



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Kielbasa Roasted Potatoes Braised Cabbage Whole Wheat Bread Cookie	6 Shepards Pie Bean Blend Wheat Bread Apricots	<p><i>No deliveries on Wednesdays.</i></p> <p><i>A chilled meal for Wednesday will be provided with your Tuesday delivery.</i></p>	8 Chicken Ala King Mashed Potatoes Diced Beets Biscuit Jello	9 Potato Crunch Fish Sweet Potato Peas & Pearl Onions Wheat Bread Cookie
12 Chicken Scampi Pasta Green Beans Whole Wheat Bread Mandarin Oranges	13 Chili w/Cheddar Cheese Corn & Red Pepper Black Beans & Rice Whole Wheat Bread Pudding		15 <i>February Special</i> Chicken Parmesan Fettucini Pasta Zucchini & Summer Squash Snowflake Roll Cherry Chip Cake 	16 Macaroni & Cheese Stewed Tomatoes Spinach Wheat Bread Banana
19 	20 American Chop Suey Peas & Carrots Whole Wheat Dinner Roll Warm Applesauce		22 Roast Pork w/ Stuffing Gravy Mashed Potatoes Carrots Dinner Roll Apricots	23 Mediterranean Baked Fish Rice Pilaf Mixed Vegetables Wheat Bread Fruit Cocktail
26 Chicken Divan Parslied Rice Butternut Squash Whole Wheat Bread Pineapple	27 Pasta & Meatballs Key Largo Vegetables Whole Wheat Roll Orange		29 Ham w/Raisin Sauce Roasted Red Potatoes Succotash Wheat Bread Cookie	1 Hot Dog w/Mustard & Relish Baked Beans Cauliflower & Broccoli Hot Dog Roll Banana

On the **rare** occasion you can't be home for a delivery we can leave a meal in **your refrigerator** if you call us prior to the delivery. Meals can **NEVER** be left in a cooler, on a porch, on the door, etc. This is for your safety and to comply with state regulations. A phone call and note is needed for each time this request is being made. Remember this program's mission is to help homebound individuals remain safely in their homes. As funding is very limited compared to the level of demand, we need to make sure those on our program meet the mission's focus.