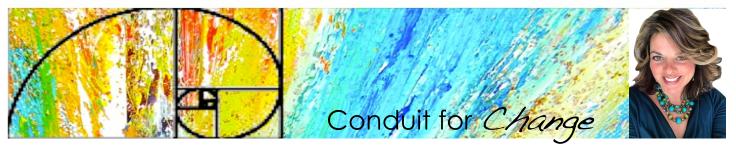
EMPOWERING PEOPLE FOSTERING IDEAS CHANGING LIVES



2020 END OF YEAR REFLECTION 2021... GET READY, GET SET, GO!

This year has been like no other. And yet... *aren't ALL years different?* No matter the fierceness of challenge, I invite you to pause and reflect upon what's good, what you've accomplished in the presence of adversity and to set a few thoughtful goals for the year to come. Here's a few coaching questions designed just for YOU.

- 1. What have you done/contributed to this past year that's worth celebrating?
- 2. What attitude did you carry mostly, this past year?
- 3. What's it been like to be you in 2020?
- 4. How would you describe resilience now? How about leadership?
- 5. Where did you most surprise yourself? What opportunity did you miss?
- 6. Where would you like to most improve? Name a few action steps.
- 7. Set three solid tangible goals for the next three months.
- 8. Set your mindset. What's your attitude of choice from here on out?
- 9. What has GOT to GO for you to succeed? Let it go now. What is it??
- 10. If you were a Muppet which are you? ☺

Happy almost 2021!