

# What would you do if somebody's heart stopped?

Many of us will witness a  
cardiac arrest in our lifetime.  
Be ready for that day.

Learn the essential elements  
of CPR in 15 minutes for free,  
anywhere, on your mobile.

Scan the QR code or visit  
[bhf.org.uk/revivr](https://bhf.org.uk/revivr) to  
start the training.

**RevivR™**

