Attachment 2 **Cycle Menu B No Pork No Peanut 2026-2027** **Week of:** _____

The meal pattern (Attachment 1) must be followed unless there is a different amount listed by individual menu items. Milk must be served with every breakfast, lunch and supper meal. Milk must be served with snack when indicated. Children one year of age must be served unflavored whole milk. Children two through five years old must be served unflavored whole, reduced-fat (2%), low fat (1%), fat-free (skim) milk. Children 6 years old and older must be served unflavored or flavored whole, reduced-fat (2%), low-fat (1 %) or fat-free (skim) milk. Substitutions require Nutrition team approval.

	Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate			Colby Cheese Slice (1 oz)		
	Vegetable/Fruit/Juice Ages 1-18: ½ c	100% Apple Juice	Pears	Pineapple	Cinnamon Apples	Banana (1 whole)
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Cinnamon Raisin Bagel ***Cream Cheese***	Multi Grain Cheerios (100% whole grain)	100% Whole Grain Bread ***Butter or Marg.***	Life Original Cereal (whole grain-rich)	100% Whole Grain English Muffin ***Butter or Marg. & Jelly***
LUNCH	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Baked Sliced Chicken (2 oz)	*Chicken Tetrazzini	*Breaded Fish ***Ketchup***	*Ground Beef Stroganoff	*Oven Fried Chicken
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Fresh Sweet Potato (not instant)	Fresh Tomato Slices	Green Peas	Mixed Vegetables	Salad (Spinach, Romaine, Tomato, Cucumber) ***Italian or Ranch Dressing***
	Fruit or Vegetable Ages: 1-18: ¼ c	Steamed Broccoli	Applesauce	Seasonal Fresh Fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)	Mandarin Oranges	Green Beans
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	100% Whole Grain Bread ***Butter or Marg.***	Pasta (in entrée)	Soft Roll	Egg Noodles	Cornbread
SNACK	**Milk** Ages 1-5: 4oz; Ages 6-18: 8oz		Milk			
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages: 6-18: 1 oz	Yogurt 4 oz			Sliced Turkey (1 oz)	
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c					
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c	Fruit Cocktail		Peaches		Fresh Orange Wedges
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent		Blueberry Muffin	Cheese Crackers	100% Whole Grain Bread ***Mayo & Mustard.***	Animal Crackers

IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5. *Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or Standardized Recipe. Caterer must supply this documentation to institution/facility. Water must be made available to children throughout the day but is not a creditable item.

10/01/2026 - 10/02/2026	11/23/2026- 11/27/2026	01/18/2027 - 01/22/2027	03/15/2027 - 03/19/2027	05/10/2027 - 05/14/2027	07/05/2027 - 07/09/2027	08/30/2027 - 09/03/2027
10/05/2026 - 10/09/2026	11/30/2026 - 12/04/2026	01/25/2027 - 01/29/2027	03/22/2027 - 03/26/2027	05/17/2027 - 05/21/2027	07/12/2027 - 07/16/2027	09/06/2027 - 09/10/2027
10/12/2026 - 10/16/2026	12/07/2026 - 12/11/2026	02/01/2027 - 02/05/2027	03/29/2027 - 04/02/2027	05/24/2027 - 05/28/2027	07/19/2027 - 07/232027	09/13/2027 - 09/17/2027
10/19/2026 - 10/23/2026	12/14/2026 - 12/18/2026	02/08/2027 - 02/12/2027	04/05/2027 - 04/09/2027	05/31/2027 - 06/04/2027	07/26/2027 - 07/30/2027	09/20/2027 - 09/24/2027
10/26/20236 -10/30/2026	12/21/2026 - 12/25/2026	02/15/2027 - 02/19/2027	04/12/2027 - 04/16/2027	06/07/2027 - 06/11/2027	08/02/2027 - 08/06/2027	09/27/2027 - 09/30/2027
11/02/2026 - 11/06/2026	12/28/2026 - 01/01/2027	02/22/2027 - 02/26/2027	04/19/2027 - 04/23/2027	06/14/2027 - 06/18/2027	08/09/2027 - 08/13/2027	
11/09/2026 - 11/13/2026	01/04/2027 - 01/08/2027	03/01/2027 - 03/05/2027	04/26/2027 - 04/30/2027	06/21/2027 - 06/25/2027	08/16/2027 - 08/20/2027	
11/16/2026 - 11/20/2026	01/11/2027 - 01/15/2027	03/08/2027 - 03/12/2027	05/03/2027 - 05/07/2027	06/28/2027 - 07/02/2027	08/23/2027 - 08/27/2027	

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	Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Cheddar Cheese Slice (1 oz)				
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Pineapple	Pears	Banana (1 whole)	Peaches	Fresh Orange Wedges
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Kix Cereal (Original, Honey, or Berry Berry; (whole grain-rich)	Plain Bagel ***Cream Cheese***	100% Whole Grain Bread (1 slice) ***Butter or Marg.***	English Muffin ***Butter or Marg. & Jelly***	Rice Chex Cereal (whole grain-rich)
LUNCH	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Roast Turkey Slices	*Chicken Nuggets ***Ketchup***	Cheeseburger	Tacos (Turkey, Chicken, or Beef) ***Shredded Cheese, Shredded Lettuce, Diced Tomato, and Mild Salsa***	*Beefaroni
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Peas and Carrots	Steamed Broccoli	Green Beans	Corn	Salad (Spinach, Romaine, Tomato, Cucumber) ***Italian or Ranch Dressing***
	Fruit or Vegetable Ages: 1-18: ¼ c	Mandarin Oranges	Applesauce	Seasonal Fresh Fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)	Black Beans	Fruit Cocktail
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	100% Whole Wheat Roll ***Butter or Marg.***	100% Whole Grain Bread ***Butter or Marg.***	Bun ***Mustard, Mayo, Ketchup***	Tortilla & Brown Rice (100% whole grain)	Macaroni (in entrée)
SNACK	**Milk** Ages 1-5: 4oz; Ages 6-18: 8oz	Milk				
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages: 6-18: 1 oz			Soynut Butter Ages 1-5: 1 Tbsp Ages 6 and up: 2 Tbsp	Yogurt 4 oz	Chicken Salad
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c					
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c		100% Orange Juice	Fresh Apple Slices		
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Pretzels	Corn Muffin		Graham Crackers (plain or honey)	Crackers (savory)

IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5. *Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe. Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item). **All food must be peanut and tree nut free.***

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	Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Mozzarella Cheese Slice (1 oz)				Hard Boiled Egg (½ egg)
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Peaches	Mandarin Oranges	Seasonal Fresh Fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)	Cinnamon Apples	Banana (1 whole)
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Original Cheerios (100% whole grain)	Raisin Bread (plain, no icing) ***Butter or Marg.***	Blueberry Muffin	Frosted Mini Wheats Little Bites Original Cereal (100% whole grain)	100% Whole Grain English Muffin ***Butter or Marg. & Jelly***
LUNCH	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	Sweet and Sassy Chicken (Chicken Breast with Honey Mustard Glaze)	*Meatloaf with Ground Turkey or Beef ***Ketchup***	Chicken in Gravy or Sauce	*Spaghetti & Meat Sauce with Ground Turkey or Beef	*Pizza
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Italian Green Beans	Fresh Mashed Sweet Potato (not instant)	Green Peas	Salad (Spinach, Romaine, Tomato, Cucumber) ***Italian or Ranch Dressing***	Mixed Vegetables
	Fruit or Vegetable Ages: 1-18: ¼ c	Pineapple	Fruit Cocktail	Fresh Apple Slices	Steamed Baby Carrots	Pears
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Brown Rice (100% whole grain)	100% Whole Grain Bread ***Butter or Marg.***	Soft Roll	Spaghetti (in entrée); Garlic Bread	Pizza Crust (in entrée)
SNACK	**Milk** Ages 1-5: 4oz; Ages 6-18: 8oz				Milk	
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages: 6-18: 1 oz	Yogurt 4 oz				Cheese Stick
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c			Carrot Sticks ***Ranch Dip***		
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c		100% Grape Juice			Fresh Orange Slices
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Graham Crackers (plain or honey)	Fish Shaped Crackers	100% Whole Grain Crackers	Animal Crackers	

IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5. *Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe. Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item). **All food must be peanut and tree nut free.**

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	Week Four	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Yogurt 4 oz				
	Vegetable/Fruit/Juice Ages 1-18: ½ c	Fruit Cocktail	Applesauce	Seasonal Fresh Fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples)	100% Apple Juice	Banana (1 whole)
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Life Original Cereal (whole grain-rich)	Blueberry Muffin	100% Whole Grain Bread ***Butter or Marg.***	Biscuit ***Butter or Marg.***	Multi Grain Cheerios (100% whole grain)
LUNCH	**Milk** Ages 1-5: 6oz; Ages 6-18: 8oz	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz Ages 6-18: 2 oz	*Chicken Alfredo	*Breaded Fish ***Ketchup***	Sliced Turkey	*Chicken and Rice	Hamburger (Lettuce and Tomato)
	Vegetable Ages 1-5: ¼ c; Ages 6-18: ½ c (Double portion for salads)	Green Peas	Cucumber Slices	Steamed Baby Carrots	Green Beans	Oven Fried Potatoes
	Fruit or Vegetable Ages: 1-18: ¼ c	Pineapple	Tangerine/Clementine Slices (Fresh)	Mashed Potato (Fresh, not instant)	Mandarin Oranges	Pears
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	Pasta (in entrée)	Soft Roll	Corn Muffin	Brown Rice (100% whole grain)	Bun ***Mustard, Mayo, Ketchup***
SNACK	**Milk** Ages 1-5: 4oz; Ages 6-18: 8oz	Milk				Milk
	Meat/Meat Alternate Ages 1-5: ½ oz; Ages: 6-18: 1 oz		Cheddar Cheese Slice		Yogurt 4 oz	
	Vegetable Ages 1-5: ½ c; Ages 6-18: ¾ c					
	Fruit/Juice Ages 1-5: ½ c; Ages 6-18: ¾ c			Fresh Orange Wedges	Peaches	
	Grains Ages 1-5: ½ oz equivalent Ages 6-18: 1 oz equivalent	100% Whole Grain Crackers	100% Whole Grain Bread	Crackers (savory)		Pretzels

IMPORTANT: Ages 1-5 based on meal pattern portion sizes for ages 3-5. *Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe. Caterer must supply this documentation to institution/facility. When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: water is NOT a creditable food item). **All food must be peanut and tree nut free.***

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