We all make mistakes, doesn't mean we are useless or incapable of anything. Making mistakes means we are human.

A little understanding and compassion can go a long way with someone and it shows the type of human being you are.

Sometimes we need to take a step back and think about someone else, someone who may need a shoulder to lend on or an ear to vent too.

To be a better version of ourselves in this world, every once in a while we need to remind ourselves no one is perfect. And even if they are putting on a good face, it doesn't mean we can't stop and ask 'how are you really?' They won't always tell you but at least they know

you are there and care.