

OVER 10 MILLION  
LIVES ARE LOST EACH  
YEAR DUE TO HIGH  
BLOOD PRESSURE  
HELP TO SQUEEZE  
THOSE NUMBERS GET  
TESTED TODAY

IT'S JUST  
A LITTLE  
SQUEEZE



MAY  
MEASURE  
MONTH

MayMeasure.org



UNIVERSITY  
OF ALBERTA

May Measurement Month is a study being conducted by the University of Alberta Researchers. Anyone aged  $\geq 13$  years and who provides consent can participate. The study involves completion of a short questionnaire and 3 blood pressure measurements taking a total of 15-20 minutes. Research Ethics Board ID# Pro00152029.

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