



**2020 END OF YEAR REFLECTION  
2021... GET READY, GET SET, GO!**

This year has been like no other. And yet... *aren't ALL years different?* No matter the fierceness of challenge, I invite you to pause and reflect upon what's good, what you've accomplished in the presence of adversity and to set a few thoughtful goals for the year to come. Here's a few coaching questions designed just for YOU.

1. What have you done/contributed to this past year that's worth celebrating?
2. What attitude did you carry mostly, this past year?
3. What's it been like to be you in 2020?
4. How would you describe resilience now? How about leadership?
5. Where did you most surprise yourself? What opportunity did you miss?
6. Where would you like to most improve? Name a few action steps.
7. Set three solid tangible goals for the next three months.
8. Set your mindset. What's your attitude of choice from here on out?
9. What has GOT to GO for you to succeed? Let it go now. What is it??
10. If you were a Muppet which are you? 😊

Happy almost 2021!