

GRADED
Beginner -
Advanced

Star Leadership

For Ages 8-11

This summer we are offering Star Leadership for dancers, ages 8-11 wanting to become assistant teachers. Dancers must be 12 to assist in classes.

The taking shape Star Leadership program empowers the youth of the next generation through a structured, easy-to-implement leadership curriculum.

Helping kids gain confidence, battle stress and anxiety, create awareness, and put action behind values such as resilience, gratitude, and servant leadership.

Building the leaders of tomorrow!

**Thursday
6:30-7:00PM**

TUITION: \$30 for 6 weeks

STAY STRONG ALL SUMMER

PBT

Progressive Ballet Technique

What is PBT? -an innovative body-conditioning and strengthening program that has been designed to enhance students' technique in all forms of dance. The exercises are performed using a yoga ball, theraband, bosu ball, and more. Dancers will need to provide their own theraband. Having their own yoga ball is recommended.

Levels 1 & 2 (2022-23 Season)
Thursday 5:30PM-6:30PM

Levels 3 - 4 (2022-23 Season)
Tuesday 5:30PM-6:30PM

Levels 5+ (2022-23 Season)
Wednesday 6:30PM-7:30PM

Pointe

Students must have pointe experience to enroll

**Tuesday
7:30-8:30P**

Strength, Stretch, Leaps and Turns

Levels 1 & 2 (2022-23 Season)
Wednesday 5:30PM-6:30PM

Levels 3 - 4 (2022-23 Season)
Thursday 7:00-8:00PM

Levels 5+ (2022-23 Season)
Tuesday 6:30PM-7:30PM

TUMBLING

**Beginning Tumbling-Ages 5+
Wednesday 5:30-6:30PM**

**Intermediate Tumbling
Wednesday 6:30-7:30PM**

Tumblers must have their one-handed cartwheel and can stand up from a bridge.

**Advanced Tumbling
Wednesday 7:30-8:30PM**

Tumblers must have front and back walkover.

Tumblers wear a leotard and footless tights.

ADULT CLASSES

Generations on Tap

Tuesday 3:00-4:00PM

On-going tap class for all ages. Bring your tap shoes.

Adult Hip Hop

Wednesday 6:30-7:30PM

Wear comfortable clothes and tennis shoes or jazz shoes.

Adult Tap & Ballet

Thursday 6:30-7:30PM

Wear comfortable clothes. Bring your tap and ballet shoes.

Yoga (2300 Frederick Location)

Tuesday 7:30PM-8:30PM

Please bring your own yoga blocks, mats, and a towel. We do have mats and yoga blocks if you do not have them.

Summer Price List

45 Minute to 1-Hour Classes

- 1 Class is \$65.00 for 6 weeks
- Add a 2nd Class for \$58.50 10% Discount
- Add a 3rd Class for \$52.00 20% Discount
- Add a 4th Class for \$45.50 30% Discount
- 30% Discount Applied to Each Class Over 4





Summer



JUNE

is your time to shine

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
JUNE			1
5	6	7	8
12	13	14	15
19	20 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	21 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	22 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet
Summer Classes Begin			
26	27 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	28 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	29 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
JULY			
3	4	5	6
Closed for 4th of July			
10	11 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	12 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	13 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet
17	18 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	19 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	20 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet
24	25 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	26 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	27 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet
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Register online at

TheDanceArtsCenter.com

1902 Jules | St. Joseph, MO | 816-233-5442

August

1 Yoga PBT Levels 3-4 Leaps & Turns 5+ Pointe	2 PBT 5+ Leaps & Turns 1-2 Tumbling Adult Hip Hop	3 PBT 1-2 Leaps & Turns 3-4 Star Leadership Adult Tap/Ballet
Last Week of Summer Classes		



Summer Sampler

Students learn basic techniques of different dance styles each week - Ballet, Jazz, Hip Hop, Musical Theater, Contemporary, and a create-your-own dance day.

Dancers can wear comfortable clothes but a leotard and tights are preferred.

Based on Grade for Fall 2023

1st - 3rd Graders
Tuesday 5:30-6:30PM

4th - 6th Graders
Tuesday 6:30-7:30PM

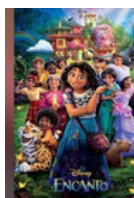
Junior High and High School
Tuesday 7:30-8:30PM

Fun Day One Days

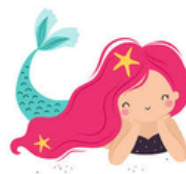
For Ages 3-7

Join us for a morning of dance, a snack, and a craft centered around a FUN theme your child will love! Each FUN DAY is from 9:00-11:30AM with a special parent presentation at the end of each FUN DAY!

Dancers wear comfortable clothes. Please wear ballet or jazz shoes if you have them.



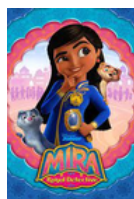
Encanto
Wednesday, June 21st
9:00-11:30AM



Mermaid Day
Thursday, June 29th
9:00-11:30AM



Princesses and Pirates
Wednesday, July 12th
9:00-11:30AM



Mira, Royal Detective
Thursday, July 20th
9:00-11:30AM



Christmas in July
Wednesday, July 26th
9:00-11:30AM



Bluey Day
Thursday, August 3rd
9:00-11:30AM

Fun Day One Days Price List

Register for 3 and get 1 Free!

Register for ALL 6 for \$100.00

\$20 per child for each Fun Day

COMBO CLASSES

Combo classes consist of tap and ballet in one class. Dancers wear a leotard and tights in class. Dancers will need ballet and tap shoes.

Combo for Ages 3-5
Tuesday - 10:00-10:45AM

Combo for ages 3-4
Tuesday 4:30-5:15PM
Wednesday 5:30PM-6:15PM

Combo for ages 5-7
Thursday 5:30-6:30PM

ACRO ARTS

ADD ON

Pre-School acro for ages 3-5

An introduction to the fundamentals of tumbling; focusing on strength, flexibility, gross motor skills, and social emotional learning.

After Combo Classes (3-5)

Tuesday 10:45-11:00AM
Tuesday 5:15-5:30PM
Wednesday 6:15-6:30PM

Price: \$20 for 6 weeks

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Summer Classes Begin			
26	27 Yoga Combo Ages 3-5 Summer Sampler Grades 1 - 12	28 Combo Ages 3-4 Tumbling Adult Hip Hop	29 Mermaid Fun Day Combo Ages 5-7 Adult Tap/Ballet

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