 4	Tuesday	5:30-6:30PM	A
------------	---------	-------------	---

### COMBO

Beginning 3-4 Years Old	Monday	10:00-10:45AM	B
-------------------------	--------	---------------	---

Beginning 3-4 Years Old	Tuesday	5:30-6:15PM	X
-------------------------	---------	-------------	---

Beginning 3-4 Years Old	Wednesday	4:30-5:15PM	B
-------------------------	-----------	-------------	---

Beginning 3-4 Years Old	Saturday	9:30-10:15AM	C
-------------------------	----------	--------------	---

Beginning 5-7 Years Old	Wednesday	4:30-5:30PM	X
-------------------------	-----------	-------------	---

Beginning 5-7 Years Old	Saturday	10:15-11:15AM	C
-------------------------	----------	---------------	---

Combo 1	Monday	4:30-5:30PM	B
---------	--------	-------------	---

Combo 1	Thursday	6:00-7:00PM	B
---------	----------	-------------	---

Combo 1	Saturday	10:15-11:15AM	C
---------	----------	---------------	---

Combo 2	Tuesday	6:15-7:15PM	X
---------	---------	-------------	---

Combo 2	Wednesday	5:30-6:30PM	B
---------	-----------	-------------	---

Combo 2	Thursday	4:30-5:30PM	X
---------	----------	-------------	---

Combo 3	Tuesday	4:30-5:30PM	X
---------	---------	-------------	---

Combo 3	Wednesday	6:30-7:30PM	B
---------	-----------	-------------	---

Studios A, B, C are located at 1902 Jules. Studio X is located at 2300 Frederick.

CLASS	DAY	TIME	STUDIO
-------	-----	------	--------

# **JUST FOR BOYS**

Ages 4-6	Friday	4:45-5:30PM	B
----------	--------	-------------	---

# **BALLET**

Beginning Ages 8+	Thursday	4:30-5:15PM	B
Pre-Ballet	Monday	4:30-5:15PM	X
Ballet 1	Tuesday	4:30-5:30PM	B
Ballet 1	Wednesday	5:30-6:30PM	C
Ballet 2	Monday	4:30-5:30PM	A
Ballet 2	Thursday	5:30-6:30PM	A
Ballet 3	Tuesday	5:30-6:30PM	C
Ballet 3	Thursday	6:30-7:30PM	C
Ballet 3/4	Tuesday	7:30-8:30PM	B
Ballet 3/4	Wednesday	5:30-6:30PM	A
Ballet 4	Monday	6:30-7:30PM	B
Ballet 5	Thursday	6:30-7:30PM	X
Ballet 5/6	Monday	5:30-6:45PM	A
Ballet 6	Wednesday	7:30-8:30PM	X

# **POINTE**

Pointe 1	Thursday	7:30-8:30PM	X
Pointe 2	Monday	6:45-7:45PM	A

# **CONTEMPORARY Students must be enrolled in a ballet class**

Beginning (Ballet Level 3+)	Thursday	7:30-8:30PM	C
Contemporary 1	Tuesday	6:30-7:30PM	B
Contemporary 2	Wednesday	7:30-8:30PM	B
Contemporary 3	Tuesday	6:30-7:30PM	C
Contemporary 4	Monday	7:45-8:45PM	A

Studios A, B, C are located at 1902 Jules. Studio X is located at 2300 Frederick.

CLASS	DAY	TIME	STUDIO
-------	-----	------	--------

**JAZZ** Must have at least one year of Ballet to enroll in a jazz class.

Beginning (Ages 8+)	Wednesday	4:30-5:30PM	C
Jazz 1	Thursday	6:30-7:30PM	A
Jazz 1	Friday	4:30-5:30PM	C
Jazz 2	Thursday	5:30-6:30PM	C
Jazz 3	Wednesday	4:30-5:30PM	A
Jazz 4	Wednesday	6:30-7:30PM	A
Jazz 5	Tuesday	7:30-8:30PM	C
Jazz 6	Wednesday	5:30-6:30PM	X

### TAP

Beginning Tap (ages 8+)	Thursday	5:15-6:00PM	B
Pre-tap	Monday	5:15-6:00PM	X
Tap 1	Tuesday	5:30-6:30PM	B
Tap 1	Thursday	4:30-5:30PM	C
Tap 2	Monday	5:30-6:30PM	B
Tap 3	Tuesday	4:30-5:30PM	C
Tap 4	Monday	4:30-5:30PM	C
Tap 5	Monday	7:30-8:30PM	C
Tap 6	Thursday	5:30-6:30PM	X
Tap 7	Wednesday	6:30-7:30PM	X

### STRENGTH, STRETCH, LEAPS, AND TURNS

Ballet Levels 1-3	Saturday	10:00-11:00AM	A
Ballet Levels 3/4+	Saturday	11:15A-12:15P	A

### ADULT CLASSES

Generations on Tap	Monday	3:00-4:00PM	C
Yoga with Paula	Tuesday	7:30-8:30PM	X

Studios A, B, C are located at 1902 Iules. Studio X is located at 2300 Frederick.

CLASS	DAY	TIME	STUDIO
-------	-----	------	--------

### MUSICAL THEATER for ages 7+

Beginning MT/Hip Hop	Friday	4:30-5:30PM	A
Beginning MT/Hip Hop	Friday	5:30-6:30PM	A
Musical Theater/Hip Hop 1	Thursday	4:30-5:30PM	A
Musical Theater/Hip Hop 2	Monday	7:00-8:00PM	X
Musical Theater/Hip Hop 2	Wednesday	6:30-7:30PM	C
Musical Theater/Hip Hop 3	Wednesday	7:30-8:30PM	C
Musical Theater 4	Monday	6:30-7:30PM	C
Musical Theater 5	Tuesday	8:30-9:30PM	C

### HIP HOP for ages 7+

Beginning Hip Hop/MT	Friday	4:30-5:30PM	A
Beginning Hip Hop/MT	Friday	5:30-6:30PM	A
Hip Hop/Musical Theater 1	Thursday	4:30-5:30PM	A
Hip Hop/Musical Theater 2	Monday	7:00-8:00PM	X
Hip Hop/Musical Theater 2	Wednesday	6:30-7:30PM	C
Hip Hop/Musical Theater 3	Wednesday	7:30-8:30PM	C
Hip Hop 4	Monday	5:30-6:30PM	C
Hip Hop 5	Thursday	7:30-8:30PM	A
Hip Hop 6	Monday	8:45-9:45PM	C





## DACPAC & PRODUCTION TEAM

The Dance Arts Center Performing Arts Company is designed to give more serious dancers additional performance and competition opportunities. Dancers must achieve an accomplished level of study and skills to be eligible. Participation requires dancers to be proficient in at least one of the following dance forms: Ballet, Jazz, or Tap.