

The story of how Davis Wilbourn lost nearly half of himself.

After Michael Ermon, Cal-Maine Operations VP, challenged Davis Wilbourn to lose 40 pounds for the General Managers weight loss program, Davis was pretty upset. As he was driving back to Farwell, Texas Davis began to think about how he could probably afford to go anywhere the group might go if the team won that mean and lean contest. So, he began to question whether it would be worth it to go to all the trouble to lose 40 pounds. Davis started thinking. He was just 38, overweight and out of shape and couldn't get in the yard to play with the kids for any extended period of time.

At that point Davis made the decision that this challenge wasn't going to be about a potential trip. It was going to be about his life and how he wanted to live the rest of it. Davis is very much a family man. His family means more to him than anything on this earth. He realized he wasn't setting a very good example for his kids, so he decided to make a change. On Monday, Feb. 15 2016 Davis weighed on his personal scale at home. His scale confirmed the weight that had appeared on Cal-Maine's scale, 322 pounds. Davis changed the way he ate and quickly lost 20 pounds. But, after a week or so, he began to think that he had several months and could just start losing weight in April and still meet the 40 lb goal by the middle of July.

But after further consideration Davis said NO. For the sake of his health and his family he had to get serious about making a life change. Davis met with a nutritionist and the rest is history. Over the next 4 1/2 months he lost a total of 122lbs. He was the hero of Cal-Maine's Summer 2016 GM meeting when Sherman Miller, COO presented Davis with the Inspiration Award. Since the GM meeting he has even lost more weight. More importantly Davis can now do anything his kids and wife want him to do with them. Davis says, "I am NO LONGER MISSING OUT ON LIFE!"

Congratulations Davis Wilbourn on achieving your quest for the new lighter you.