

Creative Approaches to LIFE, LEARNING and LEADERSHIP



We provide integrative life, learning and leadership experiences that blend creative arts with mindfulness and reflection. Our approach supports connection, wellbeing, insight and growth.



Meet Greg and Annelies!

Greg Whitt is an award-winning teaching artist, edutainer, storyteller, veteran and rhythm facilitator. drumforchange.com

Annelies Gentile, MA, PCC is a certified integrative life and leadership coach, artist, author and facilitator of transformative experiences. conduitforchange.com



Life & Leadership Coaching with Annelies

Transform your personal and professional life alongside a trusted coach. Focus on the present --> on into the future. Accomplish goals that matter.



Storytelling with Greg

Through his research trips and study of ethnomusicology, Greg has collected amazing stories from around the planet. These stories are filled with life lessons for modern society. Presented as edutainment, each has a wonderful nugget of folk wisdom to delight and inspire audiences of all ages.



Integrative Arts with Annelies

Explore through expressive and visual arts of poetry, gentle movement, creative dialogue, song and more. Benefits are many including shared joy, increased wellbeing, stress reduction, and personal freedom.



Rhythm Circles with Greg

Guided interactive musicmaking. Creatively connect in ways that are joyful, engaging, and good for you. Hands-on experience with a variety of small and large percussion instruments including bells, shakers, drums, wooden shapes, singing and more. Adaptable for varied needs and abilities.



Team building & Retreats with Annelies & Greg

Improve team dynamics, wellbeing and trust through integrative leadership practices with proven long-lasting results.

Services start at \$300+
Call us today!

Greg Whitt 919-696-0883

www.drumforchange.com

Annelies Gentile 919-345-8396

www.conduitforchange.com